Prowler '84

TOTALLY ELECTRIFYING

THE PROWLER 1984

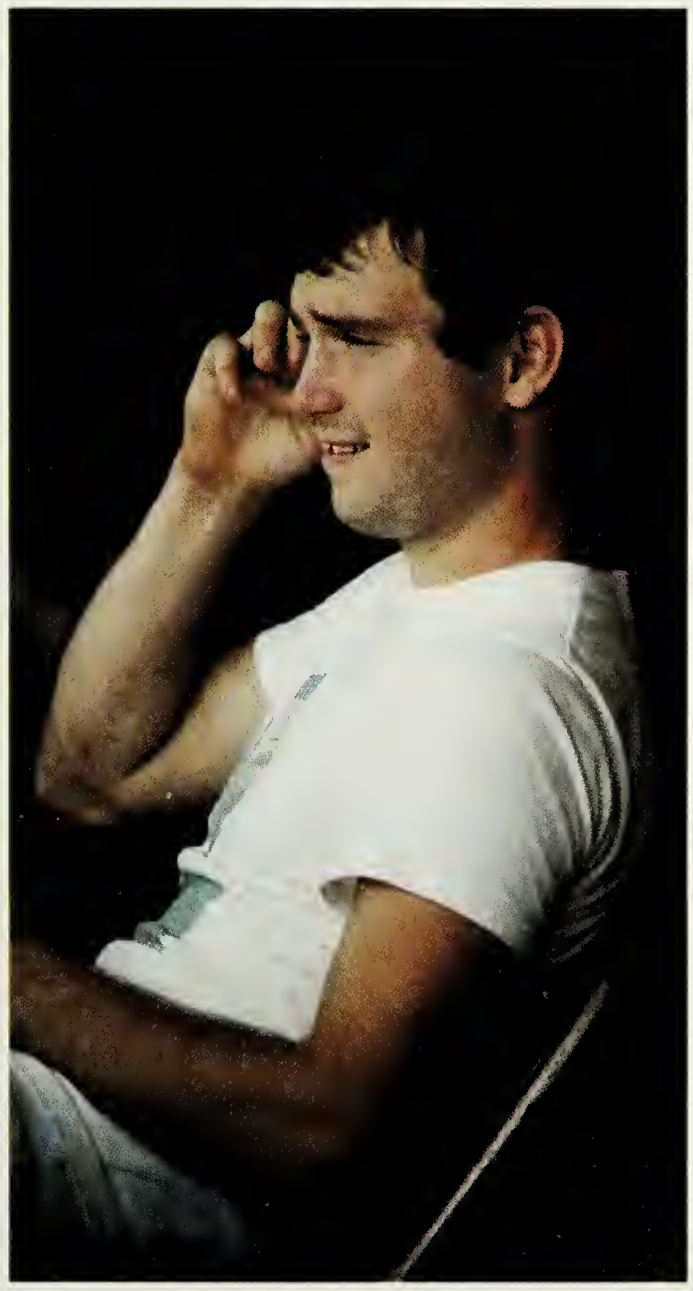
Prince William Library
[redacted]



pite all the many things that a high school ent has to do, some still find time to read. Jill y looks interested as she reads the summary e of our library's many books.

Fans are a big part of the Potomac Panther's success. Loyal crowds shared in Panther victories as well as in their defeats.





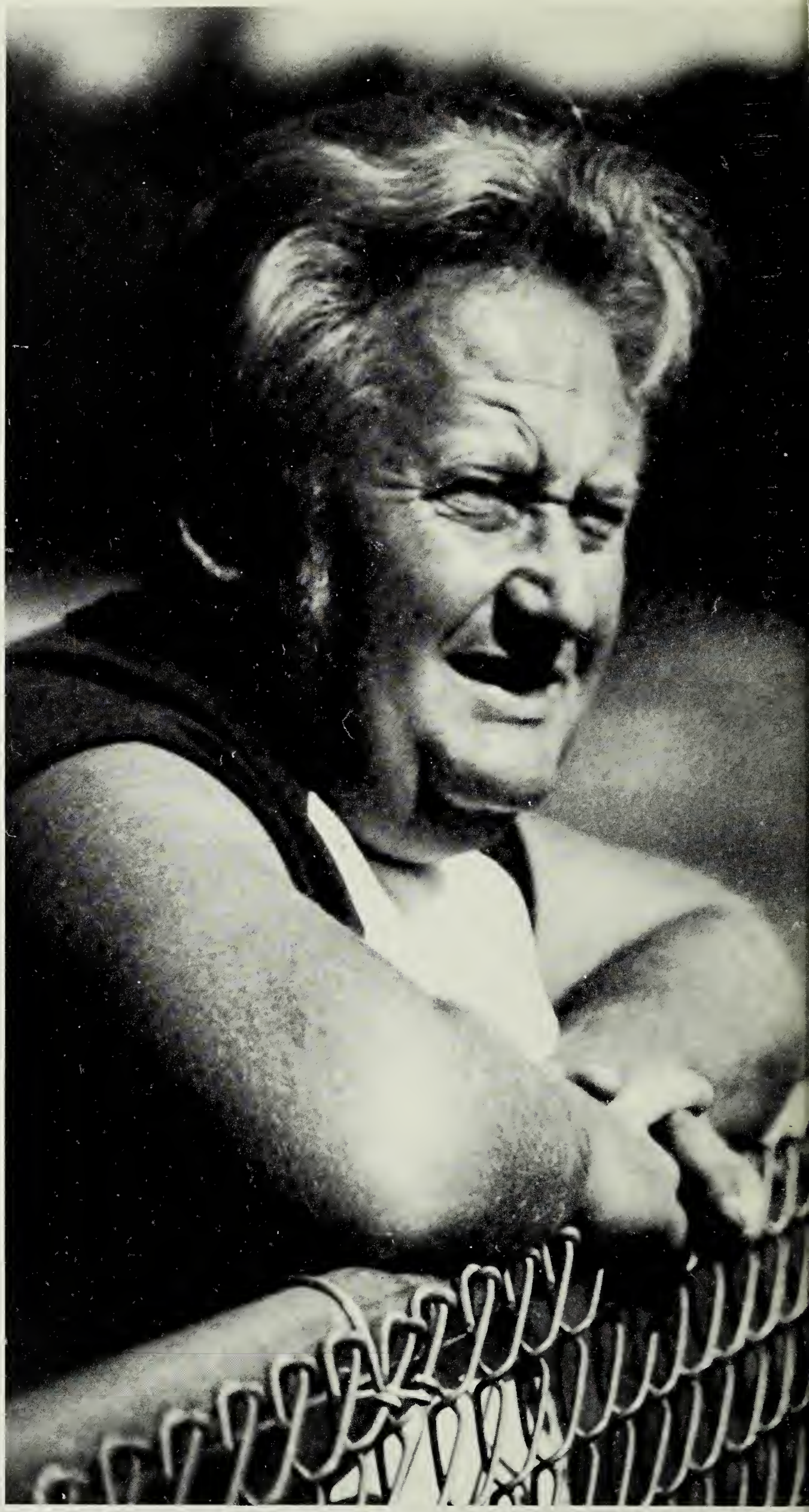
Jeff Lee sits in the dugout as he watches the baseball team practice for another game.

Potomac Senior
High School

16706 Jefferson Davis Highway
Dumfries, Virginia
22026
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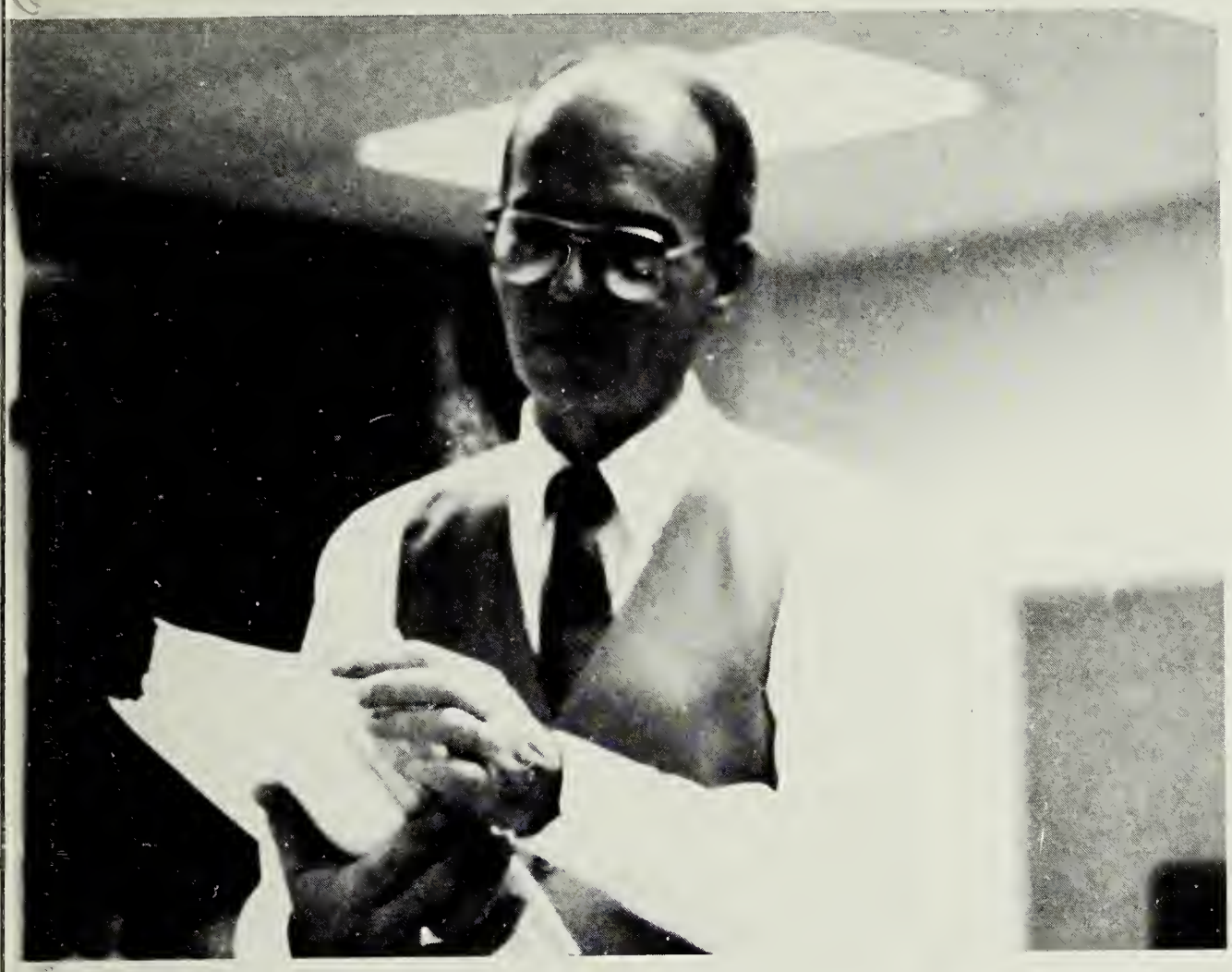


Mr. Qualls, the Athletic Director at Potomac, pays a visit to the football field to check it out before a game.



Parents play an important role at Potomac. Here Mr. Emmons observes the baseball team that he supports wit dedication by attending all games.

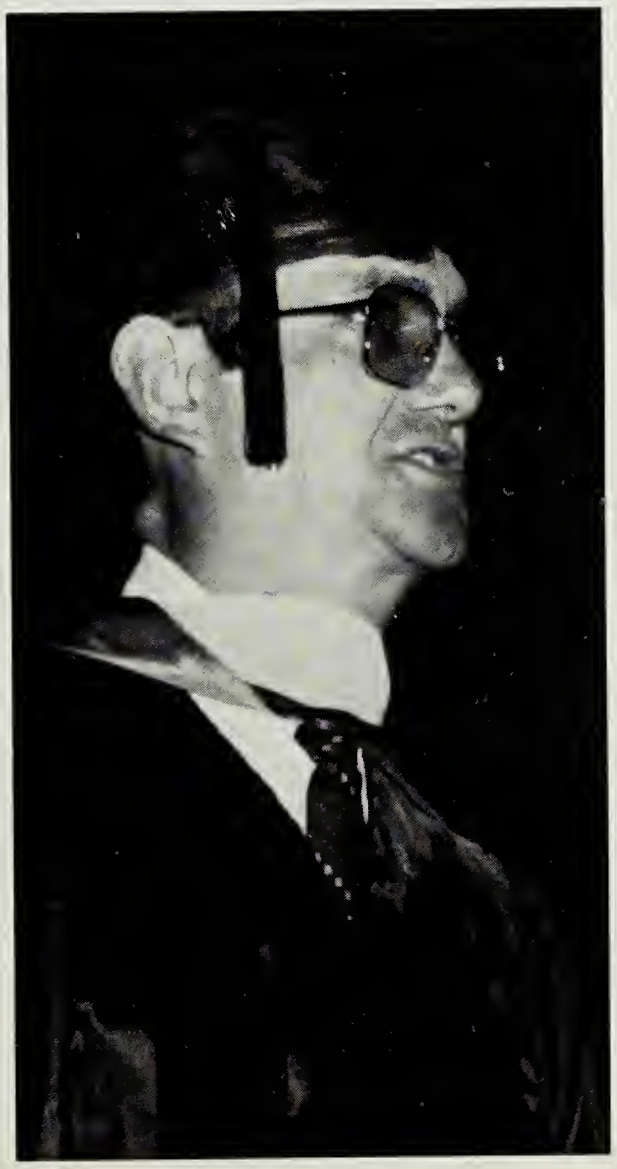
Shock Absorbers



Mr. Kite prepares to hand out the tests that he knows his students are eagerly awaiting for. Mr. Kite is also the announcer at most Potomac sports events.



Many teachers, besides teaching, also coach sports activities. Here, Ms. Barnhart, the girls' track coach, records stats for her team.



For Mr. Ferrebee, Potomac is a new school. But even though he hasn't been here long, he was glad to speak to the class of '83 as they graduated.

Even though students were in the spotlight, there were many other important people who helped them to shine. There were the people in school, which included teachers and administrators, and there were the people out of school, the parents. Both were of equal importance to a student's high school life.

The parents of Potomac had an essential role in our school and shared a big part in all of its activities. It was the parents who were the volunteers at Potomac. The duties they performed ranged from concession stands at football games to pulling schedules for the new school year; from chaperoning dances to organizing clubs such as the Booster Clubs. Parents could be compared to cheerleaders. They loved you when you did well and even when you didn't.

The faculty of our school was definitely one of a kind. They lit up students' lives by challenging their minds and making sure the school ran smoothly. The teachers aided the school by encouraging and helping each student to reach his highest potential. In addition to teaching, our teachers coached sports activities, chaperoned dances, and sponsored clubs. The administrators were the foundation of our school. They organized and supervized all the operations of the school and made sure that every student stayed in line.

Our school is made up of many people. In order for it to run smoothly and for everyone to receive all its benefits, we must work together. The faculty and parents of Potomac showed this every day by giving it their all to make Potomac **Totally Electrifying.**



Athletes at Potomac really have to give it their best for the team to succeed. Here, Annette Williams stretches out to prepare for competition in a track meet.



The Panterettes stand in formation as they ge ready for another performance. Often, they were the highlight of the halftime shows at Potomac.





Michele Kanche flashes a smile for the homecoming crowds. She portrayed Sleeping Beauty on the Junio Class float.

Sacrifice is sometimes necessary to excel in any sport. Kelly O'Conner shows the physical sacrifice that i takes to run track.

HIT THE LIGHTS!

When Potomac High School first opened its doors in 1978, the class of '83 was in control of the future of our new school.

When the class of '84 arrived, an inseparable bond was formed between the two classes. But while the class of '83 was in the limelight, the class of '84 lurked backstage.

When the class of '83 moved on in their lives, it was time for the class of '84 to take charge as seniors. It was our turn, and it was time to hit the lights as we became the leaders of Potomac Senior High School. We had always been second to the class of '83, but as seniors, we had the power to uphold the traditions and good name of Potomac.

No school is complete, however, without the help of the freshmen, sophomore, and junior classes. The freshmen had their usual trouble of trying to find their classes, while we all had trouble getting through the crowded hallways. The juniors got their class rings while the sophomores counted down their second year of high school.

When we were all thrown together into one big building, it may not have seemed like we had much in common. But Potomac's pride has always been in our togetherness and ability to cooperate with one another. With the same pride, spirit, and respect for one another that we've seen throughout the history of Potomac, this year has proven to be **Totally Electrifying.**



Susan Bahorich seems excited as she walks into the auditorium with all of her classmates. The highlight of every student's high school experience is graduation, and last year was no exception.

Tim Vinson, who is a major contributor to the cross country team, tries his hand at tennis.





To succeed in any sport, you must practice. Matt Pope, David Norton, Danny Raley, Bryan Luedtke, Mike Hargrave and Rodney Emmons show their devotion and enthusiasm for baseball all year round.

Happiness is having a close friend in study hall. Not only do Bo Colcombe and Paul Tiede work well together on the field, but also in the classroom.

One of Potomac's star baseball players, Danny Raley, contemplates the game during a brief respite.

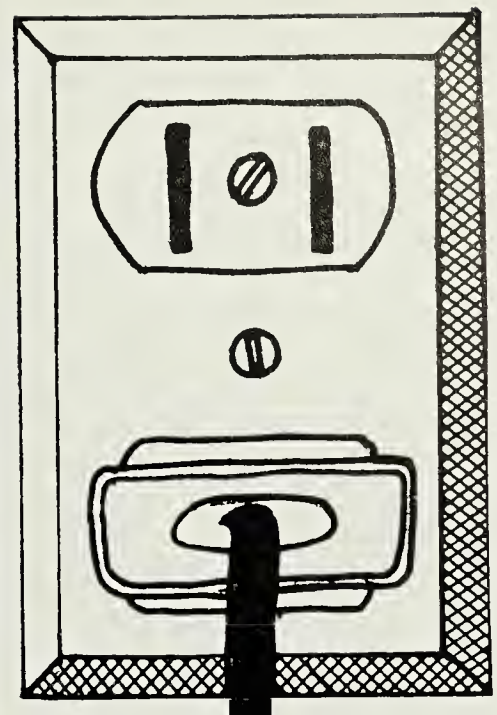


Every sophomore eagerly awaits the day when he will have his license. However, most dread having to drive on the range for fear of bowling over too many cones.



Getting a Charge Out of Life





There are some interesting things you can find under the microscope. Shawn Meade and John Jackson puzzle over what they could possibly have discovered in biology.



Practice makes perfect! Mike Kvenberg diligently rehearses his piece for the orchestra's upcoming Christmas concert.



Panthers get a real charge out of life at Potomac High School. Full of spirit, they make the most out of every moment of their lives.

Over the summer, Panthers were seen prowling at camps all over the state or just lazing about at home soaking up the sun. Occasionally, you could even spot one at a summer job.

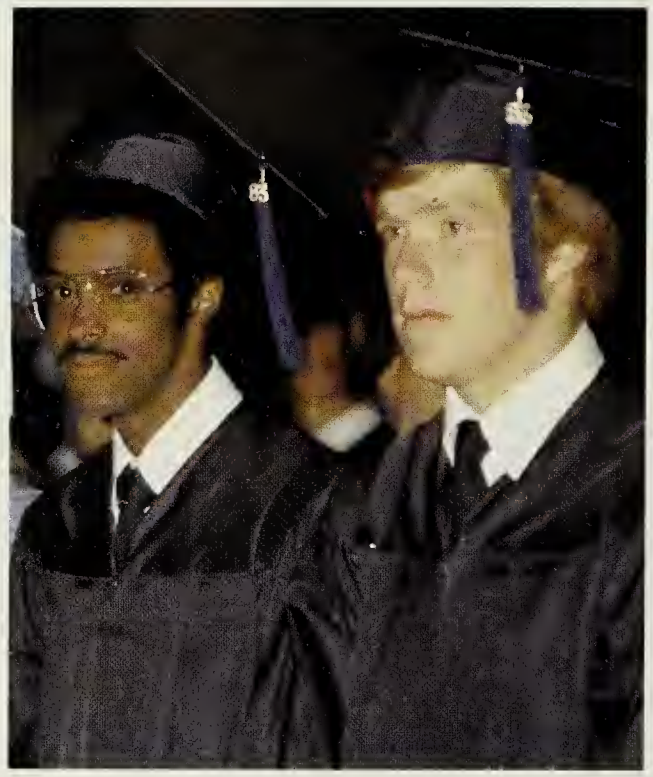
When school started, Panthers hit the books and started participating in after-school activities. All this they did with fervor.

That is what makes a Panther so special — everything he does, he does with enthusiasm. This has become a characteristic of Panthers which gets them recognized everywhere.

THE END . . . OR JUST



After graduation in Holland in 1982, Wies Vink became part of the foreign exchange program and graduated again as a student of Potomac.



Among the students upset by the change of graduation location were Kevin Anderson and Steve Amidon. Because of rain, the event was held in the gym, and many visitors had to be turned away.

Toni Malanka looked proud as her twelve years of schooling came to an end. But it was also the beginning of a new adult life for the first graduates of Potomac.





Overcoming her initial nervousness, Heather Hinkamp was the first student to speak as she delivered her Salutatory Address.



Members of the National Honor Society were indicated by the wearing of white pendants with the N.H.S. emblem, like those worn by Stephanie Sebren and Shelly Seitz.

Entering to the traditional playing of "Pomp and Circumstance" were Valedictorian Lisa Margheim and David Bates. Both were members of the National Honor Society.



THE BEGINNING



Photos by S. Kurt Araujo

Graduation was a time of mixed emotions. The graduates were happy that they had finished high school and were going to go on to bigger and better things. But they were also sad to be leaving friends and memories that they had made over the years.

There was also a fear of whether or not they could survive in the "real world." This feeling was soon conquered and graduates began to look optimistically into the future.

Jo Baker, former principal of Potomac, and Reverend Blalock were the guest speakers. Also giving speeches were Valedictorians Cheri Mandrgoc and Lisa Margheim and Salutatorian Heather Hinkamp.

Among other things in life, graduation is surely one of the most anticipated events in one's lifetime and was the highlight of high school.

By becoming Valedictorian of the class of '83, Cheri Mandrgoc fulfilled the promise of "Most Likely to Succeed."

Stairway to the Stars

On May 21, 1983, the tradition of a Junior-Senior Prom began. This event had been anticipated by many since they started high school.

Getting a date with that special someone, dressing up in a tuxedo or gown, and dinner at a classy restaurant were all part of the pre-prom ritual.

The class of '84 worked diligently to raise the funds in order to have the prom at the Sheraton Inn. The hard work was paid off with smiling faces and happy memories. The "Daylighters" was the band chosen by the class of '84. The band played a variety of music which seemed to please everyone.

The theme was "Stairway to the Stars." Students and faculty felt that nothing could compare to the excitement of the first prom.



The prom theme was "Stairway to the Stars." Tony Thomas and Margaret Fullem were one of the many starry-eyed couples who went to Potomac's first prom.



When students weren't dancing, they were seen socializing with their friends. This was the last big high school event for the seniors, next to graduation.

Nancy Barber and Rob Cameresi danced to the music of the Daylighters. The music was diversified and drew a large crowd to the dance floor.



Allison Stewart and Marisa de los Santos stole a moment away from the prom in order to show off their beautiful gowns. Each and every girl was at her loveliest.

A lot of students went to parties or breakfast after the prom, like Robert Zacharias and Lisa Hayes who went to breakfast at Dave Snyder's.







Chosen as Potomac's first Prom King and Queen, pride was reflected on the faces of Clyde Turner and Josee Dionne.

Christa Vernarelli and her escort Jeff Lippert have one last dance before the prom's end. This was an unforgettable night for many.





While her escort, Doug Wilson, took a break, Jennifer Colletti shared a dance with friend Kurt Farber.

Photos by George Brown

The 1983 Spirit Award was won by the sophomore class. Vice-President Mark Turner was presented the award by Principal Ferrebee during halftime.

The 1983 Homecoming Court consisted of: Queen, Katie Homan; Senior Princesses, Shawn Purcell, Teri Carter, and Marisa de los Santos; Junior Princesses, April Koontz and Gina Bolk; Sophomore Princesses, Staci Crawford and Heidi Hinkamp (not pictured); Freshman Princesses, Lisa Bolk and Angie Wheeler.





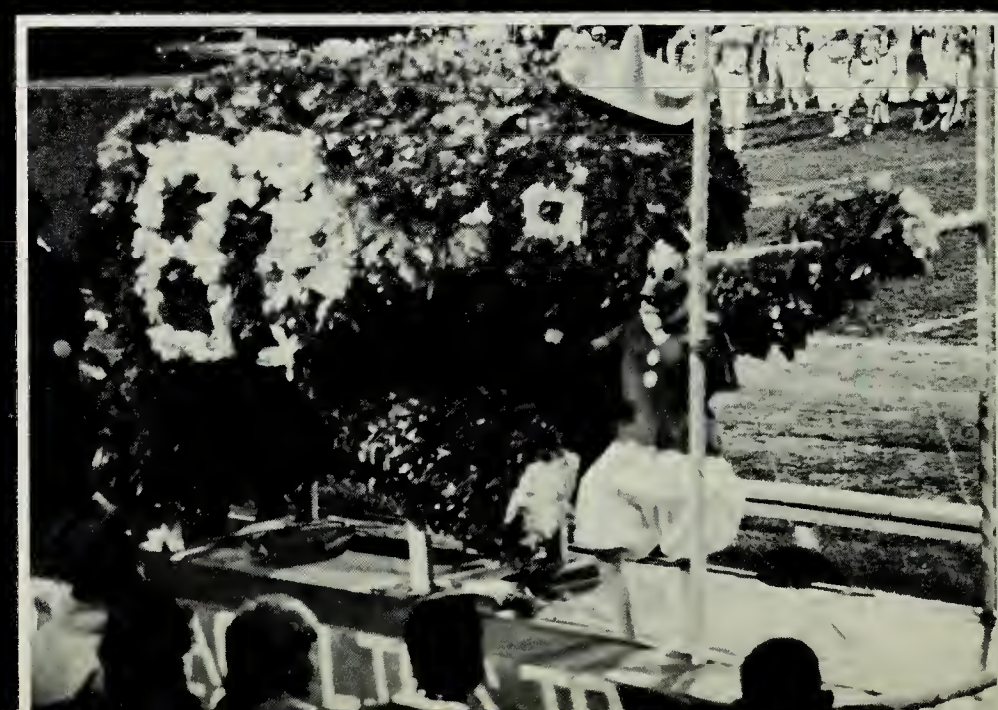
As the game was coming to an end, Arthur Milbert, Rodney Arrington, and Shawn Copley watched carefully for the outcome. When the players weren't on the field, they were on the sidelines cheering their team on.

Sophomore princesses Heidi Hinkamp and Staci Crawford ride atop a car driven by Senior Donny Shive before the start of the game. Woodbridge Lincoln Mercury was generous enough to lend the cars to the school for the evening.





The expertise of the freshman class made their float — *Dumbo* — number 1.





o

Being congratulated by former Fall Festival Queen, Kelly Trainor, was Potomac's first Homecoming Queen, Katie Homan, as her parents and Mr. Ferrebee looked on. Below **After being crowned,** Katie was escorted off the field by her proud parents.





And the Winner Is . . .

Potomac's first Homecoming was a great success. It was an opportunity for graduates of '83 to return and visit with friends and former teachers.

The freshmen class selected Lisa Bolk and Angie Wheeler as their princesses. Staci Crawford and Heidi Hinkamp were chosen to represent the sophomore class in the royal court. Returning to their roles as princesses of the junior class were Gina Bolk and April Koontz. There was a tie in the seniors' selection of princesses, so there were four — Teri Carter, Marisa de los Santos, Katie Homan, and Shawn Purcell.

Last year's Fall Festival Queen — Kelly Trainor — returned for the honor of crowning the first Homecoming Queen. Ms. Trainor was escorted onto the field by Principal Robert Ferrebee. And the first Homecoming Queen of Potomac was . . . Katie Homan.

The Rifles, Flags, and Marching Band dedicated the song "We Can't Help Falling in Love with You" to her.

The climax of the evening came in the last seconds of the game as Sheldon Simonovich intercepted the football in the end zone. Potomac won a victory of 13 to 8 against H.D. Woodson High School.

The Homecoming dance had a big turnout, and many former alumni welcomed the chance to attend.

Sleeping Beauty was the theme of the enchanting junior float, which won second place. Michelle Kanche was the beauty awakened by the kiss of prince Doug Misenko.

Summer Fun Is for Everyone

Summer is for students to do with as they please. Although the majority of the students spend their summer relaxing and soaking up the sun's rays, there were some who spent their summer constructively.

Seniors usually had jobs to keep them busy. Dedicated students and athletes spent a week or two at summer camps, which can be as enjoyable as it is helpful.

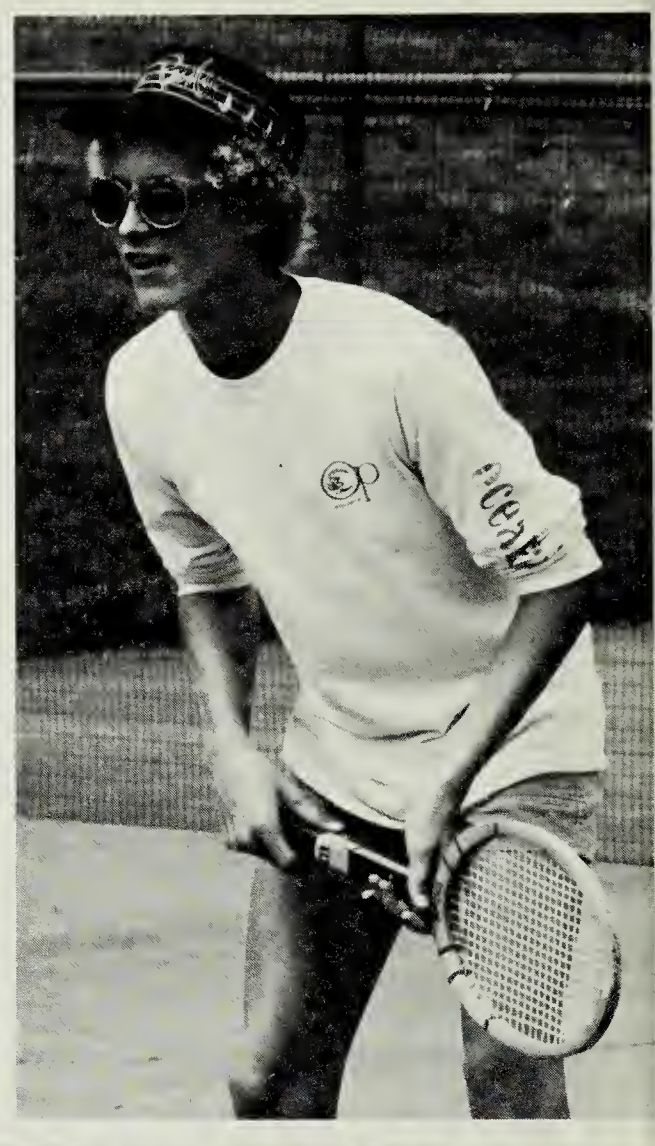
Some began their summer with a celebration trip to King's Dominion. For the second year in a row, Senior Sheila Neary chartered a bus for her fun-loving friends.

Virginia Beach and Ocean City were also popular hot spots. Those who didn't want to spend a lot of money just went to the beaches in Montclair.

Montclair Day was a big occasion with something for everyone. The festivities included everything from concerts to the clown dunk to sand skiing.

Students could be found all around the world vacationing with friends or families. Ms. Cash, along with Ms. Droves to add even more excitement, took a group of students to France for the time of their life.

Whatever we chose to do over the summer must have been something special because as always, as soon as school starts again we can't wait until the summer.



Taking it easy, David Shive passes his time by playing tennis. During the summer, many students find the chance to catch up on old pastimes.

Taking the opportunity to show off their tan lines are Bill Chapman and Tony Nattania.

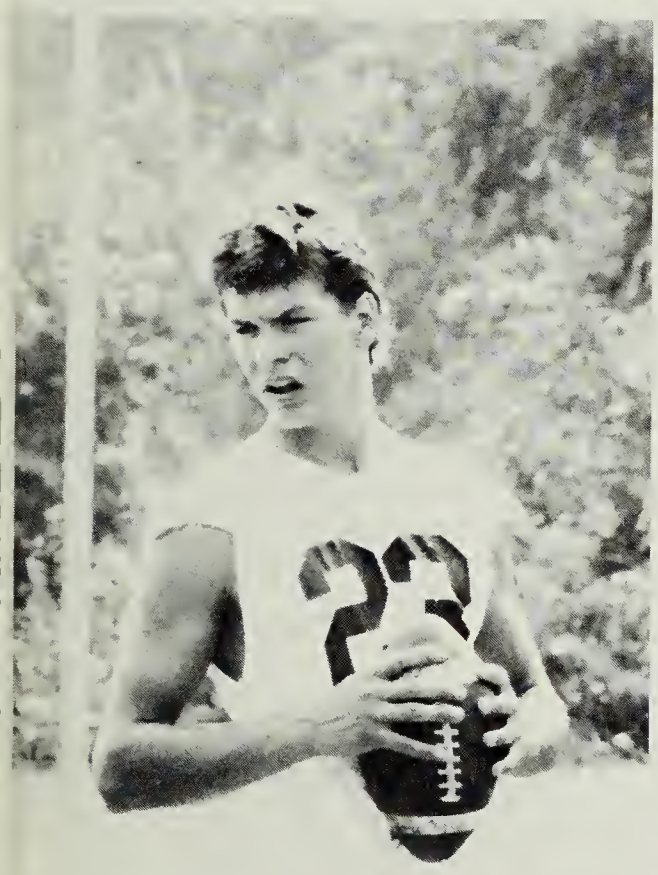




Spending their summer constructively, Richard DuBreuil and Dennis Gallagher work as lifeguards at the beaches in Montclair.

Lori Conatser and Michelle Theriault have a coke and a smile on Montclair Day. Many students turned out for the events which included various tournaments and relay races.





By going to summer camp, Mike Berry developed the skills which ultimately led to him being named "Athlete of the Week" by the Potomac News.

While at Cross Country camp, Steve Schaeffer got stuck on canoeing or rather, got stuck in a canoe while friends looked on.



Renee Voegtly and Ms. Thompson were regulars on Mrs. Holcombe's infamous hikes. A nature lover, Mrs. Holcombe found the time to take Potomac students on these excursions.

Montclair Day was attended by many who showed up to join in the festivities. This group of students seemed to enjoy watching the sand skiing.





Seniors Take Charge

The Class of '84 has long been known as the **Class with Class.** However, it has always been overshadowed by the Class of '83 because that was the first graduating class of Potomac Senior High School. This year, the Class of '84 finally had the chance to prove that it did, indeed, have class and took charge of the school.

At pep rallies and sporting events, Seniors were always there cheering their team on. They were almost unequalled in spirit; rivaled only by the Sophomore Class of '86. In fact, even when the Sophomores proved to be a force to be reckoned with during Spirit Week, the Seniors' enthusiasm and energy towards the school never diminished.

Academically, the Seniors have excelled, with more members in the National Honor Society than ever before.

Therefore, the Class of '84 has well deserved its title and Potomac Senior High School can always remember them with pride.

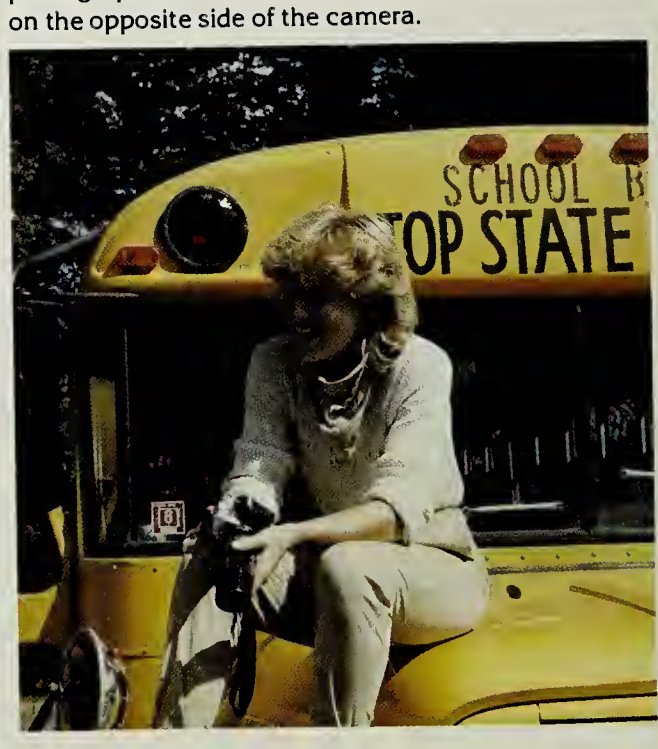


During the taking of senior portraits, Hollie Hargett helps Wes Brown prepare himself for the camera.



The Sociology course was said to be the class closest to a college course. The class not only taught about human behavior, but it also prepared students for college.

Taking a break from her role as yearbook photographer, Susan Ariola has a rare chance to be on the opposite side of the camera.





Kelly Beckman, here with friend Mark Kitta, was just one of the many students who made the class of '84 — The Class With Class.

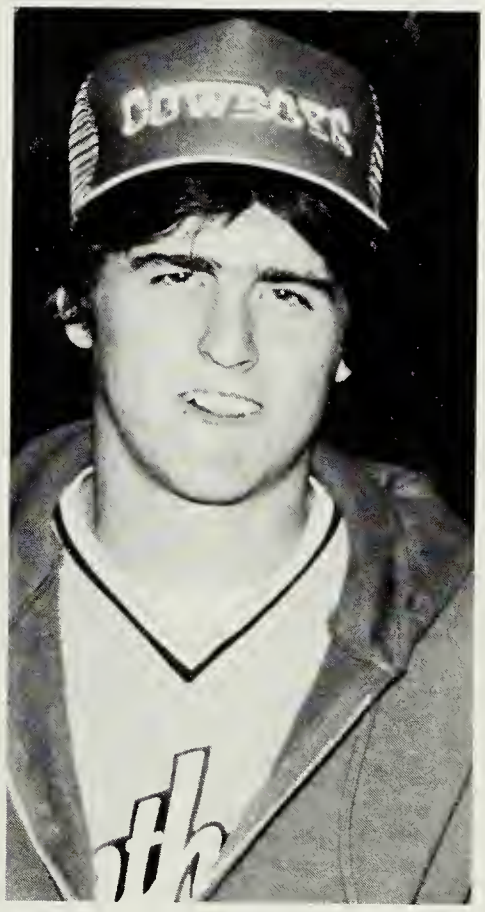


Stretching out before cross country practice is Tim Vinson. Many students were involved in various sports, all which helped to make Potomac # 1.

In order to be a successful teacher, one must have a good rapport with students, as Mr. Kite shows with Scott McKenzie. Mr. Kite worked hard as senior class sponsor and also made seniors work hard.

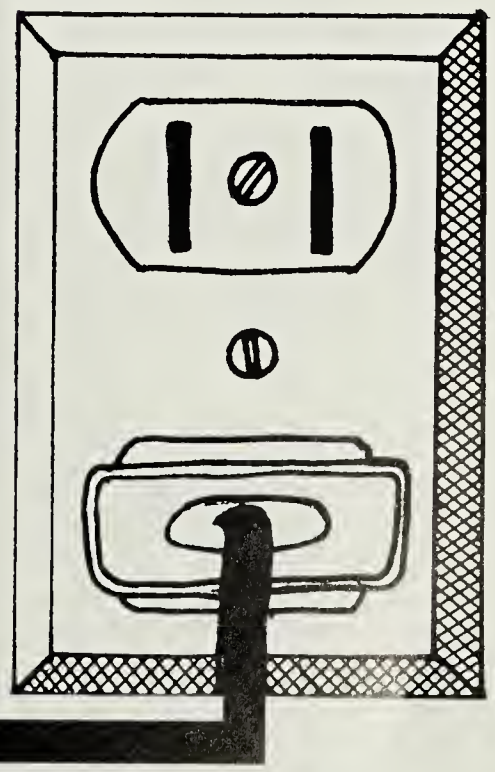


Lockers are like a Catch 22 — you can't live with them, and you can't live without them. Lockers were not always easy to open, but there were the lucky few who had no problems, like Doug Wilson.



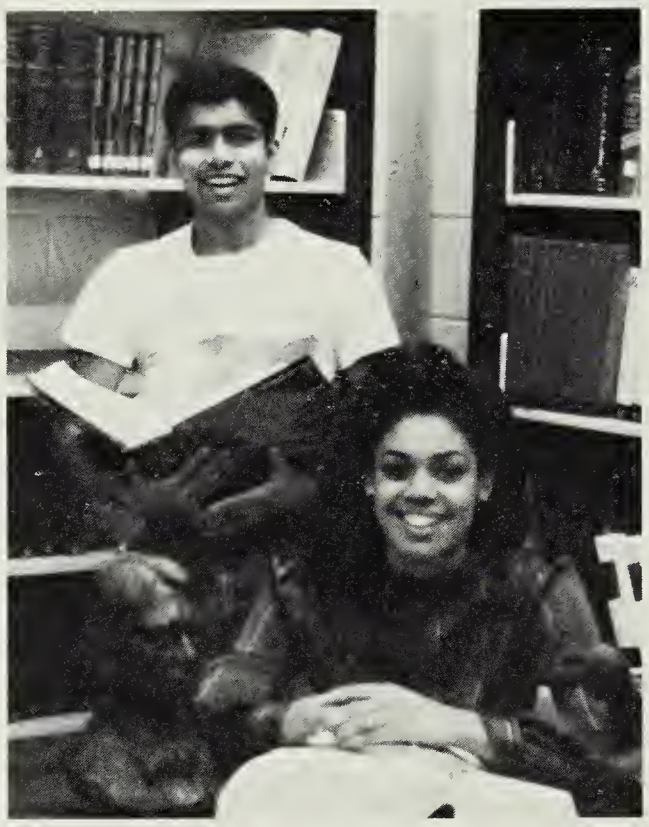
Panther supporters, like Doug Johnson, showed up at games and meets to cheer their team on to victory after victory.



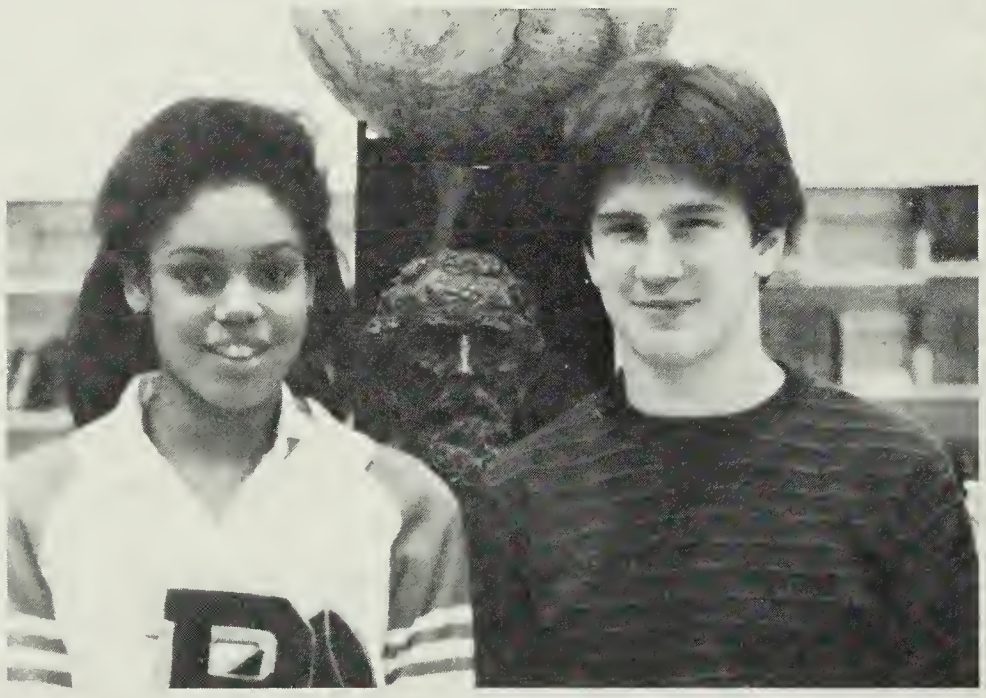


Potomac at Its BEST

The Class of '84 nominated and voted on many students for the Senior Superlatives. The categories varied to satisfy most seniors. Once the votes were turned in, they were tallied up and the winners were kept secret. Surprise, seniors. Here are the results!



Studying is how to "get the smarts," and Teri Carter and Bapi Bhattacharjee have them. They were voted **MOST INTELLECTUAL** seniors.



Where will most seniors be ten years from now? Who knows? But one thing is for certain; Teri Carter and Mike Selgelid — the **MOST LIKELY TO SUCCEED** — will be on top.

G.Q. and Cosmopolitan will be thrilled when they take a look at Katie Homan and Mike Dillon, the **BEST LOOKING** seniors.



Keeping up with the quickly changing styles and fads is hard, but somehow Katie Homan and Wes Brown do it well enough to be voted **BEST DRESSED.**



They should be in the zoo, but they were too good to be caged up. The senior class branded Jennifer Bowser and Bobby LaFleur **MOST MISCHIEVOUS.**





Greeting you at the end of Potomac's red carpet are Dawn Bullen and Bo Colcombe, Potomac's **FRIENDLIEST** seniors.



Potomac's MOST ATHLETIC are seniors Diana Jones and Wayne Gilbert. They participate in such sports as football, volleyball, basketball, baseball, and softball.



They've got spirit and so should you. Cheering Potomac on are Tonni Austin and Danny Raley — the **MOST SPIRITED** seniors.

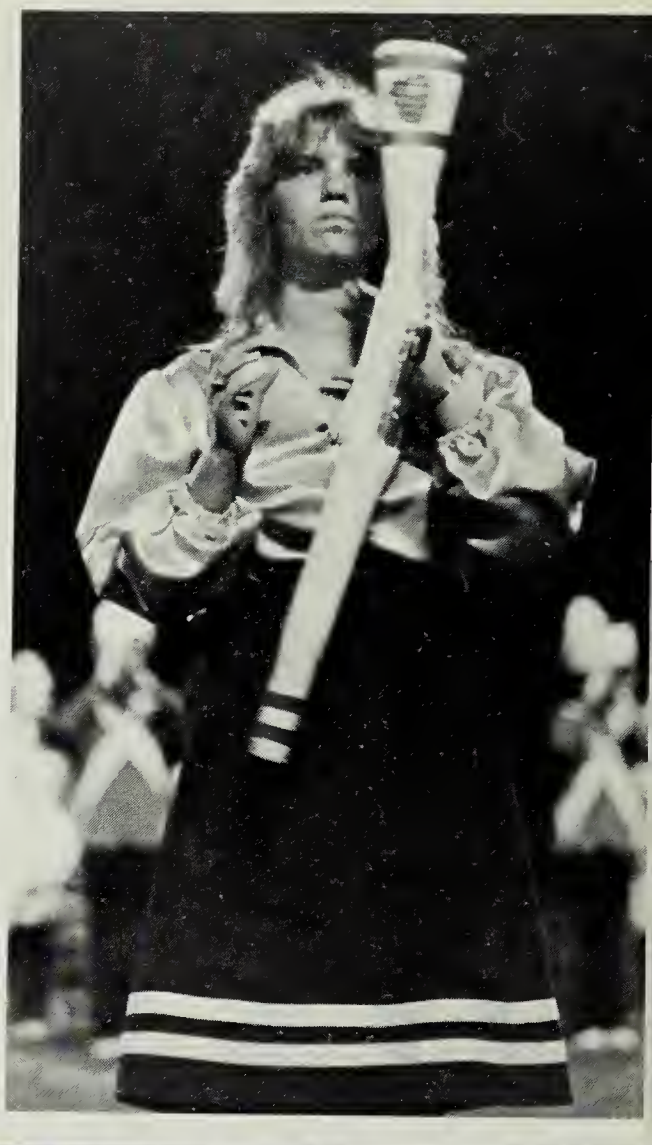


All the best qualities of Potomac's student body are seen in **MR. and MISS POTOMAC.** This year, the titles go to Teri Carter and Bo Colcombe.

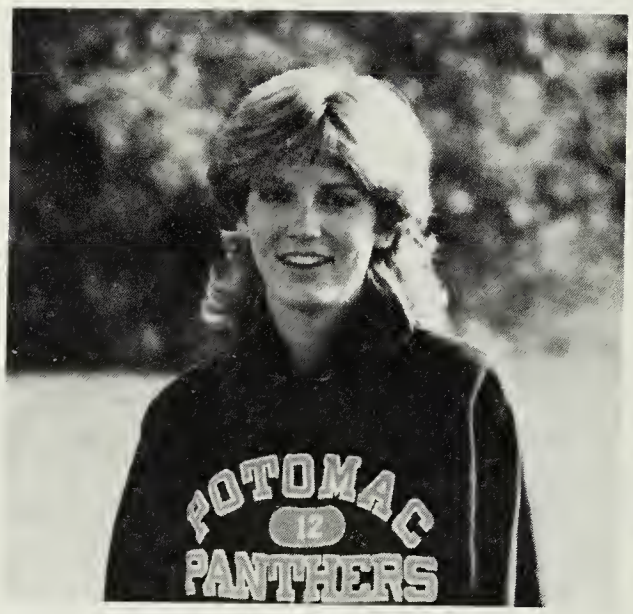
HALL OF FAME



Scott Griffea — Boys' Track



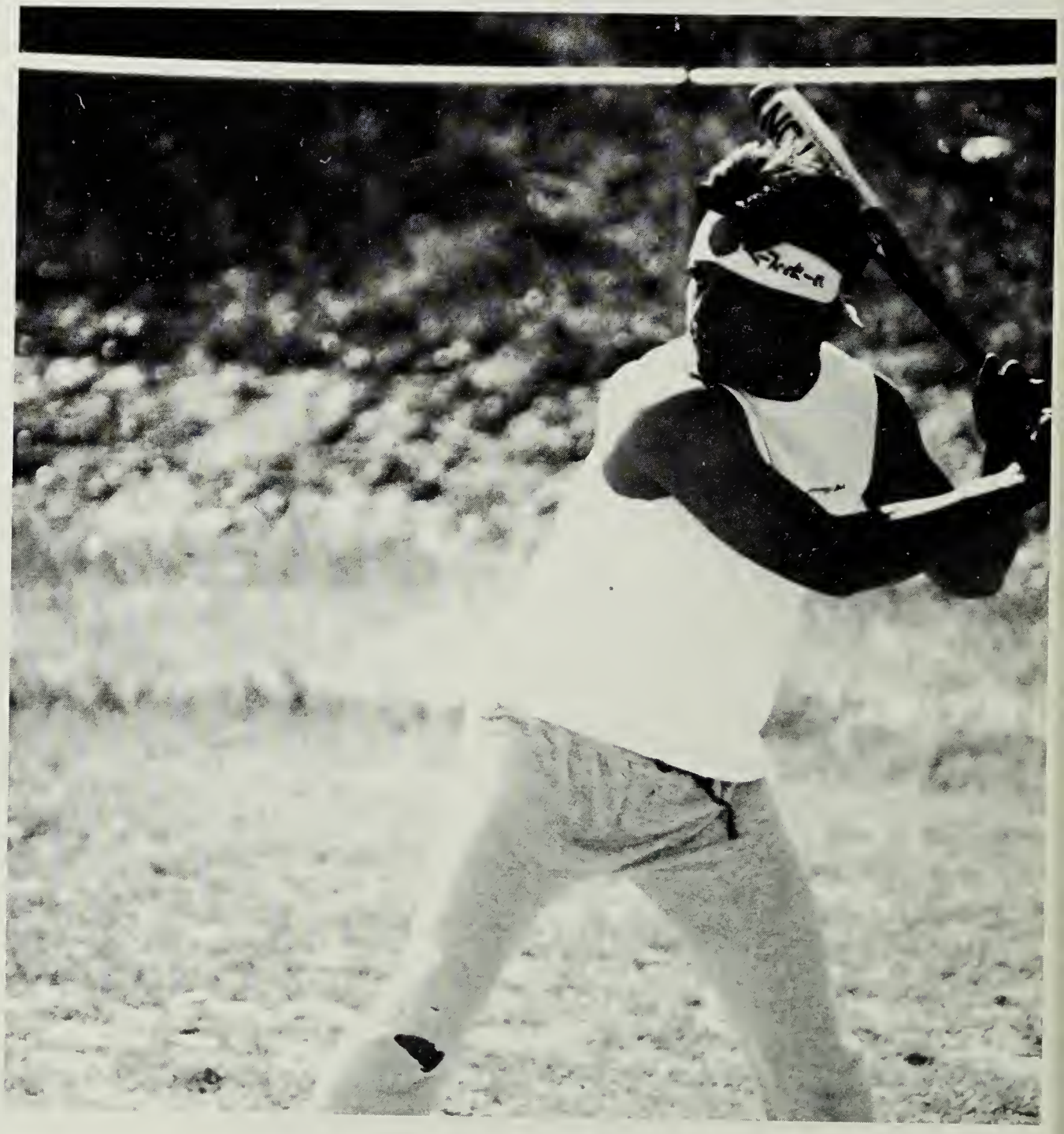
Sheila Neary — Rifles



Susan Ariola — Girls' Track and Cross Country



Tim Vinson — Cross Country



Danny Raley — Baseball



Doug Trenor — Golf

Regina Martin — Girls' Basketball





Sherri Burdette — Pantherettes



Robbie Semper — Boys' Soccer



Marilyn Rolstch — Gymnastics



Scott McKenzie — Boys' Soccer



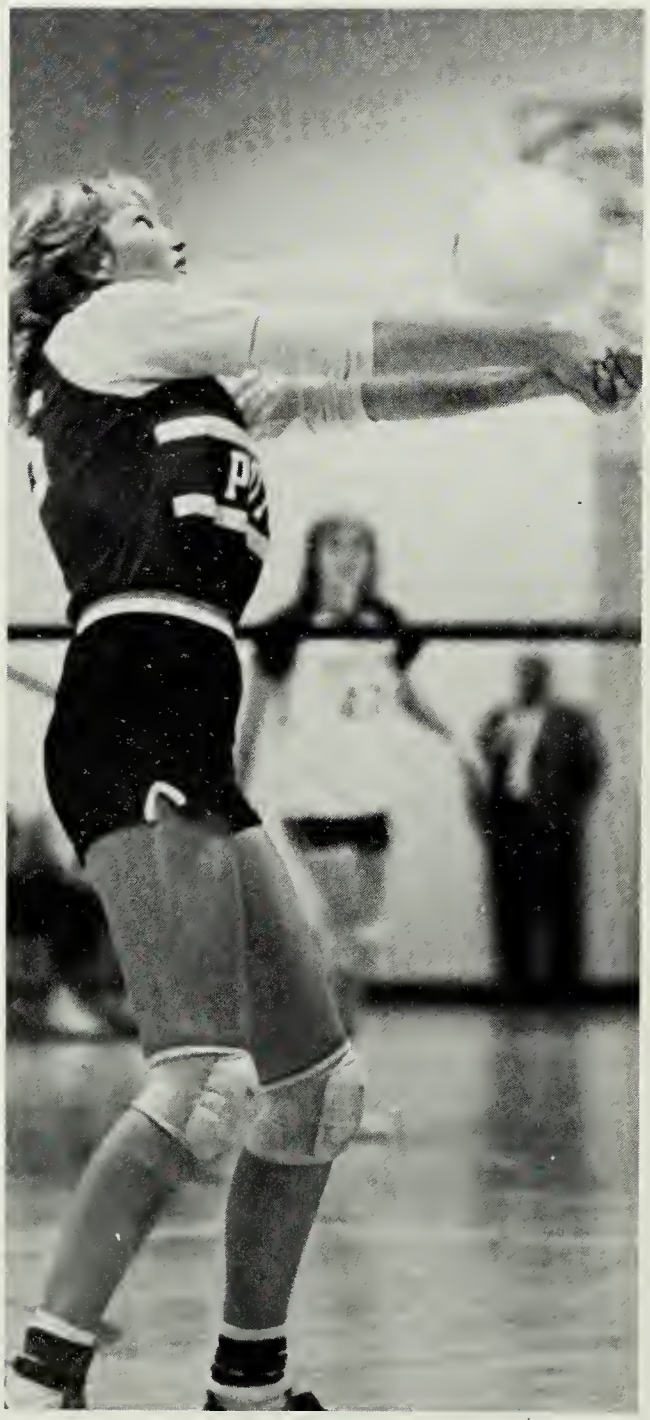
Thao Martine — Girls' Soccer

Jennifer Bowser — Softball

Jackie Clements — Flags



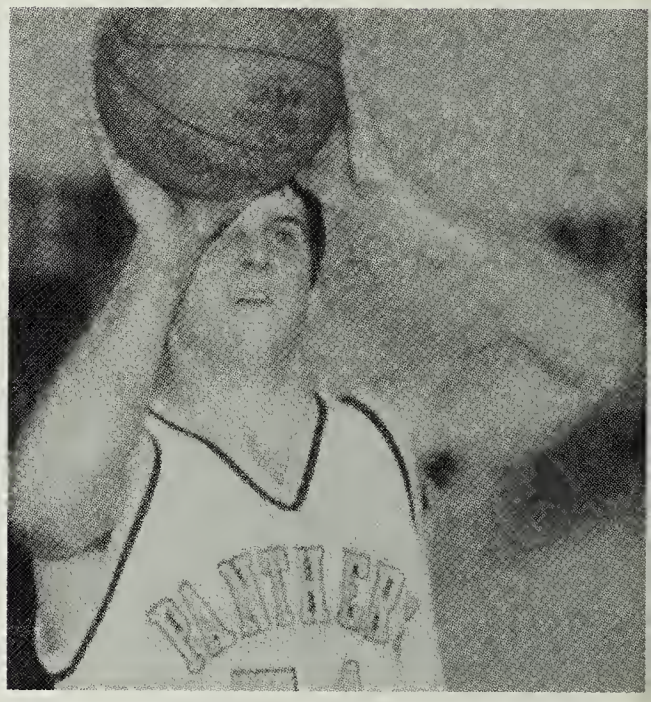




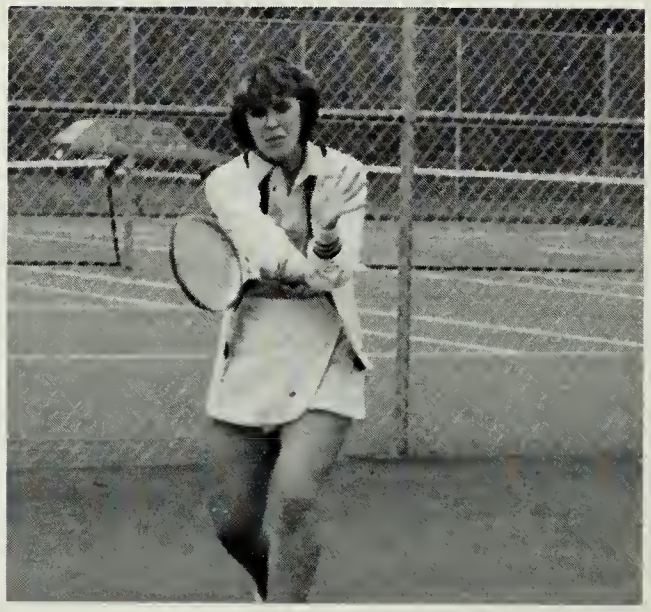
Ashley Wiggins — Volleyball



Diana Jones — Volleyball



Paul Tiede — Basketball



Katie Flynn — Tennis



Teri Carter — Cheerleading



Wayne Gilbert — Football

Chuck Money — Wrestling

HALL OF FAME

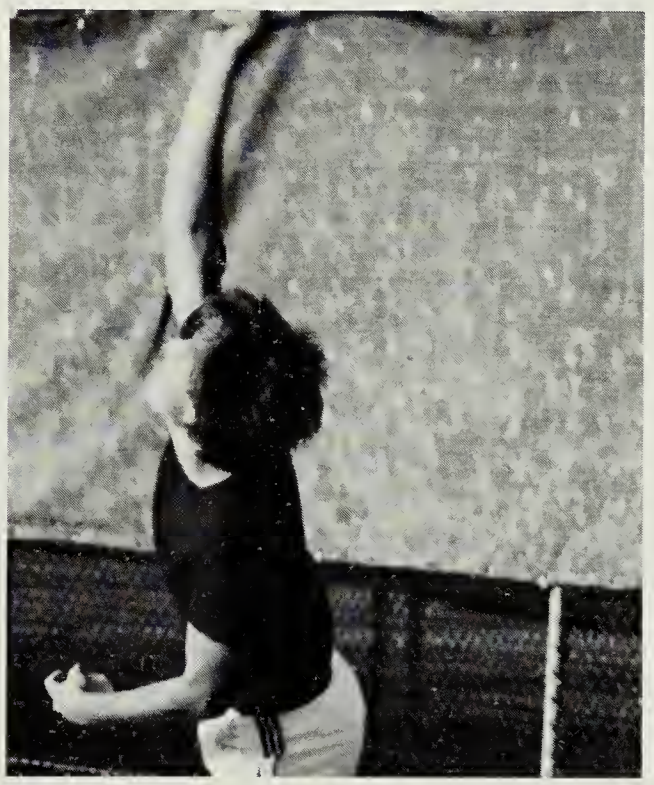
There are many students that have displayed special talents in music, sports, and in various arts, but most have gone unrecognized. So, with the first senior class, a special section of the yearbook was set aside just to honor those seniors that have performed above and beyond the call of duty. The coaches and sponsors of different varsity activities have chosen the 1983-1984 school year's "Super Seniors."

Not Pictured is Wayne Cornwell for Marching Band.





Kim Morrison — Flags



Steve Greer — Tennis

SENIORS AT WORK AND PLAY



Chorus is a subject many students enjoy but do not always have room in their schedules for. After making a recording, Mike Johnson listens as it is played back for him to hear.



Staticians Joell Wiggins, Ashley Lehman, and Jewell Jennings brave the cold winter night to record stats of the evening's football game. Stats are an important part of many sports.



Finally able to walk through the halls without feeling like sardines are Pat O'Hara and Joe Devaney. Potomac's crowded halls became an infamous and much talked about subject.



Taking her turn at the board during her English class is Terri Gilliam. Terri always has a friendly smile that would brighten up anyone's day.



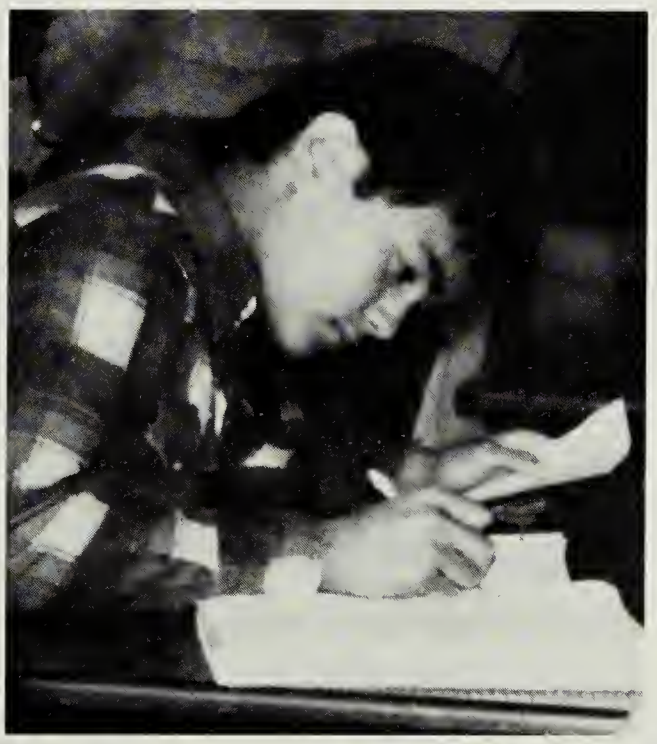
During Football camp, Scott Griffea refined his skills and put them to good use during the football season. Scott is also a valuable member of the track team.

Dan Mancuso is caught in the act by Mrs. Secord as he playfully teases Kelly Beckman, much to her dismay. Homeroom is a time to socialize with friends before beginning the schoolday.



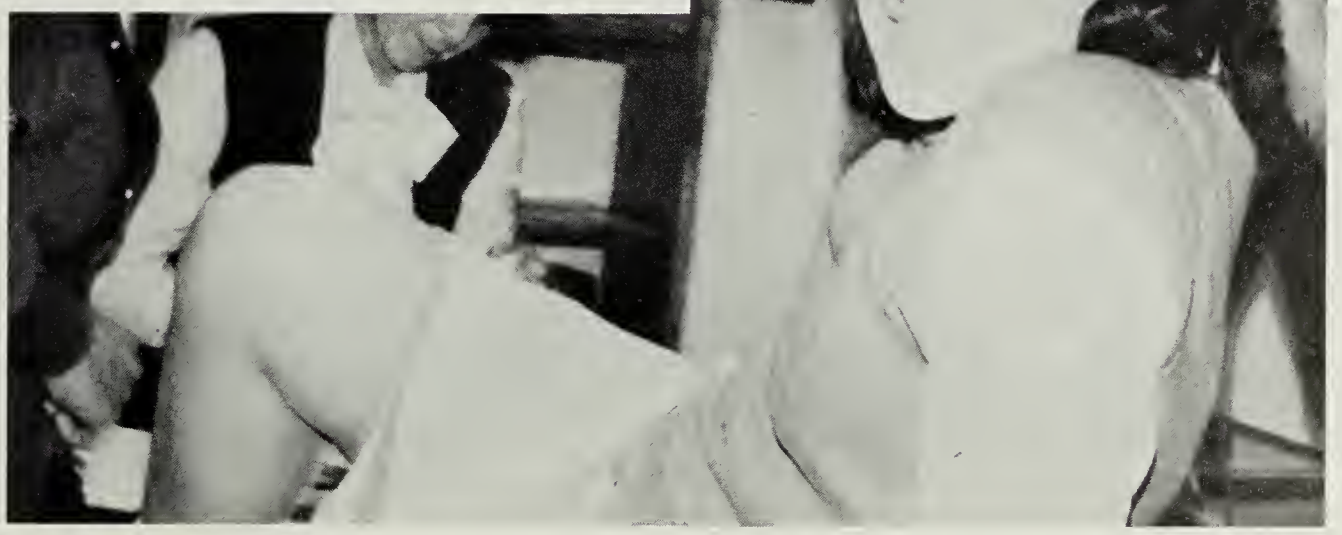


New to the school this year, Scott Francis soon felt right at home after making new friends and getting used to his family's move to Virginia.



Not only a time for eating, lunch is also a time to chat with friends or catch up on homework as Eric Ruiz demonstrates. An alternative to lunch is going to the library where it is much quieter.

Pretty as a picture. Sarah Davis displays her charm during a mock photo session. You would be surprised at the things students do to get their photos taken.



The Class With Class

Throughout their years at Potomac, the class of '84 had seen many tables turned and changes made. The class was originally sponsored by Mr. Cummins and Mr. Eaton. With their leadership, the class of '84 sponsored the first Spring Dance and worked on the school dedication ceremonies.

Joined by Mr. Kite their junior year, the class sponsored the first Junior-Senior Prom of Potomac. Seeing the class of '83 leave with many valuable people, the class of '84 worked hard to follow in their footsteps.

Last year, Teri Carter took office as the senior class president. Richard DuBriel, her right hand man, served as vice-president. David Secrist suffered from writer's cramp as the class secretary and "money-happy" Julie Slade was the treasurer.

Paul Tiede, Kathy Smith, Mark Henshaw and Rob Crichlow shared responsibilities with the class officers. The foursome served as the Board of Directors. Last year was the first time the senior class had a Board of Directors, and it proved to be a success.

The class officers and the Board of Directors combined to make the class of '84's senior year their best!



Sometimes being a class officer is fun and games. The pride of the senior class are: **Bottom Row:** Mark Henshaw, David Secrist, Richard DuBriel, and Paul Tiede **Top Row:** Kathy Smith, Julie Slade and Teri Carter



Sandra Abt



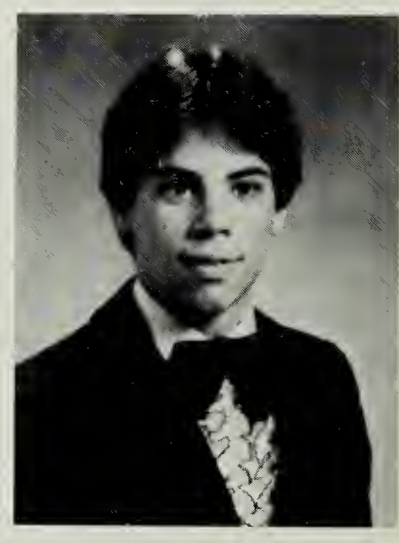
Juanita Allen



Robin Allen



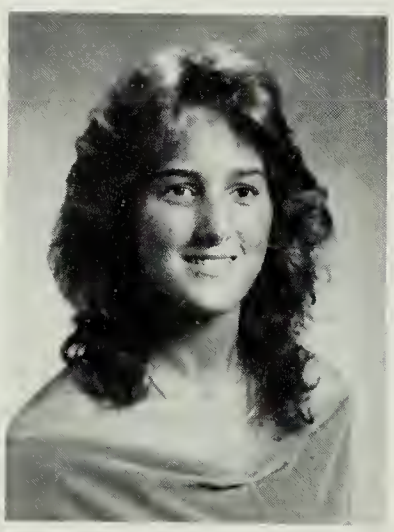
Rita Alston



Phil Anderson



Susan Ariola



Caroline Atseff



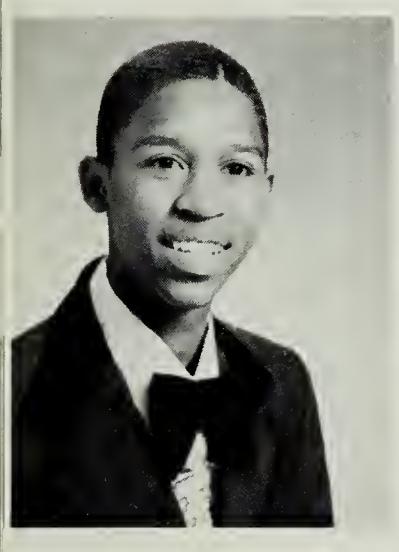
Antoinette (Tonni) Austin



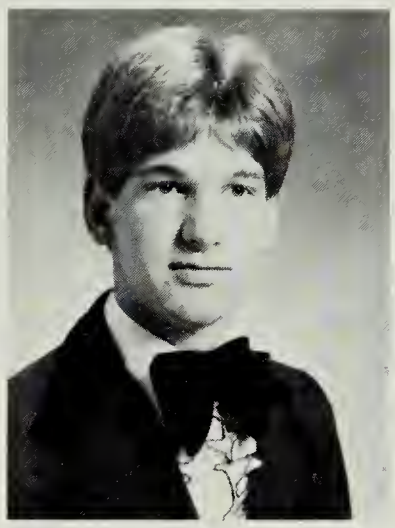
Cynthia Babb



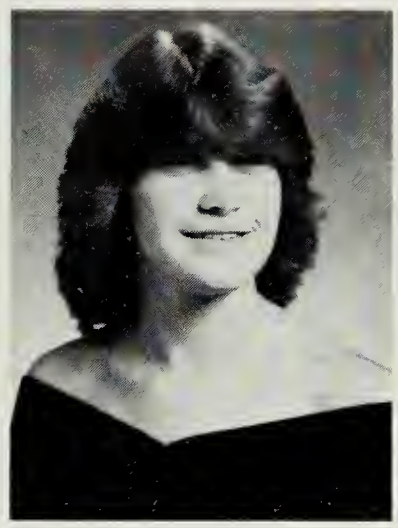
Susan Bagato



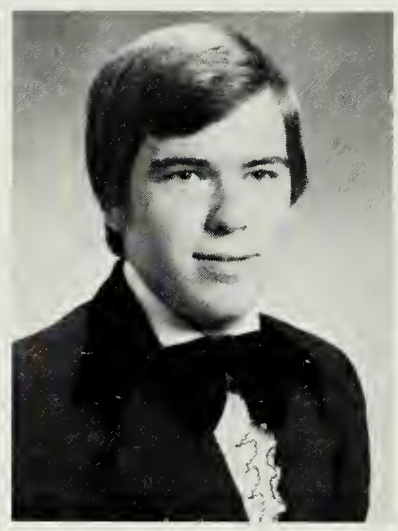
William Banks



John Baldwin



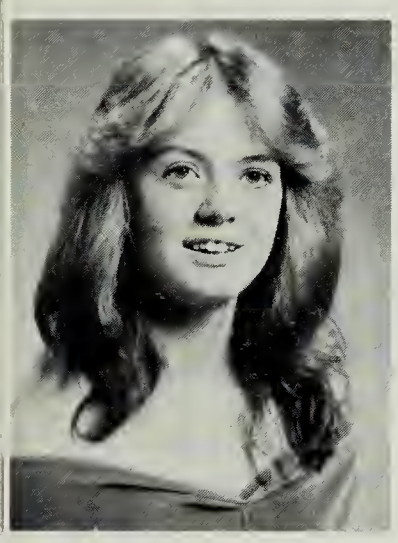
Patricia Bardon



James Barron Jr.



Nancy Barber



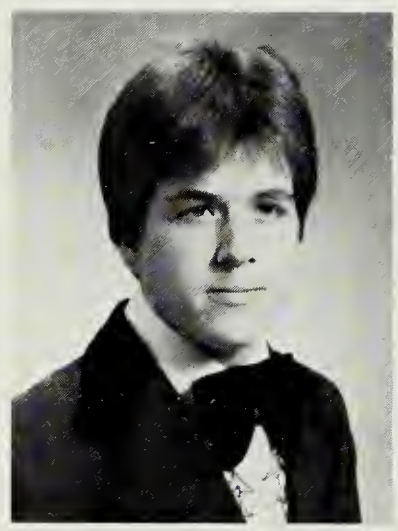
Melissa Basso



Linda Bates



Kelly Beckman



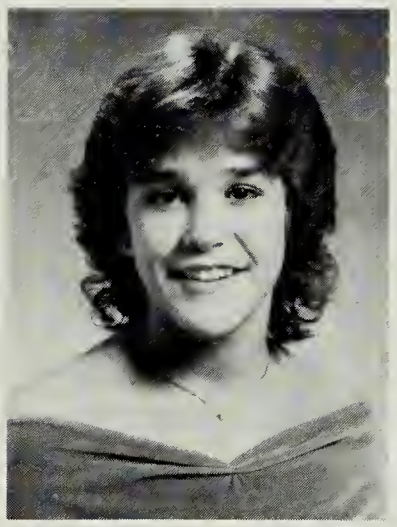
Daniel Bell



Krista Bergeria



Debaditya "Bapi" Bhattachargee



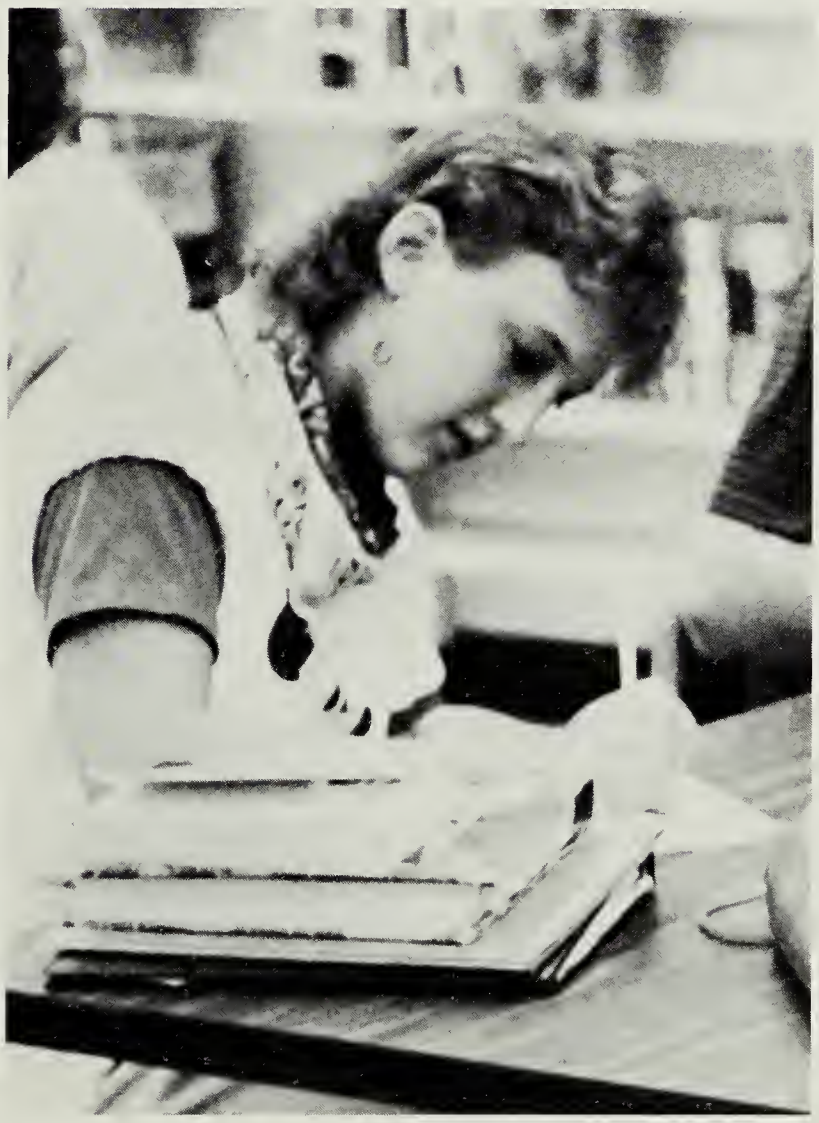
Jennifer Bowser



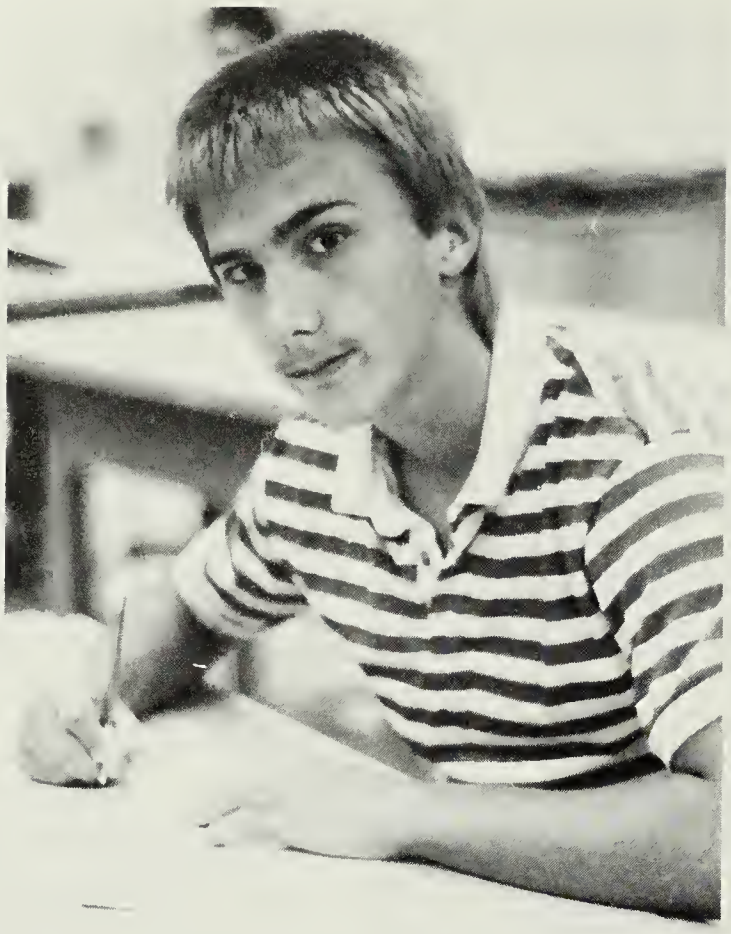
Amena Boyd



MaryAnne Brady



Emphasis has been heavy on writing this year at Potomac. Lynn Maruschak does her share of it with total concentration.



A senior has almost completed life's "Basic Training," claims Bryan Sims. The prestige of being a senior sets them above the underclassmen.

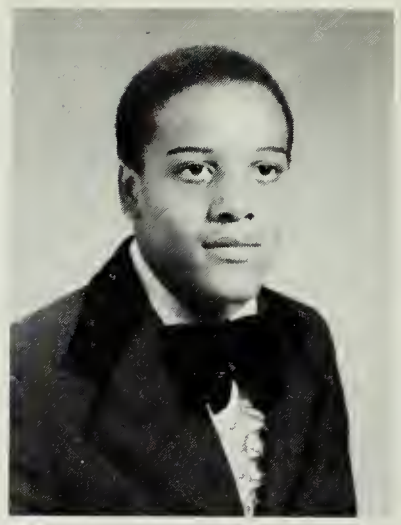
A Senior . . .

— has accomplished a lot and should be proud of it.
— is a nut at football games.
— shows his spirit better than the rest.
— is a leader
— is well respected and looked up to.
— is a trend setter.
— is ready to face the world.
— to be brief, is a massive partier.
— is the cream of the crop (crême de la crême).
— is totally awesome, so awesome.
— is the tops.
— will always be "in the mix."
— is what all underclassmen want to be.
— causes fear to the freshmen.
— has almost completed life's "basic training."
— is a person who takes on maturing as a mask, much like an actor.
— is terrified of being on the bottom again next year.
— as Doug Johson would say, "is a God-like creature who flawlessly floats through the halls of a high school, and is warranted to do almost anything he or she desires. Another point that is to be emphasized is that they are the supreme beings of the school and are held in high esteem, much higher than the lower juniors, sophomores and freshmen."

A senior is someone mature enough to be a leader, smart enough to know when to follow, and daring enough to lend a hand.



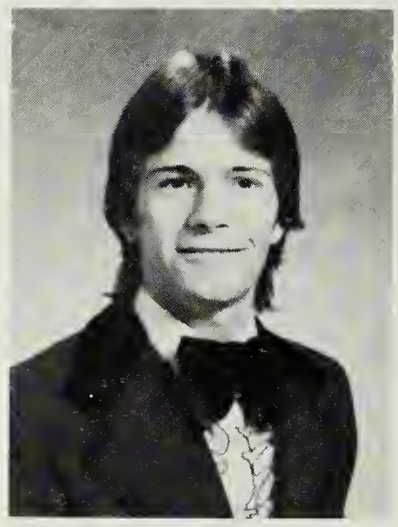
Mandell Bray



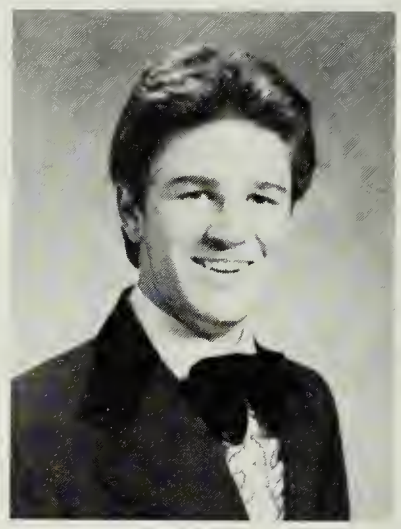
Tim Bridgett



Karen Briel



Ray Bronkema



Wesley Brown



Lisa Bryant



Dawn Bullen



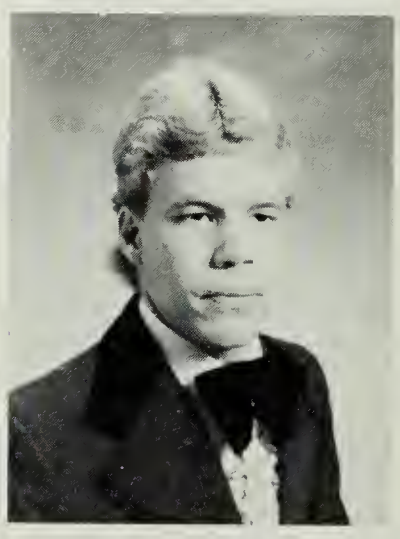
Pamela Burchard



Sharon Burdette



Katherine Burke



David Burk



Gina Burleson



As editor-in-chief of the newspaper, David Snyder spent many long hours after school working to make deadlines.



Rebecca Butcher



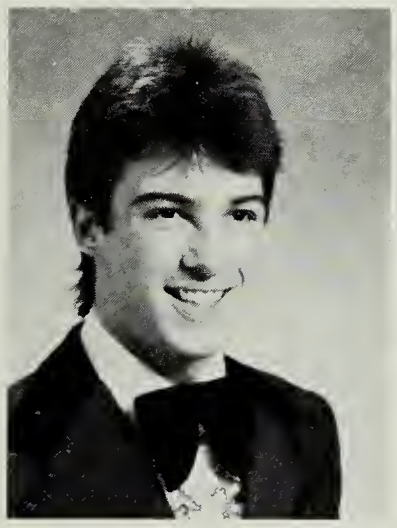
Ellen Butler



Steven Canup



LeAnne Carl



James Carson



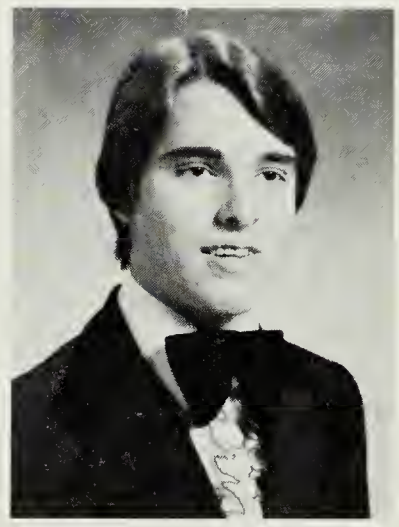
Tamara Carter



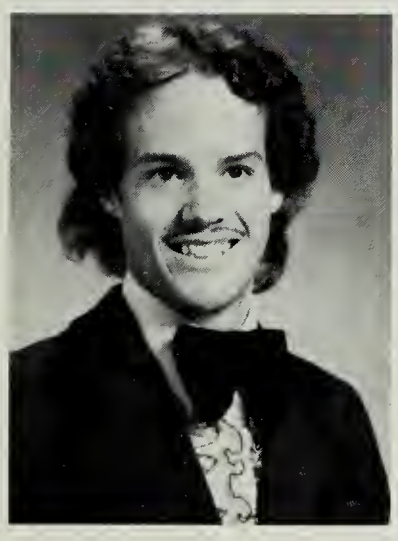
Teri Carter



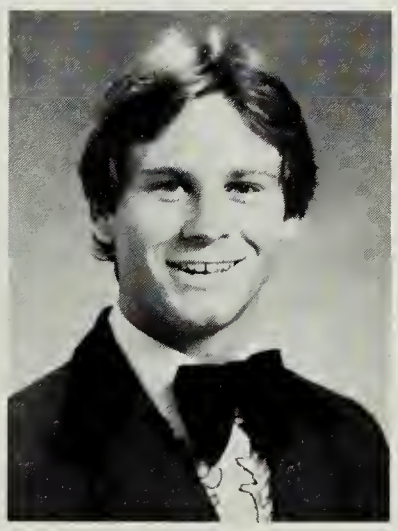
Ronda Cassidy



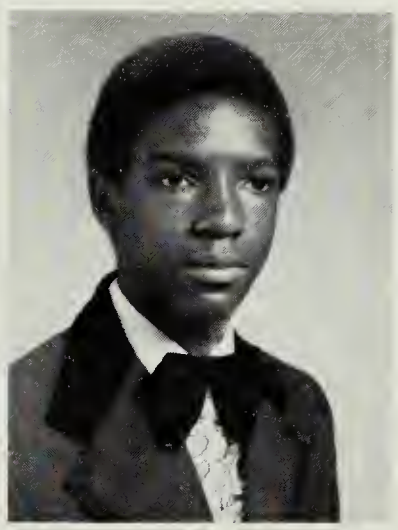
David Castle



Allen Chaney



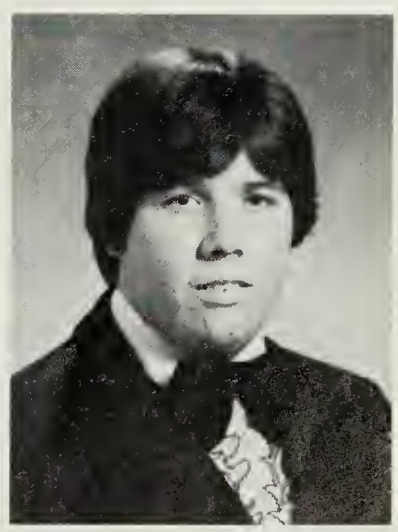
Bill Chapman



Eric Clark



Lisa Clark



Patrick Cleary



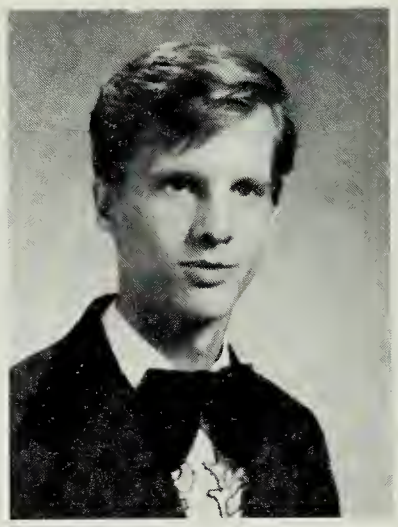
Jaqueline Clements



Erin Clevland



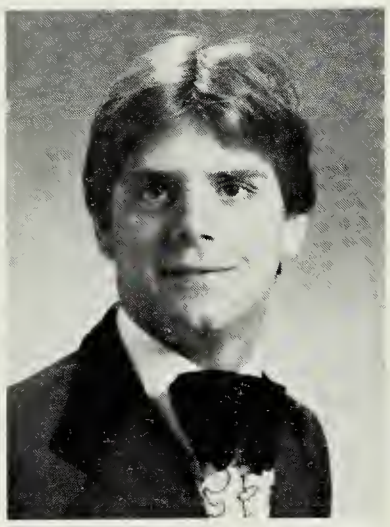
Larry Coaly



Jimmy Coates



Tina Coder



Steven "Bo" Colcombe



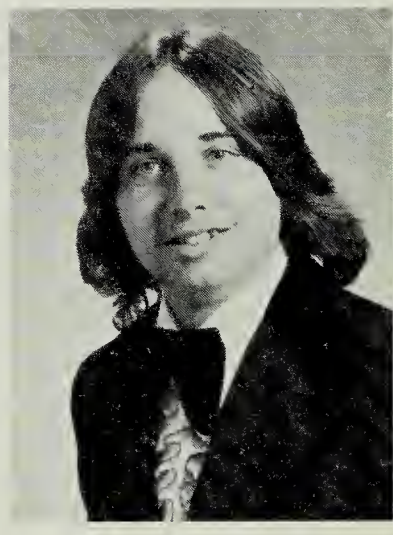


Virna Coleman



Ken Confer

The students of Potomac like to take an active part in the production of their school activities. David Secrist, John Baldwin, and Cobb Ervin are in charge of stage lighting for another of Potomac's plays.



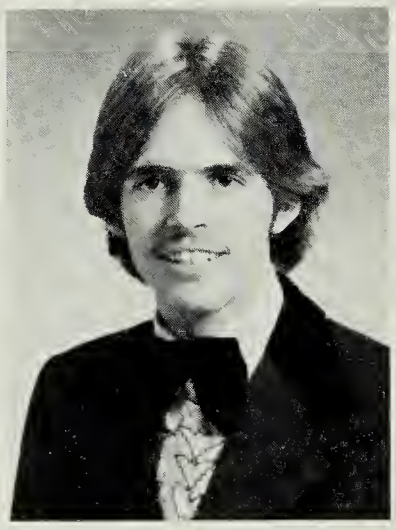
David Cook



Crystal Cooper



Thomas Corbitt



Howard (Wayne) Cornwell



Patricia Cornwell



Lisa Cosgrove



James Cox



Jennifer Craig



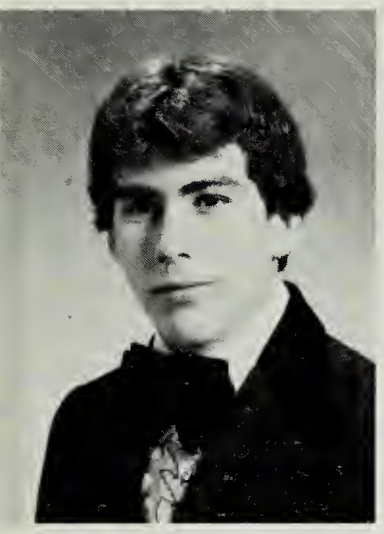
David Cramer



Paul Crichley



Robert Crichlow



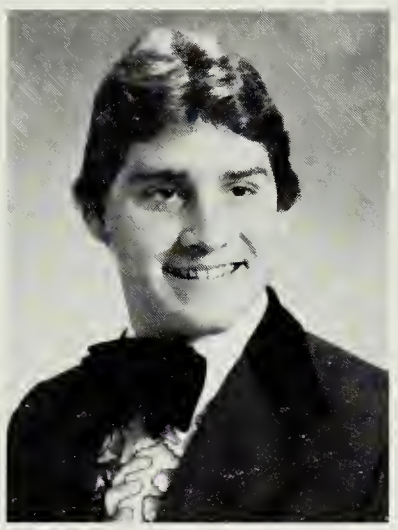
Charles "Chuck" Crosby



Carol D'Arcangleo



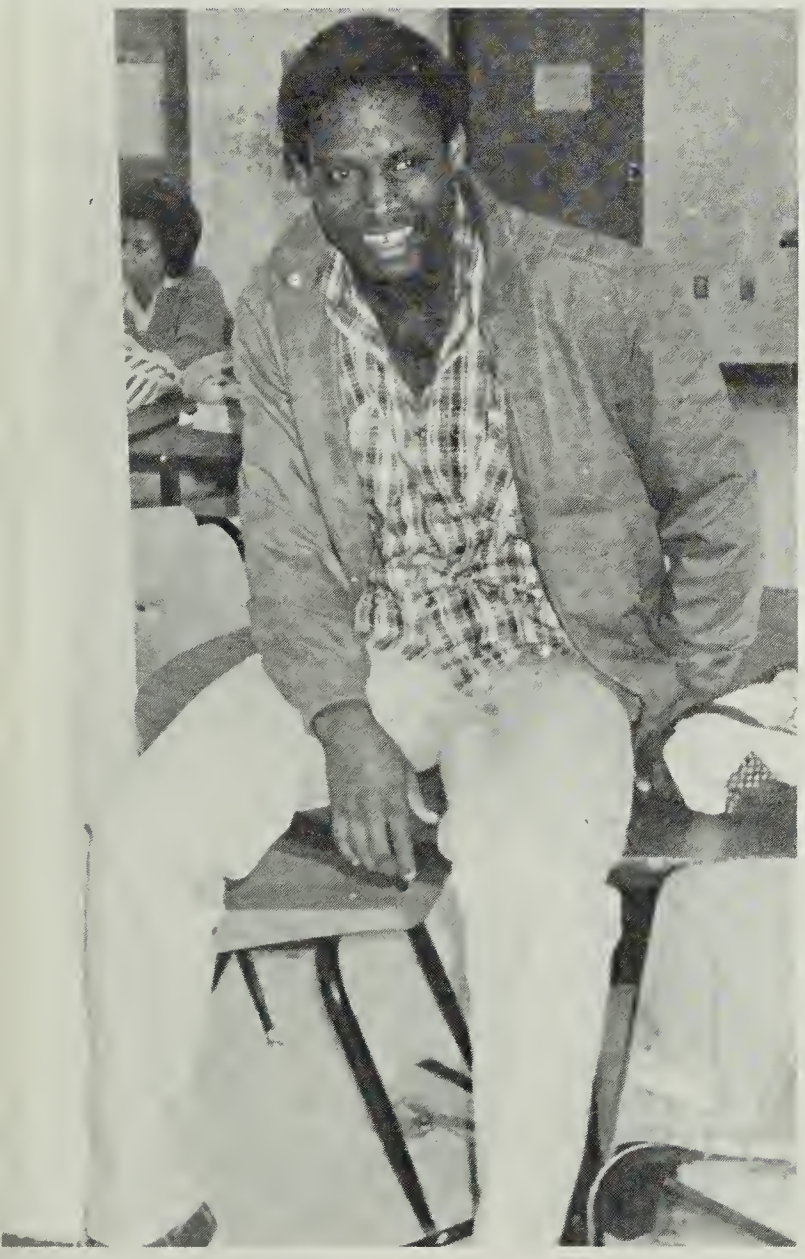
Michelle Dauphin



Jon Davis



Denise Davis



"I want to have fun for a while," states Mandell Bray.



Porsha Davis



Sarah Davis

Planning the Future

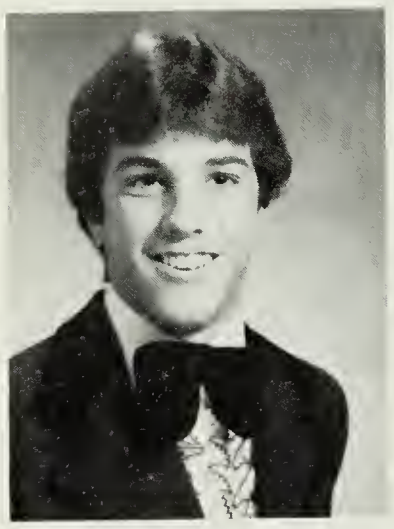
What will become of the Class of '84? A poll was taken, and it was exciting to see what the students of this class had planned for their future.

Most of the seniors were planning to go to a four year college close to home. Virginia Tech, Old Dominion, George Mason and UVa were the most popular colleges.

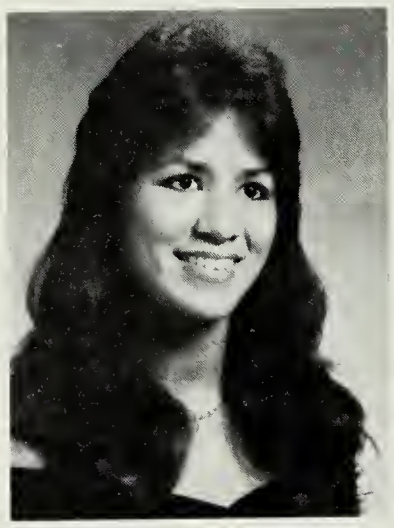
Many students wanted to go into law; government, lawyers, representatives and even the presidency were among the top choices. While some seniors want to be making laws, others plan to enforce them. The FBI, CIA and other organizations will be excited with all the new recruits. The medical profession was very popular too. With so many potential doctors, this world will soon be a better place.

Aside from the professions, many students plan on marriage in the future, but not any time soon. "I want to have fun for a while" seemed to be a frequent quote.

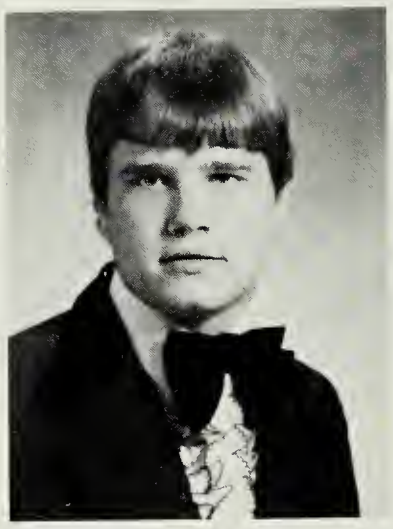
Well, these are the class of '84's plans, dreams and hopes. We'll find out what really happens at the reunions. Good luck, Seniors!



Gerald "Jerry" DeCarli



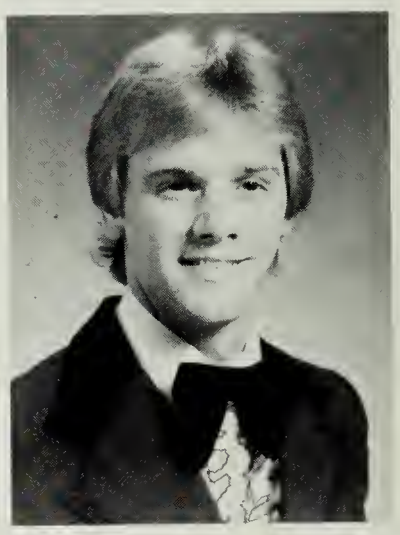
Marisa de los Santos



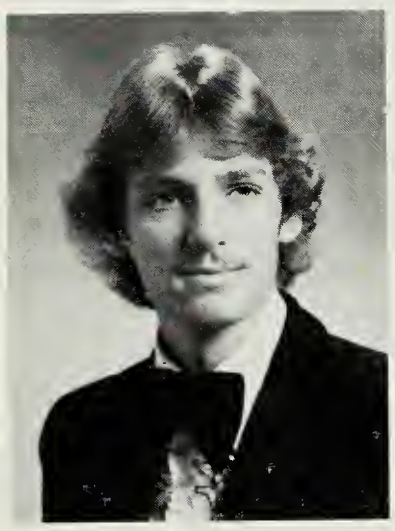
Cliff Dent



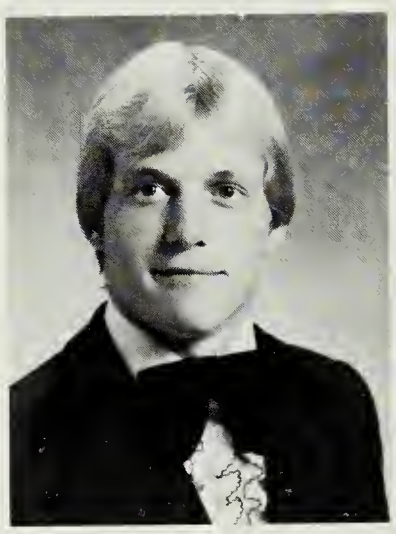
Greg Dent



Michael Dillon



Terrill "Terri" Dixon



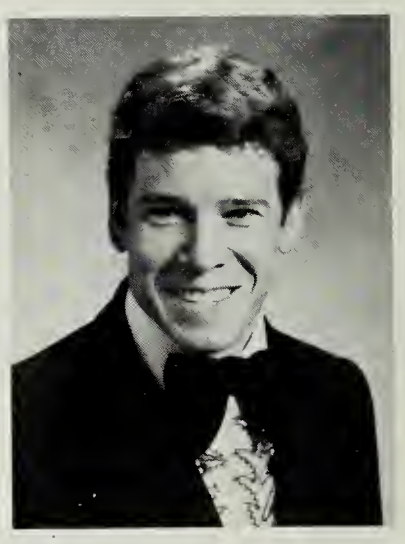
Richard Dubreuil



Laurie Duncan



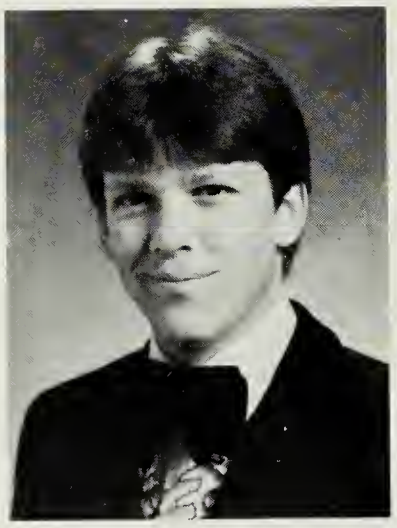
Allan Dziwoki



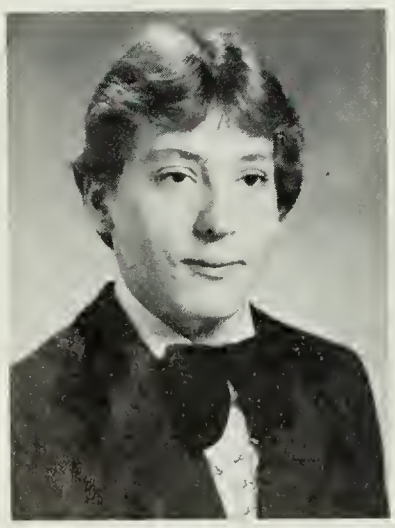
Wallace Edwards



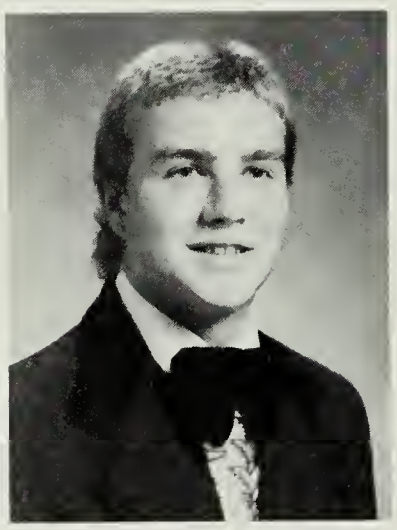
Emilie Eldridge



Lloyd Eller



Roy England



William "Cobb" Ervin



Cindy Vause and Bev Sinclair retreat to the library to do research for a paper for senior English.



Virginia Ewing



Kimberly Fayard



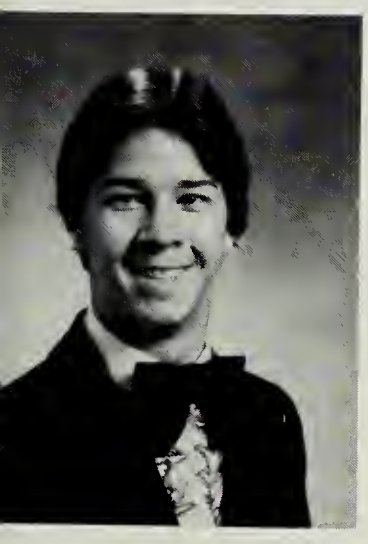
Diana Fisher



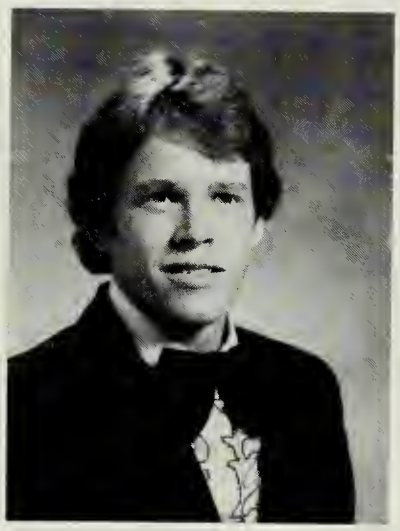
Crystal Fletcher



Catherine "Katie" Flynn



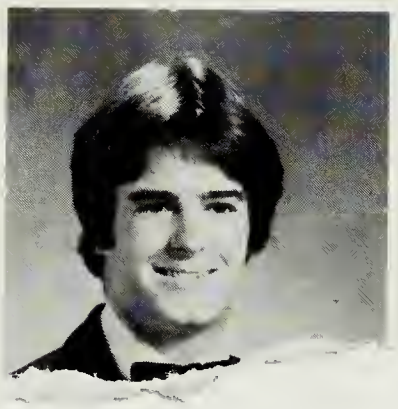
Arthur Forester



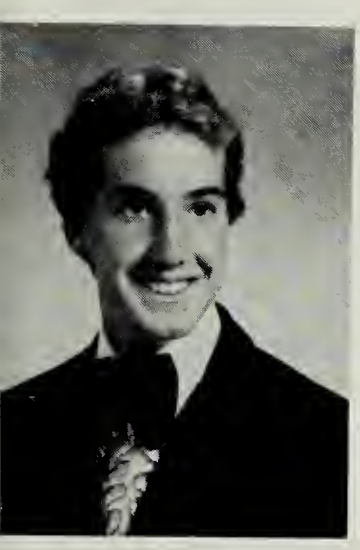
Scott Francis



Stephen "Pete" Gaith







Dennis Gallagher



Kathleen Gallion

Sound Fami



Julie Slade and Kathy Smith wait for the rest of t
ing home. Carpooling was a much preferred alterna



Carolyn Gallucci



Patrick Gardner



Yen Gerber



Jeffery Geyer



Michael Gibson



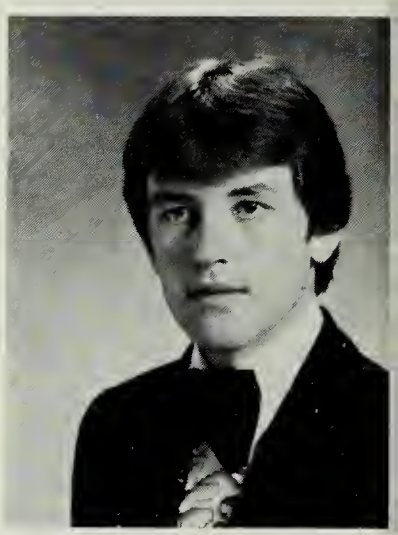




Danette Gillis



Anna Golden



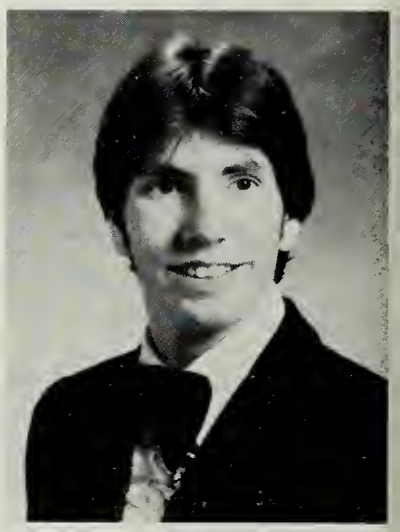
David Goodrich



topher Gordon



Wanda Gothreau



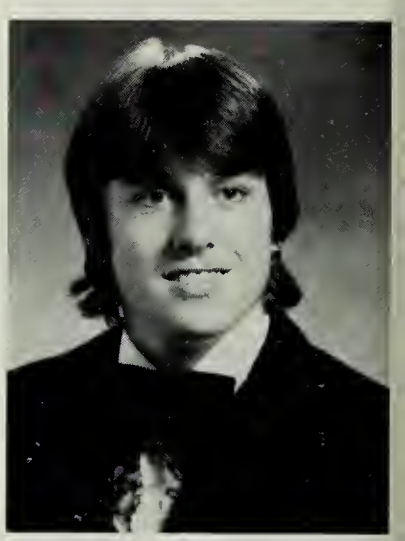
Richard Gow



bowski



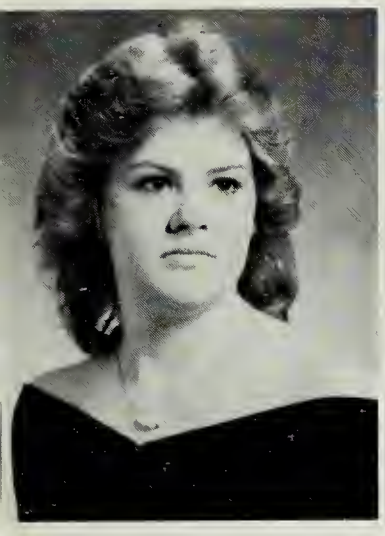
Sherry Greene



Stephen Greer



Karyn Greisen



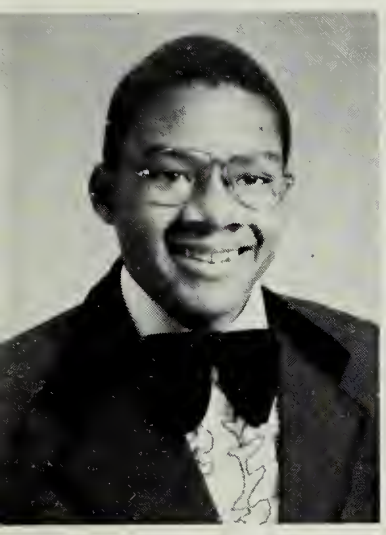
Julie Gretencord



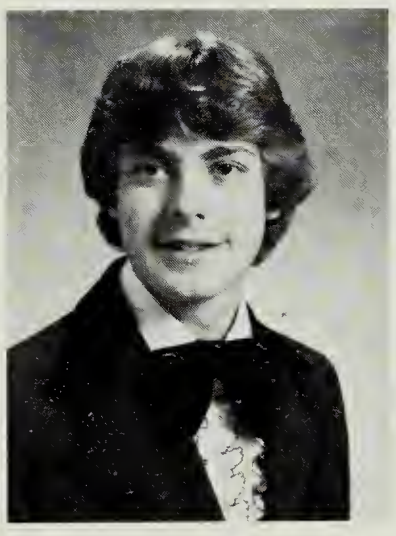
Nolan Malone, Bill Chapman, Richard DuBreuil, Jon Davis, John Baldwin and Paul Tiede get together to reminisce about their summer at Boys' State.

Our Next President?

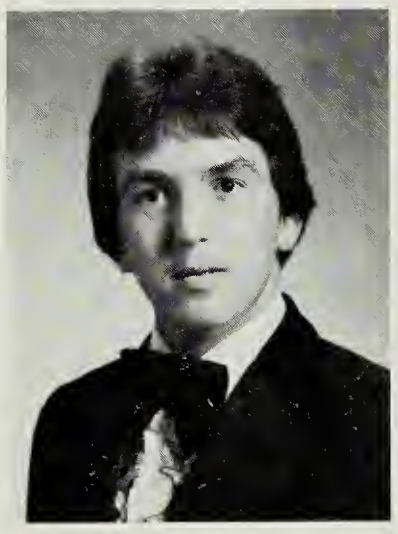
Last summer, seven young men from Potomac spent a week at Boys' State, located in Lynchburg, Virginia. The week was filled with the sounds of governmental practices born at the state and national level. The seven students, Jon Davis, Mark Henshaw, Nolan Malone, Paul Tiede, Bill Chapman, Richard DuBreuil and John Baldwin were all instructed in the basic principals behind the ideals of state government. Although the lectures were long and the temperature was hot, a good time was had by all. And the lessons learned were greatly beneficial in helping to understand the required government classes of PSHS.



Jimmie "Scott" Griffea



Joseph Hamm



Ray Hammons



Hollie Hargett



Lisa Hayes



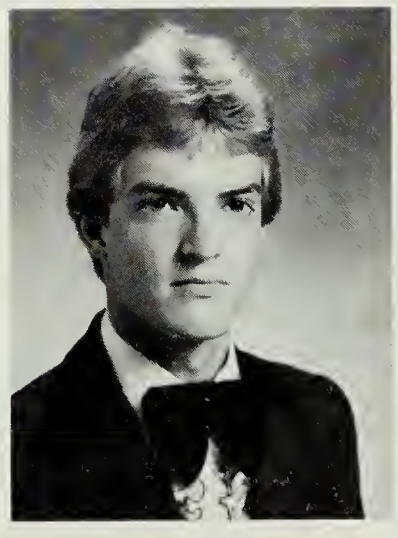
Mark Haygood



Tammy Heath



Julie Helm



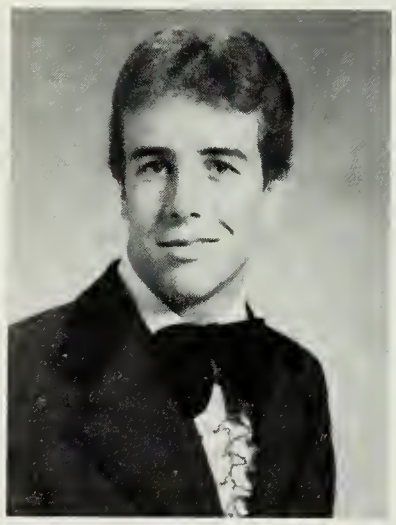
John Helsley



Tina Henderson



Ryan Hendricks



Mark Henshaw



Jill Holley



Diane Holloway



Kelly Holyfield

Off Broadway

Potomac is full of many talented students like Mike Kvenberg. He has been an active participant in musicals and various plays in the community and school. He was in a four month run of "Kismet" at the Lazy Susan Inn Dinner Theater.

Mike studied music under Cathryn Fraizer-Neely for 2 years. His senior year he joined Potomac's musical program as one of the Camerata Singers. During 1983 he was an alternate for Kings Dominion's Mason-Dixon Theater. Having been a member of the "Back Stage Dance Company" he was able to perform at various places such as the Washington Sheraton.

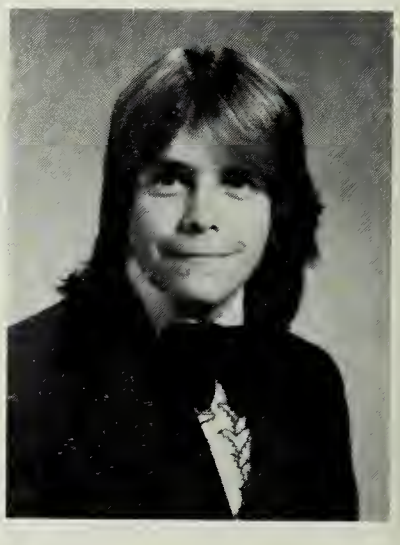
After high school, he plans to further his education at the Shenandoah Conservatory of Music in the Music Theater Program to earn a bachelor of music degree. Mike's ambition in life is to appear on Braodway sometime in the near future.



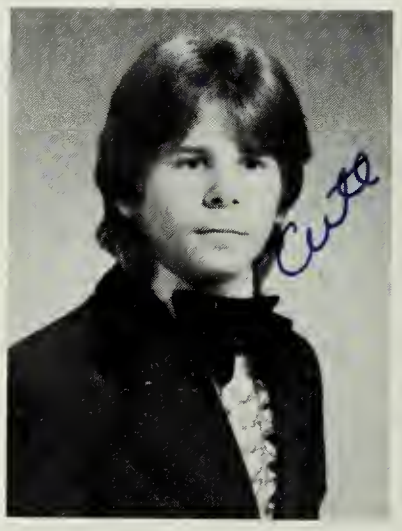
As a member of the chorus in "Kismet," Mike Kvenberg displays his theatrical talents.



Catherine Homan



David Houck



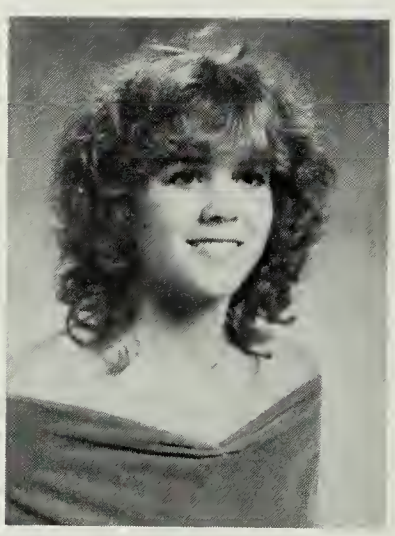
Howard "Rocky" Dove



Barbara Hudson



Randy Hudson



Lynda Hustead



Troy Hutchenson



Betty Hylton



Kimberly Jackson



Kiwaney Jackson



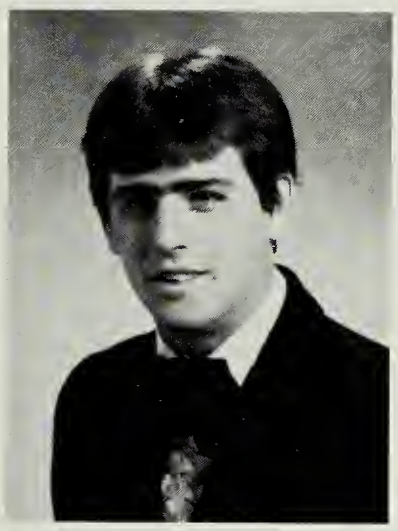
Linda Jacobs



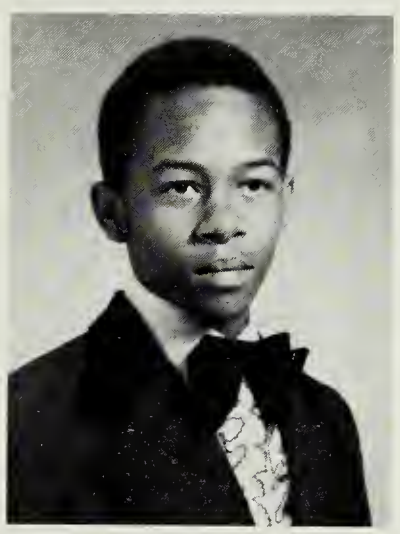
Sharon Jacobs



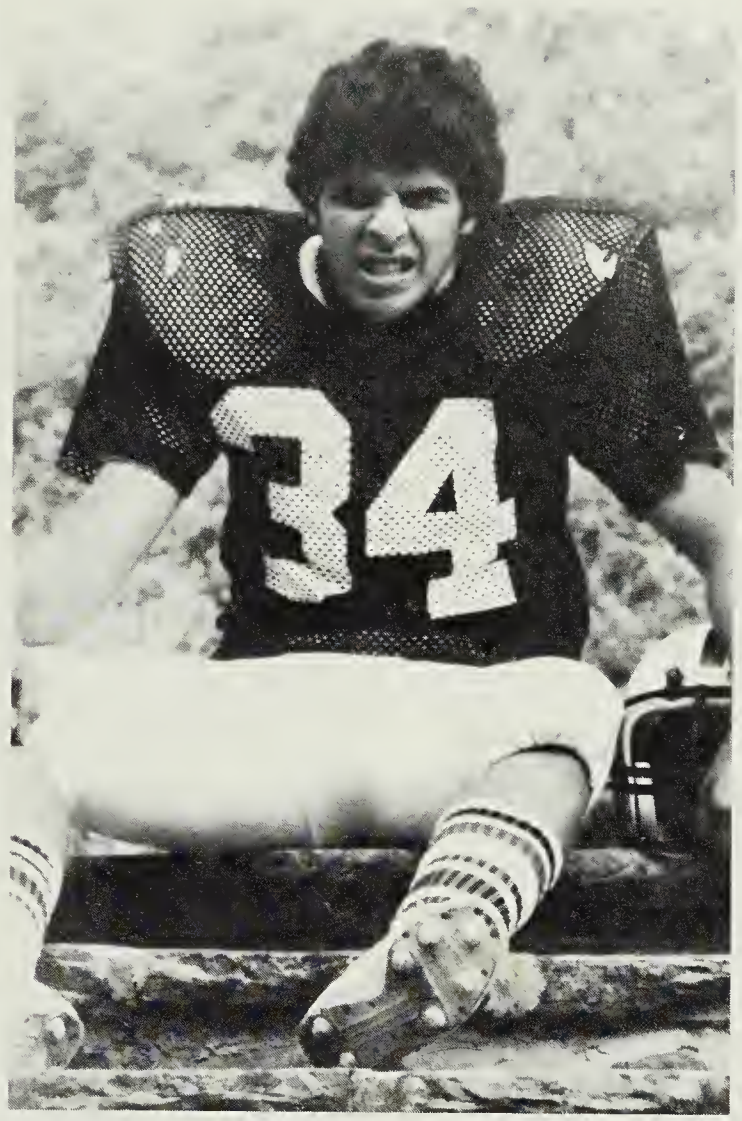
Stephen Jacobson



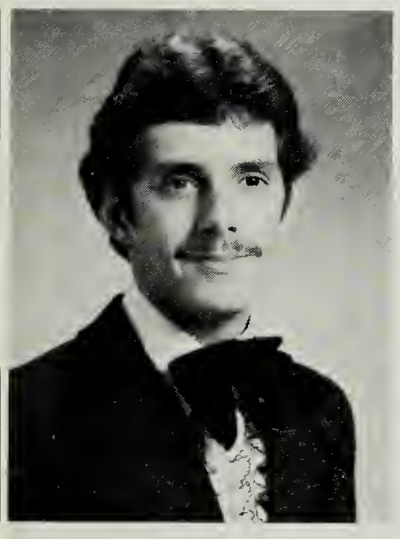
George "Doug" Johnson



Howard Johnson



The football players worked long and hard this summer to improve their game. Tony Reza expresses his feelings towards Potomac opponents.



Jerome "Jay" Johnson



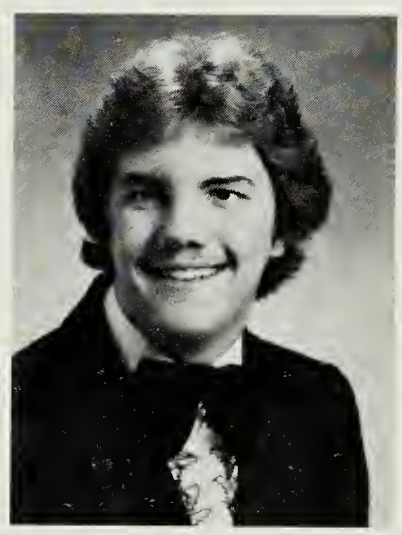
Kim Johnson



Shawanda Johnson



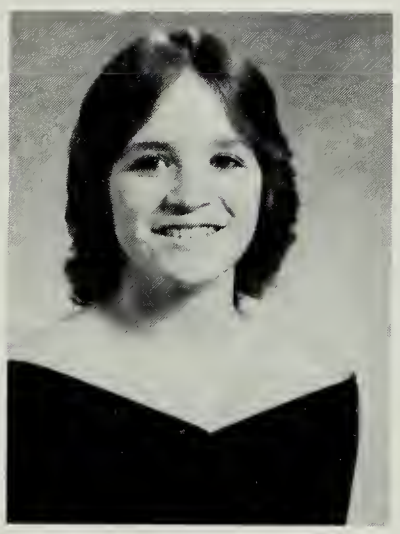
Diana Jones



Steven "Scott" Jones



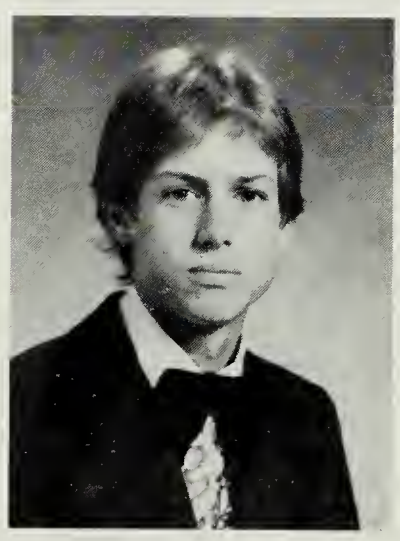
Kevin Kasper



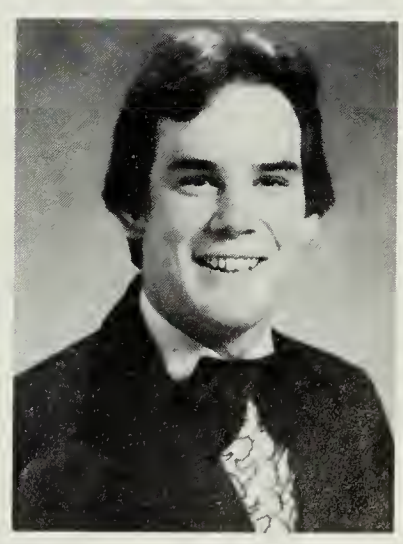
Virginia Kearns



Sarah Kierstead



David King



Glenn Kiser



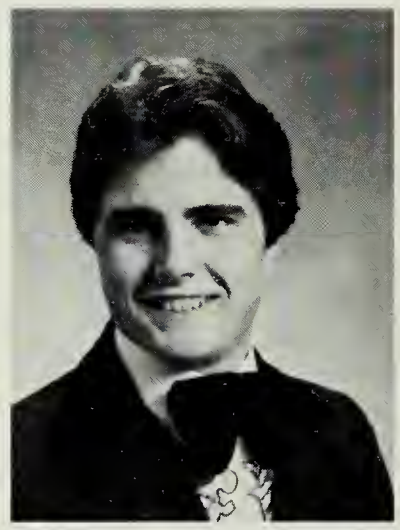
Jodie Knott



Lisa Kondash



Luana Kooker



Robert Kraus



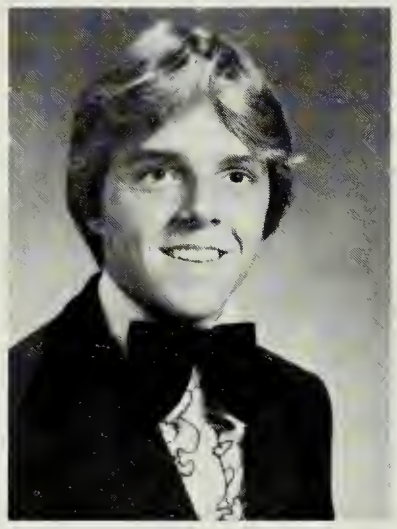
Susan Ksanznak



Scott Kujawa



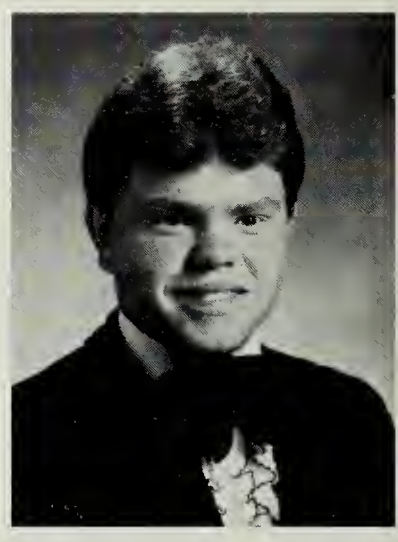
Michael Kvenberg



James Lacey



Robin Lafferty



Robert LaFleur



Julie Lamb



Carol Lapponese



Edwina Lashbaugh



Warren "Andy" Lawson



As one of the ushers for the Fashion Show, Pat O'Hara dressed in this fashionable manner.



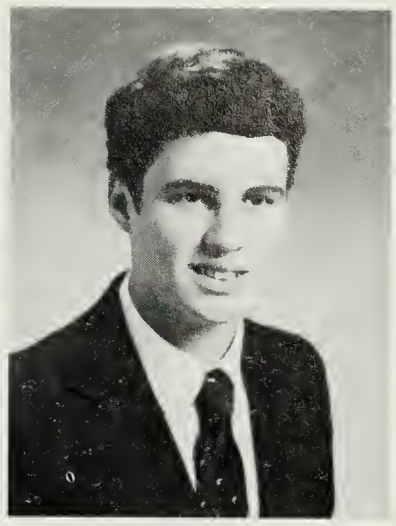
Flying high, Allen Chaney performs one of his spectacular stunts. Not many people have the nerve to fly to this kind of height with so little support.



Dana Layne



Yuri Lazar



Brian Lee



Laura Lee



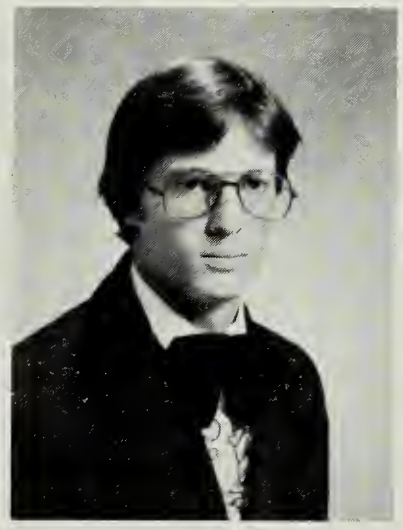
Wen I "Judy" Lee



Ashley Lehman



Mary Lewis



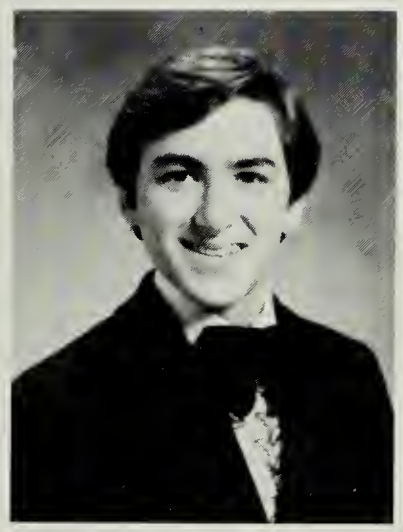
Bruce Liming



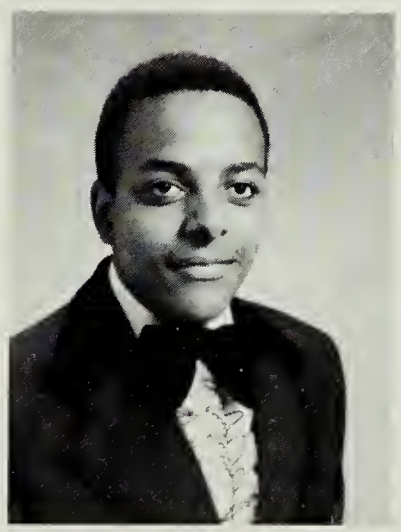
Leslie Ling



Steven Lingo



Steven Lippert



Garland Lipscomb

Soaring Senior

"It's not just riding up and down the sidewalk. A serious skate boarder rides on ramps, in empty swimming pools and in drainage ditches." What Allen Chaney was referring to is his favorite sport and hobby-skateboarding. Allen has been skate boarding for nine years.

Allen was ranked number one in Prince William County and was fifth in the State of Virginia. He generally has competed all up and down the East Coast. Allen was once on the 7-Up Skate Board Team. The team traveled to a contest on Emerald Island on the coast of North Carolina. There, he won every event and won the overall championship.

Skateboarding is much more difficult than most people realize. Anyone can stand on a skateboard, but it takes skill and a lot of practice to ride one. The skateboarders that compete work hard to improve their style, and form.

In competition, skateboarders are judged on style, the difficulty of their tricks, the number of their tricks and the crowd's reaction to the skateboarder's performance. One trick that stuns a crowd is called the "Canyon Jump." Most skateboarders feel that this is the most difficult trick. This feat is accomplished by jumping across the entrance of an empty swimming pool. Sounds Hard!!



Faith Lively



Todd Lockhart



Robert Loefstedt



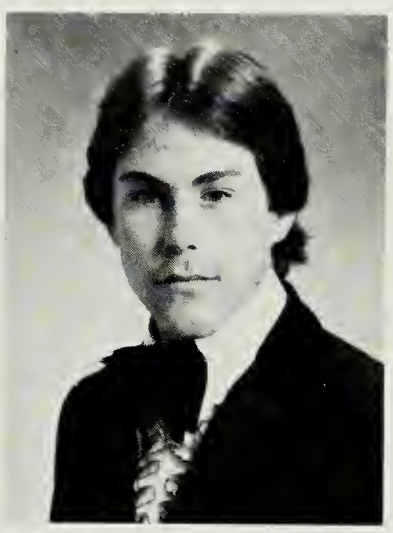
Julie Londino



James Lough



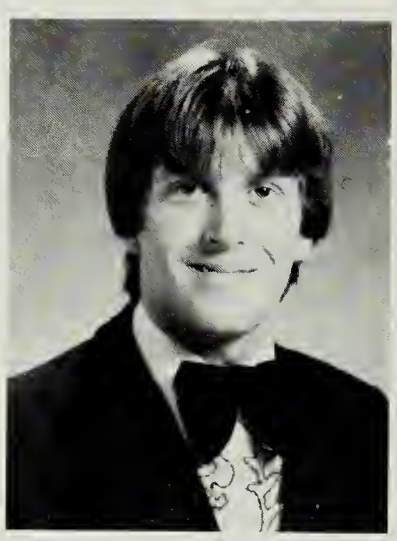
Shonda Lowe



Donald Lowry



Bryan Luedtke



Ronnie Lucas



Kathy Lydon

And Here She Comes

Here she comes, Miss Josee Marie Dionne, Winner of the first annual Miss Potomac Pageant! The pageant was held April 15, 1983, and was sponsored by the Key Club. The girls competed in categories of poise and grace, and in an interview situation.

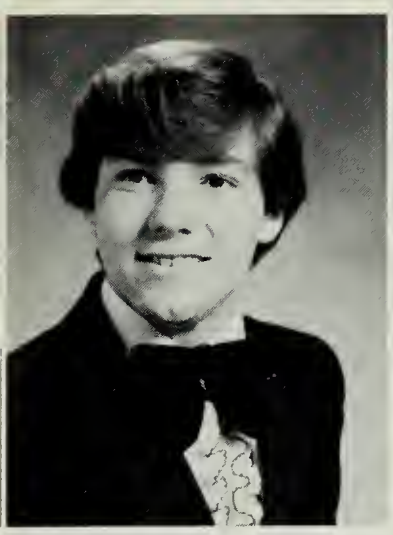
The girls paraded across the stage in their gowns to the enjoyment of a full house. Their brightly colored dresses carried the theme of "Kaleidescope of Colors."

After the ten semi-finalists answered impromptu questions, the finalists were chosen, and the winner was announced.

Third runner-up was junior Denice Thorlton. Second runner-up was junior Marisa de los Santos. Senior Gloria Ferren was the first runner-up. Tara Wilson was chosen Miss Photogenic. It was another first for Potomac High School, and another chance to be proud of the lovely ladies who attend.



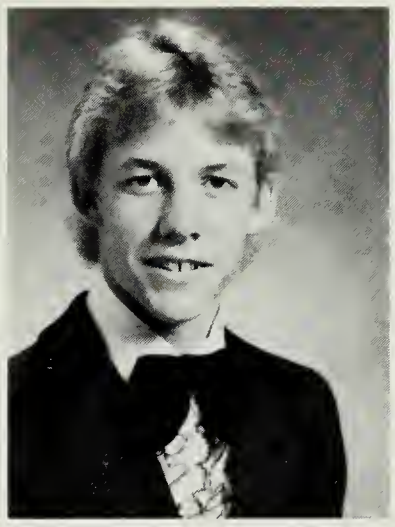
Left to Right: Miss Photogenic, Tara Wilson; third runner-up, Denice Thorlton; Miss Potomac, Josee Dionne; first runner-up, Gloria Ferran; second runner-up, Marisa de los Santos.



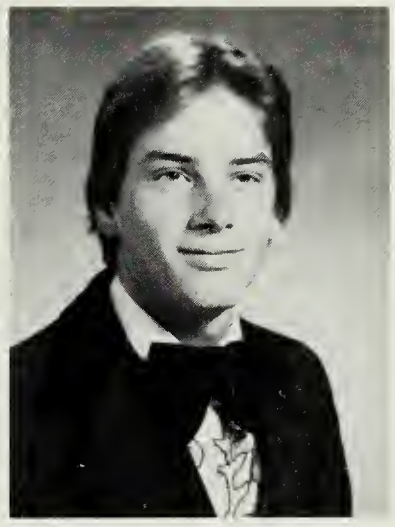
Mike Mabardy



Christina Mackey



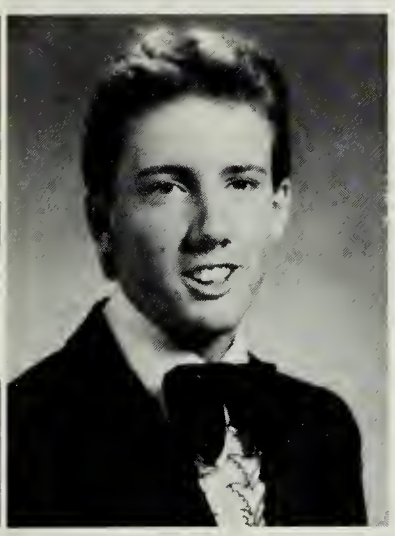
Robert Maclean



Kevin Maddox



Leo Malloy



Nolan Malone



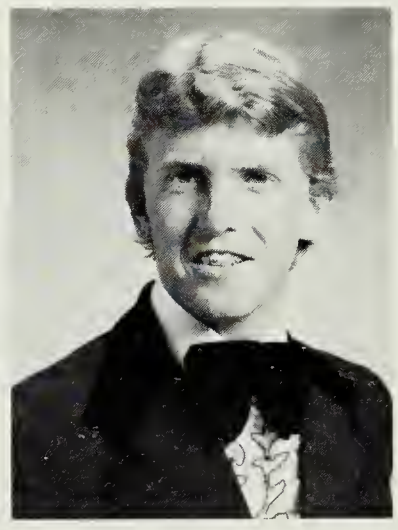
Daniel Mancuso



Beverly Manderville

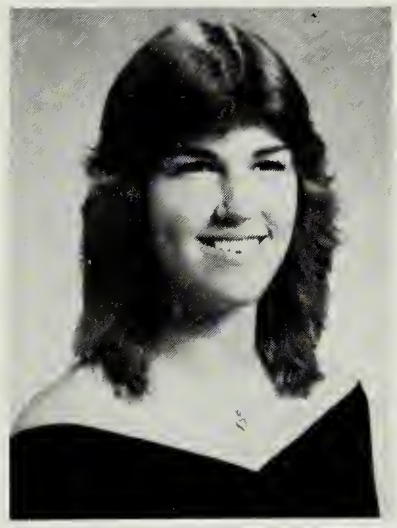


Valerie Manderville



Glen March





Sherry Marcini



Angela Marshall



Regina Martin



Thao Martine



Lynn Maruschak



Pamela Mason



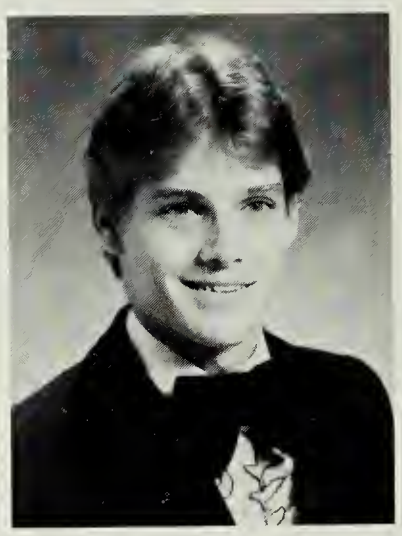
Misty Matherly



Tim McDaniel



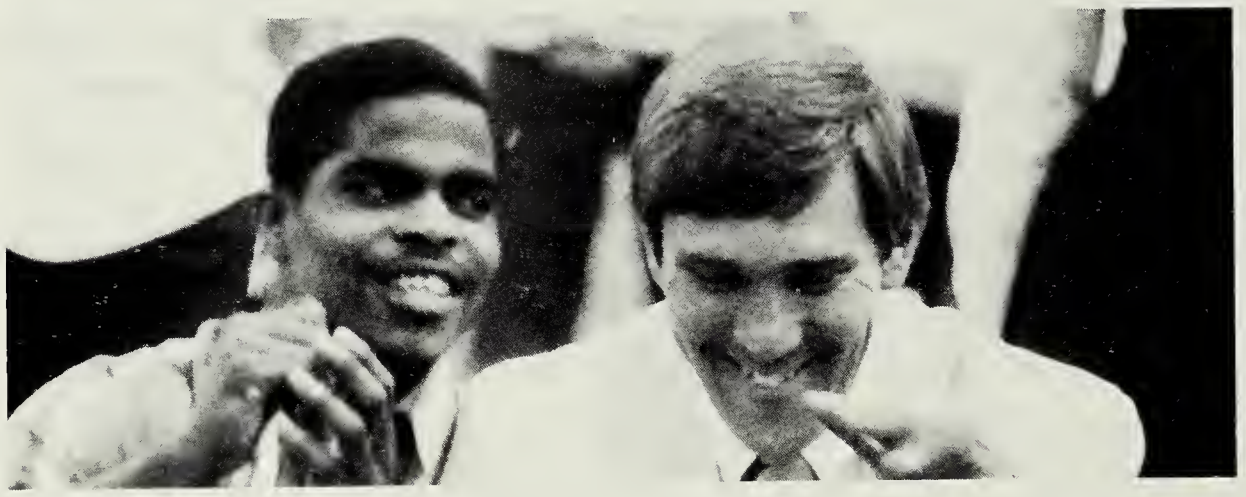
Kathy McFarren



Scott McKenzie



Lisa McKinney



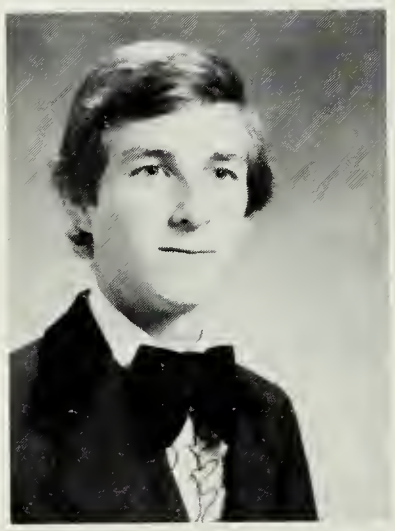
Dr. Lovely (Wayne Shorter) is "sittin' in the mix" with Mr. Brown at one of Potomac's pep rallies.



Janice McKnight



Robin McMillion



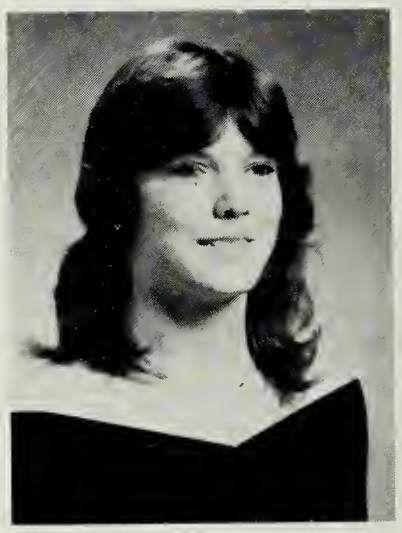
Chris McVay



Cathy Mensinger



Cynthia Michael



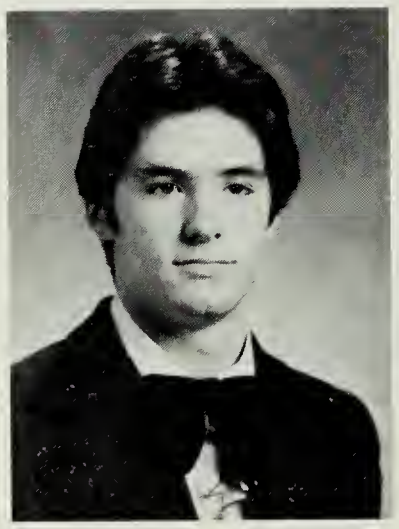
Elizabeth "Anne" Minor



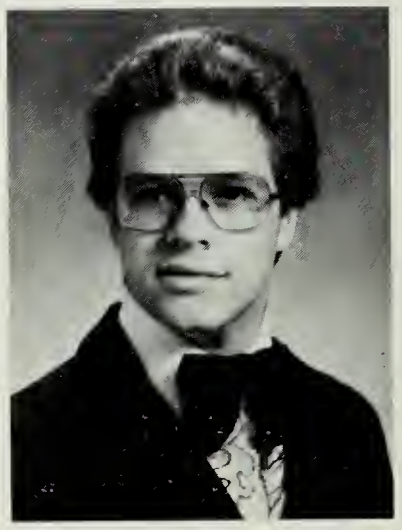
Mark Modrowski



Robert Monaco



Charles Money



Michael Money



Michelle Morris



Vivian "Elaine" Morris



Kimberly Morrison



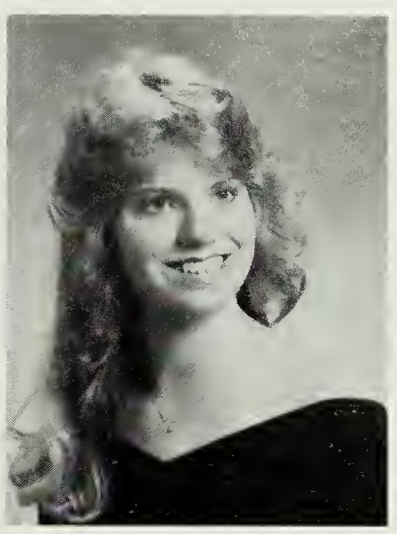
Amy Mountjoy



Laurie Mountjoy



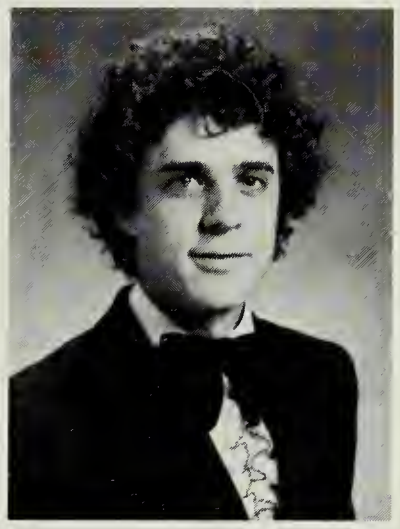
Jeffery Mower



Sheila Neary



Ida Nelson



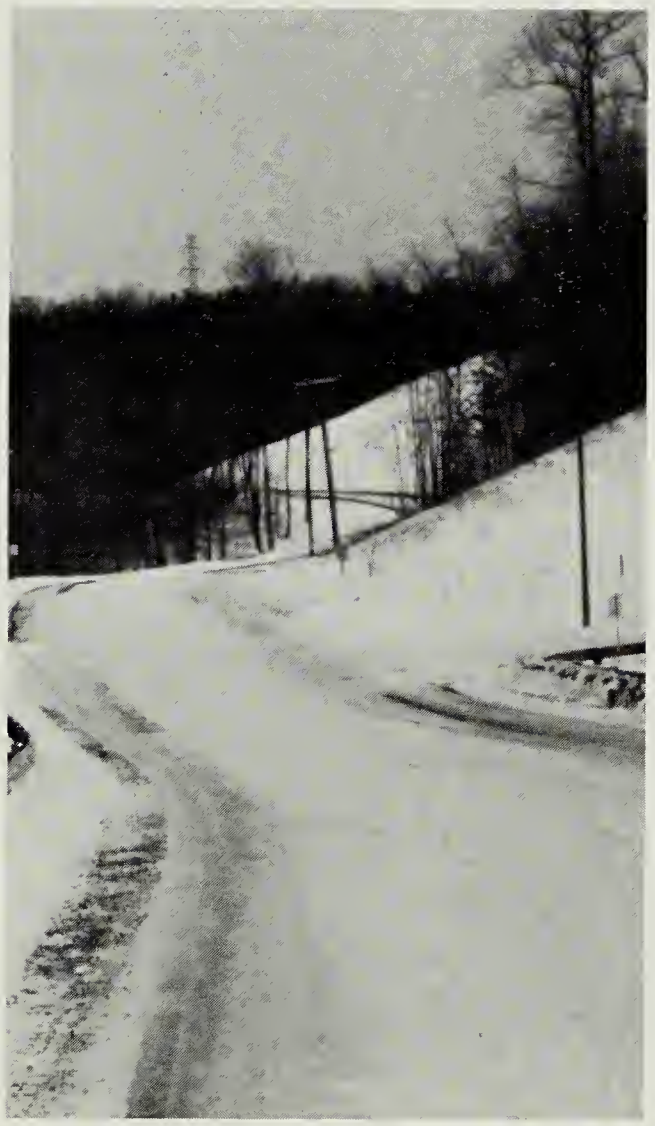
Jon Neskie



James Nix



Crystal Norman



Jobs are not the only reason students leave school early; a snow day is something that both teachers and students look forward to.

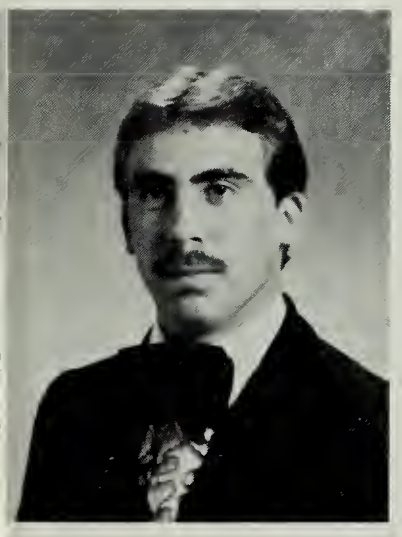
Going, Going Gone

"I think it's great! It gives students the chance to get a head start in college or even in the business field."

What senior Jackie Sizemore was referring to is the early release program offered at Potomac. Only seniors could leave school early because of a shortened schedule. The seniors who left early had to have a job or attend college during the remainder of the school day.

A few students, like Jackie, attended Northern Virginia Community College. They took freshman English, history and a variety of other courses.

While some students were racking their brains and studying hard for classes, people like Kasey Swecker were "bringing in the bucks!" Kasey found a job working for the IBM Company in Manassas. Programs such as this were set up by the ICT and DECA organizations.



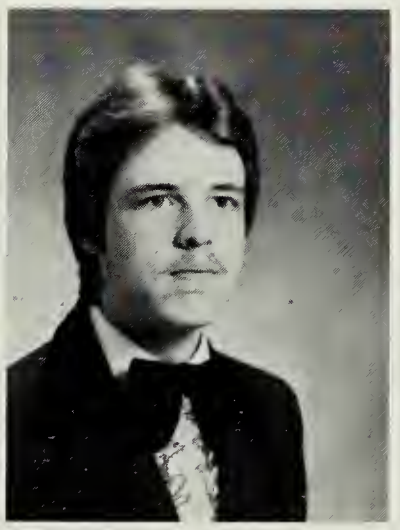
David Norton



Coleen O'Conner



Karen O'Conner



Michael O'Donnell



Patrick O'Hara



George Ohlin



Caitlin O'Leary



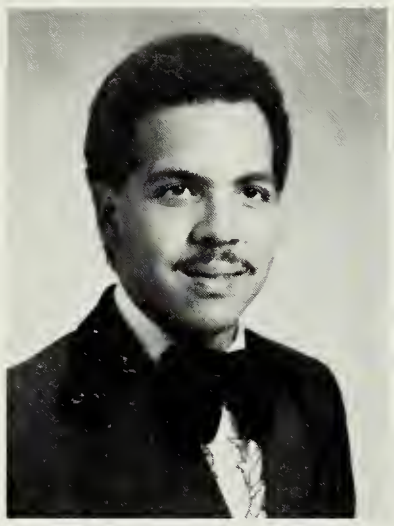
Elizabeth O'Quinn



Robert Oscar



Dawn Overby



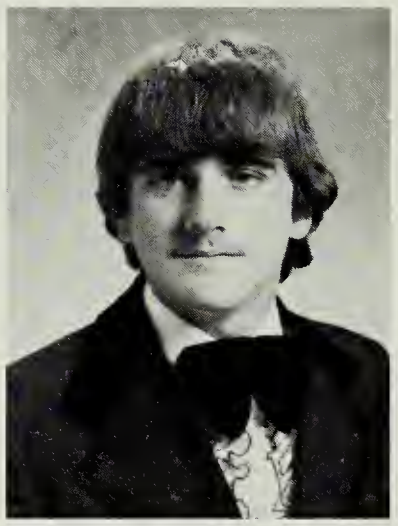
Herman Pagan



Dawn Pague



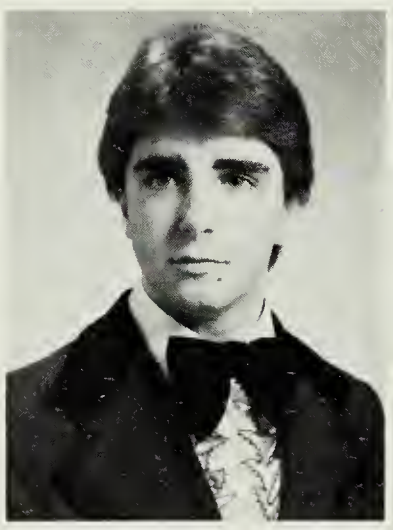
Michael Patterson



Christopher Patton



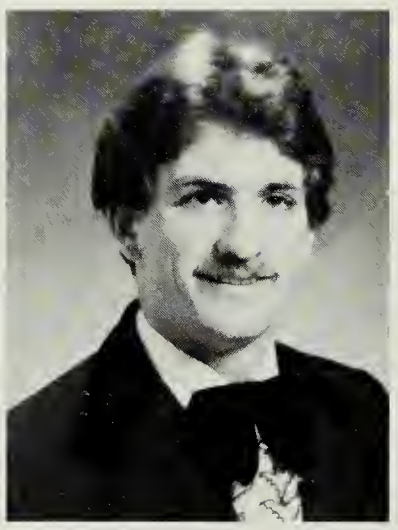
Mary Pearson



Russell "Scott" Pegler



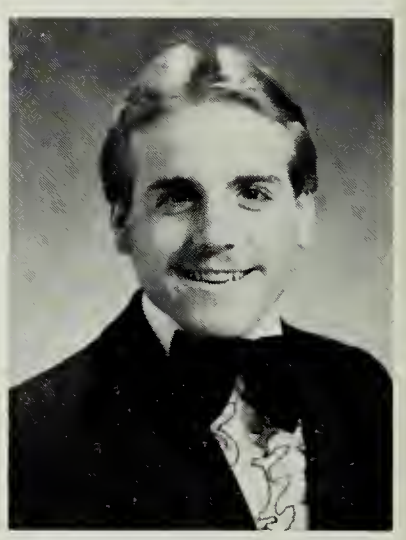
Lisa Peterson



Richard Pierson



Diane Profitt



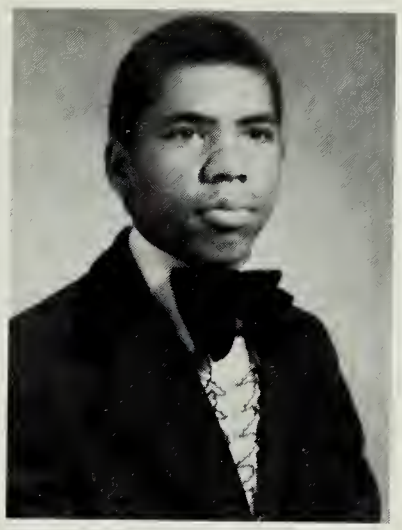
Christian "Dane" Puckett

High School friendships are part of every class. Senior, Kathy McFarren and friend Steve Kitta enjoy spending time together watching the fire works on the fourth of July.

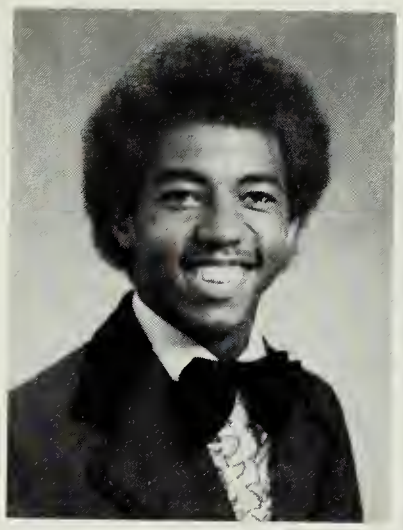




Sashavon "Shawn" Purcell



Arron "Tracy" Queen



Perry Queen



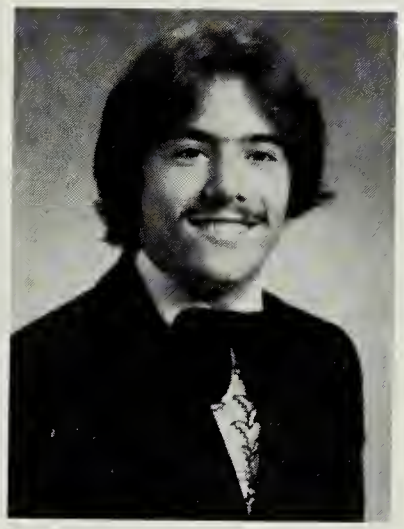
Stephen Quintavalli



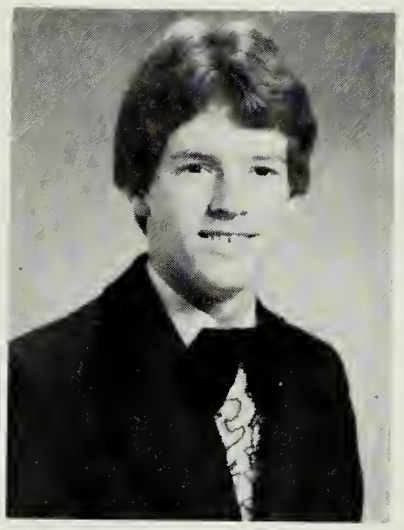
Joanne Raiselis



Daniel Raley



Michael Raper



Ron Ravella



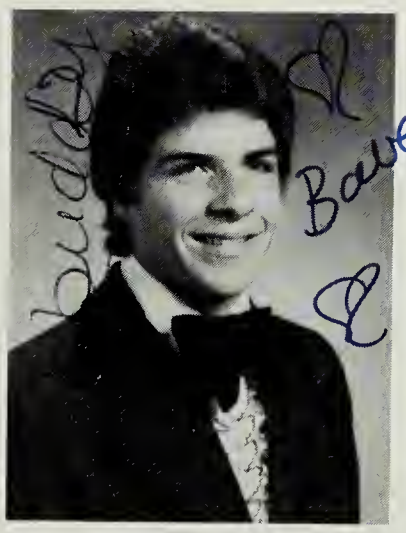
Lisa Raynes



Sandra Reed



Donna Reid



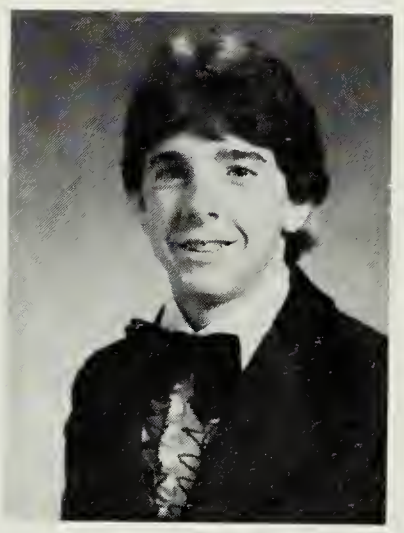
Tony Reza



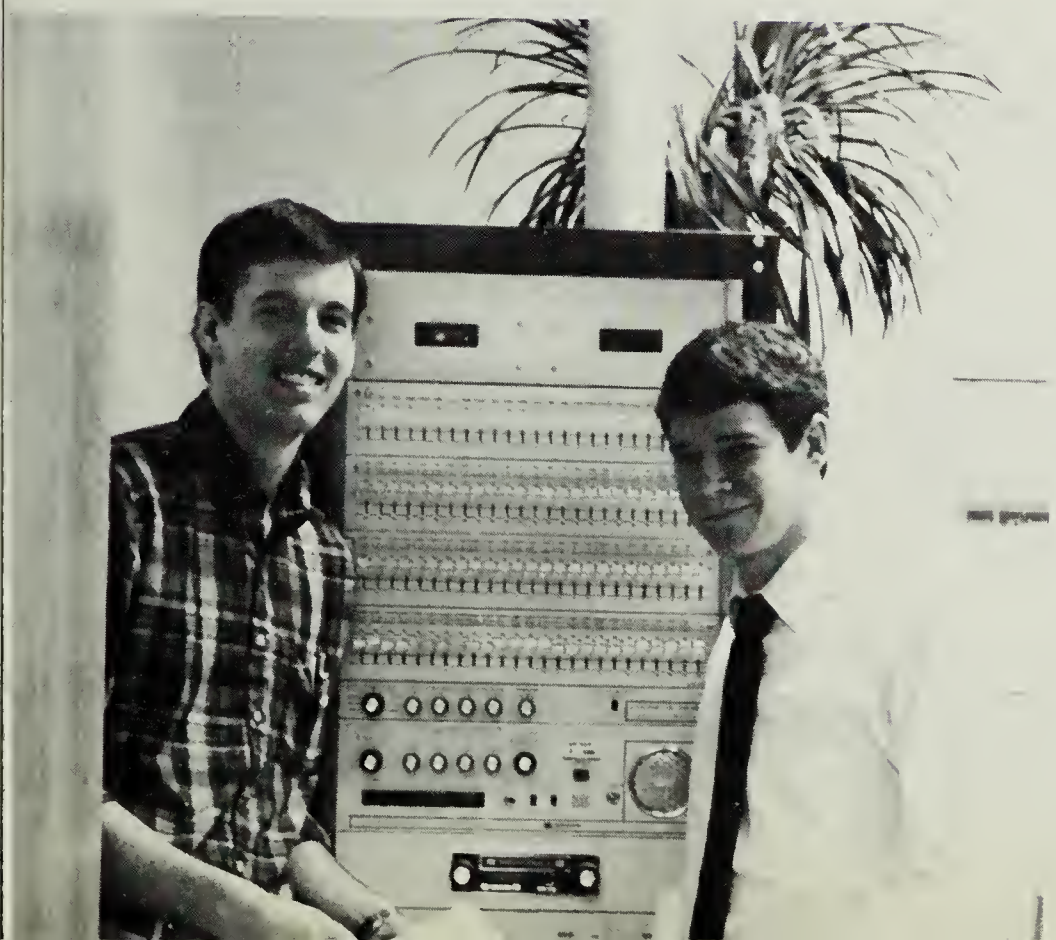
Amey Richardson



Debra Richardson



Mark Ricks



Warming up to sweep the students off their feet are Scott Stirling and Wally Edwards. Both Scott and Wally have presented the morning announcements for the past year.

Who, What, When, Where, Why?

"Who are those idiots?" "Will you shut up?" "Is this really necessary?"

These were the questions that swirled around in the minds of students as they sat in their homerooms listening to the morning announcements, waiting for yet another day of education to begin.

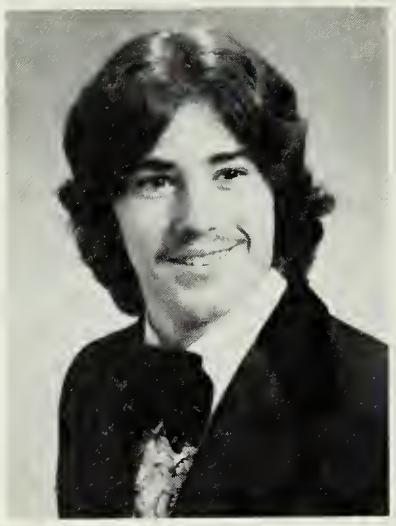
The answers to those questions are: seniors Scott Stirling and Wally Edwards, no and yes.

The morning announcements were received each morning with a surprising level of enthusiasm, as students waited eagerly for the gleaming pearls of information dropping from the P.A. system.

"Courtesy of Wally Edwards"



Elisabeth "Beth" Ritz



Paul Roberson



James Robertson



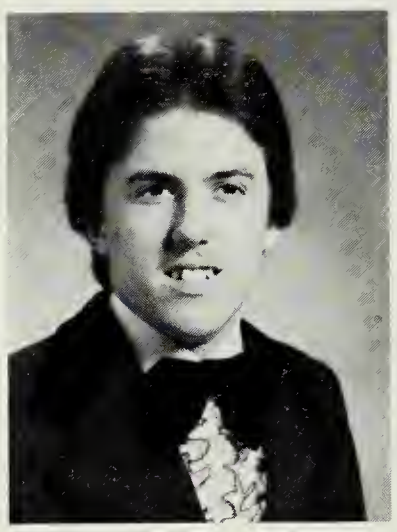
Celeste Rogers



Marilyn Roltsch



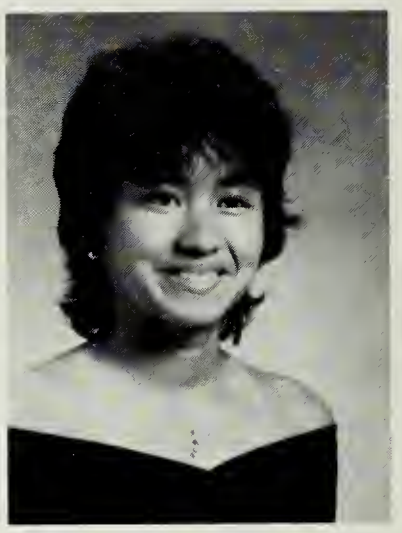
Jammie Rose



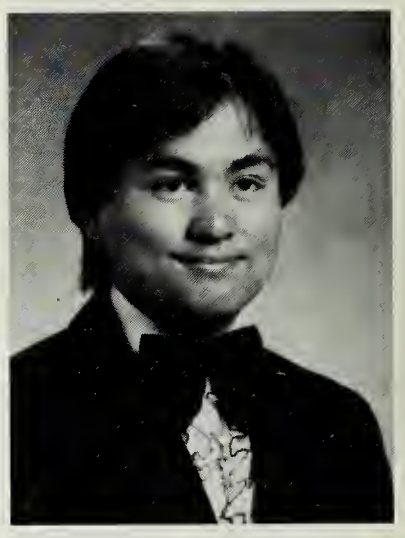
Kevin Rose



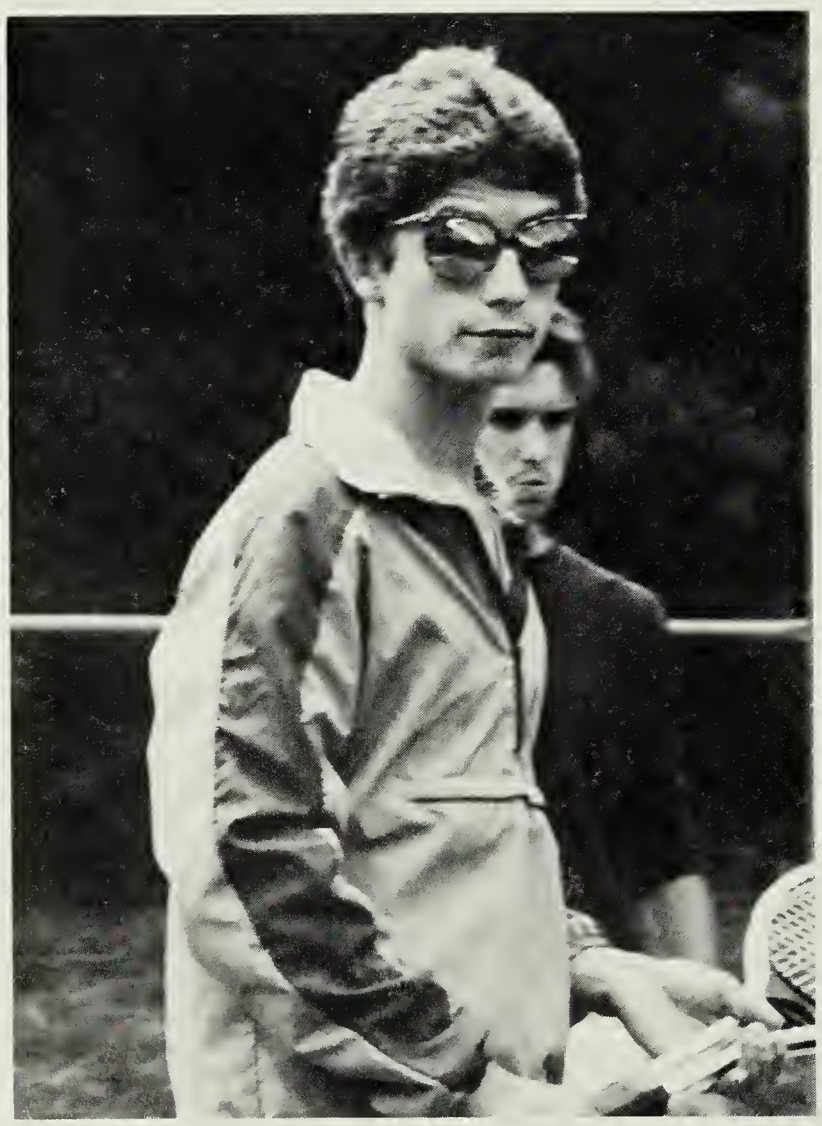
Carole Ross



Eden Ruiz



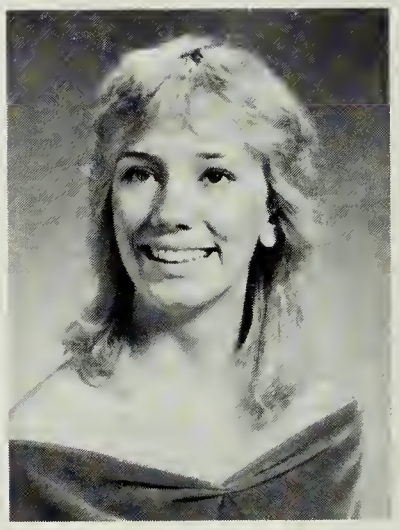
Eric Ruiz



Steve Shaeffer takes a stab at playing "Risky Business" on the tennis courts.



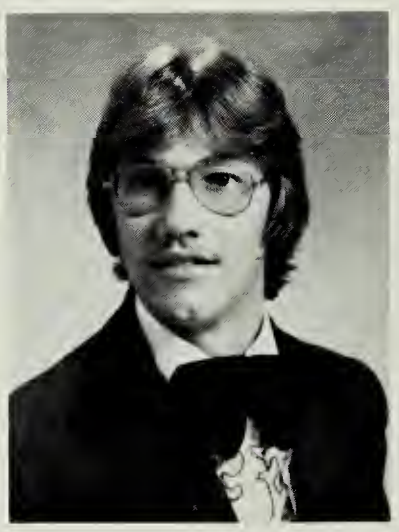
Jeanette Ruminer



Deborah Rupp



Michelle Russey



Allen Ruths



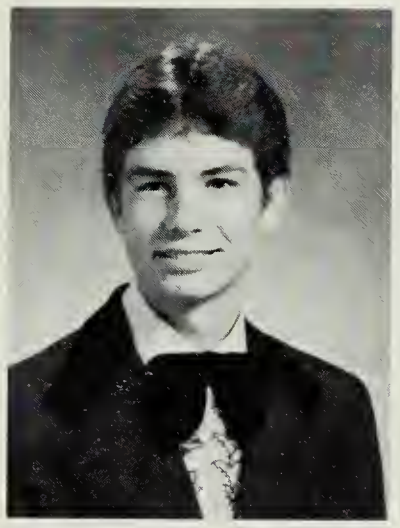
Jennifer Ryerse



John Sakai



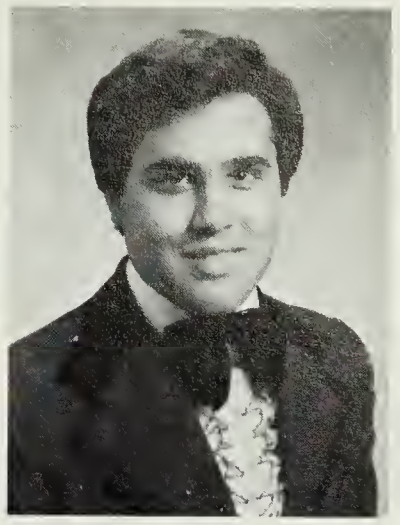
Four students attended Governors School for the Gifted last Summer, they were Bapi Bhattechargee, Kathy Smith, and David Snyder. Not pictured is Bev Manderville.



Steven Schaeffer



Dawn Schlemgen



Mitchell Schwab



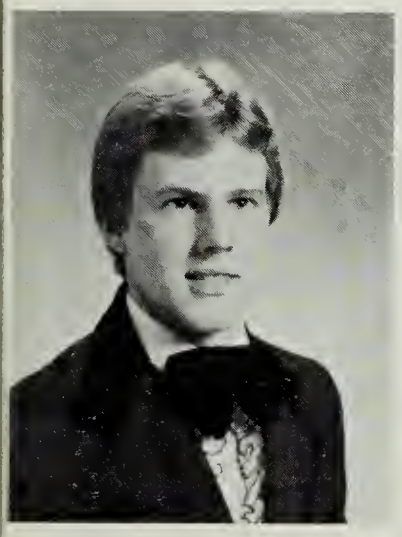
Lisa Schwartz



David Scott



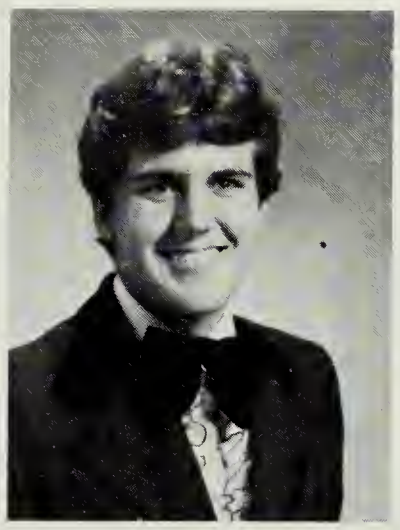
Debra Scrogum



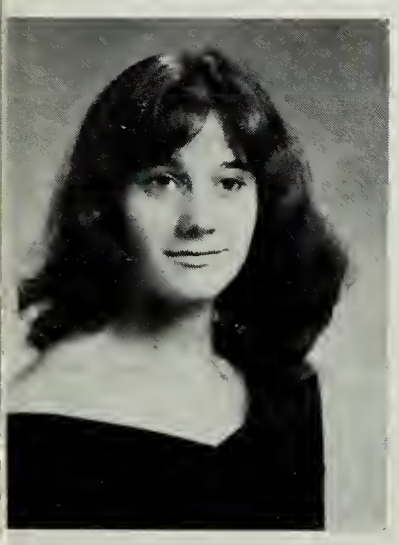
David Secrist



Michael Selgelid



Robin Semper



Ilean Shah



Susan Shane



Heidi Sheets

Challenging Summer

While most other students were eighter swimming or basking in the sun last summer, four Potomac seniors were busily working at the 1983 Governor's School for the gifted.

The Governor's School is a special program tailored to meet the needs of "gifted and talented" students. In order to be selected, the prospective candidates had to go through a lengthy process that consists of an essay of at least 4,000 words and an application form that left most of them wondering whether Governors School was worth all the trouble. However, after they finally got all of their work in and had a few weeks to contemplate their chances of being accepted, they began to realize the trouble was worthwhile.

Because no grades were given for any classroom work, the program afforded the students the chance to learn for the sake of learning — a rare opportunity.

All the participants felt that Governors School was definitely worth giving up a month of the summer for. They had some very special times and came home with memories that will last them a lifetime.



Wendy Shepherd



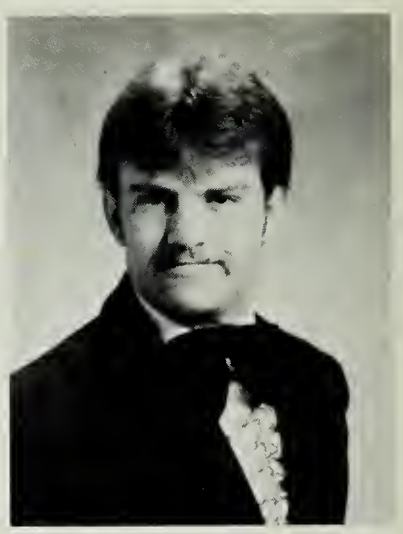
Judith "Judy" Sheridan



Teresa Shifflett



Don Shive



Sheldon Simonovich



Bryan Sims



Beverly Sinclair



Kimberly Sisk



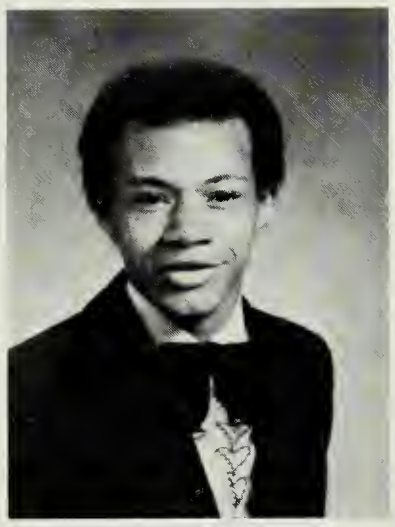
Jacquelyn Sizemore



Julie Slade



Andre Smith



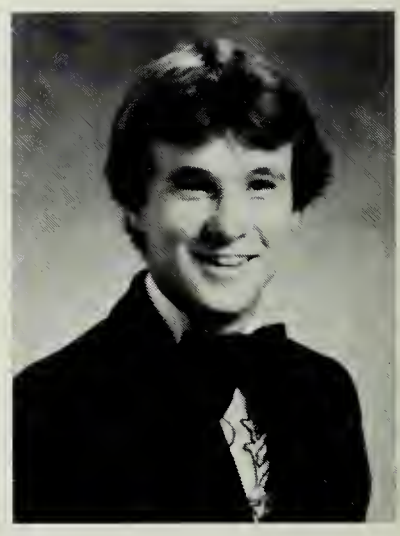
Junice Smith



Kathryn Smith



Kenneth Smith



David Snyder

During Spirit Week, Beverly Manderville displayed her school spirit with the official Winnie-the-Pooh patch, courtesy of Nolan Malone.





Regina Sommers



Marianne Sonon



Keith Spangler



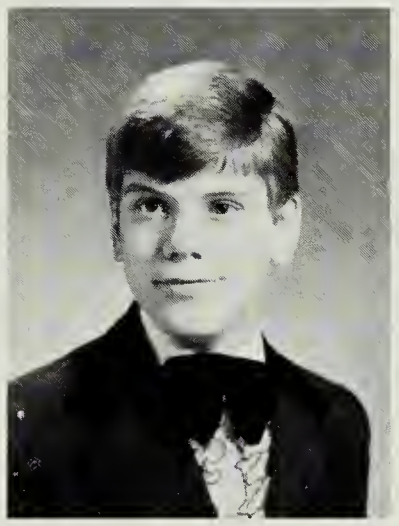
Karen Spates



Arnold Squier



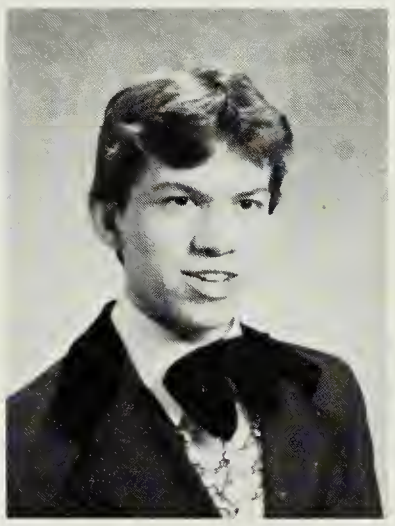
Kimberly Stafford



Darren Stalder



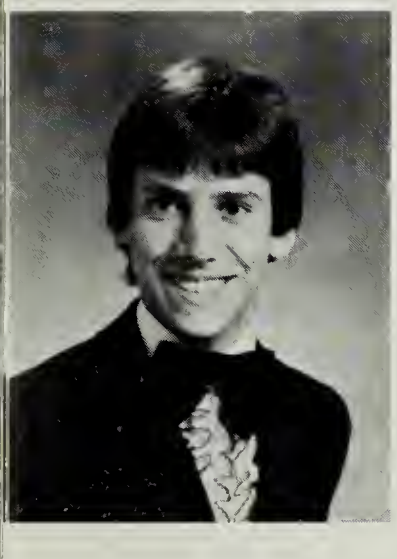
Susan Stanley



James Stepnowski



John Sterbutzel



David Stevens



Allison Stewart

Fads and Fashions

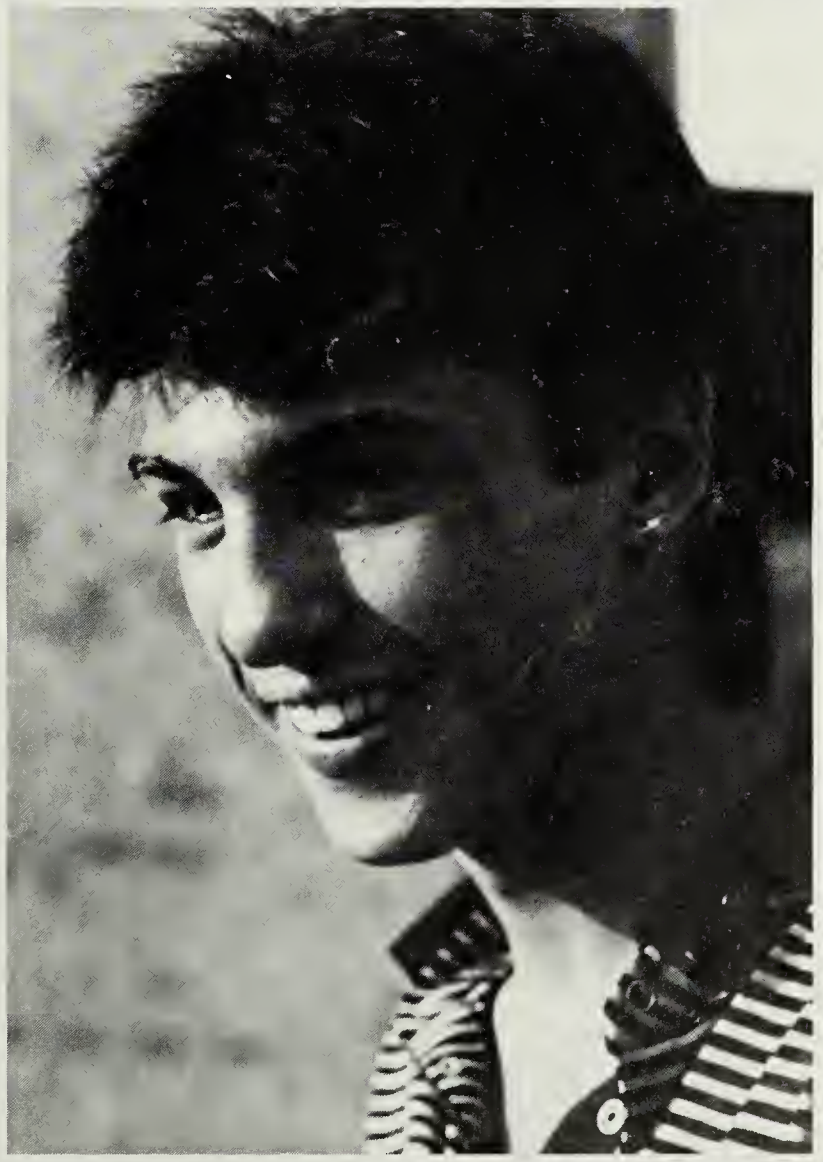
During the past year the "new wave" came back to haunt us. Again students were making a comeback with the fashions of new wave and punk. There were parachute pants with zippers or snaps for those students who were airborne and wanted to take off. Spiked hairdos, birdnest hair styles and true tribal mohawks became a common sight. Miniskirts, checkered and polka-dotted shirts and muscle shirts were now making a scene. From those who wanted to hide from the world, camouflage fashions were worn. All these outfits came in wild and brilliant colors. All were true attention getters.

Aside from all the wild, crazy and bizarre fashion of punk and new wave were still the students who remained wearing clothing that fit their personality and taste.

Some students still preferred the look of Ivy League (prep) which included anything from green-eyed Izod alligators to topsiders and shetland sweaters. Jocks and jockettes had their own fashions too. They wore styles to fit the individual sport. Puma, Nike, and Addias became everyday names. Rugby attire, ocean wear and sweat suits were often seen.

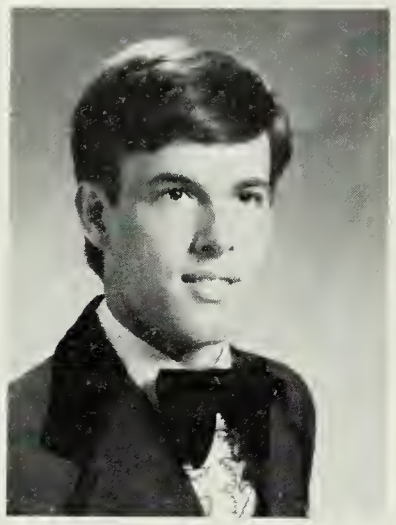
Other students still preferred the casual, even comfortable, look of denims, plaid shirts, t-shirts, hiking boots and a wide variety of hats.

Last but not least were the students that liked to dress up. They wore anything from designer jeans to dressy pleated pants. The girls topped their slacks off with crisp ruffled blouses or colorful sweaters. Oxford shirts were worn by all in colors from pastels to striped.



One of the newest fads is wearing an earring. Jimmy Carson is a perfect example of how it is worn.

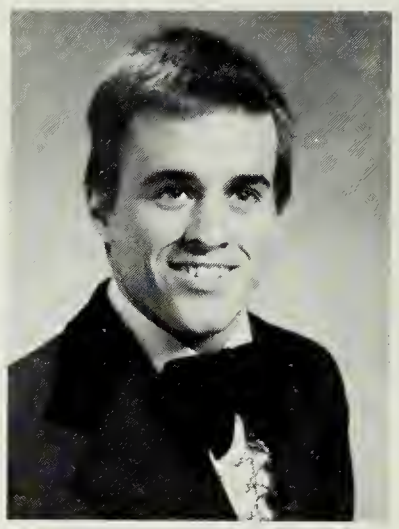
All enjoyed seeing the changes in styles and participating in the different fads that came and went. What will next year have in store for us?



Scott Stirling



Scott Storey



David Sweatmen



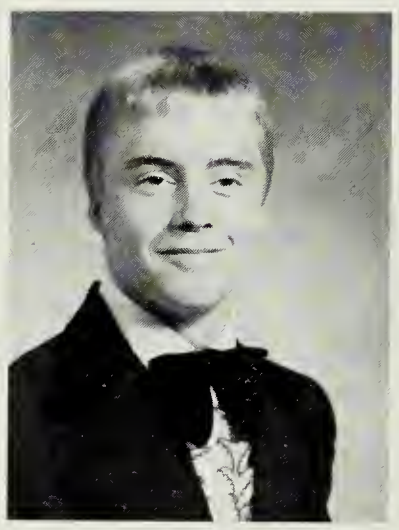
Kenneth "Casey" Swecker



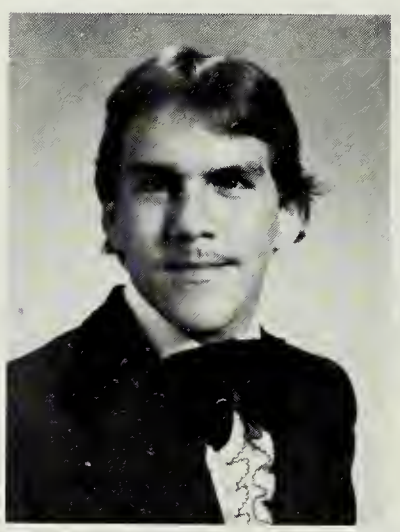
Sharon Sweeney



Wayne "Alan" Tardiff



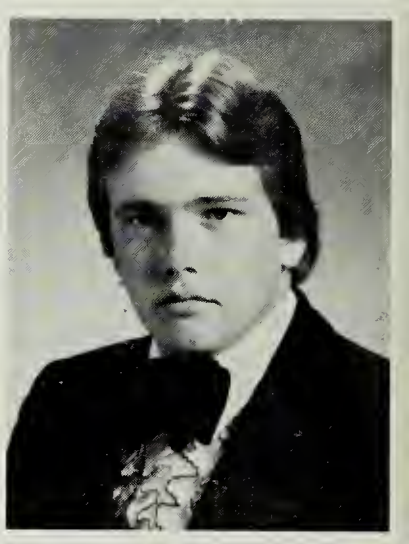
Gerald Taylor



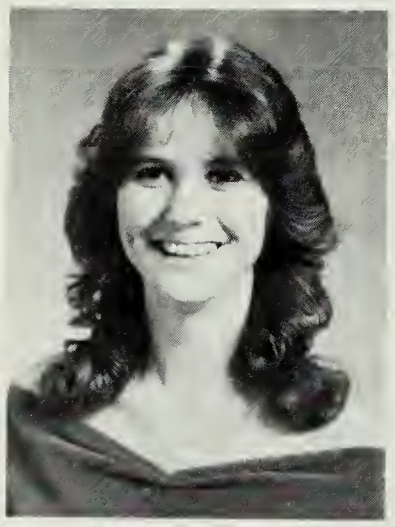
James Taylor



Suzanne Terrazas



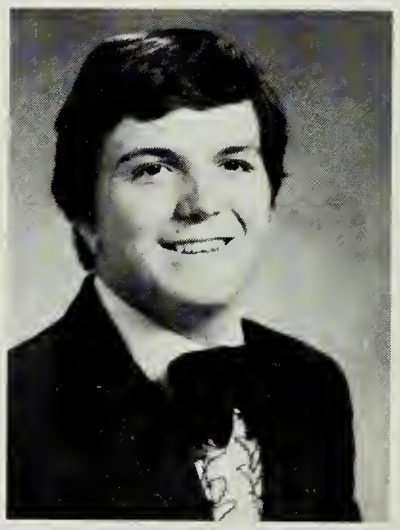
Brian Testerman



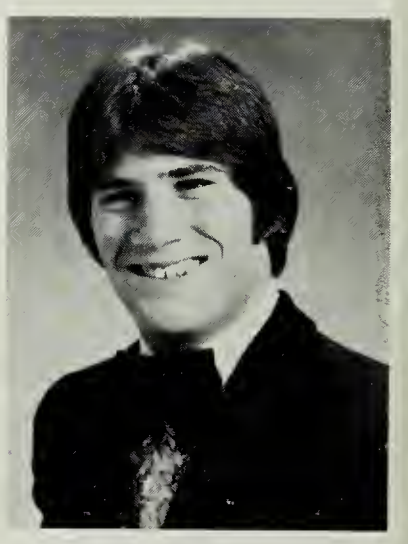
Teresa Thacker



After school, many of the athletes stay after school to life weights and build up muscle power. Jimmy White works on improving his leg power to add distance and power to his kicking game.



Bill Tharp



Paul Theriault



Andrew Thomas



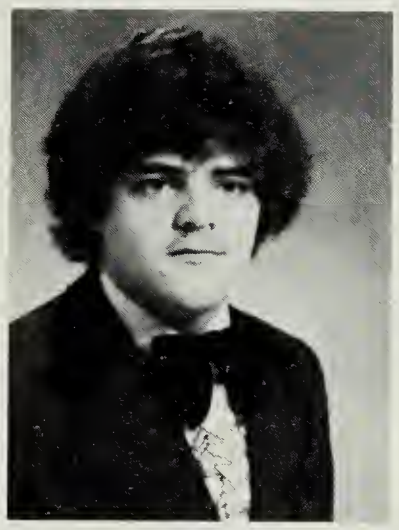
Claude Thomas



Kelly Thomas



Ovella Thomas



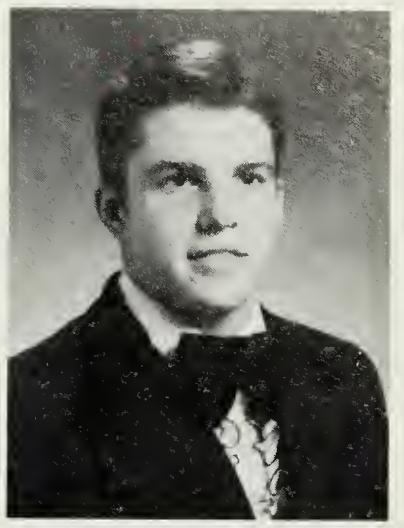
Robert "Mike" Thomas



Stuart Thompson



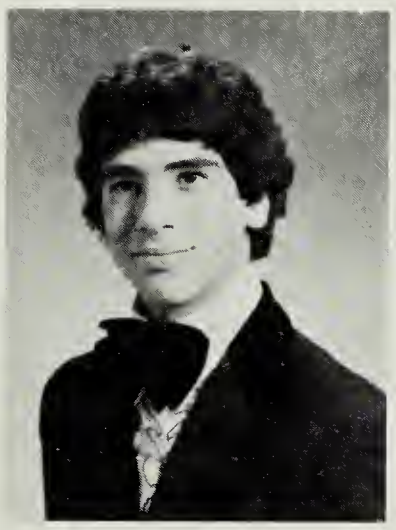
Denice Thorlton



Paul Tiede



Donna Tiplady



Kenneth Touloumes



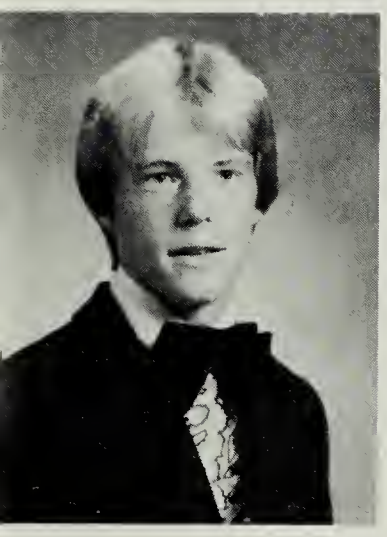
Alicia Toney



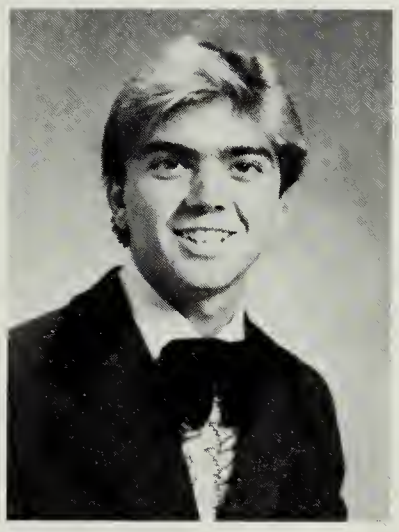
Rona Tray



Patricia Trelinskie



Douglas Trenor



Robert Trumpower



Stacey Tucker



Cynthia Vause

POTOMAC'S FIRST



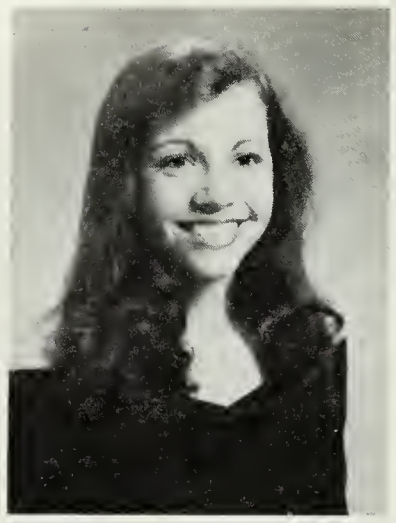
"Pretty as a picture" is an apt label for this young lady! Katie Homan was voted Potomac's very first Homecoming Queen.

The song "Isn't She Lovely?" was played at the Homecoming Game as Katie Homan's election as Homecoming Queen was announced. The answer to the theme song's question is — Yes, Katie is lovely, and so were the senior princesses in her court. Included in the group of Potomac's prettiest were Marisa de los Santos, Shawn Purcell and Teri Carter. It was an exciting occasion for all as past and present Panthers celebrated Homecoming on October 14th.

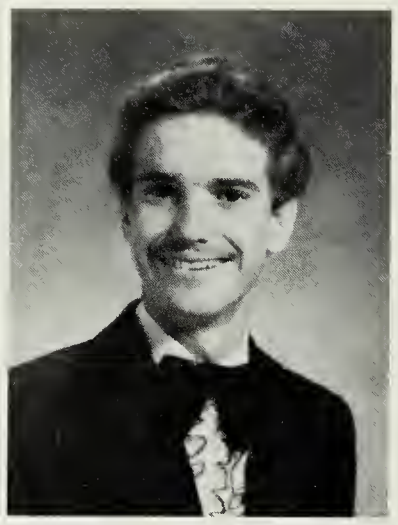
The Homecoming football game was played against H.D. Woodson, and the Panthers were in command. They came out on top with a score of 13-8.

The following day, the junior class worked hard on the decorations for the traditional Homecoming Dance. Katie and her court were escorted by their dates and presented to all in attendance. Katie was then seated on her throne and the dance floor was reserved for the court to begin the festivities.

Potomac's first Homecoming was a real success and will be remembered fondly by all in the years to come.



Christa Vernarelli



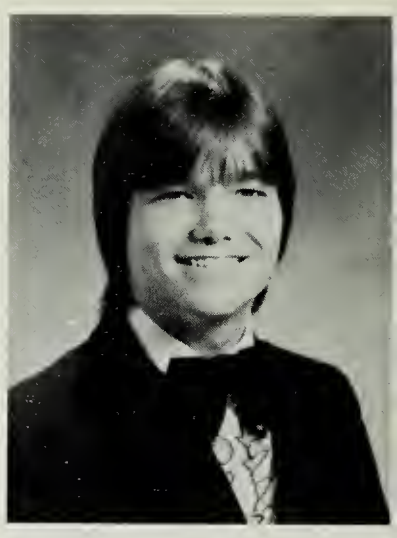
Timothy Vinson



Shannon Wagner



Maryola Walker



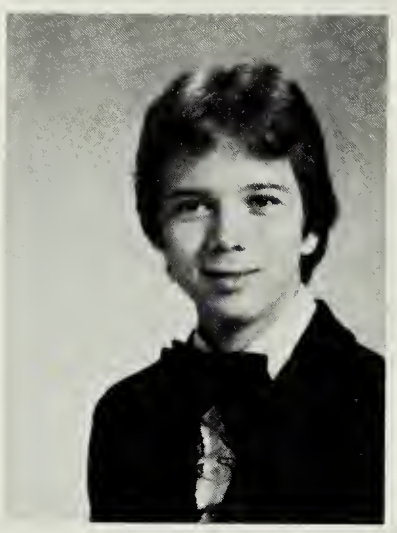
Christopher Washburn



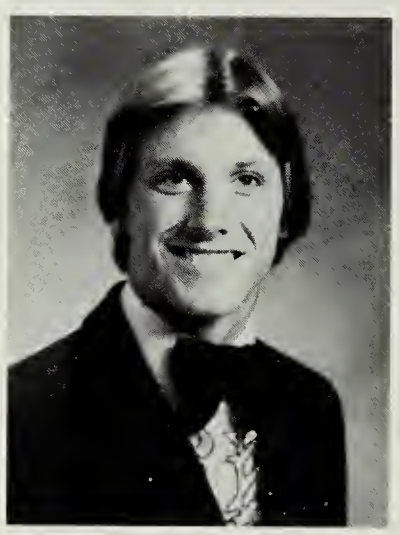
Monique Watson



Michael Weis



Jun Westbrook



James White



Kerry White

TURN AROUND BRIGHT EYES

During the class of '84's four years of high school, many changes and events took place in the community, around the country and in the world.

We've watched as wars broke out and innocent people were killed, countries continued to quarrel and fight over issues such as borders, and occurrences of years ago, hostages have been taken, and even threats of nuclear wars that could destroy entire countries or even the world. But those years haven't been totally violent. Many things happened that were happy and put smiles on faces. There were times when two countries came together and joined forces in peace to search for wreckage and loved ones; there were new presidents and prime ministers taking office with optimistic views and ideas, "fairy tale" courtships, royal weddings and eventually royal births, discoveries and advancements in space, medicine and technology were made, giving us hope for the future.

We've learned what to expect in the future. By watching, studying, learning and understanding the events of the past we can better the future and learn from the mistakes others have made to prevent past tragedies from occurring in the future.

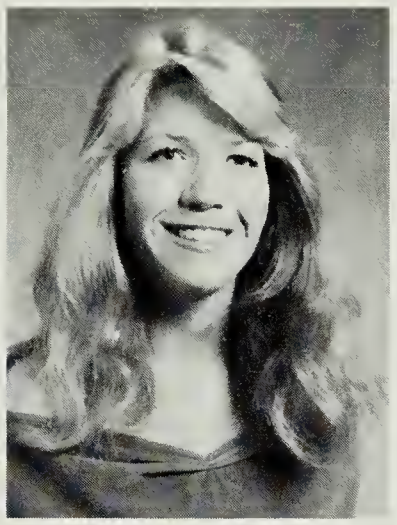




Tammy Whitmer



Ashley Wiggins



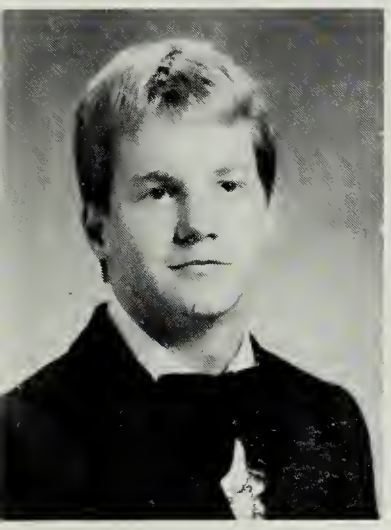
Annette Williams



Jeffery Williams



William Williams



James Williams



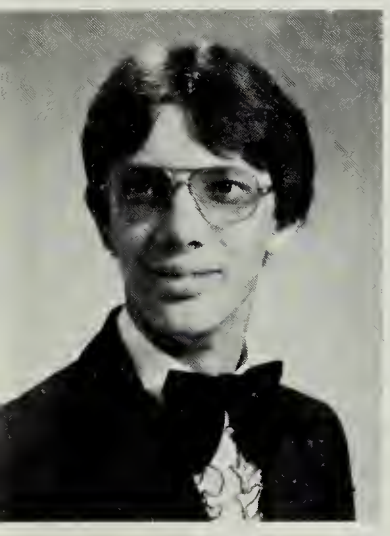
Michael Wilson



Tara Wilson



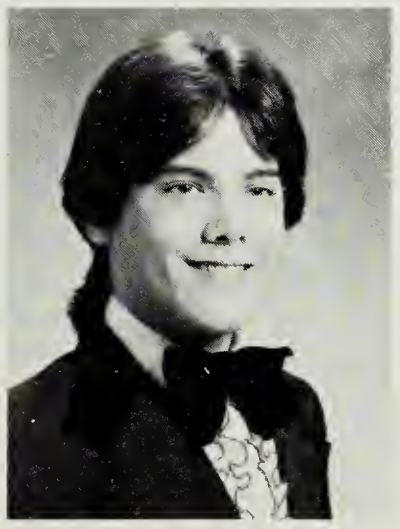
Tim Anderson and Paul Theriault head for another day of football practice at summer camp. Although long and arduous, camp helped prepare the team for another great season.



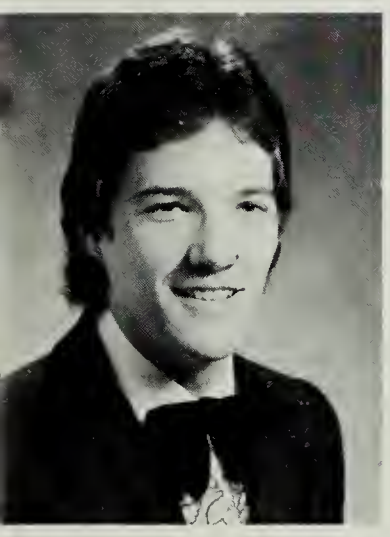
Ted "Wayne" Wilson



Rene Woo



Robert Zacharias



David Zawoiski

Senior Stats . . . Senior Stats

Sandra Abt: Clubs — FBLA.

Kim Alexander: Clubs — Creative Writing 10, 11, 12; Literary Magazine 12 (Asst. Editor).
Memory: Friday Nights, all the fun, embarassing moments with Jodie, Sharon, and the rest of the gang.

Juanita Allen: Clubs — DECA 12. Sports — Girls' Tennis 9, 10.
Memory: When Kathy and I whistled at GF's football players while they were doing toe-touches and getting my car.

Rita Alston: Sports — Track 9, 10. Clubs — DECA 10, 11, and 12 (Secretary 12); Pep; Junior Civitans. Activities — Play 10.
Memory: When SG and I were going out.

Phil Anderson: Sports — Football 9, 10, 11. Clubs — Key Club. Activities — Weightlifting.
Memory: Tammy Valentine

Susan Ariola: Sports — Cross Country 11, 12 (Captain); Track 10, 11, 12 (Indoor 12). Clubs — Key Club 9, 12; Junior Civitans 11. Activities — Yearbook 12.
Memory: Fun time with the "Lunch Beach Bunch," watching Winnie run; discussing life with Prifti, and Spanky at my party.

Tonni Austin: Sports — Cheerleading 9, 10, 11, 12 (Captain 12). Clubs — Key Club 10. Activities — Teen Counselling 11, 12 (Team Leader 12).
Memory: was in 10th grade cheering at state wrestling match in VA Beach.

Cindy Babb: Sports — Gymnastics 9; Girls' Track 9; Pantherettes 11, 12 (Co-Captain 12). Clubs — SCA 9, Foreign Language Club 11, 12; National Honor Society 12. Activities: Band 9, 10, 11, 12; Teen Counselling 12.
Memory: The special friends that I have made here at Potomac

Susan Bagoto: Sports — Track 11. Clubs — Foreign Language Club 9; Art Club (President 10, 11, 12); National Honor Society 11, 12. Activities — Harvey 11.
Memory: Senior Lunch with Mark, Nolan, Donna, Gina and Lynn.

John Baldwin: Clubs — Jr. Civitans 9, 10; Debate 10, 11; FBLA 11 (Vice President 12). Activities — Harvey 11; Symphonic Band 9-12.
Memory: Everyone at Potomac High.

Nancy Barber: Sports — Cheerleading 9, 10, 12; Track 9, 12. Clubs — Jr. Civitans 9; Pep Club 9; S.C.A. 9, 10. Activities — Fashion Show 11; Faculty Follies 11; Sophomore Valentine Princess 10.
Memory: Cheering for Mike Wilson.

James Barron: Sports — Football 9, 10, 11.

Linda Bates: Clubs — Photography 9; Foreign Language 12. Activities — Concert Choir 9, 10.
Memory: Crazy times with friends, especially Sherry and Jackie (Remember UPS and #220?)

Kelly Beckman: Clubs — Jr. Civitans 9; Drama Club 10; Foreign Language 11, 12. Activities — Teen Counselling 11, 12; SCA 11, 12; Yearbook 10 (Editor 12); Fashion Show 11; Homecoming Committee 11, 12.

Krista Bergeria: Sports — J.V. Softball 10, 11. Clubs — Pep Club 9; FBLA 11, 12. Activities — Orchestra 9, 10, 12.
Memory: Wee, B.J., Kookie and me having a blast on Friday nights.

Debaditya Bhattacharjee: Sports — Cross Country 11, 12; Track 9, 10, 11, 12; Wrestling 10, 11; Indoor Track 12. Clubs — Chess Club 9; Debate Club 10; Key Club 11; SCA 10, 12 (Treasurer 12). Activities — It's Academic 10, 11, 12; National Honor Society 11, 12.
Memory: Cross country my senior year.

Amena Boyd: Clubs — Pep Club 9; FBLA 10, 11, 11.
Memory: Rnee, Mee, Tee, Tee, Mom, Sept 15, 1983, May 8, 1984

Maryanne Brady: Sports — Track 10. Clubs — Drama 9, 10, 11, 12; National Honor Society. Activities — Fashion Show 11; Play 10, 11, "F.L.I.P.P.E.R.," "Up the Down Star Case."

Mandell Bray: Sports — Basketball 9, 10 (Co-Captain 9, 10).
Memory: Time Claude Thomas and I tried to throw a party on Dolphin Beach at Montclair.

Tim Bridgett: Sports — Football 12; Track 12. Clubs — Pep 12; Photography 9, 10.
Memory: Those party trains.

Karen Briel: Clubs — DECA 10, 12; Pep Club 12.
Memory: Squealing wheels in drivers Ed. trying to make a yellow light.

Wes Brown: Sports — Indoor Track 10, 11, 12 (Co-Captain 12). Clubs — Literary Magazine. Activities — Fashion Show; Senior Class Play.
Memory: Beating up my jeep at Andre Smith's party.

Dawn Bullen: Sports — Cheerleading 11, Mascost 12; Powder Puff. Clubs — Jr. Civitans 12; SCA 11. Activities — Freshman Boys' Basketball Mananger 10; J.V. Baseball Scorekeeper 10, 11; Team Counselling 11, 12; Yearbook 12 (Underclassman Editor). Award — Who's Who Among American High School Students.
Memory: S.A.'s party, my guardian angel, 4th period, J.B.'s affection, summer of '83, Kissie-Kissie, Beach Bunch, ch-ch-ch, my best friends, Susan and Kelly.

Kathy Burke: Clubs — Drama 9, 10, 12; Yearbook 9; Marching Band 9; Drama Festival 9.
Memory: Meeting my boyfriend, Barry.

David Burks: Clubs — VICA 10, 11, 12. Activities — Advanced Band 9.

Gina Burleson: Sports — Track 10. Clubs — Drama Club 9, 12; Art Club 10; Debate 11; Junior Class Play 11; Drama Festival 12.
Memory: Doing cartwheels during 6th period.

Rebecca J. Butcher: Clubs — FBLA 9, 10, and 12. Activities — Women's Choir 9, 10, 11; Concert Choir 10.
Memory: All County Choir 9th grade. Jill and I had a blast! Friends being close and enjoying everything that goes on.

Ellen Butler:
Memories: Good friends and good times.

Tamara Carter: Sports — Track 11, 12. Clubs — Pep Club 9, 10; Computer 11, 12. Activities — Powder Puff Football 10; Teen Counselling 11.

Teri Carter: Sports — Cheerleading 9, 10, 11, 12 (Captain 9, 10, 12, Co-Captain 11). Clubs — Drama Club 9; Junior Civitan 10, 11, 12; National Honor Society 11, 12; Class President 9, 10, 11, 12; SCA 11. Activities — Symphonic Band 9, 10; Fashion Show 11; Sophomore Class Play 10; Powder Puff Football 10; Faculty Follies 11; Signet 9, 11, 12; Homecoming Princess 12.

Ronda Cassidy: Clubs — Pep Club 9, 10.
Memory: My fondest high school memory was sneaking across the baseball field at GFHS with A.R.M. and not getting caught.

David Castle:
Memory: Going out on the weekends and turning to Satan.

Allen Chaney: Sports — Track 10; Soccer 11. Clubs — DECA 10; VICA 12. Activities — Concert Choir 10, 11; Fashion Show 12.
Memory: Candice being my girlfriend and the seniors of "83" that used to call me "OP." The friends I had through the years of school.

Bill Chapman: Sports — Football 9, 10, 11, 12. Clubs — SCA 11, 12; Debate 11, 12; SADD 12; Crew Club President 10; National Honor Society 12. Activities — Boys' State; Powder Puff Football (Coach), Crew 10.

Jackie Clements: Sports — Track. Clubs — Literary Magazine. Activities — Flags.
Memory: Going to the away football games with the band. Going to the basketball games in the winter.

Erin Cleveland: Clubs — Science Club 12; National Honor Society 12.
Memory: The day we had a substitute in Physics.

Larry Coaly: Clubs — Drama Club 10, 11, 12. Activities — Talent Show 12; Junior Play 11; Concert Choir 10, 11, 12; Madrigal 12.
Memories: My fondest memory of high school was spending my senior year with my friends Jill, Katie, Janice, Bev, Pat, Christa, The Camerata Singers and Concert Choir. Have a great life gang.

Steven "Bo" Colcombe: Sports — Football 9, 10, 11, 12; Track 9, 12; Basketball 9, 10, 11. Clubs — SCA (Treasurer 11, President 12). *Memories: Mr. Fulp's advanced biology class and my 7 years in high school . . .*

Kenneth J. Confer: Clubs — Art 9, 10; DECA 12.
Memory: My fondest high school memory was coming from North Stafford back to Potomac for my Senior year. Good to be back. — Class of "84."

David Cook: Sports — Football 9. Clubs — VICA 11, 12.
Memory: The good-looking girls.

Donna Cook: Clubs — FBLA 11, 12. Activities — Marching Band 9, 10.

Chrissy Cooper: Clubs — DECA 10; VICA 11, 12.
Memory: Mrs. Steven's 3rd period typing class.

Patricia Cornwell:
Memory: School was great, but I'm glad to be getting out.

Wayne Cornwell: Activities — Symphonic Band 9, 12; Symphonic Orchestra 10-12; Marching Band 9-12.
Memory: Marching in the band and going to Pizza Hut after the games.

Tom Corbitt: Sports — Football 9, 10; Track 10; Key Club 10. Activities — Yearbook 12.
Memory: The day I got my "73" Trans Am.

Lisa Cosgrove: Sports — Cheerleading 11, 12. Activities — Foreign Language Club 10, 11; National Honor Society 11, 12; Junior Civitans 11; Teen Counselling 11; Signet 10, 11, 12; Class Play 10; Musical 11; Concert Choir 10, 11; Camerata Singers 12; All County Choir 10, 12; Regional Choir 12; Magic 11.
Memory: Lunch and the Beach Bunch, May 15, 1982. All the time with my best friend.

James Cox:
Memory: Going to the football games with [illegible]

David Cramer: Clubs — Strategic Games.

Rob Crichlow: Sports — Track 9, 11; Basketball 9. Clubs — FBLA 11; NHS.
Memory: My Stetion Wagon.

Paul Critchley: Clubs — VICA.
Memory: All the girls and some [illegible]

Charles Crosby: Sports — Wrestling, Cross Country 11, 12 (Captain 12). Clubs — Science Club (President). Activities — Faculty Follies (Co-Author).

Jon Davis: Sports — Soccer 9, 10, 11; Football 10; Basketball 10. Clubs — Key Club 10, 11, 12; Debate 10, 11; NHS 12; Teen Counselling 11, 12. Activities — Class Play 10, 11; Fashion Show 11; Boys' State 11.
Memory: Key Club, District, International Conventions.

Sarah Davis: Clubs — Drama 9, 12; Debate 11, 12 (Historian); Key 10, 11; Sca 10, 11, 12; Foreign Language 10, 11. Activities — Newspaper Staff 11, 12 (Feature Editor); Class Play 10, 11; Fashion Show 11, 12; Teen Counselling 11.

Marisa de los Santos: Sports — Cheerleading 9; Gymnastics 10; Pantherettes 11, 12 (Co-Captain 12). Clubs — Key 9; SCA 11, 12 (Secretary 12); Jr. Civitans 11, 12; NHS 12. Activities — Homecoming Princess 12; Soccer Manager 12.
Memory: All the great times I've had with J.L. (GUIDA) C.D. (R-n-R) M.A. (Skiing), J,B,C,A,J,C, (Spike), M,W,A,S., C.D. R.B., (My favorite soccer player), and everyone else, and April 29, 1983.

Michael Dillon: Clubs — DECA 10; J.R. Civitan 11; Yearbook 12 (Sports Editor).
Memory: The times I spent with my friends.

Richard Dubreuil: Sports — Football 9, 10, 11, 12; Track 9, 10, 11, 12. Clubs — Foreign Lang. 10, 11, 12 (President, Class of '84) 9, 10, Vice-President 11, 12; It's Academic 11; Forensic and Debate 10, 11. Activities — Teen Counselling 11; Boys' State 11; S.C.A. 9, 10.
Memory: May 15, 1982, Prom, Queen Coz, Beach Bum, Lunch, Padrinos, Bo, Bill, Mike and me playing on the same field, fighting like brothers against the enemy.

Allan Dziwoki: Sports — Tennis 12. Clubs — Chess 10; Compute4. Activities — National Honor Society 12.
Memory: Graduation, sitting behind D.B.

Wallace Edwards: Clubs — Drama 10, 11, 12; Debate and Forensics 11, 12. Activities — Concert Choir 9, 10, 11, 12; All County Chorus 9, 10, 11, 12; Madrigals 11, 12.
Memory: Festival '84. Blowing the "Dominants" away with straight ones.

Emilie Eldridge: Clubs — Pep Club 9, 10; FBLA 11, 12.
Memory: Sharing the special times with my best friend Sherry. Like 12-9-83, Mt., and the times she helped me through high school.

Senior Stats . . . Senior Stats

Crystal Fletcher: Clubs — Art Club 12.
Memory: Being in Mr. Szmonsky's American Studies II class.

Katie Flynn: Sports — Tennis 9, 10, 11, 12 (#1 Player 10, 11, 12) Captain 12; Track 9, 10. Clubs — Junior Civitans 9, 10; S.C.A. Representative 9, 10, 11, 12. Activity — Teen Counselling 11, 12, Team Leader 12; Concert Choir 9, 10, 11, 12; Magic 9, 10, 11; County Chorus 9, 11.
Memory: Having some very special friendships to grow up with. Going to my ring dance, first homecoming and first and second Jr. Sr. Proms with some one special that I love very much. Chocolate Ice cream cones and crazy times. Homeroom with Mr. Kite and his errands I'll never forget. Graduation and miles of happy memories.

Art Foster: Sports — Crew 12. Clubs — Photography 9, 10; Science 12; Secretary Historian 12. Activities — Literary Magazine (Tech. Consultant); Class Play 10; Faculty Follies 12.
Memories: Turning Mr. Kites desk around in homeroom.

Mark Galbraith: Sports — Golf 9, 10, 11, 12. Activities — Driver at Homecoming Clubs; FBLA 11, 12.
Memory: Going to VA beach with FBLA — 104,25,48 live forever.

Laura J. Galke: Clubs — NHS 11, 12 (Historian Recorder). Activities — Orchestra 9, 10, 11, 12; Fashion Show Refreshments 11; Class Play 10.
Memory: Participating in class play and helping to create a successful orchestra.

Kathleen M. Gallion: Clubs — Pep Club 9.
Memory: My fondest memory of high school was when Juanita and I, driving home from school. We saw these guys playing football, and I said I wished the car would break down, they would have to tow us home, It did break down and they towed us home!

Jeffery Geyer: Sports — Football 9, 10. Clubs — Marching Band 11, 12. Activities — Symphonic Band 9, 10, 11, 12; Potomac Orchestra 11.
Memory: Receiving a superior rating at Festival my sophomore year.

Mike Gibson: Sports — Soccer 9; Crew 10, 11, 12; Clubs Vice President 12; Computer 11.
Memory: The great times in drafting II.

Wayne Gilbert: Sports — Football 9, 10, 11, 12 (Captain 12); Baseball 9, 10, 11, 12. Clubs — National Honor Society 11, 12; Homecoming Club 9, 10. Activities — Powder Puff Cheerleader 10; FAculty Follies 11.
Memory: State Championship Baseball and Red's.

Terri Gillam: Clubs — Drama 9; SCA 10; Drama 11. Activities — Plays; Class of '84 Functions; Chorus.
Memory: When I was involved in the junior play "Harvey." And when I went to the Hanger Club.

David Goodrich: Sports — Football 9, 10; Basketball 10, 11, 12; Intramural Basketball 10, 11, 12. Clubs — 9, 10.
Memory: Jan. 13, 1984; MVP Basketball 11th grade.

Chris Gordon: Clubs — VICA. Activities — Newspaper.
Memory: Food fights in 9th grade.

Richard J. Gow: Sports — Indoor Track 11, 12; Outdoor Track 10, 11, 12. Clubs — Chess (President) 10; Computer Club 12.
Memory: The time Potomac's Football Team BEAT Garfield in the last 10 seconds of the game in my 11th grade.

Sherry Greene: Clubs — Pep Club 9, 10; FBLA 12.
Memory: Sharing all the special times with my best friends Emilie, like 12-9-83 and 7-4-83 ML Everything we have been through together — its been great!

Julie Gretencord: Sports — Crew 10. Clubs — Jr. Civitan 9, 10; DECA 10, 11, 12. Activities — School Store 11.
Memory: Weekends thanks to Winksand Kathy.

Jimmie Scott Griffea: Sports — Track Outdoor 9, 10, 11, 12; Indoor Track 11, 12; Football 9, 10, 11, 12. Clubs — DECA 10; Pep Club 10; FBLA 12. Activities — Home Representative 9.

Joe Hamm: Clubs — DECA.
Memory: Getting my Class ring.

Lisa Hayes: Clubs — Drama Club 11 (Club Photographer 11); Photography Club 10 (Secretary); Pep Club 11; Key 12. Activities — Teen Counselor 11, 12 (Co-Team Leader 12); Fashion Show 11; National Honor Society 12; Yearbook 10, 11, 12 (Layout Editor 10, 11; Asst. Ed. 11, Editor 12).
Memory: All the great times with Rebo.

Mark Haygood: Sports — Golf. Clubs — FBLA, Junior Civitans, Foreign Language. Activities — Concert Chorus 9, 10, 11; Madrigals 12.
Memory: 12 Winning District for the first time in golf and going to regionals.

Tammy Heath: Clubs — Literary Magazine 11 (Editor 11); FBLA 12. Activities — Teen Counselling 11.
Memories: All the good times with "ME" and Mike. The memories of "I," "Yke," "BEAVER" and "y" our good times. Also the Car-Field vs. Woodbridge game with Sharon, Kime, Me and don't forget the "uns" The good time in Lit. Mag.

Julie Helm: Clubs — Foreign Language Club 11, 12. Activities — Christmas Banquet 12.
Memory: My ring dance where everyone got their class ring.

John Helsley: Clubs — SCA 12; Homeroom Club 9-10.

Tina Henderson: Clubs — DECA.

Ryan Hendricks: Clubs — VICA.
Memory: When it is 10:10 June 1st and I leave school for the last time

Mark Henshaw: Sports — Football 9, 10, 12; Crew 10, 11. Clubs — Photography 9; Key Club 12; Foreign Language 11 (Chairman French Chapter; SCA 9, 10, 11. Activities — Signet 9, 10, 11, 12; Senior Class Officer (Board of Director 12); Teen Counsellor 11, 12 (Group Leader 12); Boys' State 11; Drama 11, 12 (Class Plays).
Memory: All the wonderful people that are graduated in the Class of '84, and all the weekend activities.

Jill D. Holley: Sports — Manager Var. Volleyball 11, 12; J.V. Volleyball 10, 11; Var. Softball 9, 12; Manager Freshman Girls Basketball 10. Activities — Treble Choir 9, 10; Ensemble 11, 12; All-County Choir 9, 10, 12; Honor's Choir 12.
Memory: Climbing the mountain in my green robe as Dopey while a Chinese man took "the gant's" picture on Pat's car.

Diana E. Holloway: Clubs — Pep Club 9, 10, 11, 12. Activities — Debutants.
Memory: Being in Mrs. P. Jones' 5th period English Class.

Kelly Holyfield: Clubs — FBLA 11, 12 (Treasurer 12); Art 10. Activities — 10th Grade Class Play.
Memory: Participating in the Class play "Up the Downstair Case" as Elesibeth Ellis.

Barbara Hudson: Clubs — Junior Civitan 9, 10.
Memory: Breakfast at Mo Jo's and lunche at Brown's office with the Skippies. Scratching Petie behind the ear In Baloney's playpen. Playing 9's with D.K., K.M., K.B., K.M. at A.D.'s party.

Lynda Hustead: Sports — Soccer 11, 12. Clubs — Drama 11.
Memories: When Noel still went to Potomac

Kiwaney Jackson: Clubs — Pep Club 9, 10 (Secretary, President).
Memory: Started in the 9th grade and now I'm in the 12th grade and I still have it. Thanks a lot Boozie.

Kymberly Jackson: Clubs — FBLA 12. Activities — Bank 9, 10.
Memories: Clerk typing in Mrs. Scoleri's class. All we did was eat, and have fun. Also the time she took us to Tysons Corner and Bob's Big Boy and made the mistake of leaving Crystal, Denise and Carroll.

Sharon Jacobs: Sports — Track 10, 11. Clubs — Pep 9, 10, 11, 12. Activities — Miss Potomac Pageant 11.
Memory: Miss Potomac pageant. I will never forget the moment when they called my name for one of the ten runners up.

Michael Noel Johnson: Clubs — FHA 9, 10; FHA/Hero 10, 12. Activities — Select Choir 9, 10, 11; Concert Choir 12; Catering 11.
Memory: When I won the most Valuable Singer Award at King George High School when I thought someone else had won it.

Shawanda Lee Johnson: Sports — Basketball 10. Clubs — Pep Club 9, 10, 11, 12 (Vice President 11, 12); DECA 10, 11, 12; FBLA. Activities — Showcase Fashion Show for DECA 11 Grade.
Memory: Going to New York City with DECA, Going to Georgetown with girl friends messing around. Skipping school going to Howard University.

Diana Jones: Sports — Volleyball 9, 10, 11, 12 (Co-Captain 12); Gymnastics 9, 10, 11, 12 (MVP 9); Softball 9, 10, 11 (Most Team Spirit 11). Clubs — Pep Club 9; Key Club 10; Junior Civitan 12; SADD 12. Activities — Orchestra 9; SCA Representative 9, 12; Teen Counselling 11, 12 (Team Leader 12); Signet 9, 10, 11.
Memory: Thanks Mom and Dad for all your support. District and Regional Volleyball Champions. High School has been a blast with great friends like A.R., L.M., C.M., R.L., and D.S. Good luck everyone.

Kevin Kasper: Sports — Baseball 10, 11, 12; Football 9, 10. Clubs — Industrial Arts Club 9 (Treasurer); VICA 10.
Memory: 1. Winning the Virginia AAA State Baseball Championship. 2. Decmeber 9, 1982.

Jodie Knott: Clubs — FHA 10 (Treasurer); Foreign Language Club 11, 12 (French Representative 12); National Honor Society 12.
Memory: All the wild and crazy times with Kim and Sam, the classes of '83 and '84, basketball games and football games.

Luana Kooker:
Memory: Meeting my friends for the first time.

Bobby Kraus: Sports — Football 9, 10; Basketball 9, 10, 11, 12; Clubs — SCA, NHS.
Memory: First Jr.-Sr. Prom of the Schools History. The first State Championship in baseball.

Michael Kvenberg: Clubs — Stratigic Games 9; Drama 11, 12 (President). Activities — All County Orchestra 9, 10, 11, 12; School Orchestra 9, 10, 11, 12; School Chorus "Camarta" 12; Drama Club Plays "Barefoot in the Park," "Jerry Breaks a Date"; Junior Class Sponsored Play "You Can't Take It With You."

Julie Lamb: Sports — Gymnastics 9; Cheerleading 10; Pantheretts 11, 12 (Co-Captain 12). Clubs — Drama 9; Key Club 10, 11, 12; Jr. Civitans 11; National Honor Society 12. Activities — Teen Counselling 11, 12 (Team Leader 12).
Memory: MW — ILY. Airplane, Pizza Hut, Soccer, Quiz 500, CLT in W, Pantherettes, colorama rolls, Wannie, I'm in a bad way, Don't blame it on me. BSATESB.

Andy Lawson: Clubs — VICA.
Memory: The times I spent with Kelly.

Yuri Lazar: Sports — Soccer 9, 10, 11, 12; Cheerleading 9, 11, 12. Clubs — Debate and Forensics 10, 11 (Sec); It's Academic 11 (Sec); NHS 11, 12. Activities — Sophomore Class Play; Fashion Show 11; Teen Counselling 11, 12; Concert Choir 9, 10, 11; Camerata Singers 12; Regional Choir 11, 12; Honor's CHoir 12.
Memory: I'll never forget all the great times with all of my friends — the food fights everyday in lunch-cut-down fights with David King in homeroom — in search of Fozzie Bear In Chemistry — French Class with "le chat" = Honor's Choir — Cheerleading camp When the power went out.

Brian Lee: Sports — Crew 10, 11, 12. Clubs — Crew 10, 11; Computer 10; Science 12 (Treasurer). Activities — Symphonic Band 10.

Judy Lee: Sports — Volleyball 9. Clubs — Foreign Language 9-12; Debate 11.
Memory: I'm still waiting for it.

Ashley Lehman: Sports — Volleyball 9-12; Soccer 9, 10. Clubs — Key Club 9-12 (Lt. Gov 12). Activities — Fashion Show 11.
Memories: The day we (the Volleyball Team) won the regional tournament. That was a day I'll never forget! Also Key Club Conventions, parties and good friends!!

Mary Lewis: Clubs — VICA.

Steve Lingo: Sports — Track 12. Activities — Symphonic Band 10, 11, 12; Symphonic Orchestra 10, 11, 12; Marching Band 10, 11, 12. *Memory: Pizza Hut with Stacey after the football games on Friday Nights.*

Steven Lippert: Clubs — Art Club 9, 10, 11, 12 (VP 12th Grade), Drama Club Choir 9, 10, 11, 12.
Memory: Playing escape from Potomac with Mike, Rachel, and Robby. Also the P.I.O.s at the football games.

Garland Lipscomb: Clubs — Art Club. Activities — SADD.
Faith Lively: Clubs — Junior Civitans; FBLA. Activities — Class Representative 10.
Memory: Class of '83 and best friends in '84. And my best friends of G-F, and most of all L.G., R.J., L.L.

Julie Ann Londino: Clubs — Drama Club. Activities —

Senior Stats . . . Senior Stats

Wonderful Town Play.
Memory: Sitting in lunch and being with friends knowing they were my very closest friends.

Jim Lough: Sports — Football 9; Baseball 10. Clubs — FBLA.
Memory: Winning 16 year old VA State Championship. And all the special times with K.B.

Ron Lucas: Sports — Basketball; MVP Freshman Football.
Memory: Winning the District for two years in a row in Football and the time spent with J.G.

Bryan Luedtke: Sports — Baseball 9, 10, 11, 12; Wrestling 9, 10, 11, 12 (Captain 12). Clubs — Photography.
Memory: winning the State Championship in baseball.

Christina L. Mackey: Clubs — Foreign Language Club 11, 12 (Secretary 12). Activities — Class Play 10, 11.

Kevin Troy Maddox: Sports — Track 11, 12; Football 9.
Memories: McCoart's Class.

Nolan James Malone: Clubs — Photography 9; Drama 10, 11; It's Academic 10, 11; Debate and Forensics 11, 12; Jr. Civitans 11, 12; Key Club 12; National Honor Society 12. Activities — "UP the Down Staircase"; Faculty Follies; "Harvey"; Boys' State 11.
Memory: My hermit years as a frosh and soph; tanning with Chester (L.C.) and Tarzan (H.D.); La Chatte; Photograph (S.K.); "Valley Girl" and Modern English; meeting Brittney (S.L.); Devon (D.R.), and Sidney (G.B.); my first Fizz; "Mona" (D.B.); Shame at S.A.'s; Italian Pos. 12 (D.F.); Mama (G.C.), and 3 of the best friends ever; Manic (S.M.); Jana, the WT(KS); and "w've gotta go" (NH).

Dan Mancuso: Sports — Football 12. Clubs — Jr. Civitan 11; SCA 12.
Memory: Sitting in Mr. Brown's Office; C.A. Feldbush, Tony and Steve.

Valerie Manderville: Clubs — Drama Club 11, 12; Nat'l Honor Society 12; Pep Club 10. Activities — 3 School Plays; Teen Counselling 11, 12.
Memory: Directing "Harvey" and "Jerry Breaks a Date."

Glen Allan March: Sports — J.V. Baseball 10. Clubs — Nat'l Honor Society 11, 12; It's Academic 10, 11. Activities — Class of '84 Play 10.
Memory: My Friends, My teachers, induction into NHS, and finally getting out of here.

Sherry Marcini: Sports — Volleyball Manager 11. Clubs — Jr. Civitan 9, 10; Pep Club 9, 10; Foreign Language Club 10, 11. Activities — Powder Puff Football 10; Teen Counselling 11, 12.
Memory: All my special friends and the great times we've shared.

Regina Martin: Sports — Basketball 9, 10, 11, 12 (Captain 9, 12). Clubs — FBLA 12. Activities — Teen Counselling 12.
Memories: Partying with my friends (J.G., A.L., C.A., and C.M.) on the weekends and playing basketball for Mr. Scnkins!!!

Thao Martine: Sports — Varsity Girls Soccer 9, 10, 11, 12. Clubs — Drama 9 (Treasurer); Debate and Forenics 11, 12; Jr. Civitans 11, 12; Class Represnetative 11, 12; DECA 12; (Student Coordinator) SCA 10, 12. Activities — Fashion Show 11; Class '84 Play 10.
Memory: Playing soccer and prom.

Pamela Rae Mason: Clubs — DECA (3 years). Activities — DE 10, 11, 12.
Memory: My nlnth grade year at Saunders.

Lynn Maruschak: Sports — Volleyball 9, 10. Clubs — Drama 9, 12; Key 10; Jr. Civitans 10, 11. Activities — Orchestra 9; Talent Show 12.

Kathy McFarren: Clubs — Photography 9, 10.
Memory: Singing the Stray cats at HoJO's and crying the blues at Brown's. Hiding from Petie's pencil in Baloney's. The party at A.D.'s house that gave me a run for my life from ??? Bass.

Scott McKenzie: Sports — Soccer 9, 10, 11, 12 (Captain 10). Clubs — Jr. Civitans 10, 11. Activities — Fashion Show 11.
Memory: Good ole Dave Kite.

Lisa McKinney: Sports — Track 9, 10; Pantherettes 11, 12. Clubs — SCA 9, 10; Drama 9. Activities — Fashion Show 11; Miss Potomac Pageant 11.
Memory: C.O., Mine, Your's, and Our's at Ocean City! Good times with my best buddy in the world — Coleen, July 1st, 1981 June 1st, 1984.

Janice McKnight: Sports — Crew 10, 11, 12. Clubs — Crew 10, 11; FBLA 12.
Memory: I will always remember all of my friends who have helped me through my bad times and shared all of my good times. I thank everyone for their kindness and I am hoping we will all keep in touch in the future.

Chris McVay: Clubs — Debate and Forensics 10, 11; Jr. Civitans 9, 10, 11, 12. Activities — Teen Counselling; National Honor Society 11, 12; Jr. Class Play 11; Marching Band 10, 12.

Cathy Mensinger: Clubs — FBLA 12.
Memory: I'll always remember all the good parties that I went to during high school. Potomac people are great to party with, especially Winks and Jules!

Cynthia Michael: Clubs — Pep 9; Drama 12. Activities — Advanced Chorus; Journalism (Newspaper).
Memory: All the good times with friends, the times at Pizza Hut after football games especially the night P.W. stole the pineapple off the salad bar, and the skiing trip with J.L. and M.L.

Mike Money: Clubs — VICA 9, 10, 11, 12. Activities — Homecoming Parade.
Memory: When I partied at O.D.U. and Duke.

Kim Morrison: Sports — Flags (Drill Team) 9, 10, 11 (Co-Captain), 12 (Captain). Clubs — Key 10; Jr. Civitans 11, 12; SCA Representative.
Memory: Getting together with John.

Amy Mountjoy: Sports — Rifles 9, 10 (Co-Captain). Clubs — Jr. Civitans 9, 10. Activities — Orchestra 9.
Memory: It was fun while it lasted but I'm kind of glad it's over.

Jon Jeffrey Neskee:
Memory: When teachers went on Strike.

James Nix: Clubs — Key 9, 10; FBLA 11, 12 (President).

Crystal Norman: Sports — Basketball 9, 10, 11, 12. Clubs — D.E. 10, 11; Pep 10.
*Memory: Going to New York with DECA in 10th. It was a killer day in New York. Well now the fun is ending, I'll always remember the fun in the hall way with K.T. and getting in trouble. Everybody remember Crisco Storminorman "In the Mix." Libra * 1.*

David Norton: Sports — Hockey 9, 10, 11, 12 (Captain). Clubs — Jr. Civitans.
Memory: Georgetown and Capital Center with B.J., Ralph, and Terry.

Coleen O'Connor: Sports — Track 10. Clubs — Pep 9. Activities — Sophomore Class Play 10.
Memories: Leaving school on the last day of each year and having kick times, especially on the beach, each year with my best friend, Liz.

Patrick O'Hara: Sports — Track 9, 12. Clubs — Drama 9; Debate 10. Activities — Fashion Show 11, 12; Class Play 10, 11, 12.
Memory: The day me and Phoenix were on an undercover assignment at Potomac trying to bust people skipping and we caught Ferrebee.

George Ohlin: Sports — Wrestling 9, 10, 11, 12. Clubs — Jr. Civitans 11, 12.
Memory: The after school activities me and the champs did.

Dawn Overby: clubs — FBLA 11; Foreign Language 10. Activities — Choir 9, 10, 11.
Memories: Spending time with my best friends, Lisa and Cindy and our clerk typing class in the 11th.

H. Richard Pagan: Clubs — Drama 12. Activities — Concert Choir 12.
Memory: The friends that showed they really cared, by helping me out as a new student here.

Chirs Patton: Clubs — ICT 12.
Memory: GRADUATION.

Scott Pegler:
Memory: Mexican at Ervin's and carstopping at Springfiels.

Lisa Petersen: Clubs — FBLA 12 (Secretary).
Memory: Knowing all the nice people here, especially Regina Sommers.

Dane Puckett: Clubs — Jr. Civitans 10, 11, 12 (Vice-President).
Memory: Beach Trips, skipdays, Van Halen and late night, All nighters, and the Boys.

LaShavon Purcell: Clubs — DECA 9, 11; Pep 9; FBLA 11. Activities — Homecoming Princess, Miss Potomac Pageant; Fashion Show.
Memory: Being with all my friends, R.A., D.L., L.L., M.M., S.J., K.T., D.T., J.J., J.T., T.H., etc. and having a ball; and being selected Homecoming Princess.

Steve Quintavalli: Sports — Football 9; Crew 11, 12. Clubs — Computer 12.

Danny Raley: Sports — Wrestling 9, 10; Baseball 9, 10, 11, 12. Clubs — Photography 9.
Memory: The day we won State in baseball, and the celebration after.

Ronnie Ravella: Sports — Wrestling 9.
Memory: Hey Phil and Lloyd, Let's go cut and get some graaa!!

Amey C. Richardson: Sports — Varsity Volleyball 9, 10, 11, 12; Soccer 9, 10, 11, 12. Clubs — Pep Club 9; Key Club 10, 11; Honor Society 11, 12 (Treasurer). Activities: Fashion Show 11; Advanced Orchestra 9, 10, 12.
Memory: Themany friends I've made during high school and the Regional victory over volleyball team achieved my senior year.

Debbie Richardson: Clubs — Pep Club 9; FBLA 10, 11, 12.
Memory: Becoming friends with teachers in the Business Dept. and falling in love with my boyfriend. Making it through it all and still coming out smiling.

Mark Ricks: Clubs — Debate 9, 10. Activities — Marching Band 9, 10, 11, 12; Symphonic Band 9, 10, 11, 12.

Marilyn Roltsch: Sports — Gymnastics 9, 10, 11, 12.
Memory: The 83-84 Gymnastic team and all the fun we had.

Jammie W. Rose: Sports — Track 9, 10.
Memory: The beginning of my 12th year. It's the last.

Kevin Rose: Sports — Basketball 9, 10.

Elisabeth Anne Ritz: Sports — Gymnastics 9; Cheerleading 10. Clubs — Yearbook 9; Junior Civitans; Signet; SGC 9, 10, 11. Activities — Science Fair 9; LPN 12.
Memory: The weekends were the best!!! Mexican and parties. Edith, Linda, and Dye-Anna I love you!!

Jim Robertson: Wrestling 9, 10; Football 9; Baseball 10, 11, 12.
Memory: Being a part of the 1983 AAA Virginia State Baseball Championship team.

Celeste Rogers: clubs — Junior Civitans 9, 10; Crew Club 11; Foreign Language Club 12. Activities — Yearbook 10.
Memory: Georgetown; the beach; Moby! "Yeah, but Ihu . . ." Springfield Mall; A.U. wrestling

Eric Ruiz: Clubs — Computer Club.
Memory: Passing Mr. Bass's Chemistry Class.

Jeanette Ruminer: Clubs — DECA 10; FBLA 12. Activities — C.O.E.
Memory: When I met R.D. in Biology in 9th grade,and when C.R., S.R., H.S., L.P., and T.W. came into my life to be my "bestest" friends. Lastly, when I met the man of my dreams.

Michelle Russey: Sports — Girls Basketball 9, 10. Clubs — Junior Civitan 9; Pep Club 10. Activities — Concert Choir 10.
Memory: My friends, Juile, Hiedi, Marianne, and the great times we shared.

John Sakai: Cross Country 10, 11.
Memory: Laura, and my weekends in Hateras.

Lisa Schwartz: Sports — Track 10; Gymnastics 11, 12. Clubs — Pep 9, 10; National Honor Society 11, 12. Activities — Class Play 9.

Steve Schaeffer: Sports — Track 10, 11, 12; Cross Country 11, 12. Clubs — Junior Civitans 11; VICA 12.
Memory: Making it to State in Cross country and coming back from the Billy Idol concert.

Debbie Scrogum: Sports — Softball 9, 10, 11; Cheerleading 9, 10. Clubs — Junior Civitan 9, 10; Pep

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Club 9. Activities — Fashion Show 11; Powder Puff Football 10; Concert Choir 9, 10; Junior Class Play 11; Faculty Follies 11; Signet 9, 10, 11.
Memory: All of the wrestling matches we went to at Va. Beach, Richmond, it was so much fun. Thanx Christine, Sherri, Toni, Terri, Ash, and Mr. Cameron!

David L. Secrist: Sports — Tennis 9, 10, 11, 12. Clubs — National Honor Society 11, 12; Debate and Forensics 10, 11, 12 (Treasurer); Junior Civitans 10, 11, 12; Marching Band 9; Symphonic Band 10, 11, 12. Activities — Senior Class Secretary; Signet 9, 10, 11, 12.
Memory: The Tennis Seasons, Championships; Great times with 104; Times with Mr. Cummins; February 25, 1983 when Julie, a long awaited dream came true.

Michael Selgelid: Sports — Wrestling 11, 12. Clubs — Junior Civitans 9, 10, 11, 12 (President); Debate 9, 10, 11, 12 (President); Teen Counselling, and SCA.
Memory: Mitch Schwa, Frank Wolfe, and the guys.

Rob Semper: Sports — Varsity Soccer 9, 10, 11, 12. Clubs — Photography 9; Debate 10.
Memory: Mr. Kite Choking on a piece of chicken, and watching the piece of chicken fly out of his mouth and land on Anne Price's arm.

Susie Shane: Sports — Pantherettes 12. Clubs — Junior Civitans 11, 12. Activities — Faculty Follies 11; Fashion Show 12.
Memory: L.M.'s partys; JV Baseball Field, TJ Swann SNAVAM! Homecoming! Thanks Jeff for making my senior year one to remember! VA. BEACH HERE WE COME!

Teresa Shifflett: Club — Pep Club 9; Art Club 10; FBLA 11, 12.
Memory: Mena, October 2, 1982 and October 2, 1983. Also the ring dance.

Heidi Shuts:
Memory: My friends, Michelle, Carole, Shawn, Julie, Marissa, Jeanette, and all the fun we've had.

Jackie Sizemore: Clubs — Marching Band 9, 10; Photography.
Memory: Meeting new people and being in a new place. I'll always remember the good and the bad at Potomac High.

Julie Slade: Sports — Tennis 9, 10 (Captain 11, 12). Clubs — National Honor Society 12; Junior Civitans 9, 10, 11, 12 (Secretary 10); Class Play; FAculty Follies '83 (Director 11); Teen Counselling.
Memory: Sharing the memories of high school with David; four fun filled tennis seasons; terrific coach and friend, Mr. Jenkins; exciting times with great friends NM, KS, SK; my unforgettable trip to France and Switzerland in June '83. Special moments with DLS, especially Prom Night by the tennis courts.

Kathy Smith: Clubs — Junior Civitans 9; It's Academic 10, 11 (Treasurer); Debate and ForensLcs 10, 11, 12 (Treasurer); Teen Counselling 11, 12; Key Club 12; National Honor Society 11, 12. Activities — Up the Down Staircase, Harvey, Wonderful Town, Faculty Follies, Dressed for Class, Stage Manager 10, 11, 12, Senior Class Play; Homecoming 11, 12; Governor's School '83.
Memory: High School was a spontaneous outburst, an amusing chuckle, and an uncontrollable giggle in the canned laughter of life.

Kenny Smith: Sports — Football; Track.

Dave Howie Snyder: Activities — Foreign Language 10, 11; Newspaper 11, 12 (Editor); SCA 9, 10, 11, 12 (Class Rep.); Debate and Forensics 12; Photography 9; S.A.D.D. 12; Signet 9, 10, 11, 12.
Memory: Va. Beach in summer of '83; Supercar; Rocky Horror at midnight, and fire music.

Regina Sommers: FBLA; Creative Writing.
Memory: Roaming the halls, staring at guys, and bumping into walls; All the friends we know. It's gonna be hard to let it all go.

Marianne Sonon: Clubs — FHA 9, 10; Foreign Language 11.

Karen Spates: Sports — Track 11. Clubs — FBLA; Pep Club. Activities — Teen Counselling.
Memory: I was ask to to out for Miss Potomac Pageant.

Darren Stalder: Sports — Crew 11, 12. Clubs — Debate 9; Computer 9, 10; FRP 9; FBLA 11, 12. Activities — Regionals and State 11.
Memory: Going to Va. Beach in fall '82 — room 104.

David Stevens: Clubs — Computer 11; Scrabble 12.
Memory: Summer of '82' trip to Mexico with Ms. Whitt's Spanish class. We had a blast. Thanks to the class of '83' for all the great memories. Meeting Sheri, who gave me the best memories. Love you Sheri.

Scott Stirling: Sports — Track 9, 10, 11, 12; Indoor Track 12; Basketball 9, 10, 11; Football Spotter/Announcer 11, 12. Clubs — Basketball Announcer 12; Morning Announcer 12; Cross Country 9. Activities — Choir 9, 10, 11, 12; Ensemble 11, 12.
Memory: getting my Blue Bead, skiing with F.H., going with Christine. Being a co-star in Wonderful Town. The wreck will always live. Just being at student at Potomac Senior High School.

Sharon Sweeney: Activities — Literary Magazine 12.
Memory: The classes of '83 and '84: "Our Man," "Big Ape", "Renny", "Simon," "Lay", "Dougie", and "Little Joe." DAvid, Doug, Danny, Mike and Maek for successfully driving me insane. Crazy and embarrassing situations with Kim and Jodie.

K. C. Sweeker: Clubs — Vica-President of Vica 12. Activities — Talent Show 11.
Memory: Char

James Taylor:
Memory: When I made it to the 12th grade so I can graduate.

Jerry Taylor: Sports — Football 11; Wrestling 12.
Memory: The summer of '83' and the person I spent it with. And the 9 days of theat summer, when my mom went to New Orelans.

Suzanne Terrazas: Sports — Soccer 11. Clubs — Junior Civitans 9; Foreign Language 9, 10, 11 (Secretary), 12 (Treasurer). Activities — Band 9, 10, 11, 12.
Memory: The time Celeste and I went to Springfield Mall on November 14. Next time we won't get caught 'cause we'll bring Shonda along, since she's **THE EXPERT!**

Brian Testerman: Sports — Baseball 10.
Memory: Cape Batteras during the summer of '83'.

Teresa Thacker: Clubs — DE II, Treble Choir.
Memory: GRADUATING!!!

Paul Theriault: Sports — Track 9; Football 9, 10, 11, 12 (Captain). Clubs — Key 9, 10, 11.

Claude C. Thomas III: Sports — Wrestling. Clubs — Foreign Language; Photography.

Kelly Thomas: Clubs — Junior Civitans 9, 10, 11; Pep 9.
Memory: RAcing in the Kentucky Derby, looking for Fred in D.c., eating at Ho Jo's and ending up in I.S.S. with all five skippies.

Denice Thorlton: Sports — Cheerleading 9; Pantherettes 11 (Officer), 12 (Co-Captain). Clubs — Junior Civitans 9, 10, 11. Activities — Chorus.
Memory: Winning the Kentucky Derby, swimming in the water fountain at Spotsylvania Mall, and I.S.S. with skippies 1, 2, 3, 4, and 5.

Paul Tiede: Sports — Basketball 9, 10, 11, 12 (Captain); Football 12; Cross-Country 9, 10, 11; Track 10. Clubs — Debate and Forensics 11. Activities — Faculty Follies; Boys' State, and Senior Class Officer.
Memory: M.D.C., and all the good times shared when others thought different. Although we have parted, you captivate my dreams and remember you and me in '88.'

Donna Tiplady: Sports — Varsity Football Statlstician 12; Varsity Boys Basketball Manager 12. Clubs — Photography 9; Creative Magazine 10; Drama 11. Activities — Play 11, Fashion Show 11; Faculty Follies 11; Orchestra 10, 11, 12; Girls Chorus 10; Ring Dance 12.
Memory: Junior Prom. Thanks Nolan.

Alicia Toney: Clubs — Pep 9, 10. Activities — Rifles 9, 10, 11; Yearbook 10, 11 (Business Manager), 12 (Business Manager Senior Editor); Class Play 10.
Memory: Yearbook and all the wonderful experiences.

Patti Trelinskie: Clubs — DECA 10.
Memory: Being with all of my friends who I will miss after I graduate.
Doug Trenor: Sports — Golf 9, 10, 11, 12.
Memory: Winning Regional golf tournament and Tina.

Robert L. Trumpower, Jr.: Sports — Football 9, 10, 11.
Memory: To all the friends for the many swell times. To the immediate comrades, take it easy. To Katie, with whom I shared all the best, All my love . . . Be kool.

Cynthia T. Vause: Clubs — Pep 9, 10; FBLA 11, 12. Activities — Concert Choir 10, 11.
Memory: McCoart's class with W.W., Homeroom with D.L., and K.M., Accounting with B.S., D.L., C.D., G.B., R.J., and Mrs. Hawn. Remembering My close friends — D.O., D.L., D.D., E.E., S.G., B.S., and especially K.m. — thanks foryour love.

Christa J. Vernarelli: Clubs — Junior Civitans 9; Class Secretary 9, 10; Honor Society 11, 12. Activities — Concert Choir 9, 10; Vocal Ensemble 11, 12; All County Choir 9, 11, 12; Signet 9, 10, 11, 12.
Memory: Although you were never here, J., it would not have been the same without you.

Tim Vinson: Sports — Cross Country 9, 10, 11, 12; Track 9, 10, 11, 12. Clubs — S.A.D.D. (Treasurer) 12.
Memory: Finishing in the top ten in Regional and going to state as a team. And also meeting the girl of my dreams.

Shannon Wagner: Clubs — Junior Civitans 9, 10. Activities — Concert Choir 9, 10; School Play 10.

Christopher Washburn: Clubs — S.A.D.D.
Memory: Thus far my association with Mike Stennick, (who I respect very much) as well as my other friends. (Jimi Dough, Jeff Vanfleet, Toni Black, and Scott Johnson)

Mike Weis: Clubs — ICT 12.
Memory: Slamming students in the face with doors when they try to go through the wrong side of the doorways.

Rick Welch: Sports — Track. Clubs — Computer.

Tammy Whitmer: Clubs — DECA 10, Jr. Civitans 9, 11, 12; Key Club 12.
Memory: Mike, Ducie, Scott, Pete, Richard, David, and Jeri. P.S. Winks and Jules Laverne.

Ashley Wiggins: Sports — Volleyball 9, 10, 11, 12; Softball 9, 10, 11, 12; Basketball 9. Activities — Power Puff Football 10.
Memory: Winning Regionals Volleyball, What a team!! Best of all — beating Stonewall (15-1) and (15-0). Also driving by GF the day we killed them in softball with J.B., D.S., and W.H. after we stopped at J.B.'s.

Jeffery Williams: Sports — Soccer 9, 10. Clubs — Chess 9, 10.
Memory: Walking out the doors for the last time after GRADUATING.

William C. Williams: Clubs — Drama Club 9, 10, 11, 12; Art Club 12. Activities — Concert Choir 10, 11, 12; Band 9.
Memory: Morning hugs with K.W., Kogg talks with K.A., Egg Roll talk with S.L., K.H./ A day with L.H. A cutting time with S.L., and K.H. A warm goodbye to all my friends — S.L., K.H., J.L., W.M., S.M., K.A., K.W., S.G., L.H., S.C., D.S., E.P., C.V., S.S., R.O., M.K., R.K., D.O., L.C., L.L., B.W., P.V., R.M., R.A., and S.J.

Mike Wilson: Sports — Football 9, 10, 11, 12; Baseball 10.

Rene Woo: Sports — Track 10, 11, 12; Indoor Track 12. Clubs — FBLA 9; Art Club 10; Debate and Forensics 10, 11, 12. Activities — Teen Counselling 12; Up the Down Staircase 10; Fashion Show 11; Faculty Follies 11, 12; Ring Dance 12; Science Fair; National Honor Society; SCA 10, 11.
Memory: Doing homework during the day for each upcoming class and finally meeting the challenge, GRADUATION!!!

Robert (Rebo) Zacharias: Clubs — Photography 9; Sclence 12 (President). Activities — Newspaper 11, 12 (News Editor) Co-Wrote "Faculty Follies '83" Script 10.
Memory: Lisa, weekend nights with friends, Va. Beach (140 m.p.h.), bowl fulls at work (D.M.), Myyy puppy (Ack-ack), The Parasitic Springs ("Squealing for Turnips"), Skippy the Paralyzed Dog, My two-chambered death machine, DickTate and Peter FeldBush, having too much sense to "hit that ball," my four-barreled speed machine, the Iron Fist of Ferrebee, January 4, 1983.

David Zawoiski: Sports — Track 9; Football 9, 10; Crew 10, 11. Clubs — SCA 9, 10; Literary Magazine 11.
Memory: Going out on Friday nights with Cobb, and Derik and party.



Duane Sampson is all ears as Mr. Maloney discusses the complexities of the signing of the Magna Carta in his fourth period American Studies class.



Not only does it take a good voice to perform in choral works, but it also takes charm and personality to make the performance a real success. Dana Lee demonstrates all of these abilities.

GETTING A CHARGE OUT OF LIFE

Although underclassmen comprise the bulk of the population of the school, they are rarely in the limelight. Seniors are always overshadowing them; teachers have to worry about their recommendations; Guidance has to worry about getting them into college, and there is little time left over for the rest of the student body.

However, occasionally underclassmen pry everyone's eyes from the Seniors and focus them on themselves. At Homecoming, the Freshmen stole the show with their winning float depicting Dumbo, the magical flying elephant. During Spirit Week, the Sophomores proved a formidable opponent to the Seniors and, after a tremendous struggle, finally came out on top. The Juniors had their turn to shine when they held the Junior-Senior Prom, for which they had been working all year.

And even if these brief moments of glory were not enough to satisfy the underclassmen, they always have their Senior year to look forward to when they, too, will have all eyes on them.



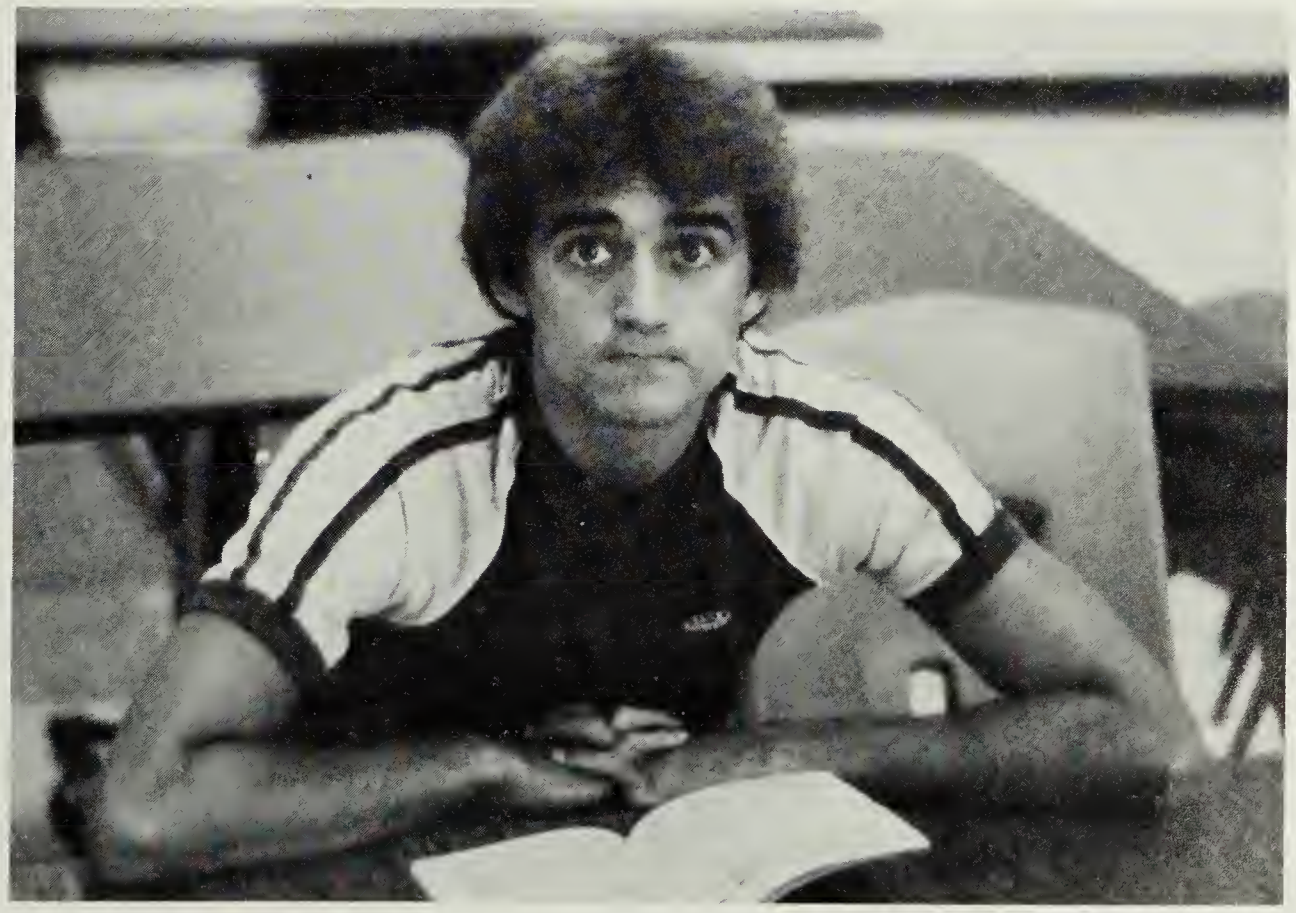
As biology lab partners, Ray Terczak and Kevin Bella share the responsibility of completing the experiment. Another good thing about having a partner is having someone to blame if something goes wrong!



During Spirit Week, the sophomores proved they have the most school spirit in the entire student body. Even in the classroom, cheerleaders Ann Beamer and Andrea Tardiff showed their spirit.



With intense concentration, Donald Tisdale listened to Coach Brown at summer camp. His concentration paid off on the football field.



To most students, their Junior year was the most difficult, at least in English, because of the compulsory research paper that goes along with it. Finding information on the topic is usually the hardest part, as Todd Jenkins discovered.



JUNIOR CLASS OFFICERS — Treasurer, James Miller; Secretary, Kim Feltault; Vice-President, Kelly Johnson; President, Doug Misenko.

The Class of '85 went to great lengths to raise money for the Prom. Starting with almost nothing, the Junior Class sold fruit at Christmas, organized the Junior-Senior powder-puff game and gave the Homecoming Dance. They also held Potomac's first MORP Dance and Val-O-Grams were sent on Valentine's Day.

These new fund-raisers added variety to Potomac and were successful in giving a first-class Prom. The Class of '85 is sponsored by Jane Feret and Caroline Leggett.



Kim Evans and Mike Hargraves show that studying is not the only thing done in study hall.

Juniors — Almost There



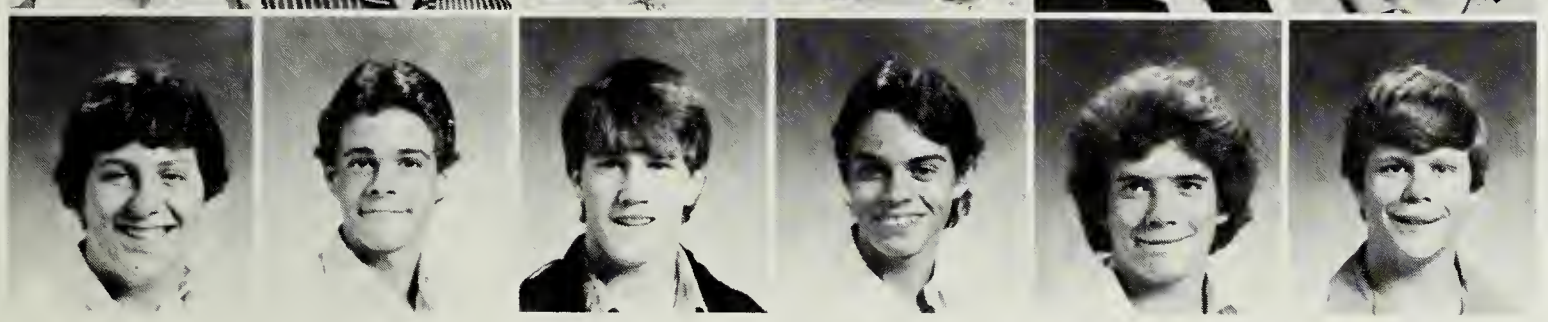
Finding relief from the crowded conditions of his bus, Bill Fiske takes a breath of fresh air.



Chris Abel
Jenny Abel
Charlotte Acker
Mia Alexander
Carla Allen
Tim Anderson



Tony Anderson
Tortica Anderson
Kimberly Angelo
Sharon Arcaro
Angie Arrington
Rodney Arrington

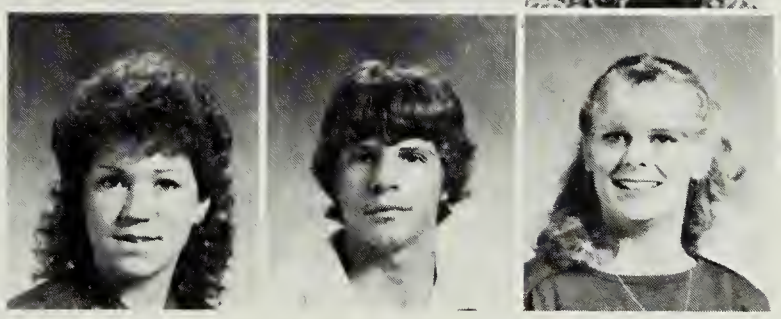


Richard Asbery
Mike Ausley
Jeff Ayres
James Bailey
Steve Bailey
David Baird



Peggy Baker
Scott Baker
Tyrone Baker

Barbara Banks
Todd Banks
Garland Barr



Suzi Barron
Paul Bartosch
Paige Basham



Carolyn Beaner
Mike Belcher
Diane Benevides
Stephen Bentley
Michael Berry
Scott Berry

Stephanie Berta
Lee Birch
Tony Black
Victor Blake
David Boggess
Gina Bolk



Junior Homecoming princesses, April Koontz and Gina Bolk, smiled for the crowd in the stands. Potomac won the Homecoming game over H.D. Woodson 13-8.

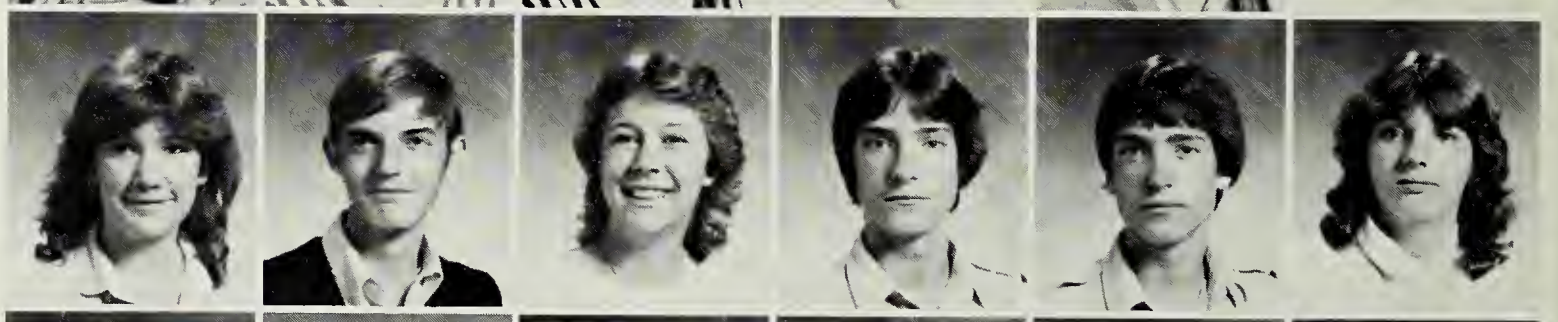


Seated in the back of the classroom, Sean Rice pondered over the intricacies of typing.

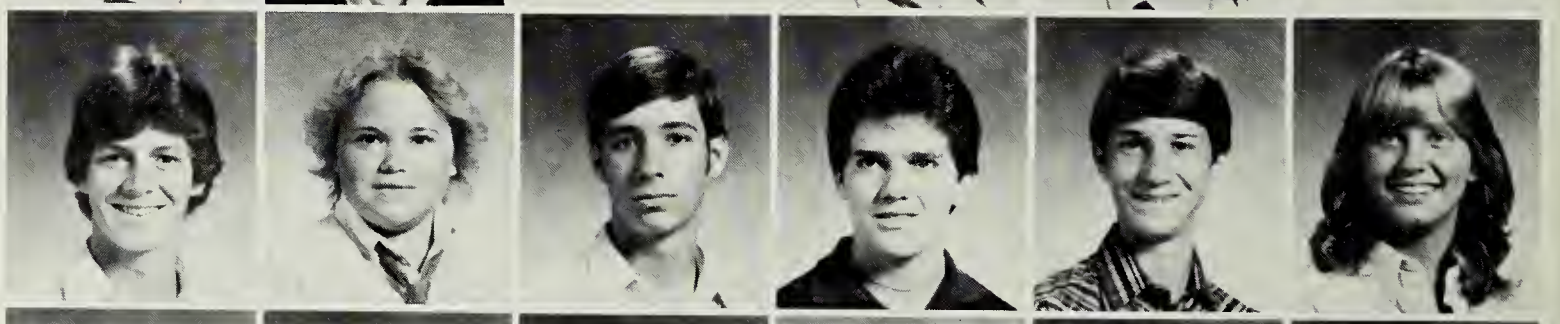
Darlene Renee Boulden
Cynthia Bowler
Melinda Bowler
Jenny Boyd
Stephanie Boyd
Duane Brawner



Kim Briggs
Bucky Brill
Kim Britt
Patrick Broderick
Peyton Broderick
Brenda Brooks



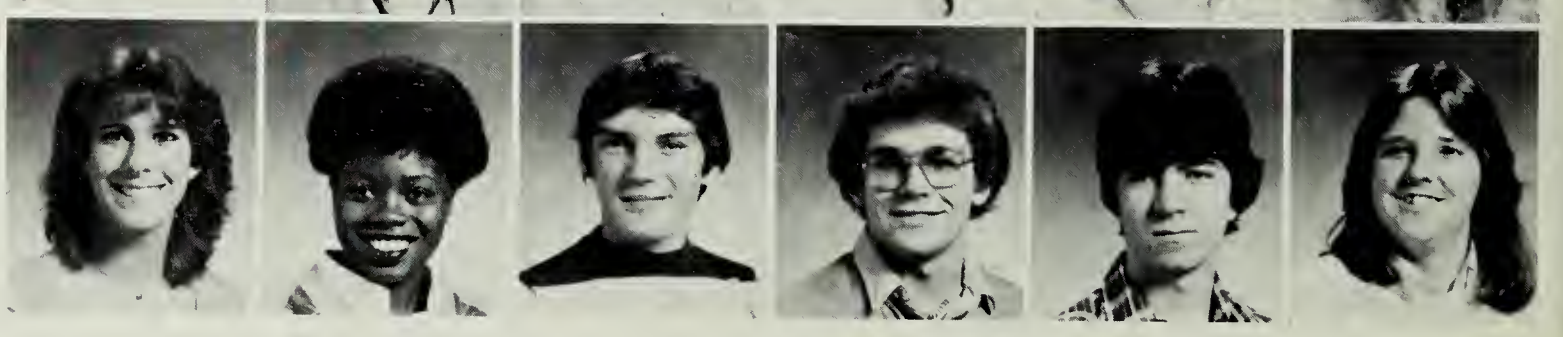
Bill Brown
Alisa Browning
Burton Browning
Geoff Browning
Dan Bruinsma
Sharron Bryan



Suzette Buchanan
Debbie Buckner
Christina Burford
Ronda Burnett
Melissa Burress
Katie Byrne



Christine Campbell
Staci Cannon
Brian Caperton
Trip Carder
Travis Carney
Tonya Cartmill







Pictures from their personal portfolios reveal the charm of Jenny Abel and Stephanie Berta. Portfolios are a collection of pictures used to show previous modeling experience. They are helpful in obtaining future employment.

Heading for Success

Photo session, runway, make-up and posture became everyday expressions for juniors Jenny Abel and Stephanie Berta when these girls entered the world of teenage modeling.

Jenny and Stephanie began modeling in June of 1983 with no previous experience. They took classes at Finishing Touches in Springfield, which taught them modeling techniques, walking and appearance.

Their poise and grace showed that they had been well-taught. Even if they do not end up in modeling as a career, these characteristics will always assist these two charmers in anything they do.



Kate Ceravich
Lorrie Chicka
Gary Christiansen
Thomas Clark
Mike Cobb
Brascal Cole

Paul Colletti
George Collins
David Comerford
Lori Conatser
Sean Connolly
Debbie Cornwell

Cathy Cousins
Chris Cox
Sheri Cox
Shawn Coyle
Mark Craig
Mike Creegan

Liz Critzer
Cindy Cunniff
Scott Dadson
Kenny Daniels
Dorene Davis
Haynes Davis

John Davis
Louis Dean
Tasi Delaney
Raul Delao
Kathleen Delmore
John Dickinson

Noel Dickover
Todd Dill
Andy Dodson
Chris Donnell
David Dorton
Rebecca Douglas

Kathy Dowling
Mike Doyle
Steve Dunlap
Cathy Dutton
David Dwyer
Tim East

Tammy Edwards
Roger Embrey
Kim Evans
Tina Evans
Heidi Farber
Laura Feagan

Matt Featherolf
Kim Feltault
Alecia Ferguson
Erik Ferguson
Lisa Ferrell
Norman Fertsch

John Fillis
Rhonda Finley
Kelly Fisher
Bill Fiske
Tom Frasier
Shelbe Freeman





Michele Olio and Mike Oravec share the excitement of turning class rings. The rings were distributed at the Ring Dance held December 17.



Rency Forehand
Diane Forsythe
Julie Fowler
Tonia Fox
Chris Fullerton
Sean Fulton

Amanda Gaddy
Meg Gallagher
Michele George
Joe Gerace
Lisa Giglio
Anne Gilbert

Mark Gilbert
Lisa Gill
Shawn Gleason
Michael Glynn
Earl Gordon
Lana Gordon

Michelle Goodrich
Lisa Gosney
Kathleen Grafmuller
Ricky Gresham
Audra Griffey
Aura Griffey

Sandy Griffith
Shelia Griggers
David Grimsley
Roberta Grindle
James Haage
Jenni Hall

Not All That Glitters Is Gold

Amethyst, opal, topaz or black onyx? A wide variety of stone colors made class ring selections a difficult decision for many juniors. In September, the Herff Jones Company distributed ring order forms to interested students. Since the price of gold had dropped in the past year, many found that they could afford the gold ring setting they preferred. Others discovered Ultrium, a metal alloy, as a less expensive alternative.

The members of the Class of '85 received their rings at the Ring Dance, December 17. Most students participated in the tradition of ring turning. After having the ring rotated eighty-four times, they reserved the eighty-fifth turn for someone special. This procedure symbolized good luck for the future.

Although many held on to their rings, some "loaned" them to their girlfriends or boyfriends. They were worn dangling from a chain or on their steady's hand. Females resorted to a number of tactics to keep their boyfriends' ring on their finger, while guys found that many of the girls' rings would not fit over their first knuckle.

All in all, the rings stayed special to whoever wore them. As the ultimate symbols of high school, class rings represented years of education and camaraderie with friends and classmates.



Studying diligently for her upcoming Latin test is Suzy Larkin. Latin is one of the many foreign languages offered at Potomac.



Chairman of the Board, Mia Alexander, takes care of the necessary work at an after school meeting. Key Club is an organization which serves both school and community.

Wendy Hall
Laura Hambrick
Angela Hammons
Robin Hanifan
Mike Hargraves
Dana Harp



Bryon Harper
Dale Harris
Gary Harris
Kim Harris
Susan Harrison
James Harvey



Amy Hawkins
Tracy Hebert
Brian Hildreth
Kelly Hilton
Lisa Hise
Linda Hollar



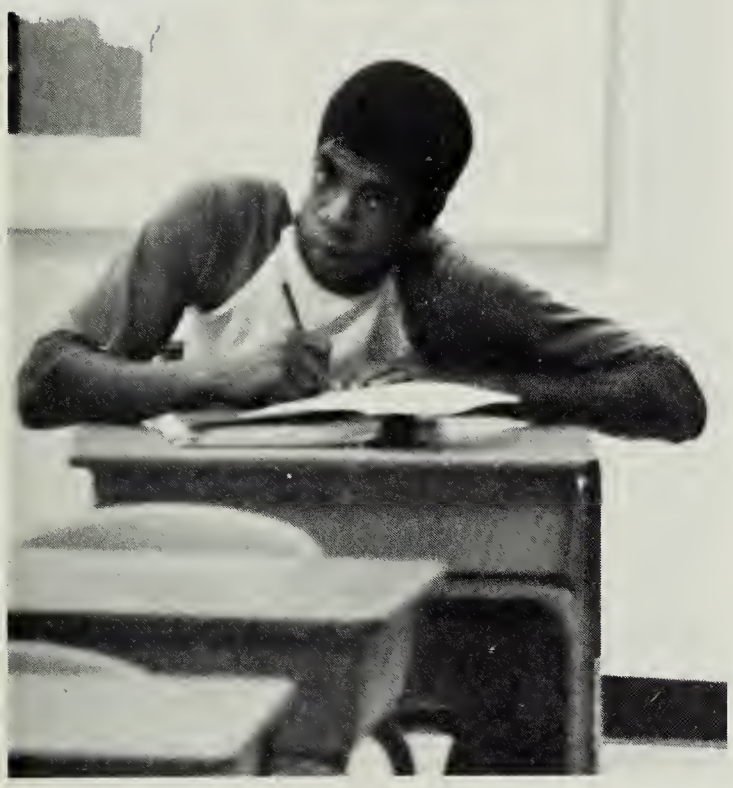
Tony Howard
Valerie Howard
Laura Hudak
Aaron Hudson'
Karen Hudson
Jay Immel



Jacqueline Jacobs
Kelly Januszewski
Todd Jenkins
Todd Jennings
William Jennings
David Johnson







The Road to College — SAT

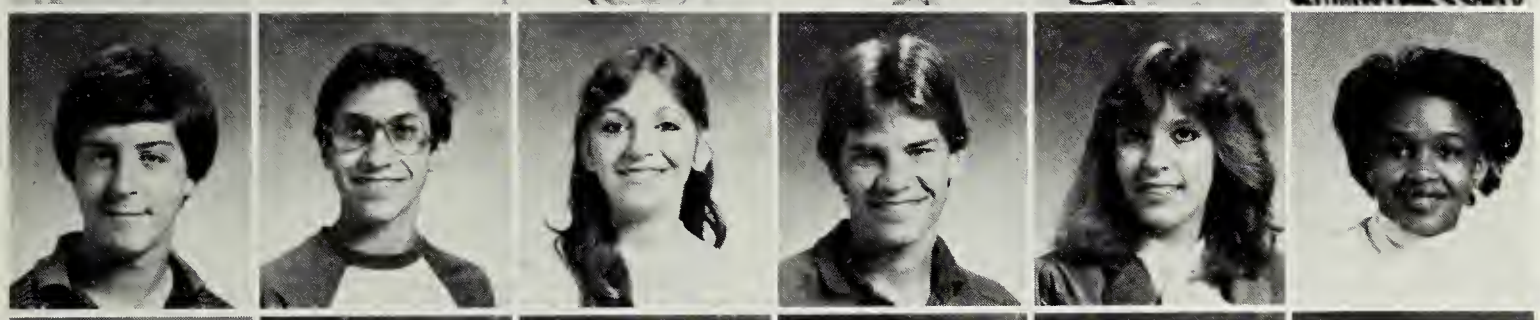
The Junior Class began to plan for college and these plans generally included taking their Scholastic Aptitude Tests. In order to prepare for the dreaded SAT, students were able to take a preliminary test, the PSAT. This helped them to become more comfortable with the real thing.

SAT's caused much anxiety among the students because they determined, in large part, one's academic future. A high score increased a student's chance of getting into the college of his choice. Although a perfect score is 1600, the average score is 900. In order to help students prepare for these tests, after school SAT classes were organized and tutored by faculty members. Many students felt that the SAT test was the last big hurdle before graduating.

With furrowed brow, Tony Qualls concentrates with intensity. Preparation for the SAT's took total effort.



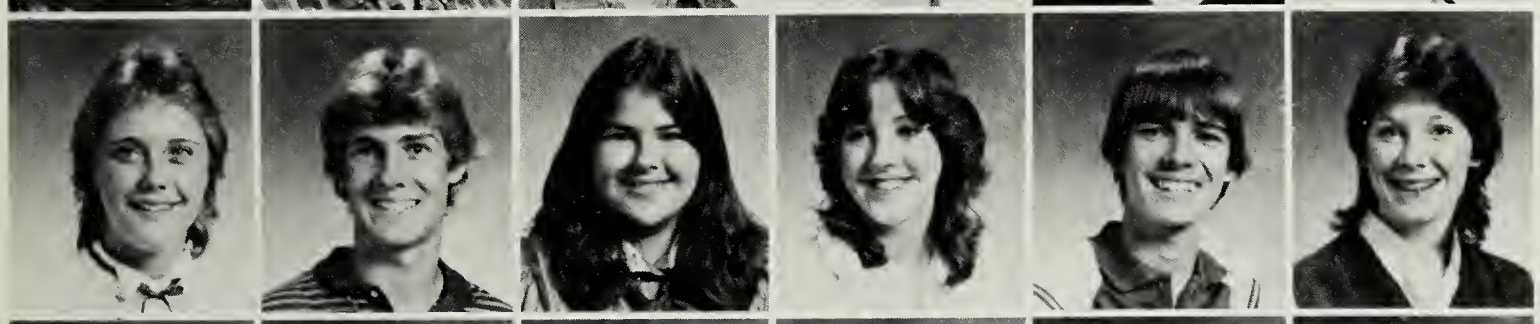
Kelly Johnson
Mike Johnson
Scott Johnson
Robin Jones
Tizon Jones
Michele Kanche



Craig Kargol
David Katzoff
Vicky Kearns
Eric Keaton
Barbara Kelly
Ardis Kendall



Jewell Kendall
Brian King
Billy Kirk
Darren Kirk
Ken Klemm
Jeff Klopp



April Koontz
Jeff Kreger
Paula Kroh
Cathy Kroman
Robert Krucelyak
Suzy Larkin



Rose LaRock
James Lauder
Joanna Lay
Bob LeDoux
Daniel Lee
Robert Leeper

Sandy Leonard
Ray LePage
Todd Lewis
Tracy Lidyard
Craig Liming
Kevin Lohr

Lisa Londino
Jody Long
Debbie Lough
Wayne Lovelace
Cindy Loveland
Susan Luedtke

James Lupo
Chris Lyons
David MacIver
Jim Mac Lean
Janice Maddox
Curtis Madrid

Christine Malloy
Maruka Malloy
Lenny Mandrgoc
David Manvell
Jennifer Marshall
Jeff Martin

Ron Martin
Donna Maslo
Larry Mason
Shannon Matherly
Keith Mayfield
Linda Maziekus





Waiting for a club meeting to begin, Christine Malloy's attention is momemtarily distracted. Clubs generally meet the first Tuesday of each month.

The complexities of the piano are part of Robby O'Neil's studies. The music program includes piano and guitar lessons.



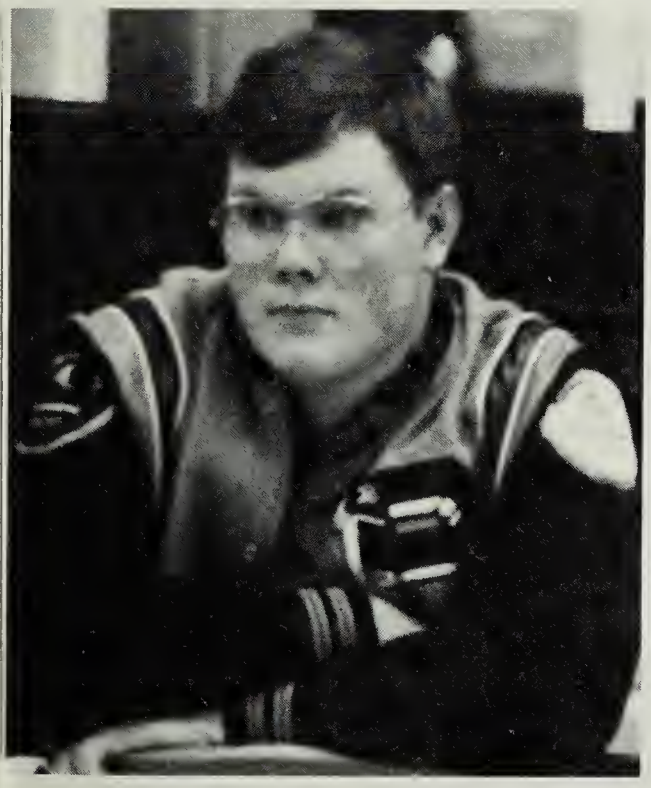
Marie McDonald
Tracy McGinnis
Virginia McNelis
Lynn Mellott
Lynda Mersing
Christine Michelini

Robin Mickett
Arthur Milbert
James Miller
Jennene Miller
Sean Miller
Douglas Misenko

Jewel Mitchell
Scott Moberley
Scott Molinari
Liz Monroe
Rick Moran
Julie Morley

Bess Morris
Carrie Moss
Jeannette Mullany
Roy Nalley
Brian Nary
Francis Nary

Anthony Nattania
Arthur Newman
Kathy Nicely
Lisa Nicclosi
Mark Novitsky
Angie Nutton



A meeting of S.A.D.D. keeps junior Tim Anderson after school. Giving one's all, after school, is sometimes difficult to do after a long, hard day.

A Junior Is . . .

— almost a senior
— finally an upperclassman
— does not have to take P.E.
— has to raise money for the Prom
— in his hardest academic year
— eligible for special organizations like Teen Counseling, National Honor Society and Powder Puff Football.

'85 Overview

On the top of the Juniors' list of favorites were the following:

TV Show
1. Cheers
2. General Hospital
3. MTV

Celebrity
1. Sylvester Stallone
2. Eddie Murphy
3. Tom Cruise

Movie
1. Risky Business
2. First Blood
3. An Officer and a Gentleman

Musical Group
1. Def Leppard
2. Quiet Riot
3. The Police

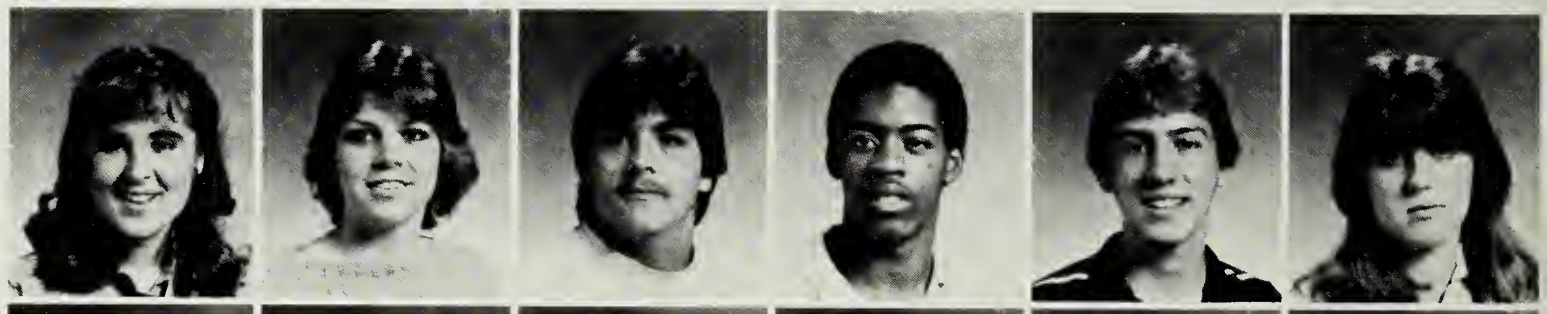
Song
1. "Foolin' "
2. "Cum on, Feel the Noize"
3. "Synchronicity II"

Radio Station
1. 101 WWDC
2. 105 WAVA
3. 107 WRQX

Football Team
1. Washington Redskins
2. Dallas Cowboys
3. Pittsburgh Steelers

Restaurant
1. Chi-Chi's
2. Pizza Hut
3. McDonald's

Vicky Owles
Teresa Pague
Pete Pandazides
Jason Pannell
Kevin Parker
Julie Patton



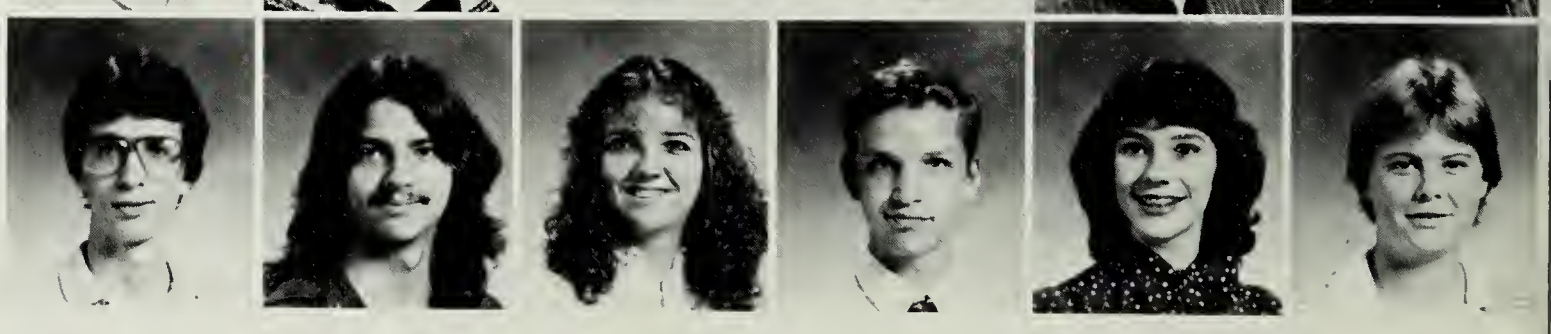
John Payton
Angie Peguese
Shawn Pemberton
Sean Peters
Debbie Peterson
Wendy Phelps



Megan O'Brien
Kelly O'Connor
David O'Donnell
Sean O'Donnoghue
Robert O'Neill
Michele Olio



Mike Oravec
Kevin O'Sullivan
Noreen O'Sullivan
Frank Otley
Kim Overton
Brenda Owens





Early for his morning practice at football camp, Scott Berry takes advantage of the spare time to rest while he awaits his teammates. There was generally little time to spare.



Danny Raley risks his life on the driving range with Sean Rice and Ernie Terrazas at the wheel. Driver's Ed is taught in order to avoid scenes like this one.



Jennie Pieski
Karen Piwowarski
Beth Poland
Jennifer Pollack
Matt Pope
Jeff Porter

Laura Porteus
Doug Potvin
Steven Pregenzer
Kim Pullen
Bridgette Purvis
Tony Qualls

David Queen
Beatrice Quintavalli
Thomas Rand
Bonnie Reed
Roxi Reeves
Yolanda Reynolds

Sean Rice
Ira Richardson
Sallee Richardson
Zina Riggs
Betty Roberts
Stacey Roe



Kirk Rogerson
David Ross
John Routsounadis
Mylene Rowe
Christy Rowen
Sean Ruf



Mike Rule
Tammy Rutkoskie
Tom Saeman
Duane Sampson
Tony Scallan
Traci Schrack



Deborah Scott
Nazli Shah
Karen Shetley
Tammy Shifflett
David Shive
Karen Shive



David Simensen
David Simpson
Jackie Sinkoski
Eric Smith
Leslie Smith
Ronnie Smith



Hamming It Up

Radios mean more than "Rock and Roll" to junior Joe Williams. In 1980, Joe became interested in amateur radio braodcasts. After getting in touch with the American Radio Relay League, Joe took lessons. During the summer, Joe made his first contact over the radio with his teacher at WBUCZX, passed his test and earned his license. Unable to work at his radio over the summer due to a near fatal accident, Joe made contact with another ham radio operator in Pittsburg that fall. Since then, he has made 305 contacts in over thirty states. Not limiting his horizons to the United States, Joe has talked to people in England, Canada, the West Indies, Sweden, British Columbia, and other countries. In order to communicate in a common language, the overseas contacts are made in International Morse Code. Joe's interests can truly be said to cover the globe.



Sitting among his radio equipment is Joe Williams. Such a rare form of communication for a young man makes him friends all over the world.



Thomas Smith
Renae Smoot
Angie Spooner
Dan Stanley
Steven Stanley
Adam Stapor

Nicoel Steagall
Bobby Stefko
Shellie Stennick
Robert Sterbutzel
Shawn-ta Sterns
Raymond Storey

Tim Sullivan
Danny Sweeney
Edward Sweeney
Tracie Sweeney
Chris Szentas
Dee Tainter

Brannen Taylor
Ernie Terrazas
Michelle Therault
Patricia Thomas
Tina Thomas
Jeanna Tillman

James Trent
Joanne Triano
John Triplett
Dennis Tucker
Kim Turner
Gene Turpin



Running chains for the Freshmen and Junior Varsity football games are Richard DuBreuil and Pete Pandazides. Football players are a versatile group of guys.

Eddie Tyrell
Tammy Valentine
Paul Valis
Jeff VanFleet
Pam VanStaden
Don Vaughan



Tina Viehmeyer
Bobby Vitek
Renee Voegtly
Mark Vowell
Karen Waggoner
Joe Walker



Tonia Walker
Robert Wallace
Amy Wallich
Renee Warner
Kim Watson
Maria Weis



Mike Welch
Karl Wertz
Carmen Wessolleck
Lisa West
Keith West
Kevin West



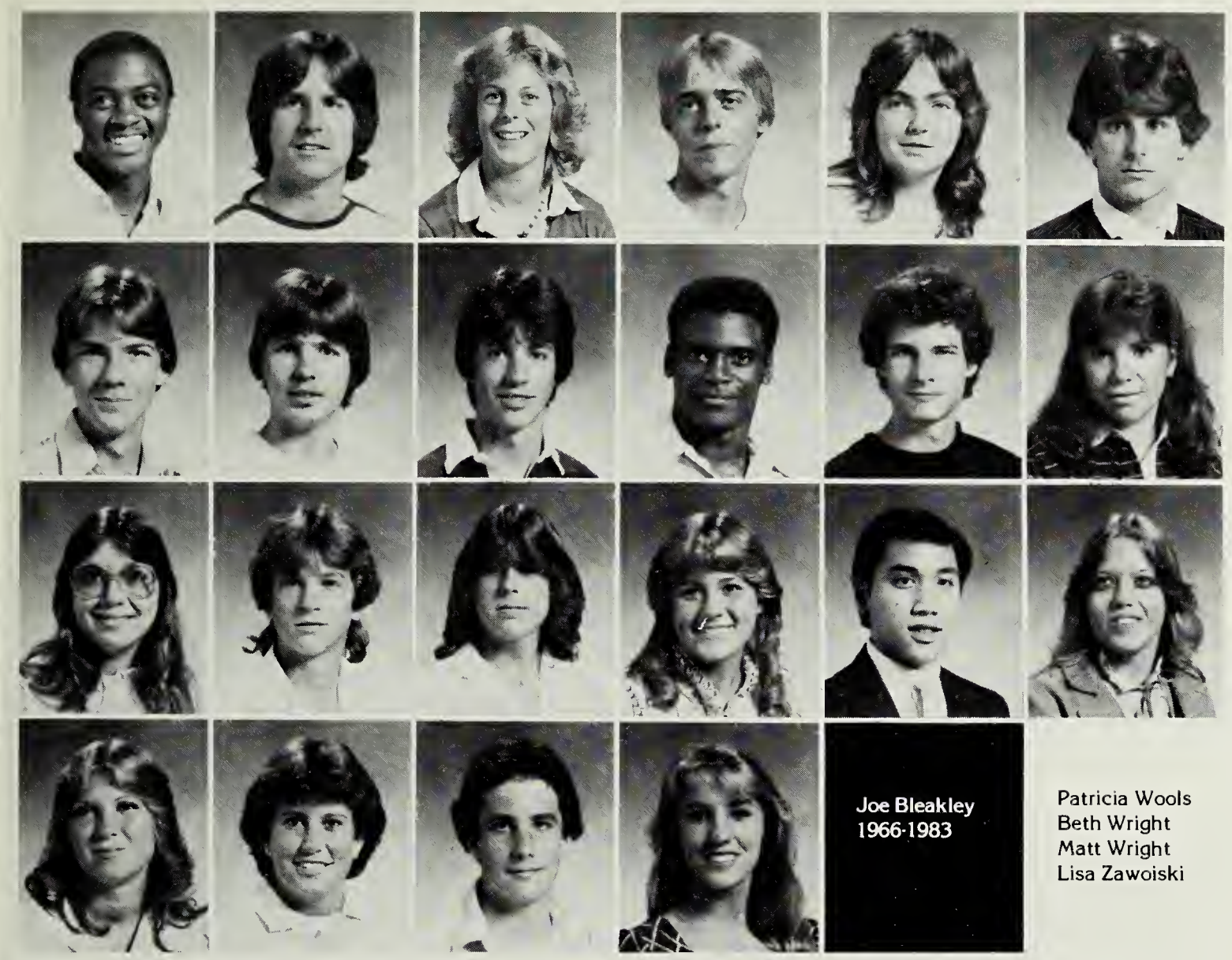
Why Are You *SADD?*

Few people realize how serious it is to drive when drunk or how many people are killed each year by drunken drivers. One organization which tries to promote public awareness to this problem is Students Against Drunk Driving — SADD. A Potomac chapter of SADD was organized this year by Mrs. Peterson. She was responsible for sending Scott Dadson and Kelly Johnson to the Washington Regional Alcoholic Program. At this seven hour seminar, they were shown how to set up their own chapter of S.A.D.D.

National Alcoholic and Substance Awareness Week was December 11 through December 17. Scott and Kelly began their membership drive a week earlier to inform students of the importance of this organization. A week later, a parents' meeting was set up to increase adult awareness about what was being done about drunk driving. The response was excellent. "We wanted to get the word out about S.A.D.D. in a way that teenagers would understand," stated Scott. Plans were also made and carried out to expand the program to hereby middle schools.



At a meeting in the library, S.A.D.D. sponsor, Mrs. Peterson, explains the purpose of the organization. Many students gave freely of their time and effort to make the group a success.



John Whirl
Bobby White
Brenda Whitmire
Greg Wickline
Anita Williams
Doug Williams

Jerry Williams
Joe Williams
John Willis
Lee Wilson
Scott Wilson
Stephanie Wise

Tammy Witherspoon
David Wittig
Wanda Wolfe
Chris Wolter
Conrad Woo
Betty Woolfrey

Patricia Wools
Beth Wright
Matt Wright
Lisa Zawoiski

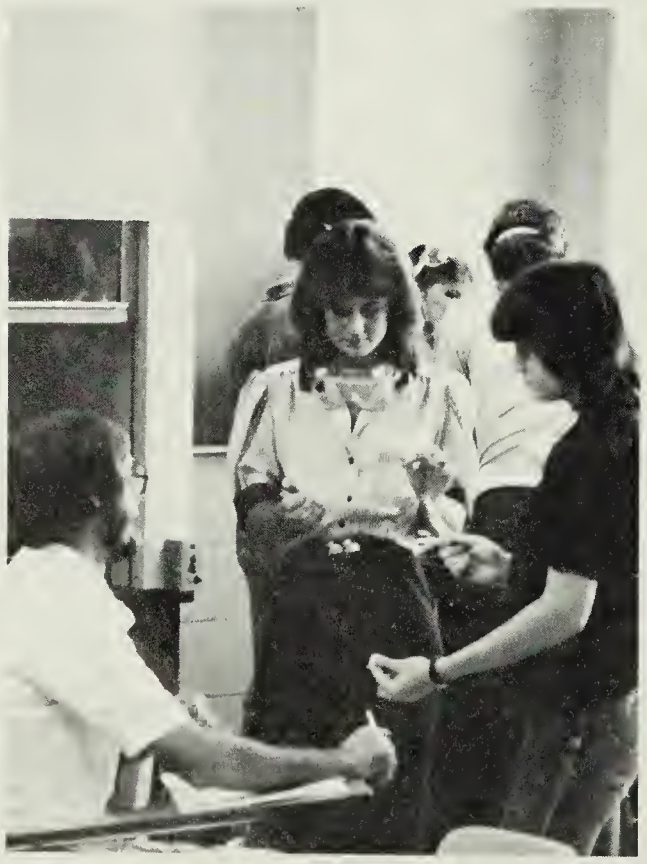


Photo by Danny Lee

Head of S.A.D.D., Scott Dadson, discusses the issue at hand — drunk driving. Scott has many plans for the organization to raise money to hlep alcohol abusers.

The class of '86 will always be able to look back upon their sophomore year at Potomac with pride in their achievements. They proved their spirit by working hard together during Spirit Week. As a result of this hard work, they received the "All-Around Spirit Award" at the first Homecoming Game. They were the first class to break the 1982-83 record in Spirit Link sales. Fondly, they will recall the outstanding quality of work into the hall and float decorating which depicted the theme of Walt Disney. With their team work and dedication to making Potomac Senior High School number ONE, the class of '86 has proven that they have the "MORE" that makes the sopho**more!**

The class was sponsored by Ms. Bates and Mr. Jones. Through their many accomplishments, they have proven that the Class of '86 will always be a strong, successful part of tomorrow's future.



Science is an important study for all students; two credits will soon be required for graduation. Julie Wheat and Beth Hazlip try to understand a new chemistry concept.



The following were the leaders of the class of '86: President — Heidi Hinkamp, Vice-President — Susan Vowell, Secretary — Un Hui Chi, Treasurer — Mark Turner

Sophomores — A Step Ahead



David Agatone
John Albers
James Alexander
Lisa Alonzo
Cathy Anderson
Patricia Anderson

Mark Anglin
John Apperson
Jim Atkins
Garry Babbitt
Nancy Bagato
Michelle Bailey

Rick Baima
Michelle Banks
Steve Barber
Rick Barfield
Susan Barger
Chris Barko

Mindi Barrett
Mark Bartlett
Anne Bartosch
Grace Bas
Dawn Bass
Ann Beamer

John Beckman
Mike Belforte
Jeff Belcher
Kevin Bella
Cesar Benavides
Laura Best

Cheryl Beyer
Sarah Bickford
Diana Biddle
Connie Biehler
Joseph Blake
Richard Blanchfield

Tracy Bombalski
Robert Boonstoppel
Theresa Boulden
Paula Boykin
Nina Bradshaw
Cheryl Brady

Michele Brady
Tami Brandt
Johnna Branham
Tim Bray
Angie Brosius
Jim Brown

From Range to Road

Learning to drive and getting a driver's license was one of the biggest excitements of being a Sophomore. This time will be remembered, for a while, because Sophomores take Driver's Education as a part of P.E. class. Driver's Education or P.E. classes were taught by Mr. Sorrel, Mr. Gardzel, Mr. Qualls, Mr. Cameron, and Mr. Clarke.

In order to take Driver's Education a student must be fifteen years, eight months old and have a learner's permit.

The requirements for the Drivers Ed. course were thirty-six class hours, ten hours on the driving range, of which five were spent driving and five were spent observing. There was also on the road training which was four hours, while, on the road, students drove in various places such as Montclair, Woodbridge, Interstate 95, Highway 234, and Route 1.

After successfully completing the Driver's Education course, the students received a certificate of completion; this proves that the student has completed the course. Passing Driver's Education was only one-half of getting a license; the other half was passing the Driver's test given by the Division of Motor Vehicles Department.



While carefully watching the cones, Kim Harris checks the side view mirror. Lucky partner Tammy Witherspoon is there to give some side seat support.

Keith Brown
Maria Brown
Tracy Brueggen
Renee Brunson
Nickie Bryan
Karen Buchanan



Kimo Buckon
Lori Burchard
Erika Burkey
Winnie Butler
Michelle Caddigan
Chrissy Callahan



Angela Canard
Christina Carver
Susan Cass
Amy Cassady
Cindi Castleberry
Anne Chaffee



Patrick Chaffin
Becky Chaney
Un Hui Chi
Amy Chilson
Tom Cho
David Christman



Gregory Clark
Kandace Clark
Cathy Clarson
Monette Clawson
Eddie Coaly
Judy Coffenberry





Alice Coffman
James Coker
Ann Comello
Paul Connaughton
Brigid Connolly
Randy Consla



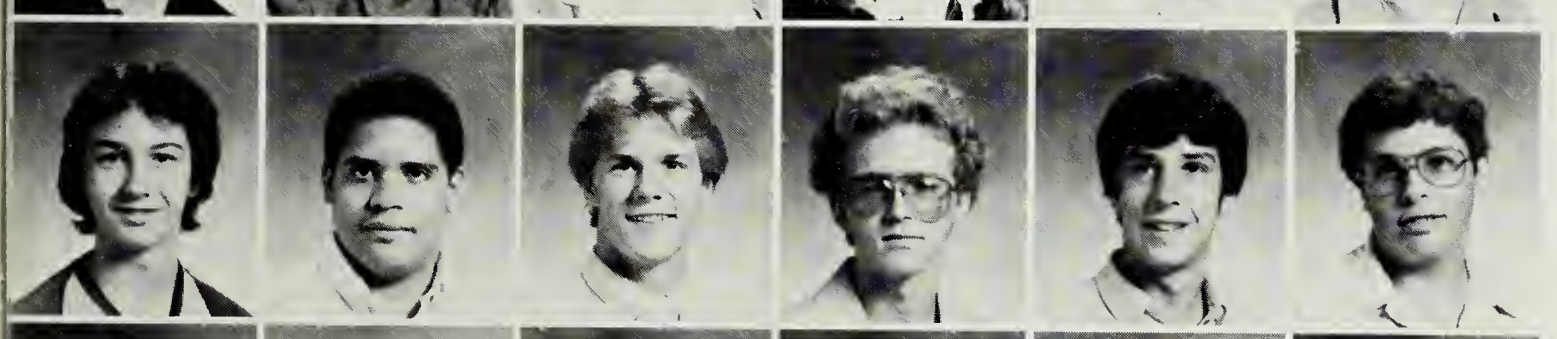
Chip Consla
David Cook
Mike Cook
Toni Cope
Shawn Copley
Kara Cosgrove



James Crawford
Staci Crawford
Donna Cregger
Susie Cropper
Lee Crumbley
Jimmy Currin



Mike Cusack
Stacey Darr
Diana Davis
Jackie Davis
Linda Davis
Nelson Davis



Paul Deahl
Carillo Dean
Andy Dearing
Karl Decker
Jamie Deemer
Keith Depersia



Marshall Deppe
Lisa Dexheimer
Jeri Dickinson
Stacy Dirisio
Donald Dixon
Diane Dodson



As the end of the day draws near, Un Hui Chi rests as she completes her French assignment. French, although not required, is taken by many Potomac students.

Kevin Dohse
Donna Dorton
Kim Dowd
Susan Doyle
Robert Drennan
Michelle Drolet

Mike DuBois
Rob Dulin
Tricia Dunlap
Richard During
Bruce Earnhart
Paul Edelstein

Jeff Eden
Cheryl Elliott
Louise Elm
Cliff Emerson
Rodge Emmons
Bryon Ervin

Theresa Ervin
Jennifer Evans
Jackie Ewing
Doug Ferguson
Jody Ferguson
Eddie Fields

Eric Fink
Terri Fitzgerald
Pete Fleming
Lauren Fletcher
Tony Flippo
Karen Flynn











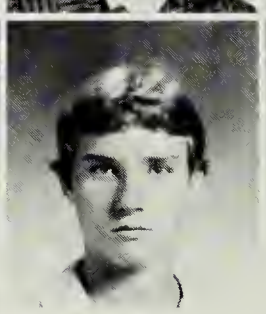
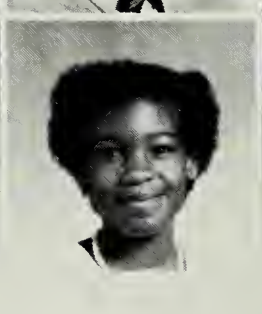












The Wonderful World of Wheels



Roller skating is more than just fun and recreation. Steve March displays the many trophies and awards he has received as a result of his hard work.

Champion skater Steve March, who started skating at age twelve, began competing when he was only thirteen. He skated first at his local rink. When he realized how much he enjoyed skating, he began taking lessons and is now taking lessons at a rink in Reston. Practice takes four hours on weekdays and eight on weekends.

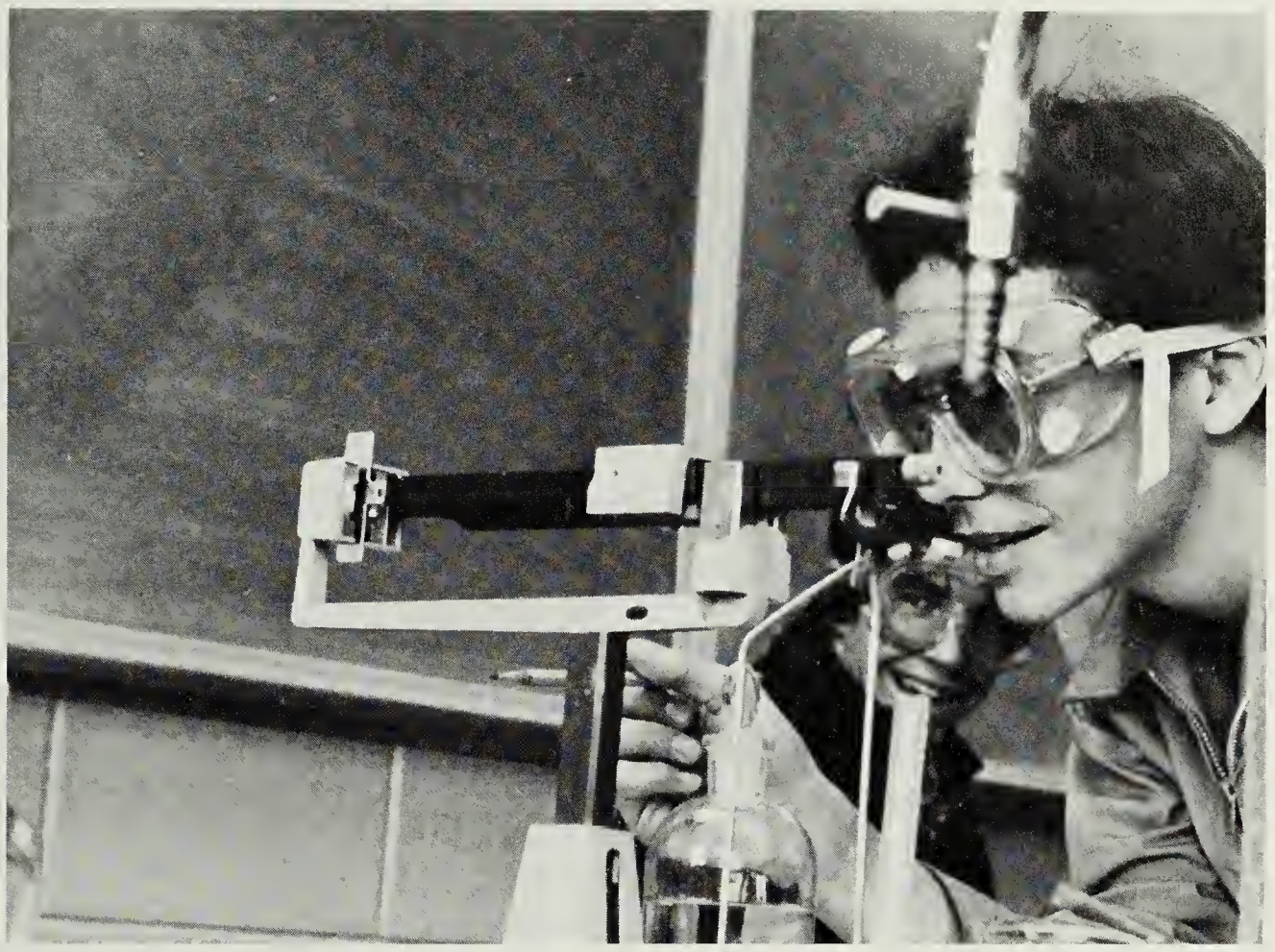
Steve has gone to many different places for competitions. He has skated in many locales on the East Coast and as far west as Nebraska and Texas. It has caused him to miss school, but Steve said, "It's worth it!"

His most recent success came at Virginia Beach where he took first place in Men's Figure Skating. He and his partner, Marie Powell, also came in third in Dancing. After high school, Steve plans to go to college. Skating, then for the time being, will have to take a back seat to studies. If his coach approves, Steve may turn professional after he has completed college. Steve is a young man to keep an eye on. He has his sights set high and is sure to be a success.

Pencils are hardly part of the daily nutritional diet. However, John Kulik finds that they help his concentration.



Future scientists Paul Renzo balances a set of scales for a chemistry lab. Jay Harvey looks on to make sure he is accurate. This is just one of many skills learned in lab work.





Mike Flynn
Betty Francis
Ben Francois
Jerry Frees
Paula Frye
Dennis Foos

Danielle Fortis
Ann Marie Fortuna
Princess Foster
Dean Furman
Jeff Furnia
Erin Gahn

Dan Garbett
Michael Gardner
Gary Garrison
Marc Gendron
James Geyer
Jay Gholson

Darryle Gibson
Teresa Gibson
Steuart Gilkison
Deidre Gilliam
Jennifer Gonzales
Glenn Gorden

James Gothreau
Marie Grandy
Paul Grasso
Jennifer Graves
Kevin Grayson
Tonia Greck

Lani Griffea
Amy Griffin
Stacy Gudgel
Beth Haizlip
Becky Hale
Kristy Hall

David Haller
John Haneklau
Tracy Hansen
Edward Hansohn
Michelle Hansohn
Debbie Harnes

Beth Harris
Michael Harrison
William Hatfield
Heather Haworth
Shannon Haworth
Dale Heinen

Scott Heiser
Yolanda Herd
Melanie Hernadez
Brian Hillegass
Alfred Hills
Heidi Hinkamp

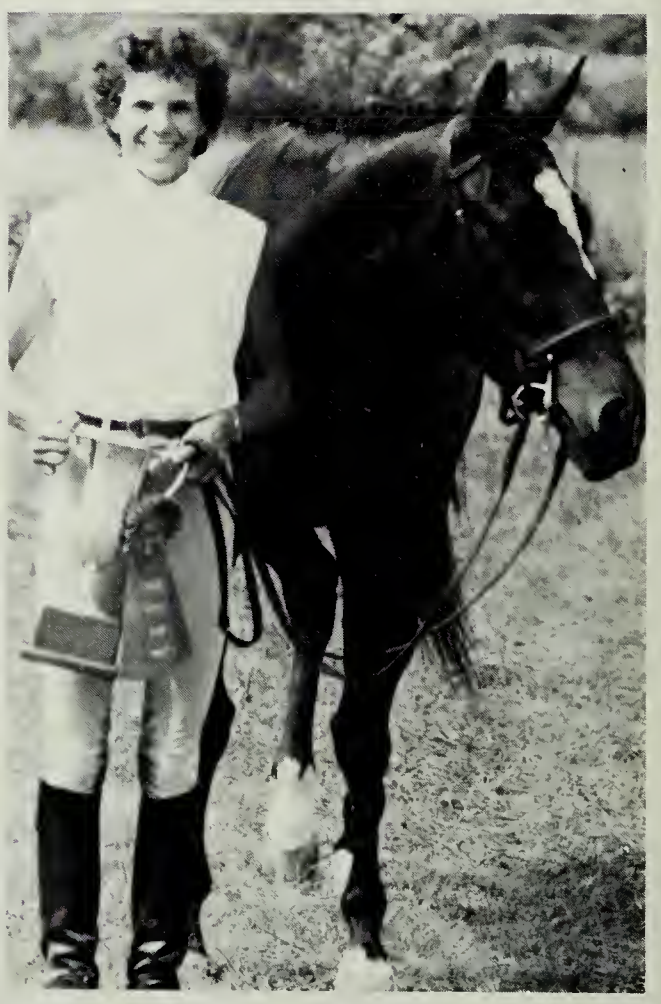
Lisa Hinkle
Jamie Hochmuth
Ernest Holbrook
Carolyn Holtzhauer
Stacey Howerton
Randy Huggin



Horsing Around

From October to April, Saturday mornings find sophomore Tricia Dunlap riding to the hounds over hill and stream with the Warrenton Hunt. Fox hunting was just one chapter in Tricia's horse story. Every Friday evening, she headed for Warrenton where she spent the weekend with her riding coach, Devoe Sehnert of Hunt Country Stables. There she divided her time between working in the stables, fox hunting, and schooling horses for competition in the larger horse shows on the Virginia circuit. Just recently graduated from small, local shows at state and national level, Trish already had several accomplishments under her belt. In equitation, she holds the Trallee Farms J. Frank Cockerille Memorial Challenge Trophy. She also won the blue ribbon and trophy in maiden equitation at Showday Farms the first time she ever competed on a national level. In November, she competed with adult riders and placed well during the day. In the coming year, she will compete on the junior level circuit with the Virginia Horse Show Association.

Trish has been an avid rider since she began lessons at age five. She competed in her first show at eleven and got a pony of her own for her twelfth Christmas. She has worked hard, earning lessons from her coach by cleaning stalls, grooming horses, and cleaning tack. As an employee of Hunter Run Farm in Woodbridge, she cleaned stalls and fed horses every afternoon to earn money for entry fees at the horse shows. Trish summed it up cheerfully, "It's been worth it. Someday I want to be a real part of the horse world. It's a very exciting way to live." Her future goal is to win the Medal/Maclay Junior Equitation finals in New York. With her diligence, she is sure to make it.



Displaying one of her many trophies, Patricia Dunlap stands next to her horse, Small Talk. This trophy is the first national trophy Trish has won.

From the football field to the classroom Donald Tisdale does his best. English is only one of the things that take up his busy day.





Bill Hughes
Greg Hughes
Samantha Hughes
Cheryl Hull
Kevin Humphries
Laura Hupka

Suzanne Hyre
Reggie Jackson
Sean Jackson
Andrew Jacobson
Matt Jaroch
Jewell Jennings

Krista Johnson
Gary Johnson
Regina Johnson
Vivian Johnson
Michael Jones
Rodger Jones

Teddy Joseph
Tony Katsarelis
Sarah Kern
Teri King
Tonya King
Melanie Kline

Jennifer Knill
Debbie Kondash
Choi Kong
Ed Kroman
John Kulik
Rachael Kvenberg

Laura Lansing
Frank Lasch
Lisa Lascody
Liz Lawlor
Lisa Lazar
Dana Lee

An Old Way With a New Twist

"Oh, NO! How embarassing! I've just been put on I.S.S. Now everyone will know I got too many tardies!" These famous last words were heard from the students when they took the alternative to out-of-school-suspension. I.S.S., or In-School-Suspension was a unique form of school punishment because it allowed a student to "serve time" in school. This meant they could do their school assignments for that day and receive credit for them rather than the zeros they would get during out of school suspension. It also meant students stayed in school and worked rather than staying home to watch television.

However, it was not fun. Students who had already experienced ISS were not too interested in going back, and the problems of tardiness and skipping decreased. Rules were strict and strictly enforced. Having an assigned seat was not too bad, but the no talking rule was difficult to observe. Lunch, normally a socializing event, was eaten after all lunch shifts were over, and the no talking rule was carried through even there. Students who did not complete their assignments during the I.S.S. day were required to return the next day until all their work was done.

It was not the most enjoyable way to spend a day, but many students felt it was preferable to missing class assignments. However, few wanted I.S.S. to become their household word.

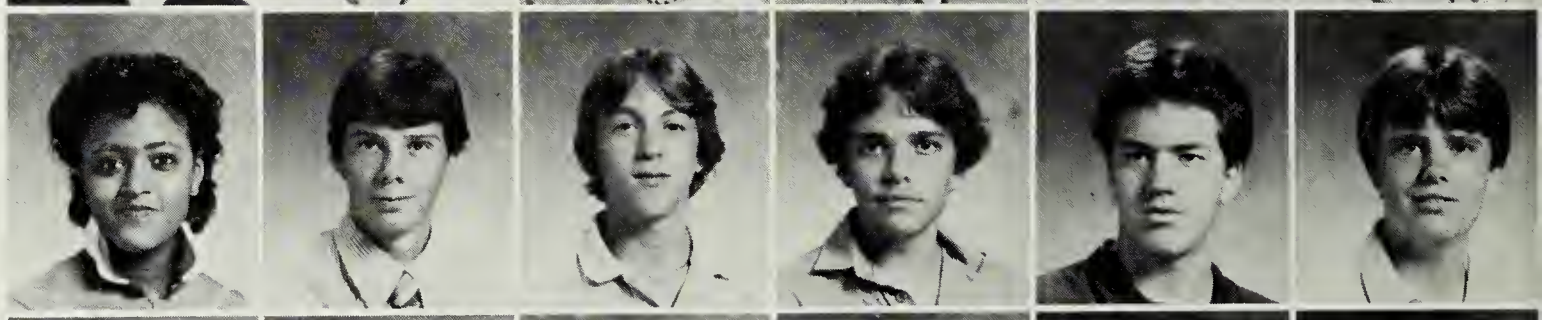


Paperwork takes up much of Mr. Przybocki's time. As director of I.S.S., he is responsible for making sure an I.S.S. student has an assignment for every class.

David Lee
Hank Lee
Kelly LePage
Paul Lerner
Debbie Lesko
Jack Leverstein



Nashay Lewis
Pete Lewis
Todd Lohman
David Lundy
Larry Lynott
Billy MacPherson



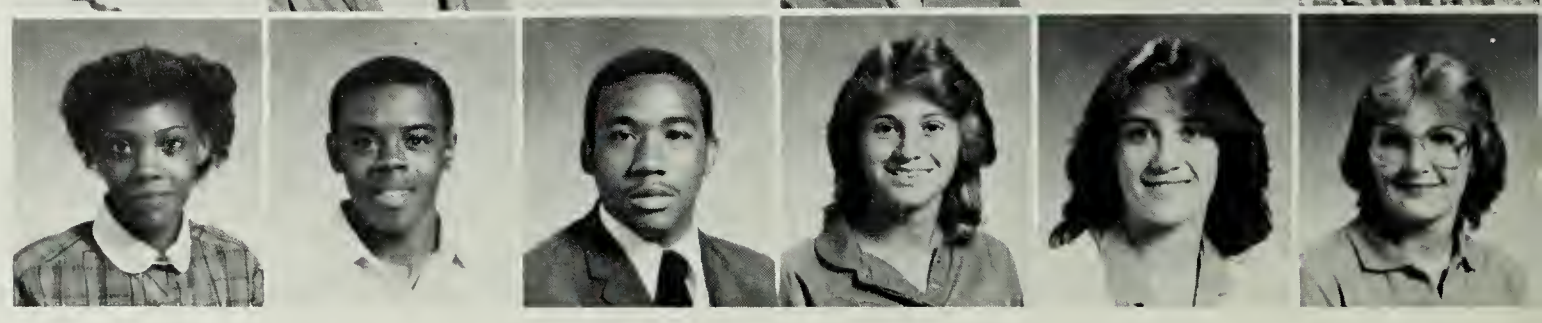
Katrina Madagon
Maria Mairena
Glorianna Malloy
Kelly Mansuy
Steve March
Greg Margheim



James Marsden
Kathy Marshall
Dale Martin
Erika Martin
Shelly Martin
Tracy Maruschak



Brenda Mason
Nicholas McBride
Keith McCamey
Elaine McCarty
Shari McDonald
Arlene McGann





Steve McGarry
Tracy McKenzie
Christine McKnight
Utrina McMichael
Shane Mellott
Mike Mestrovich

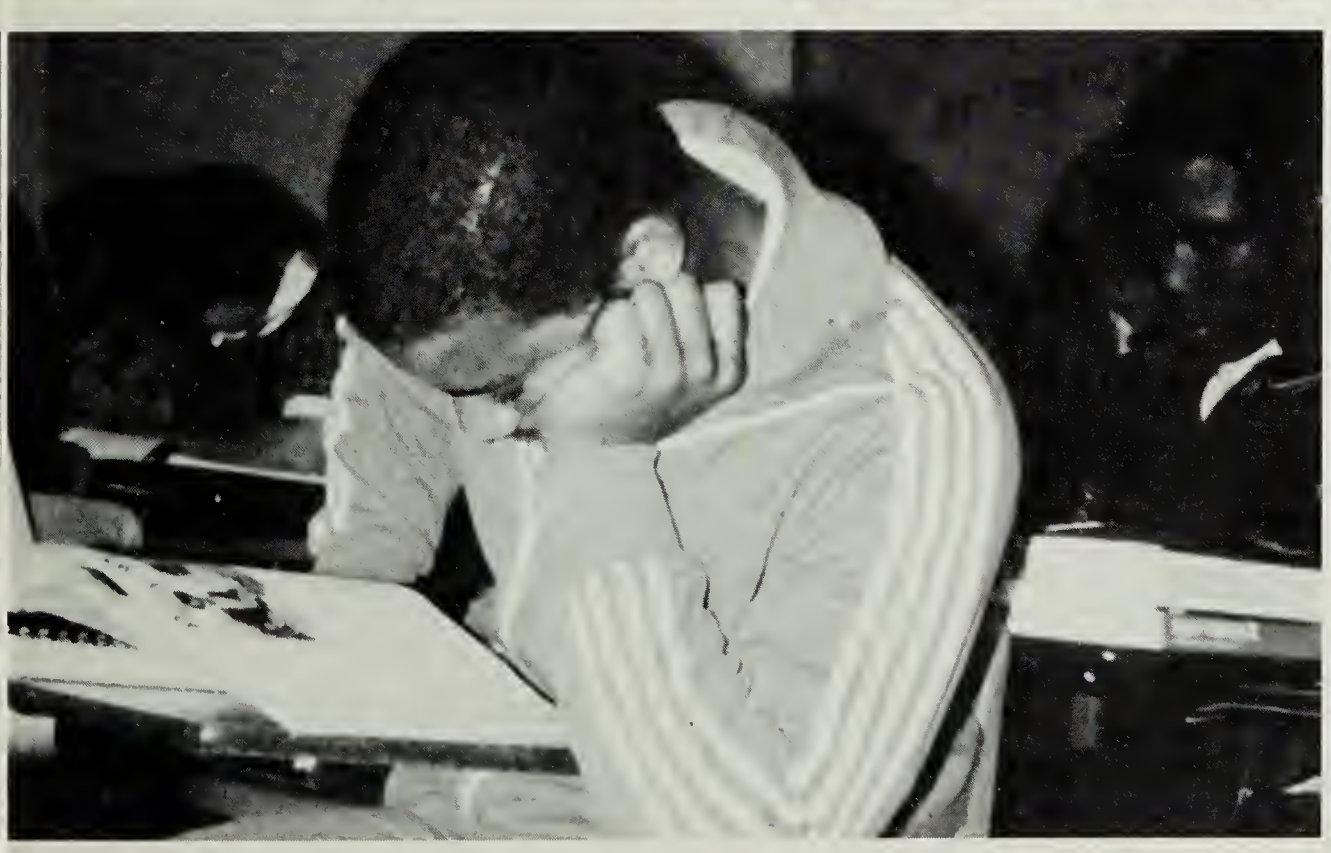
Jennifer Michelini
Scott Millsaps
Janet Modrowski
Ricky Monk
LeAnne Moore
Wayne Moore

Eva Morgan
William Morgan
John Morgenstern
Cindy Morrowe
Robin Moser
Lisa Mower

Gayle Muller
Veda Mullins
Jimmy Munn
Michelle Munn
Kelly Myers
David Myrick

Wally Nash
Greg Neilson
Bryant Neilson
Dawn Newman
John Newman
Paul Newman

Tom Newman
Vendella Newson
Tim Norman
Matt Oakes
Shelley O'Roark
David Osborne

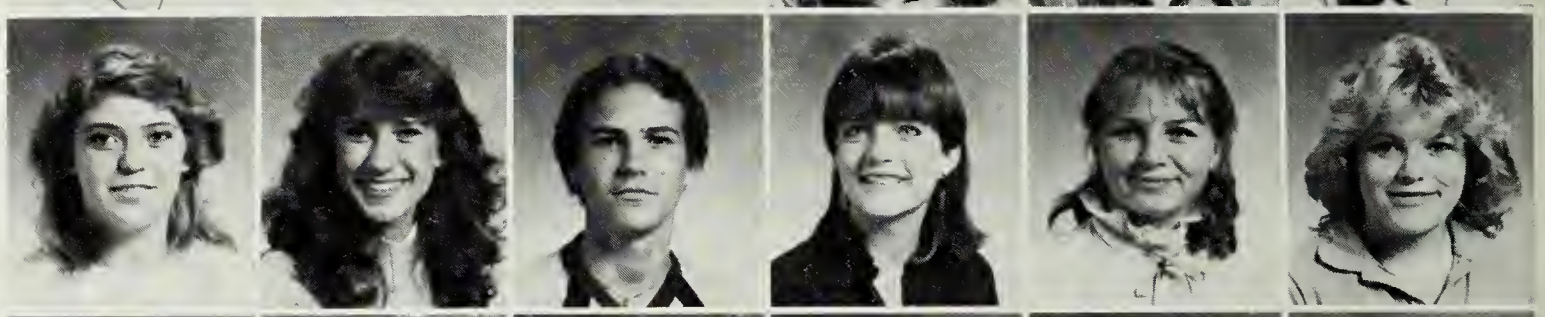


"To sleep; perhaps to dream . . ." But to think is what Keith McCamey and Wayne Lovelace are doing in English class. Writing skills are emphasized along with reading and take much thought.

Sean Owen
Emily Pagan
Matt Plamer
Jill Parish
Paul Pasek
Suzanne Paszly



Kim Paxton
Claudine Pelletier
Joey Pemberton
Brooke Pennington
Sheila Pent
Amber Perry



Missy Peterman
Brian Peterson
John Phaneuf
Maryanne Piccoli
Tim Pierce
Julie Pierson



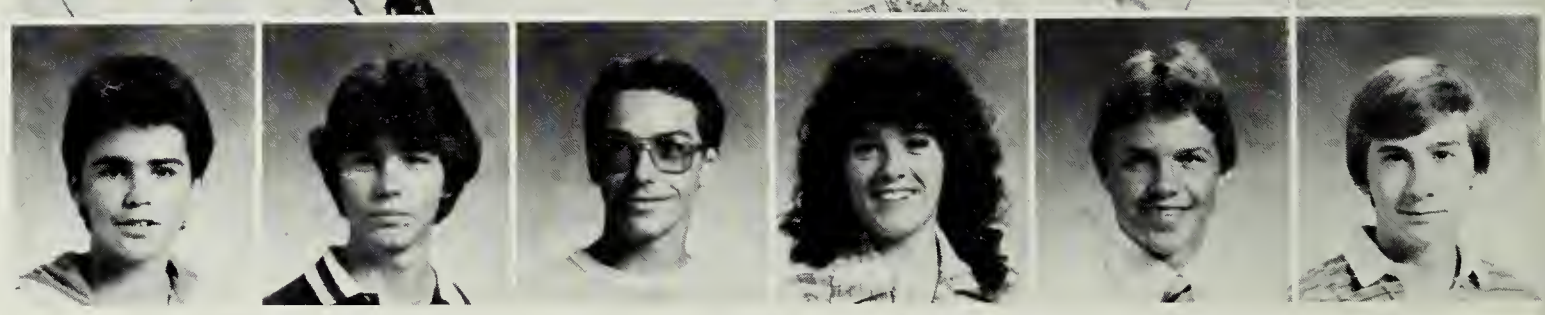
Brian Pinckard
Susan Pisanchin
Cara Polk
Mike Pope
Lisa Potvin
Eric Prevatle



Sandy Proffitt
Cory Puckett
Deedee Purvis
Dean Raat
Bill Raines
Christine Ramsey



Pete Rasmussen
Joe Reed
Paul Renzo
Carole Rice
David Richardson
Paul Ricks



Gracefully, Jennifer Evans warms up with a back walkover in preparation for a scrimmage with Mount Vernon. Unfortunately, they could not make it, and Potomac won by default.





Carole Riley
Mark Riley
David Roberson
Rosie Robinette
Nicole Romano
Katie Ross

Cindy Ruffner
Christa Ruhren
Ronald Sagudan
Valarie Santo
Cindy Saylor
Sandie Schuck

Peggy Schulken
Perry Schwab
Jim Schwan
Missy Scites
Willam Scites
Sondra Scott

Dorey Searle
Shawn Sebren
Scott Sentz
Mike Shaw
Andria Shearer
Joe Shearer

Tim Sheets
Cathy Sheridan
Brian Singstock
Elissa Singstock
Mike Sink
Mike Sipes



Encouragement from a stuffed friend helps Glenna Six-killer get her work done. Stuffed animals were a popular fad this year at Potomac.

'86 Overview

Here were the Sophomore favorites.

T.V. Shows

1. General Hospital
2. MTV
3. Family Ties

Celebrities

1. Eddie Murphy
2. John Stamos
3. Tom Selleck

Movies

1. Risky Business
2. Officer and a Gentleman
3. First Blood

Musical Groups

1. Def Leppard
2. Journey
3. Quiet Riot

Songs

1. Cum on Feel the Noize
2. Total Eclipse of the Heart
3. PYT

Radio Stations

1. DC 101
2. WAVA
3. Q107

Football Teams

1. The Washington Redskins
2. The Dallas Cowboys
3. The Pittsburg Steelers

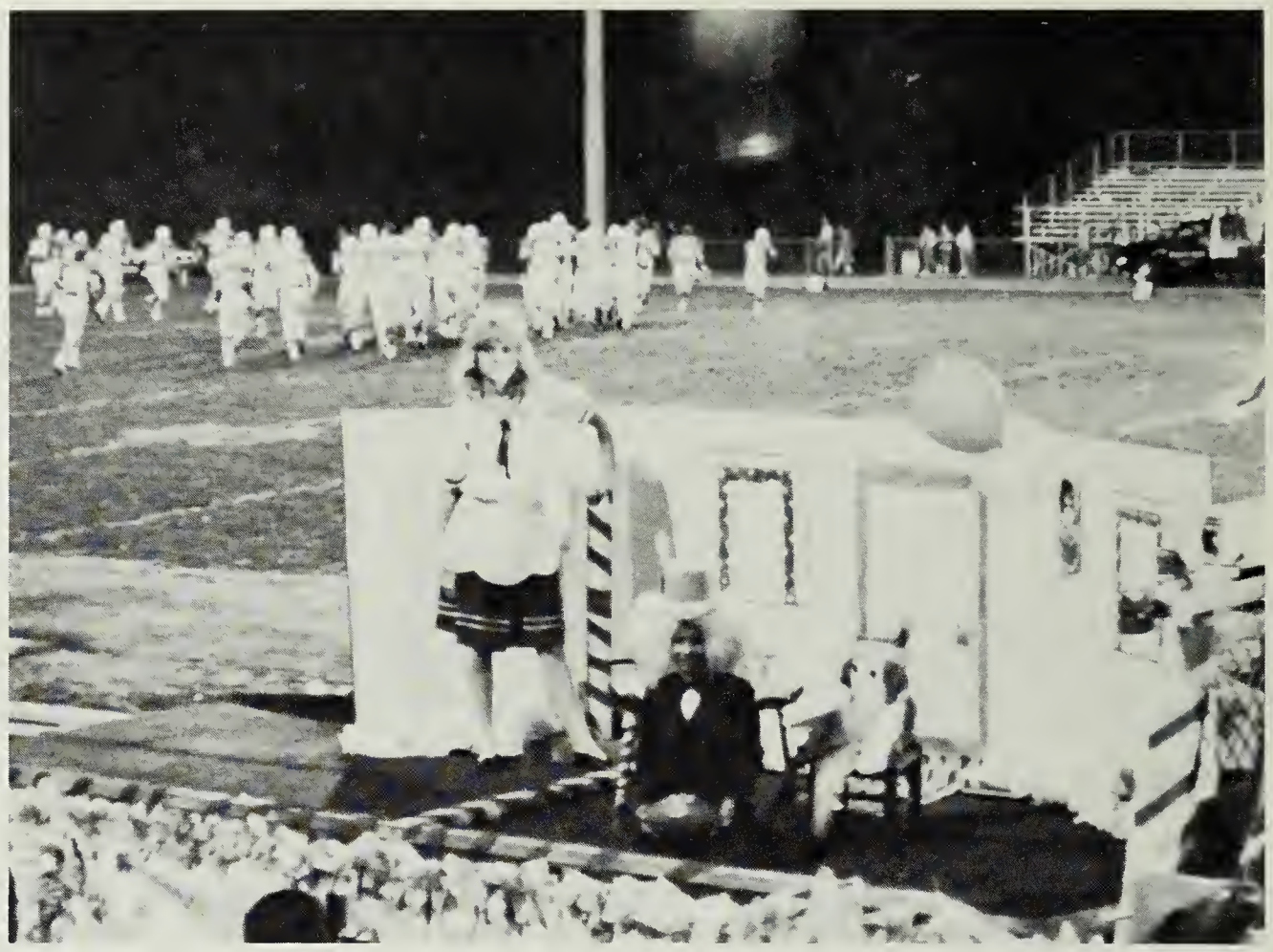
Restaurant

1. McDonald's
2. Chi-Chi's
3. Pizza Hut

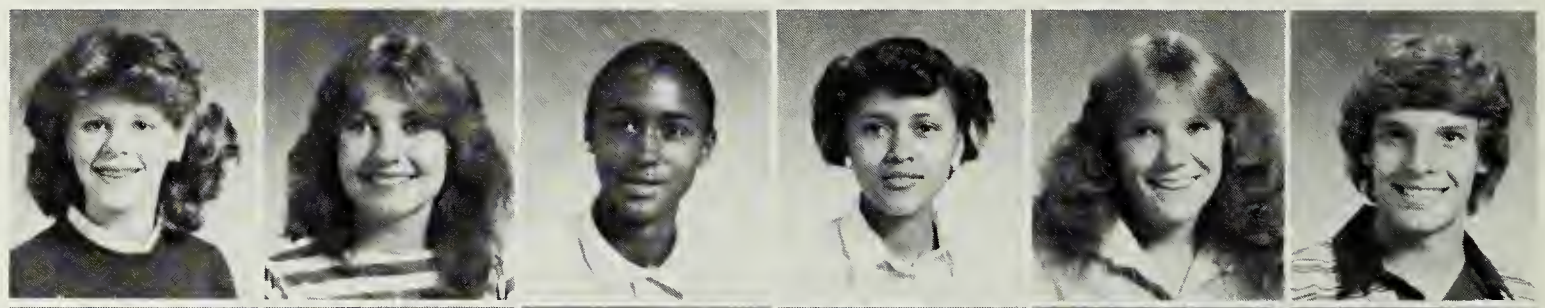
Sophomores Are . . .

A Sophomore Is . . .

. . . Last year's freshman and next year's junior.
. . . Someone who is looking forward to Driver's Ed and getting their license.
. . . Someone who knows the school better and doesn't get lost in the halls.
. . . Someone who is looking forward to next year's prom and to getting their class ring.
. . . Someone who is getting more responsible and more mature.
. . . Someone who is enjoying high school before they have to think about college.
. . . Someone who is filled with panther spirit.
. . . Someone who loves snowdays.
. . . Someone who likes to pick on freshmen.



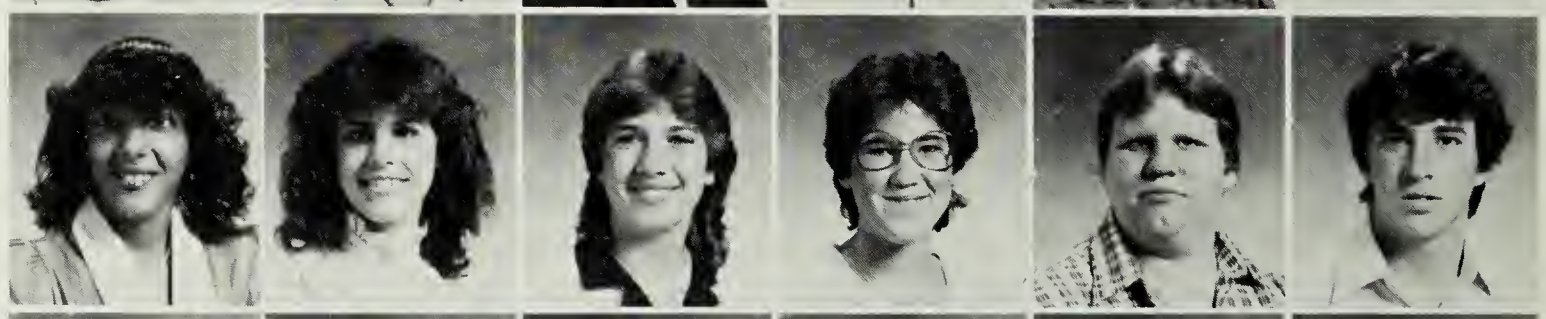
One of the reasons for the sophomore class win during Spirit Week is their float, "Alice in Wonderland." Tammy Brandt portrays Alice while Joey Alonzo takes the part of the Mad Hatter.



Kim Sivells
Glenna Sixkiller
Andre Skinner
Lisa Skinner
Becky Sloan
Bryan Smith



Danielle Smith
David Smith
Heather Smith
Irvin Smith
Morgan Smith
Regina Smith



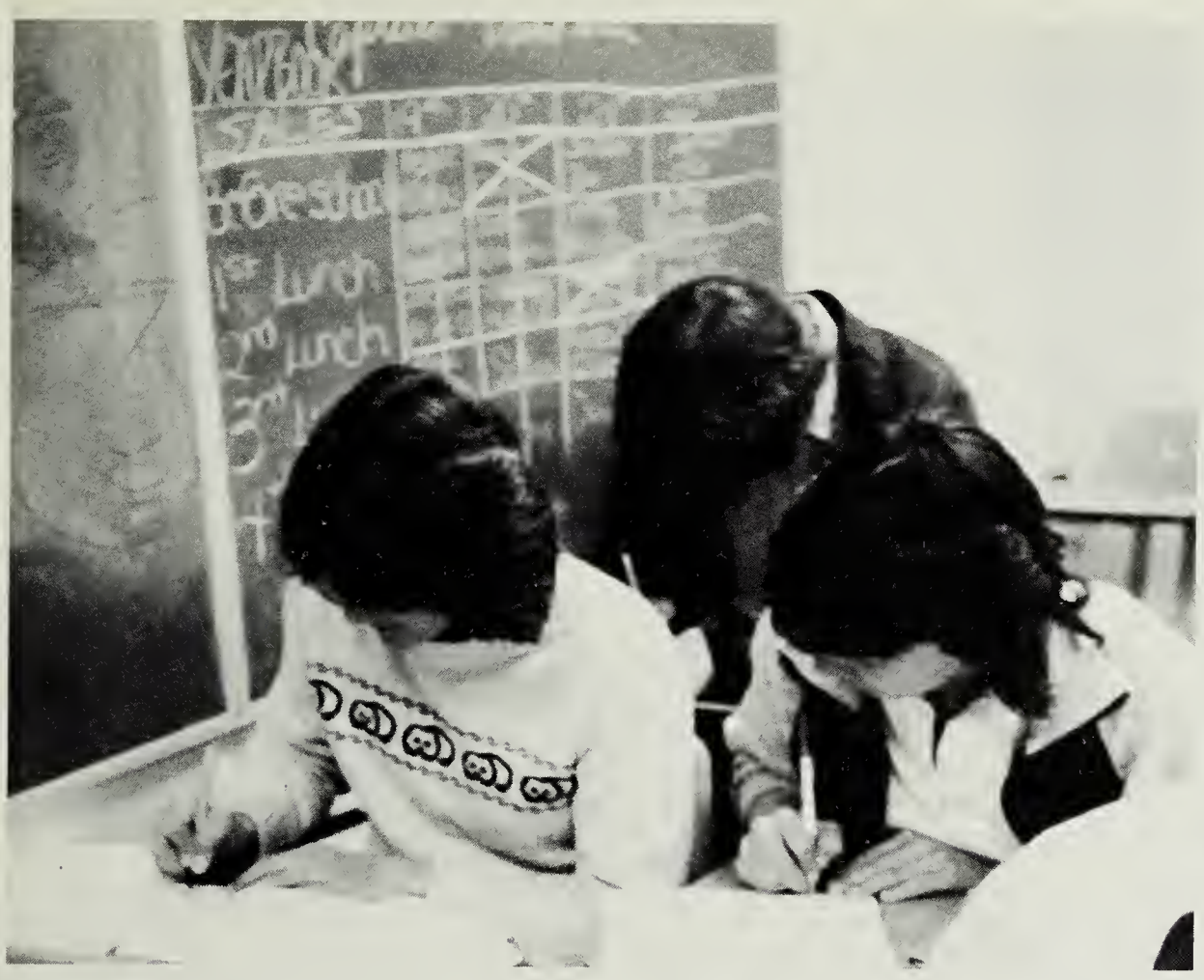
Tonya Smith
Tanya Smithe
Rachel Sommers
Lisa Sprouse
Brin Staggs
Tim Stalcup



Preston Stanley
Tim Steidel
Brent Steighner
Sandy Sterbutzel
Tracy Stetson
Molly Stockton



Angela Stuber
Vicky Summerfield
Tim Sweatman
Carol Synder
Mike Szady
Stacy Talbott



Having a friend to help out with the work sure is nice! Lisa Dexheimer and Stacy Dirisio enjoy working together to ease the tension as John Beckman works alone.



Elizabeth Talton



Andrea Tardiff



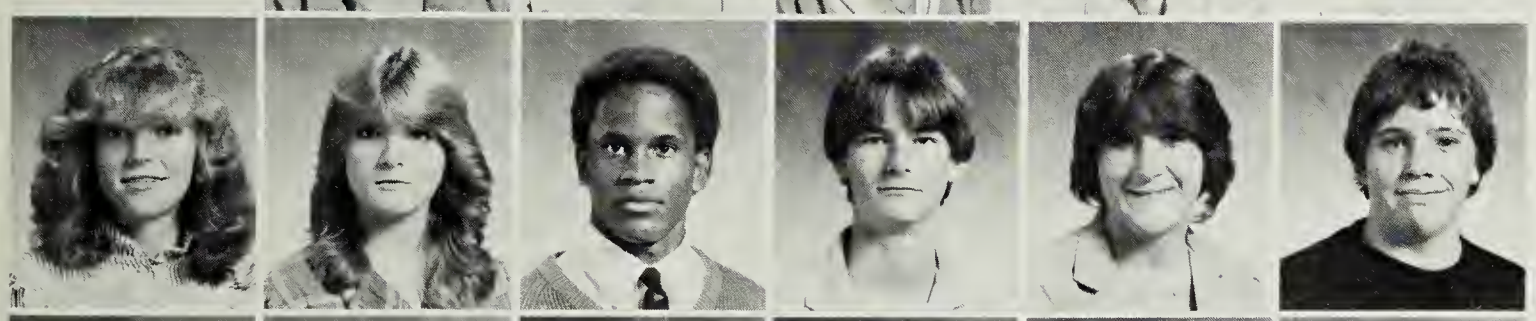
Eddie Taylor



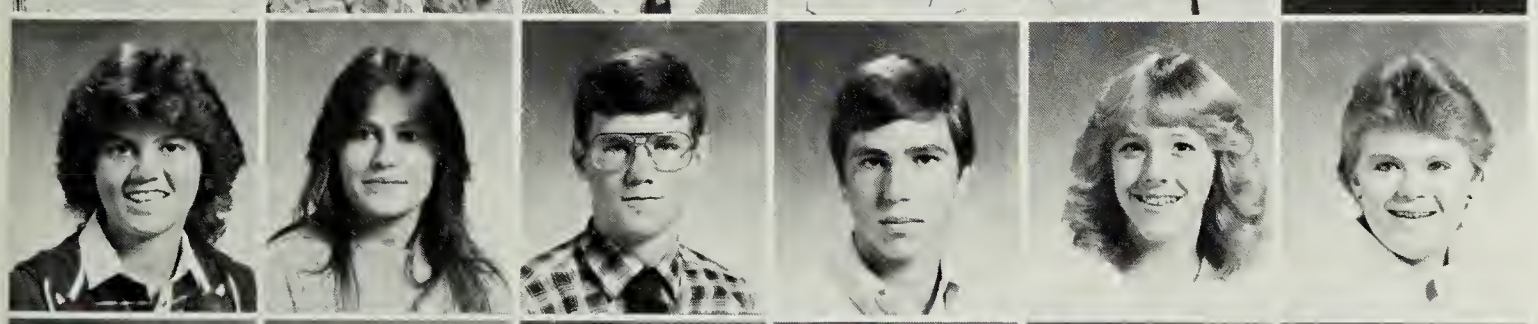
Raymond Terczak
Theresa Testea
Yvonne Thacker
Lloyd Therston
David Thomas
Denise Thomas



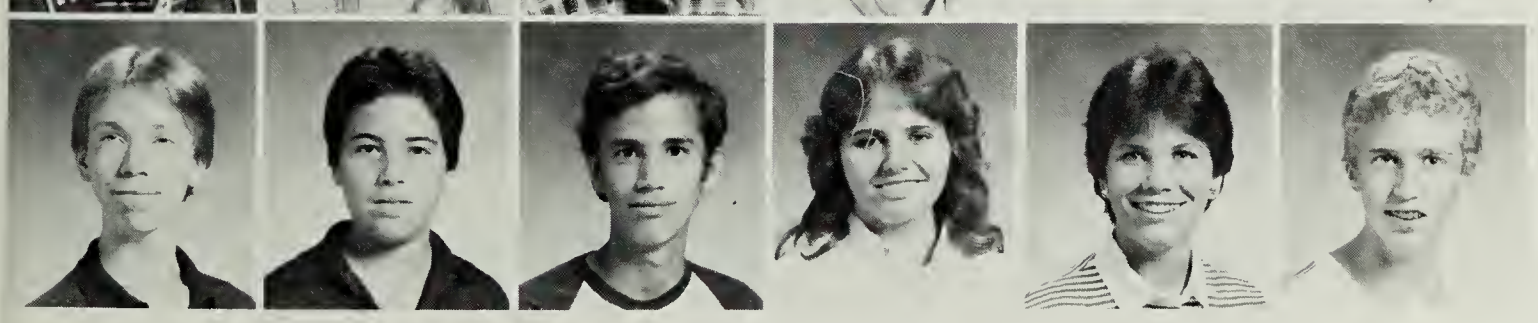
Donald Thomas
Helen Thomas
Maria Thomas
Michelle Thomas
Pat Thomas
Tim Thompson



Elizabeth Tierney
Laura Tiplady
Donald Tisdale
Andrew Trent
Donna Troxel
Jim Troyer



Kelly Trumpower
Michelle Trumpower
Mark Turner
Rob Tyler
Denise Uber
Melonie Underwood



Bryan Vause
James Vecchione
David Velasquez
Susan Volk
Susan Vowell
Ken Yaeger

William Waldman
Melinda Wallace
Brian Wallich
Cherish Wangner
Frank Ward
Richie Ward



Carol Watkins
Jennifer Weaver
Mark Weaver
Denise Weber
Lisa West
Julie Wheat



Kristin White
Lisa White
Luchious White
Annette Widener
Marianne Wilburn
Chris Wilks



Beverly Williams
Shawn Wright
Greta Yentsch
John Young
Daneen Zehner
Jeff Zovak



A Four Year Trail

Four Year Trail is not only the road you drove on to get to Potomac, but was also the process by which an eighth grade student is transformed into a young eager adult. When the eighth grader first came to Potomac he was classified as a freshman. Some of the freshmen were very disoriented, but as the year progressed they started to find things faster, do things differently and make the impossible — possible. As the ninth graders go up the ladder of classification the next step is sophomore. These students have mastered skills like figuring out new schedules, and finding the class to match them. Two of the newer skills learned by sophomores are . . . doing reports in 24 hours or less, doing homework in homeroom and getting a passing grade on it. The junior year is somewhat more relaxing, because there is no disorientation as there was the year before, a student simply puts himself on auto-pilot and goes. By now some students drive to school which means no getting up early to catch the bus. Because the typical junior is mature, he walks a little bit more proudly down the halls and into class. One of the highlights of the year was the Prom. It makes juniors dream of next year — the final glorious year of High School. When the glorious Senior year finally arrives they hold their heads up high, for they know that after this year they would not return to Potomac or drive up Four Year Trail as a student, but as an adult. Now back to their Senior year . . . they avoided getting caught on Senior Skip Day, they got their own private parking lot, their own lunch shift, and also looked down on underclassmen that will return the next year. Now these young eager adults are the future of the world, a shining example for young eighth graders to follow.

Politely, Mark Anglin listens to the guest speaker, Mr. Wade who has come to talk about ICT in Mrs. Gavin's class. ICT is a vocational course dealing with on-the-job training.





Physical education tests students' strength and endurance. A sophomore class shows what tough stuff they are made of.



Ben Franklin invented the stove, but Ben Francois would like to know who invented algebra.



The never-ending struggle to get good grades is an element in every student's life. Jennifer Gonzales and Alison Goodrich work busily on an assignment in biology to reach that goal.



Freshman class officers are as follows: Candy Covington, President; Rob Willis, Vice-President; Katy Hernandez, Secretary. **Not Pictured:** Wendy Alachnowitz, Treasurer

At orientation, the freshmen got an idea of what to expect from the first year of high school. They were excited, yet apprehensive about attending a new school with many new people. After attending various middle schools, the first few days were spent getting to know each other better. Being the youngest students at Potomac, they realized that they would have to learn from the upperclassmen. By working together as a class and under their class sponsor, Miss Stultz, the freshmen did very well in many activities during the school year. They did well in sports and won first place and $100.00 on their float during Spirit Week. The freshmen also sponsored a successful dance in February as their main fund raiser for the year. With continuous effort and cooperation, the freshmen feel that they will have three more successful years at Potomac.

Straining to complete a grammar assignment is Kim Little. Grammar is often a mind boggling subject.



Starting Out



Tim Abel
Carolyn Adams
Rich Adams
Jodie Agatone
Wendy Alachnowicz
Manuel Alfonso

Matt Allen
Eric Adenson
Erik Anderson
Alex Antonik
Joan Apperson
Brian Applegate

Tammy Armstrong
Tom Asbery
Jayla Baggett
B. J. Bain
Tim Ball
Ivina Ballard

Jenelle Ballard
Stephanie Bamberger
Tony Barnes
Shannon Barowich
Stacey Barowich
Mike Basso

Robert Bates
Chris Beckman
Christine Bell
Geoffrey Bell
Brian Benczkowski
Thomas Berta

Doug Blake
Kenneth Blake
Randy Blaydes
Kristin Boerger
Joseph Bohn
Tenia Gohn

Lisa Bolk
Darlene Bond
Silvan Bongi
Michael Boyd
Carol Bridgett
Kathy Briggs

Kim Brigham
Tim Brigham
Adam Britt
Allen Britt
Angie Brooks
Ann Brown

Dennis Brown
Stephen Brown
Tony Brown
Stephanie Browning
Rick Bruinsma
Becky Buckler



Philip Bugge
Cindy Burgess
John Burke
Kelly Burke
Arley Burnette
Mike Burrill



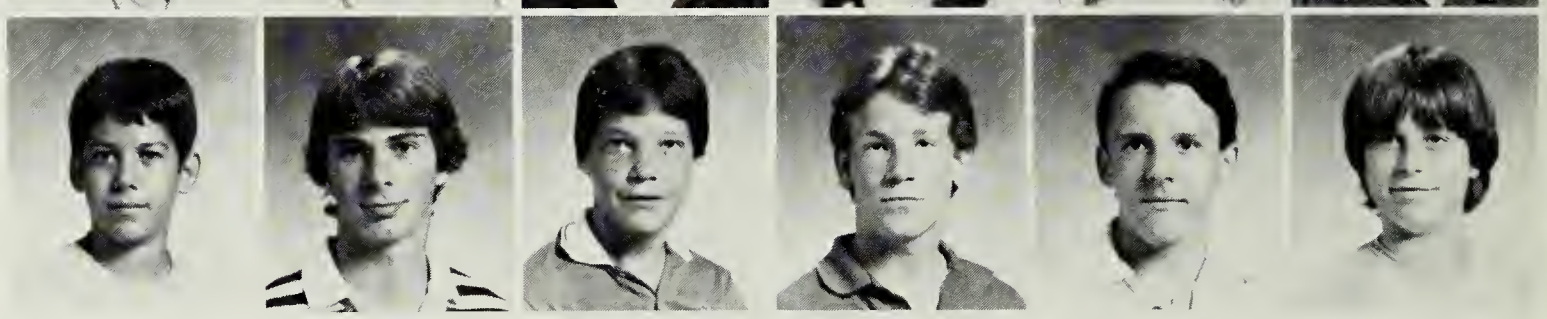
Richard Bushey
Lewis Butler
Amanda Bymham
Jeanne Callahan
Scott Callantine
John Camm



Lisa Camm
Lynette Campbell
Michael Canup
Darlene Carney
Michelle Carney
Warren Carter



Richard Cass
David Chapman
Ty Chapman
David Chunn
Charles Clancy
Dale Clark



When school is out each day, the big push is to get to the buses before they leave. Missing them means a call home for a ride.





Kevin Clark
Chrissie Clarson
Bev Clemente
Noel Clevland
Mike Coake
John Cole

Meredith Cole
Shara Coleman
Vanessa Colleti
Danny Collins
Denise Collins
George Collins

Bernie Conatser
Mich Conley
Teresa Conway
Jeff Cook
John Cook
Heather Cooper

Loretta Corbin
David Cordell
Robert Costa
Steven Costello
Holly Coughenour
Candy Covington

Barbara Cox
Kim Crabtree
William Craig
Gregg Craine
Tammie Crawford
James Creegan

Moving Along

There were many disadvantages to being a freshman in high school. High on the list was having to ride the school bus. Most freshmen were too young to drive yet, and, unless they had older friends or willing parents, the morning ride on the big yellow bus was part of the daily routine.

Having to wait at a bus stop for ten to twenty minutes in rain, snow, wind, storms and other uncomfortable conditions were just a few of the problems that had to be faced. Another were the irregular bus drivers who made their runs early one day but late the next. Somehow making it right on time to the bus stop was not part of the grand plan.

It would be hard to find a freshman who was not ready and waiting for that special day to come when he was old enough to get a license and could make it on his own.

Testing, Testing . . .

"Oh, boy! No English today" was probably the most common response to learning that DAT testing was to be given. This test, which is part of the standardized testing program in Prince William is routinely given to all freshmen in the fall of their first high school year.

After awhile, however, it got to be somewhat boring filling in all the little circles and worrying about eye strain was an occupational hazard.

The eight parts of the test covered every imaginable subject and/or skill. Also included was a career planning questionaire. For many freshmen, this was their introduction to thinking about the future and wondering if there really was life after high school.



A biology assignment takes a lot of concentration from Courtey Mooney and Tom Smith. Labs were definitely a "hands on" experience and a test of skill.



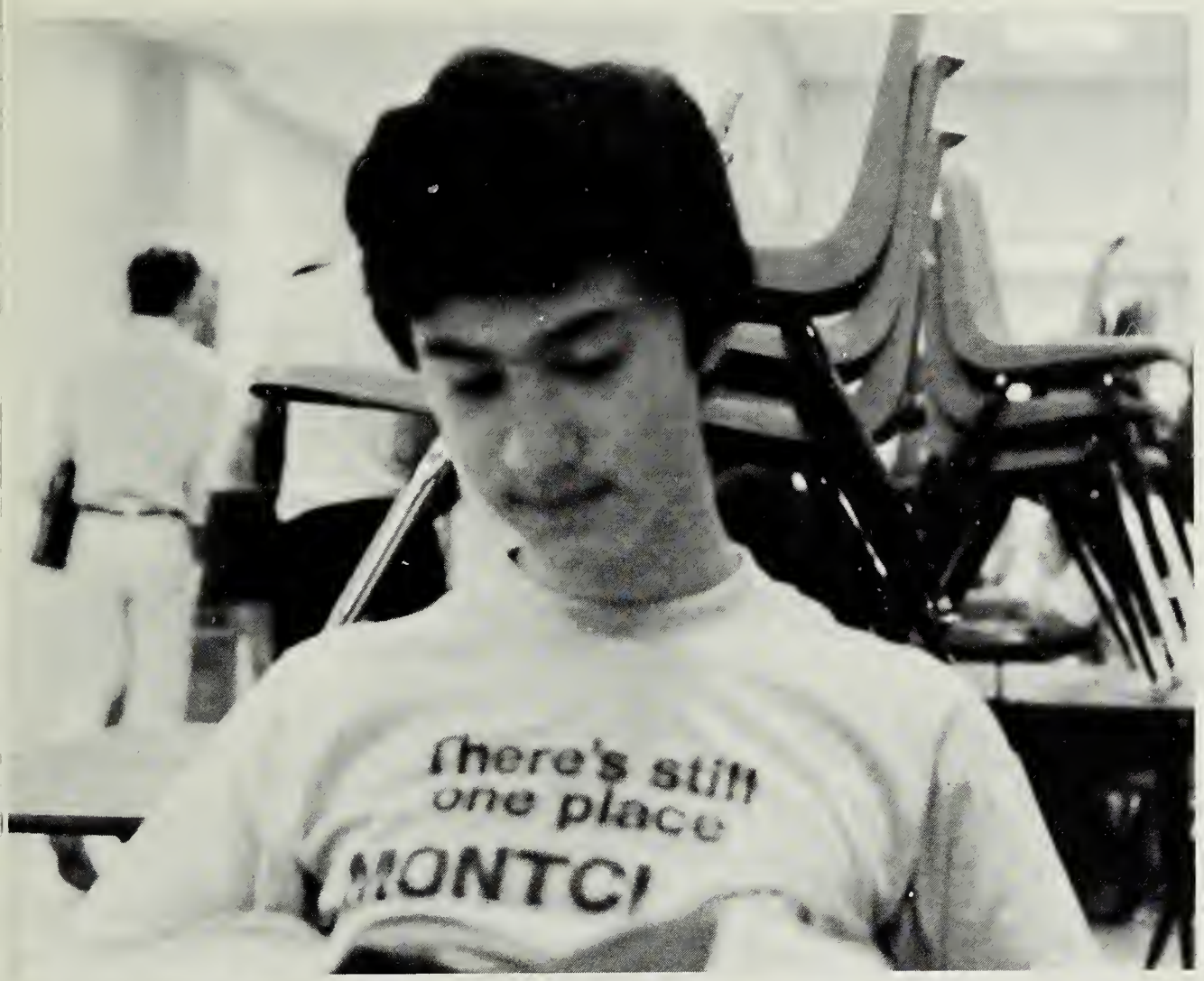
Tim Cristian
Russell Critchley
Christina Crossley
Scott Currier
Jimmy Curd
Raymond Cropper

Shannon Dadson
Brad Daniel
David Davis
Deanna Davis
James Davis
Raymond Davis

William Davis
Derek Dayton
Mike Dean
Pat Decca
Danielle Decint
Steve DeHarde

Regina Delaney
Chris Dempster
Eva Marie Denekas
Robert Dennison
Ben Dimarzio
Marylau Dimarzio

Shannon Distefano
Mike Dohse
Eric Doiron
Kelly Doss
Wendy Douglas
Suzie Dowling



"Kick back, read a book and enjoy school," says Pete Pamedesso, resting contentedly. Study hall provided a haven of quiet for this kind of activity.



Cathy Draper
Lloyd Draper
Dan DuBreuil
Amanda Dudley
Ken Duff
Leslie Duncan

Shannon Eadie
RAchel Eccleston
Kim Edwards
Melanie Ever
Deane Elliot
Vicky Ellis

Brian Embrey
Jeff Endicott
Michael Estes
Andy Faris
Sam Faz
Kim Ferguson

Gladys Fernandez
Leslie Fetherolf
Laurie Fetherolf
Richard Field
Peter Fillis
Robby Finks

Alene Fitts
Erin Fitzgerald
Joe Fonte
Charles Forehand
Eric Forrest
Peter Fox

Britt Frank
Michelle Fulcher
Chris Garcia
Byron Gardner
Kim Gardziel
Chris Gates

Jamie Gerace
Charles Gillian
Gina Gombar
Alison Goodrich
Dion Gore
Melissa Graham

William Graham
Jennifer Grassler
Joanne Greene
Steve Gregg
Butch Griffin
Luz Griffin

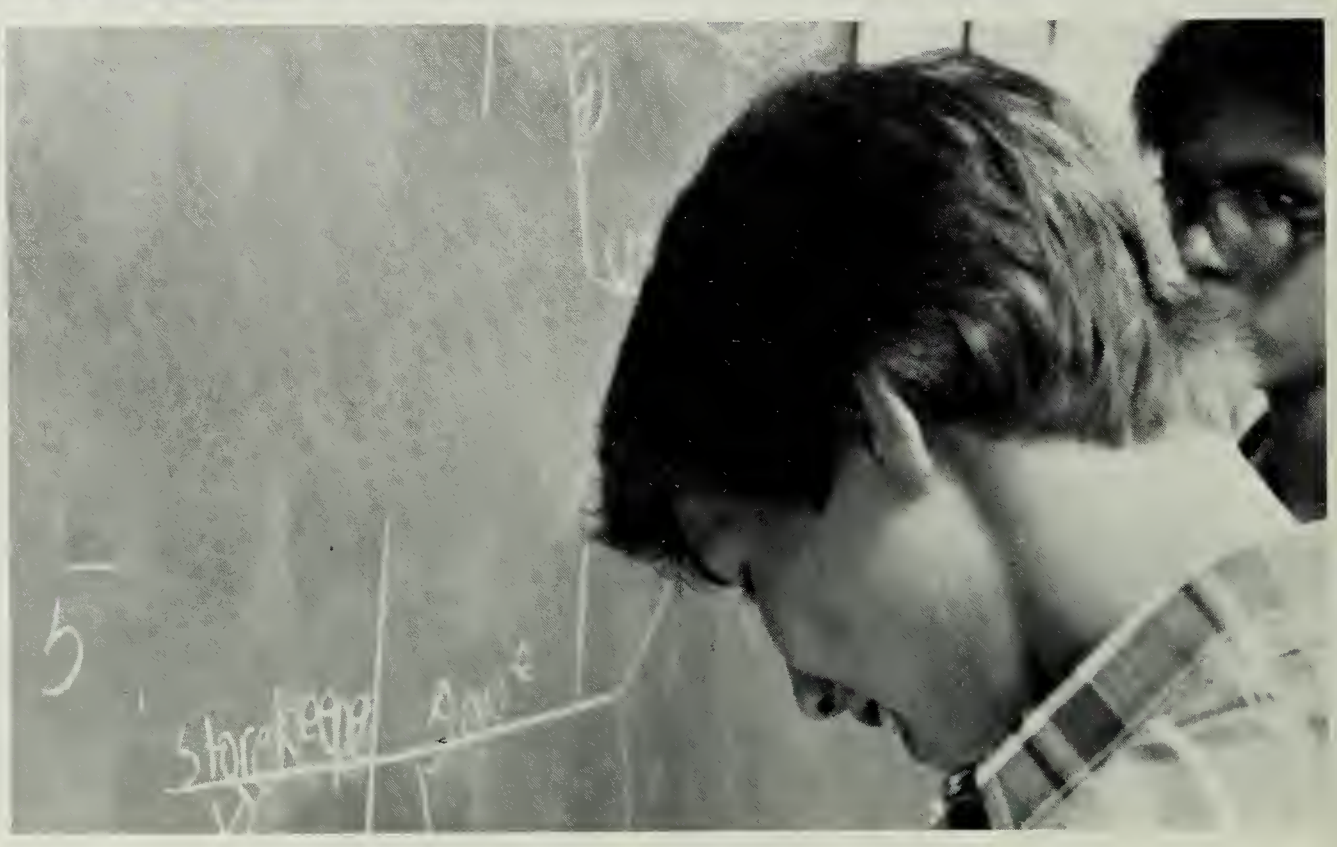
Eric Grundeman
Dan Haage
David Haage
Cathy Hadley
Erik Hager
Leigh Ann Haizlip

Millicent Hale
Brad Hall
Craig Halliday
William Hamacher
Nicole Hanna
Kenny Hargrave

Trone Hargrove
Tommy Harmon
Michele Harris
Robert Harris
Adina Harrison
Herbie Harrison



Sentence diagramming in English class is fun or work depending on one's skill. Ricky Bruinsma seems to enjoy taking his teacher's place at the board.



Refreshing Spirit



Dumbo, the award-winning freshman float, parades proudly past the stands. The freshmen prove that they are worthy members of PSHS.

After a hectic and sometimes chaotic first month of high school, the freshmen were introduced to their first Spirit Week. Under the direction of Candy Covington, the frosh got right into the spirit of things.

Tough competition throughout the week raged between the freshmen and sophomores as each tried to outdo the upper classmen. Spirit link sales were brisk and unique dress was the order of the day on Disney Day. As this was a first for the freshmen, it took a while for them to get going.

They proved their stuff at the Homecoming Game when their float won first prize. The float, carrying out the Disney theme was a replica of Dumbo, one of the most endearing of the Disney characters. It's said that an elephant never forgets, and winning the float competition was an event that will make the '83 Homecoming long remembered by the class of '87.



Deanna Hart
Dion Hartt
James Hartnett
Jerry Hayes
Patrick Hecht
Sherry Hecker

Mike Helm
Rob Helm
Chris Hendrickson
Katy Hernandez
Mark Hitchcock
Kathryn Holderman

Paula Hollar
Steve Holloway
Wendy Holzman
Jennifer Hoopes
William Horner
Steve Hudak

Charles Hudson
John Hurst
James Ingle
John Jackson
Kyle Jackson
Michael Jackson

Richard Jackson
Charles Johnson
Dean Johnson
Jason Johnson
Kim Johnson
Kristin Johnson

Paul Johnson
Tyrone Johnson
Vera Johnson
Yvette Johnson
Diane Johnston
Robert Johnston

Byron Jones
Jamie Jones
Regina Jones
Terri Jones
Tom Jones
Bo Junbercotea

Alice Kalaskas
Myung Kang
Beth Katzoff
Anthony Kelly
Kirsten Kelly
Butch Kenney



A Freshman Is . . .

. . . an ant crawling out of a box
. . . a big step upward
. . . learning to handle responsibility
. . . a new cat on the block
. . . someone who gets lost six times on the first day of school
. . . something new and challenging
. . . loads of FUN!!!

A lot different than everyone prepared you for. Everyone gave you big stories, which are mostly made up. After you get used to what's going on around you, it got to be really great!

Being a freshman was the start of added responsibility. It was a time when you had to look in the mirror and say, "Hey! IT is time to grow up! You know, you aren't a kid anymore; not only do teachers start expecting more of you, but parents also, and everyone around you."



Thomas Kenny
Ted King
Cheryl Kirkpatrick
Steve Kiser
Nancy Knecht
Joe Komisar

Kathleen Lafferty
Darcy Lamb
Lori Lambert
Monique Landry
Dawn Lang
Melissa Lanler

Bobby Larkin
Diane La Rock
Mike Larrabee
Jimmy Lascody
Mary Lavelle
Wyndy Ledford

David Lee
Hyunmee Lee
Linda Lee
Mary Lee
Shannon Liming
David Lipscomb

Kim Little
Brian Loefstedt
Patrick Lowery
Marquerit Loy
Lisa Lucas
Tara Lukasavich

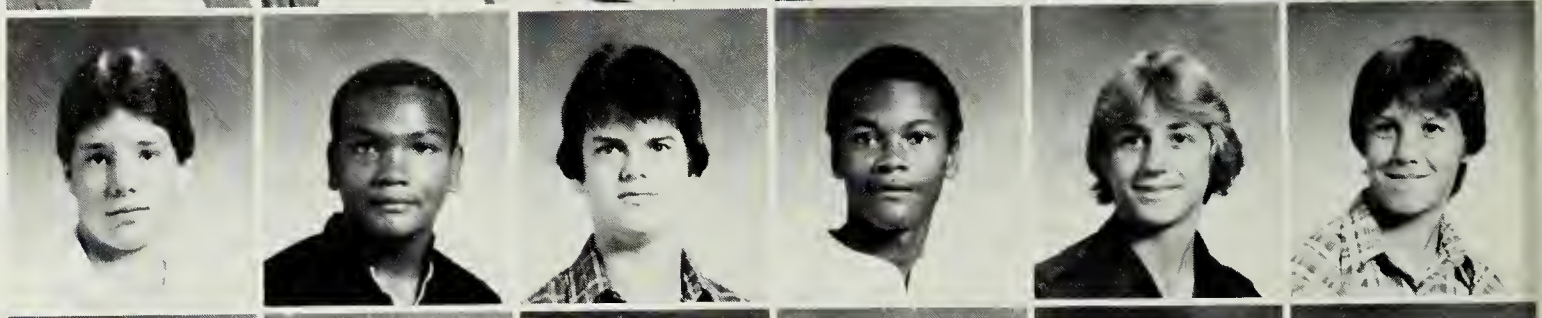


At the end of the period, Sharon Zeets relaxes before the bell. Taking a break from the hustle and bustle is often necessary.

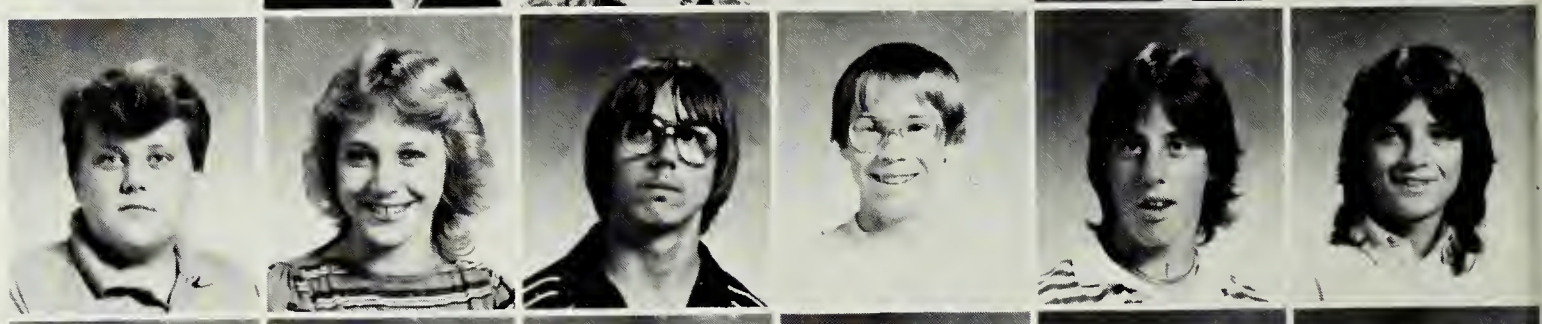
Marc Lyall
Robby MacDonald
Cindy Marbaker
Jeff Marbaker
Kelli March
Ken Marek



Brian Martin
Brian Martin
David Martin
Gary Martin
James Martin
Jimmy Martin



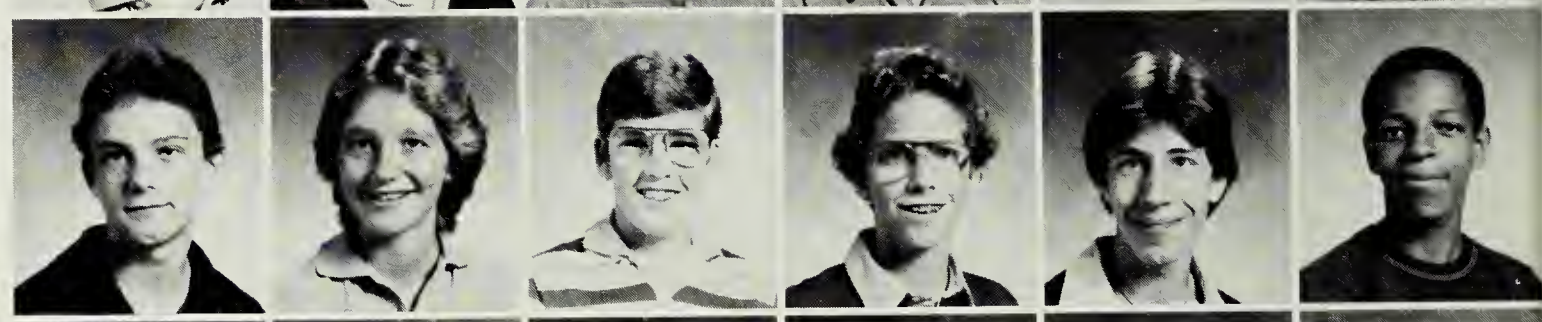
Robert Martin
Diana Maslo
Jeff McAllister
David McDonald
John McElwain
Ursula McNamara



Sean McNelis
Shawn Meade
Drew Measels
Aley Melville
John Merritt
Joe Milam



Mark Milam
Lisa Miller
Kent Millsaps
Jeff Misenko
Courtland Mooney
Corey Moore



Donald Morgan
Tracie Mounts
Courtney Mullany
Michael Murphy
Debbie Mussomele
Maria Natale



Changes

Freshmen found the change from middle school to high school a difficult one, but one long awaited for. Although going from being the head of the school to being a freshman was a real pride-breaker, most students anxiously awaited their first years of high school. Many students complained that the work was harder and the teachers more strict than in middle school. However, they felt high school was a challenge and soon adjsuted to the changes.



Kathe Neary
Shadon Nejati
Aaron Nelsen
Kelly Newman
Nick Nicolosi
Fred Nicolson

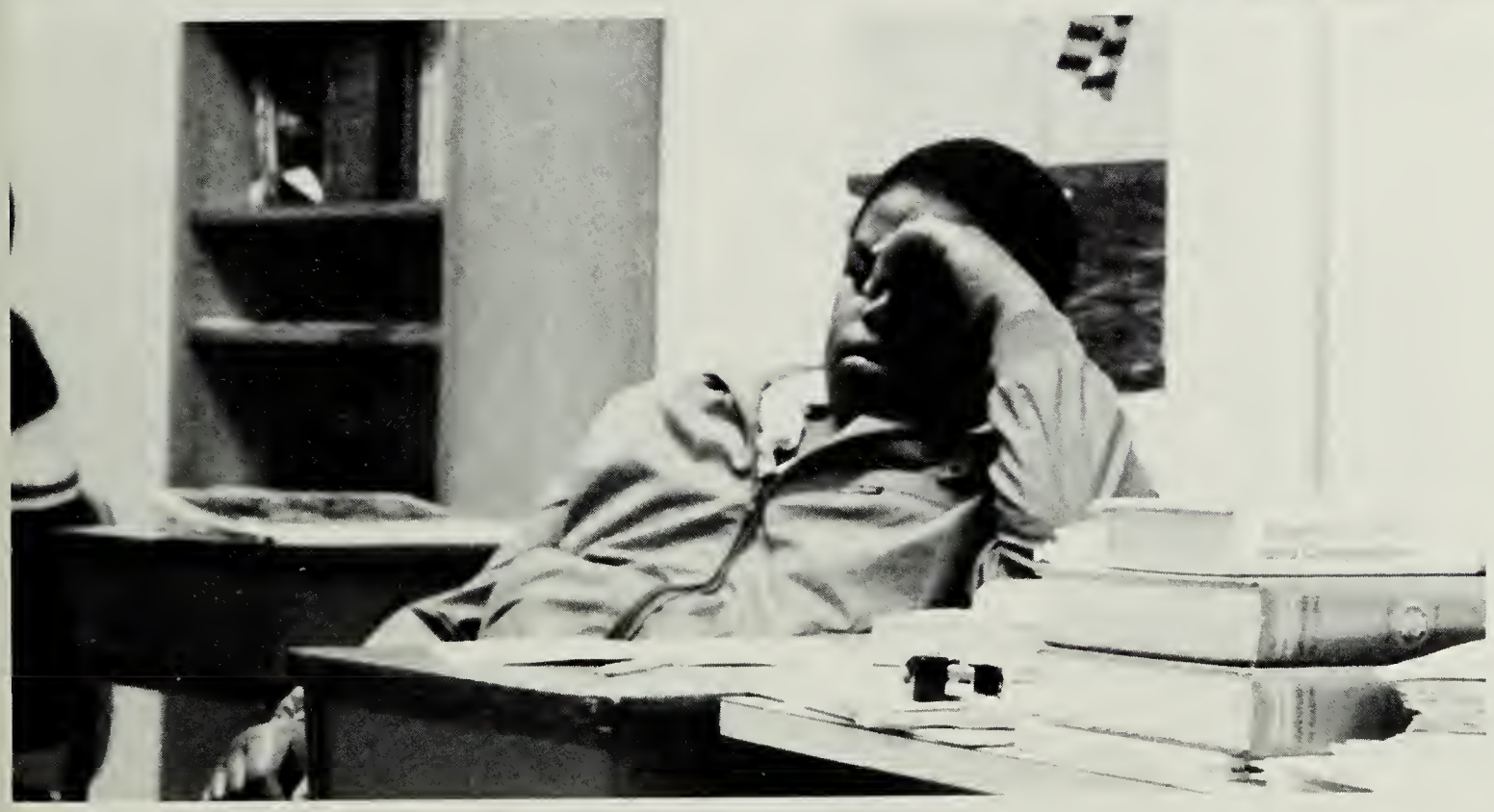
Wayne O'Brien
Brendan O'Donnaghue
Jeff O'Hara
Kara O'Hara
Leslie Ohr
Mike Orr

Kelli Overholser
Bob Owles
Carrie Palm
Peter Palmadesso
Darrell Parker
Peggy Pasek

Sherri Patton
Jeff Pauge
Michelle Pearce
Sharon Pearson
Tim Pease
Mickie Pegler

Kathy Perry
Mike Peverill
Brent Phillips
Derek Phillips
Kelly Phoenix
Sheri Pierce

Keith Piirto
Chrissy Pilkinton
Kristen Pinckard
Lisa Pittman
Samantha Plaisted
Annick Pontious

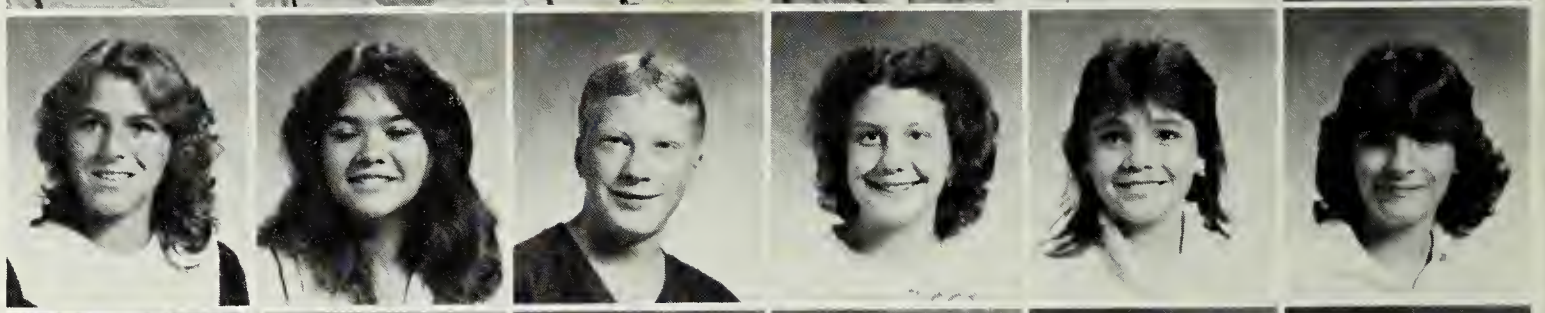


With much concentration, Dion Gore listens to another of Miss Thompson's lectures. Lectures are not always interesting, but are sometimes necessary.

Edward Porto
April Posey
Karmon Primas
Susan Propps
Tricia Prudot
Tyrone Qualls



Kim Rader
Michelle Raley
Freddie Randall
Wendy Randall
Angela Reed
Lorie Reed



Anna Reid
Stacy Reid
Steve Reza
Cathy Rhoades
Tim Riggs
Dean Robinson



Amelia Robinette
Patrick Rodeck
Randy Rogerson
April Round
Corey Rowe
James Rowen



Pat Rutkoskie
Todd Sampson
Christina Santiago
Michelle Saupp
Mark Seanpinato
Elise Scott



Class of '87

The first week of school was a trying time for the incoming freshmen at Potomac. Compared to their former middle schools, Potomac was a much larger and more exciting atmosphere.

Along with the new challenges of high school, the freshmen encountered many problems, most of them small. Among the difficulties faced by the new class were forgetting their schedule and learning how to use their lockers. The biggest problem that was faced, though, was finding their way through the halls and the crowds.

However, in addition to their confusion, freshmen were also having good times. Over the summer, friends had lost touch with one another and the first day of school was like a reunion. Catching up with the latest gossip; getting over summer boredom; and meeting new people also added to the excitement of the freshmens' first day. The first year in high school carried many new responsibilities along with these, there came many lasting memories.



With intense concentration, Cindy Stebbins works on an English assignment. English is the only course ir which four credits are required for graduation.



World Studies covers many topics. Bernie Conatser listens attentively to a lecture on Greece.



Stephen Secord
John Setunsky
Wayne Shahan
Mike Shaw
Steven Sheffield
Anne Shelton

Wendy Silverstrand
Barbara Simmons
Mark Simmons
Chris Simpleman
Valla Simpson
Devi Sinva

Debbie Smith
Patty Smith
Greg Solt
Roger Sommers
Christine Solwala
Christine Spade

Christina Spitler
Patricia Spitler
Peter Stapor
Cindy Stebbins
Walter Stickles
Linda Strawderman

Mark Strawn
Tina Summa
Erika Suski
Dawn Swecker
Caryn Swenson
Jack Synder

Kevin Szady
Nick Tatum
Ken Tayloe
Joe Taylor
Pat Taylor
Ann Marie Thacken

David Thomas
Kristin Thomas
Alyssa Thompson
Andy Thompson
Frank Thompson
Jeanette Thornton

Louis Thurston
Stanley Timmons
Chris Toney
Alexandra Tarloumes
Tina Townsend
Katrea Treakla

Anne Triano
Jeff Trive
Michael Tull
Derek Turner
Marcia Turner
Eleanor Updike

Sherri Valastek
Tamara Vallo
Robbie Viehmeyer
Connie Vitek
Mari Voegtly
Lisa Wagner

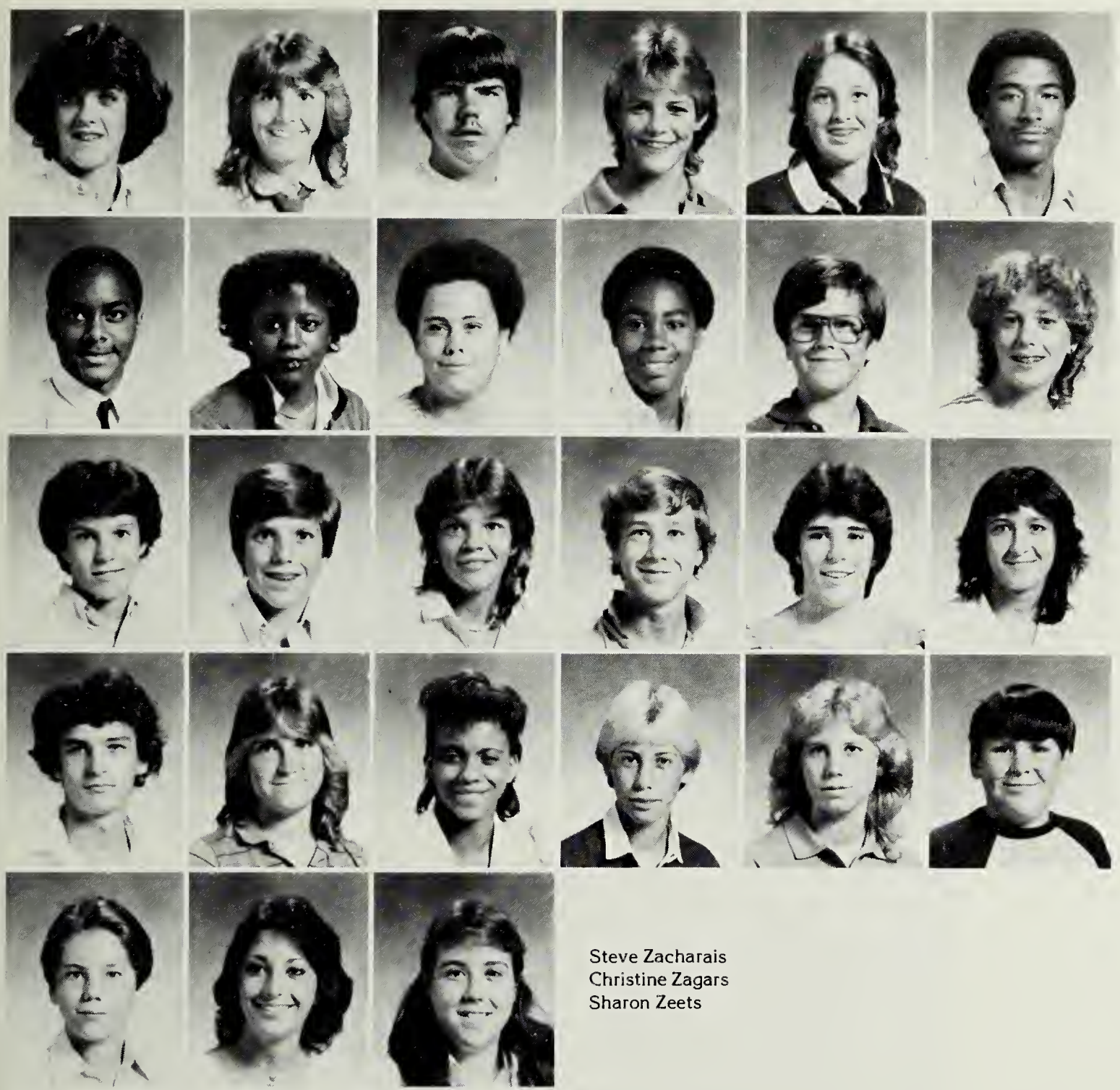
Robin Wagner
Bill Walker
James Wallace
Petty Wallace
Tricia Walton
Angelique Qangner

Jackie Watson
John Wayne
Dirk Weders
Travis Welpott
Chris Westfall
Chrissy Weston



Preparing for a long awaited lunch break is Pete Butler. Lunch is one of the better parts of a student's day.





Kristy Wharton
Angie Wheeler
Pat Wickline
Joell Wiggins
Leslie Wilfong
Leonard Williams

Marc Williams
Paula Williams
Shawn Williams
Sidney Williams
Ben Willis
Carol Willis

Rob Willis
Jeff Wise
Karen Wolson
Jeff Wolter
Denise Woods
Sandra Woolfrey

William Woolfrey
Lori Woolls
Nicole Worthy
David Wylde
Kim Ylisela
Danny Younce

Steve Zacharais
Christine Zagars
Sharon Zeets

'87 Overview

In November, student polls were taken requesting students' favorites. The following are the freshman results:

T.V. Show:
1. General Hospital
2. The A Team
3. MTV

Celebrity:
1. John Stamos
2. Eddie Murphy
3. Tom Selleck

Movie:
1. Risky Business
2. First Blood
3. Flashdance

Musical Group:
1. Def Leppard
2. Quiet Riot
3. The Police

Song:
2. Cum on Feel the Noize
2. Total Eclipse of the Heart
3. Rock of Ages

Radio Station:
1. WAVA 105
2. DC 101
3. Q107

Football Team:
1. Washington Redskins
2. Dallas Cowboys
3. Pittsburgh Steelers

Restaurant:
1. McDonald's
2. Chesapeake Bay Seafood House
3. Pizza Hut



Michelle Raley has only one thought as she boards the bus . . . home! In the afternoon, buses are often difficult to find.



Greg Cane and Tammie Crawford complete unfinished work. Homeroom is a nice place to catch up on missing assignments and homework.



John Jackson concentrates on getting an assignment done while Jeff Marbaker's mind is wandering. Everyone's allowed a little daydreaming now and then.



What happens when we all get together? Raise your hand if you're sure.

Orientation

Orientation was held this year, as always, in August. This is a day when all incoming freshmen come to school and go through their schedules as they would on a normal school day. This allows the new students to find their way around the halls and to their classes, and gives time for the teachers to introduce themselves and explain rules. In addition, students meet the administration and are given the rules for Potomac High.



In front of their award-winning float, sophomores get psyched up before the Homecoming Parade. Their spirit pays off as the class wins the Spirit Award.



Pizza is one of the more popular items on the lunch menu. Sharon Cox digs in with a big bite.

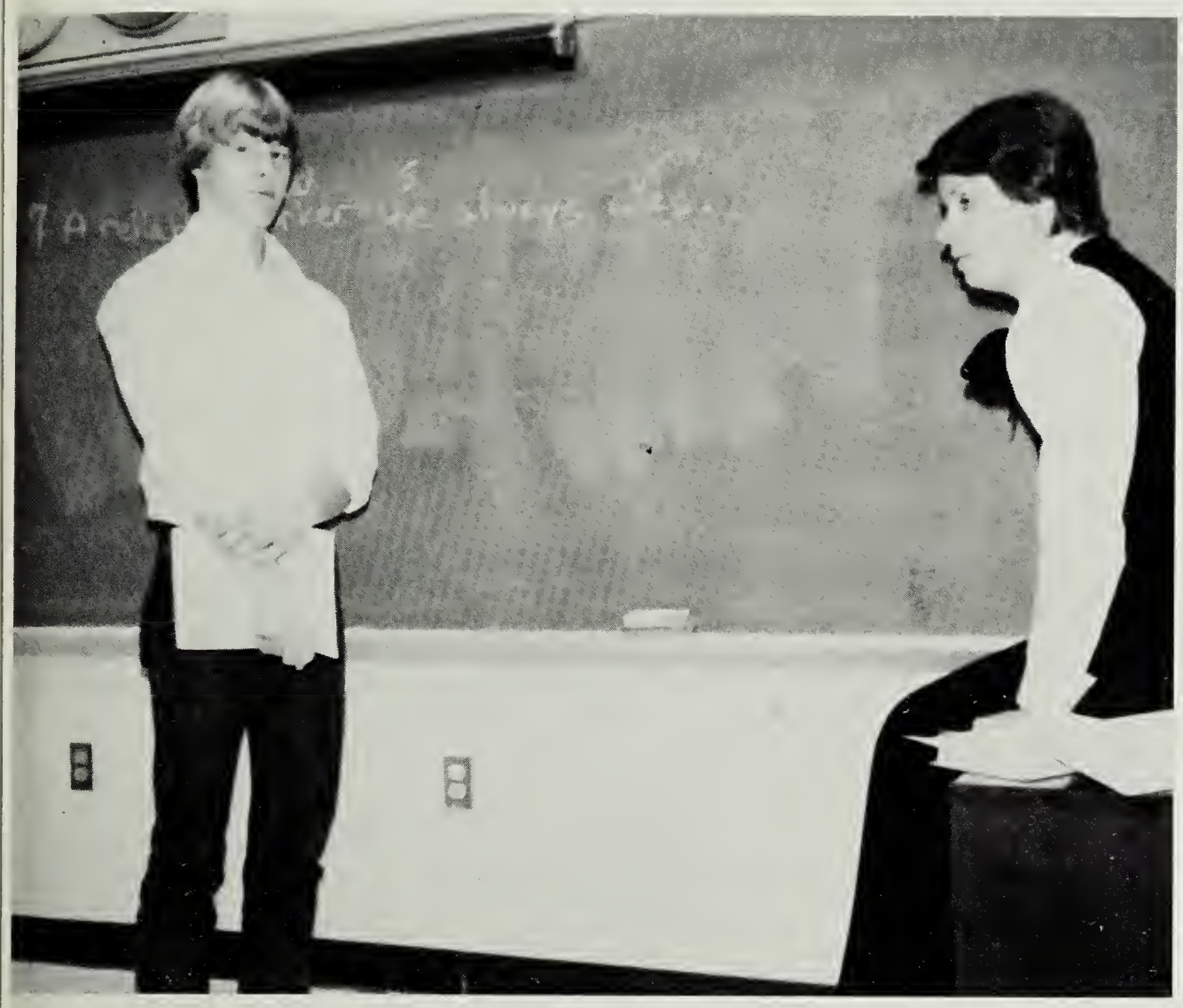


Glancing up from his electronics project, Arthur Newman wonders if his wires are straight. Working with such small components takes patience and a steady hand.



Students need a break sometimes. Although not required, Rob Semper, Debbie Scrogum, David Sweatman and Mike Selgelid elect to take an Industrial Arts course.

School Daze



English is a perfect opportunity to write on the board. Jeff Geyer waits for Mrs. Maloney's approval of his sentence.

With great concentration, David MacIver designs a sketch. Graphic Arts is the place to develop artistic talent.



Alphabetical order: the reason students always sit in front of and behind the same people all year long.
Bus: the overcrowded yellow thing that can't seem to go over 25 mph.
Car pool: how to pack ten people into a VW bug.
Dating: those pressing social engagements that everyone wants to be burdened with.
Excellence: the quality for which Potomac is well-known.
Fridays: days that never come as fast as Mondays
Graduation: a special occasion when students realize how short the past four years have been
Hallways: places where students learn to push or be trampled.
Intelligence: what the brain in the front row has too much of and you don't have enough of.
Junk: the stuff that accumulates in lockers over the year.
Knowledge: what teachers bravely try to instill in the minds of students every day.
Locker: a two inch by two inch compartment into which a student must force a twelve inch notebook.
Monday: a day that should be banned in the interest of humanity to students.
Notes: things passed cleverly from student to student during class time.
Oral reports: the main cause of cardiac arrest in students.
Panther power: the "glue" that holds Potomac together through thick and thin.
Quizzes: the "gotcha" teaching form.
Relief: what students feel on weekends.
Study: what students do during TV commercials.
Teacher: the unsung hero of the school who struggles constantly against ignorance, spit balls and dangling participles.
Unsatisfactory: a nice way of saying what a disgusting heap of junk a student's poor work is.
Valedictorian: the award for having the most intelligence (see Intelligence) in the class.
Worry: what students do when they have not studied for the five grade test they're taking next period.
X-amination: X-hausting X-ercise to test a student's intelligence (there's that word again).
Yearbook: Best known for misspelling names, confusing scores and frustrating the sponsor.
Zzzz: sound most commonly heard during movies, filmstrips and class lectures.

POWER PLAY



Part of what makes Potomac so unique is the comfortable relationship between its teachers and its students, as shown by Mr. Levine and three of his best students.

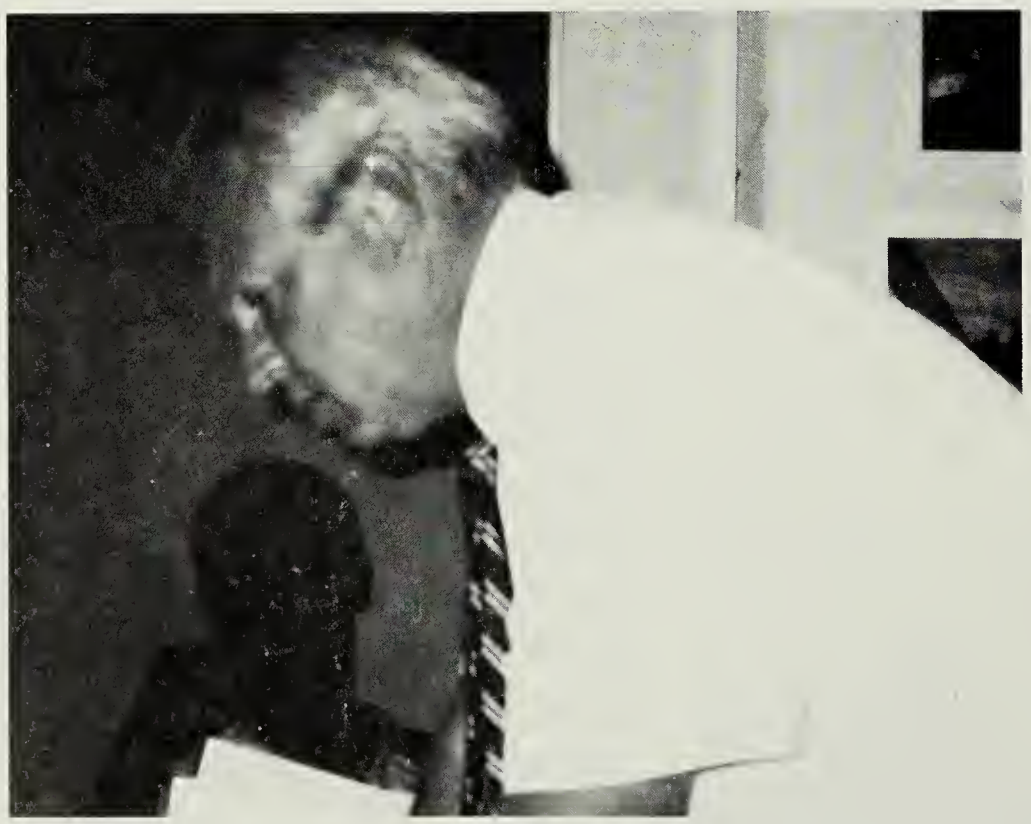
The faculty of Potomac High School is an important part of the past as well as the future of our school. Our faculty includes the teachers and administration as well as secretaries, custodians and cafeteria staff. The teachers teach us the things we need to know for our future. By learning what they teach, we are the ones rewarded. The administration keeps the school running and makes sure the students are kept in line.

Besides being important to the educational side of the school, the faculty participates in the social aspect as well. At school events, they collect tickets, handle money, plan, and act as chaperones. In their participation, they are sometimes the main event of fund raisers such as the Faculty Follies and the Fashion Show.

Often we take for granted what is so readily given to us. However, without faculty members, Potomac would not exist. These people are the foundation of our school.



Without secretaries, the administrators' job would be virtually impossible. As Mrs. Lockett's secretary, Mrs. Winebarger is kept quite busy with the business part of Potomac High School.

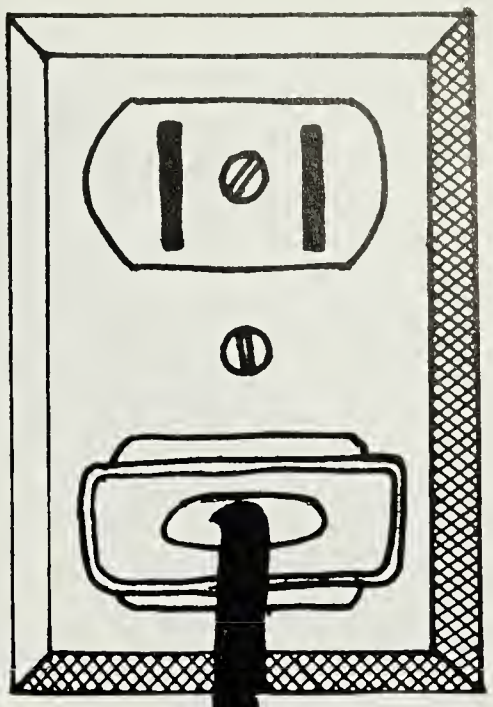


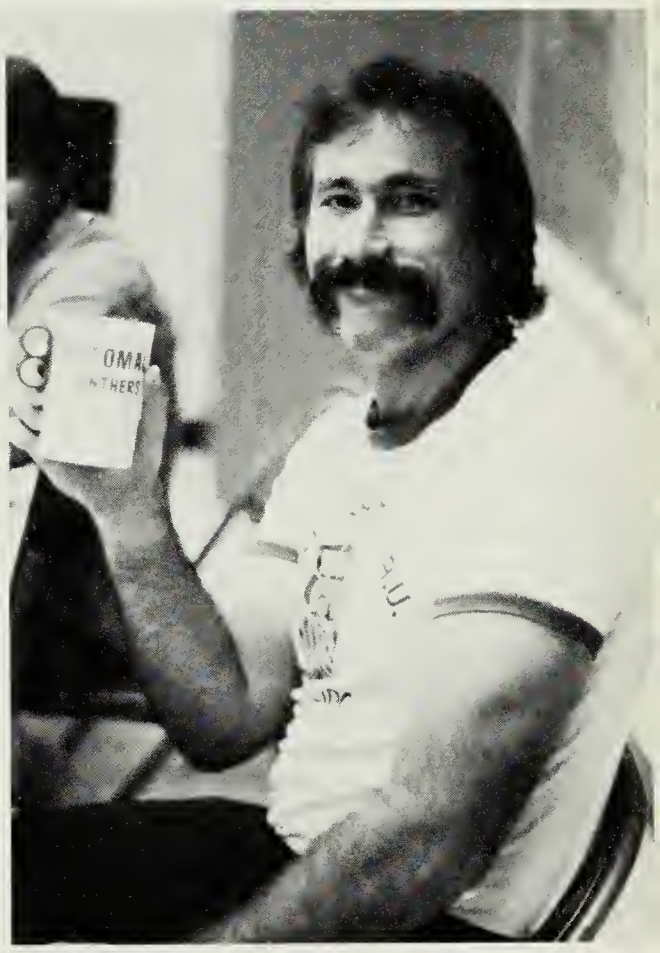
Although many hours might be spent by students in completing their homework, teachers spend even more time grading it. Here, Mr. McCoart patiently checks through one of his student's work.





In order to relieve the tedium of the faculty the week before school started for students, the administration threw a barbecue. For this, Mr. Outman spent four years in college!

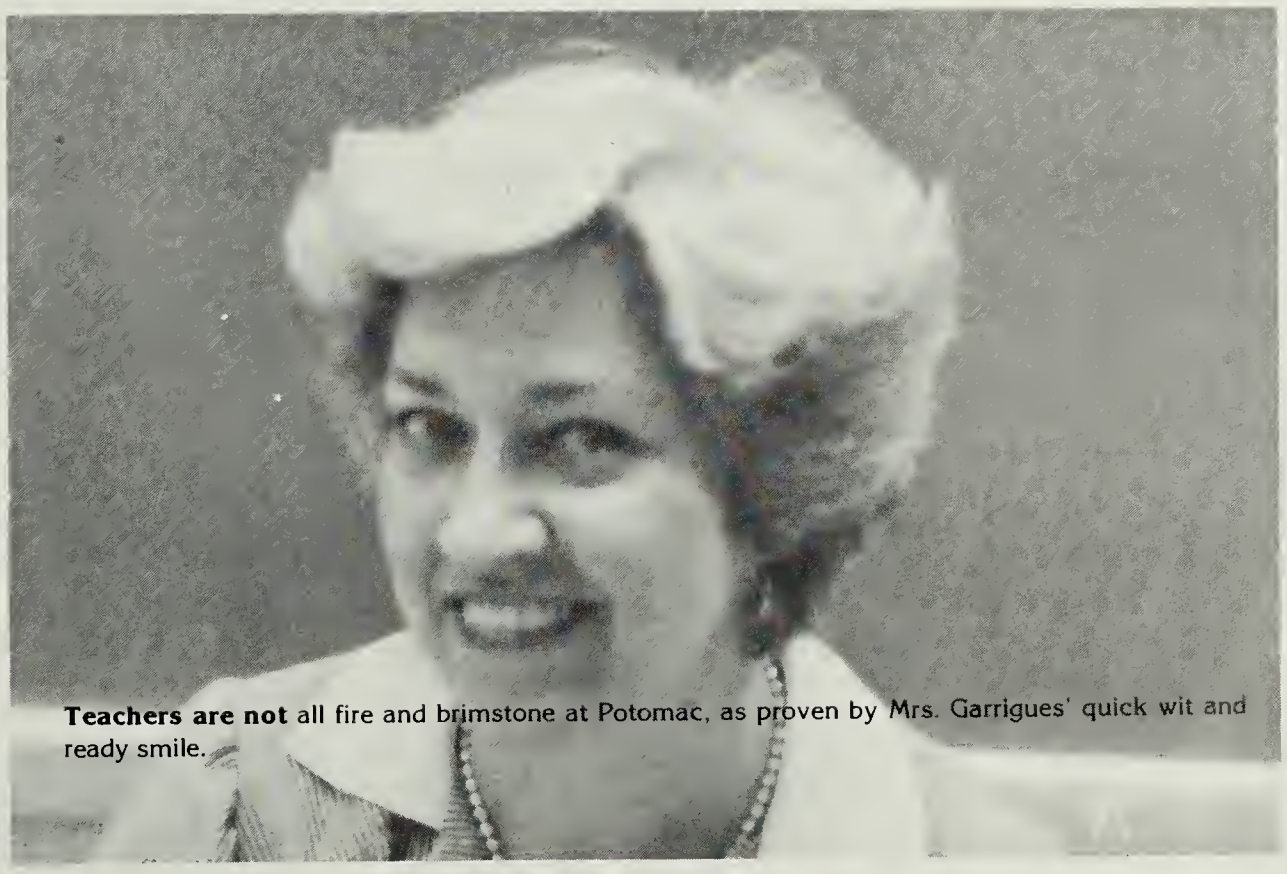




Mr. Cameron enjoys a cup of coffee in the morning to help keep him awake. Even P.E. teachers need a little boost of energy occasionally!

Not only do teachers teach, but they also sponsor student activities. As a coach of the football team, Mr. Maloney spent many hours after school working with the students.





Teachers are not all fire and brimstone at Potomac, as proven by Mrs. Garrigues' quick wit and ready smile.



Typing skill is an important part of an administrator's job. John Bass uses a whole hand instead of just one finger!



Displaying his skill with a pair of scissors, Bill Brown proves there is more to being an Administrative Aide than just disciplining students' contrary to popular belief.



Although cooking skill is not a requirement for becoming an Administrator, Aaron Jordan found it very helpful when he played chef for the faculty during their cookout last summer.



Photo by C. Acker

Paperwork comes with the territory of administration. Ann Lockett faces her share with a smile even though if she sees the top of her desk, she won't recognized it!

Jack of All Trades

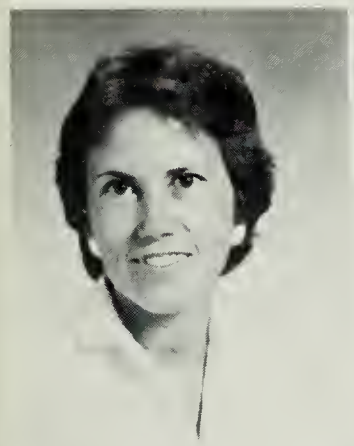
To most students at Potomac Senior High School, the name Mr. Ferrebee is associated with authority; he is the principal of the school and somewhat of a mystery. However, there is more to this man than most students realize.

Mr. Robert Ferrebee spent his childhood on a farm near the beautiful Shenandoah River. His college career took him to Berea College in Kentucky where he earned his Bachelor's degree in mathematics. He then moved on to Virginia Polytechnic Institute where he obtained his Masters degree. After graduation, he served in the Army for four years but decided this life was not for him. Following his wife's suggestion, Mr. Ferrebee took up the teaching profession in 1970, although he says he never really had and intention of being a teacher. For ten years he taught mathematics at Parkside Middle School before becoming assistant principal at Osbourne Park High School. Then, on January 4, 1982, Mr. Ferrebee became head principal at Potomac.

His outside interests include darts, running, and even video and computer games. However, his biggest hobby, what he calls his "obsession," is computers; he could sit at the computer for hours at a time and never get bored. In fact, he has played a major role in the computerization of Potomac. His expertise helped get wrestling scores, the master schedule, parking stickers and locker assignments all onto the computer and into the school's system.

There is more to our principal than just authority; there is a personal side as well. He really is a "real people" person.







Fran Bacon
Special Education

Carolyn Baker
Guidance









Gloria Barrett
Science/Math

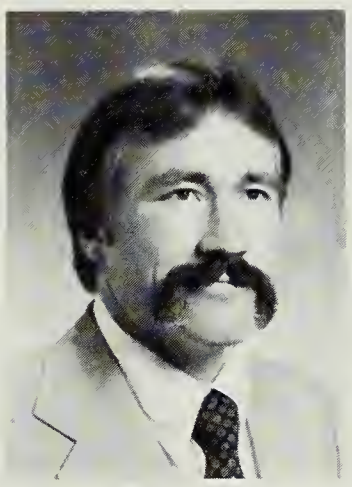
Tim Bass
Science

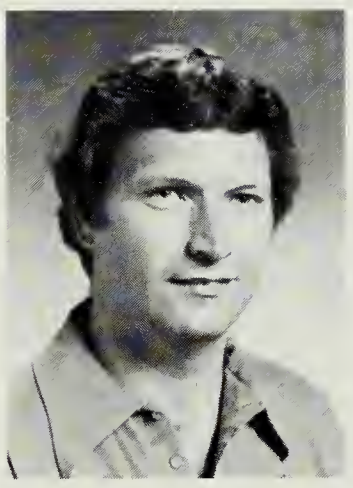
Jennifer Bates
Math

Jessie Blalock
In-school Suspension









Jean Cahall
Distributive Education

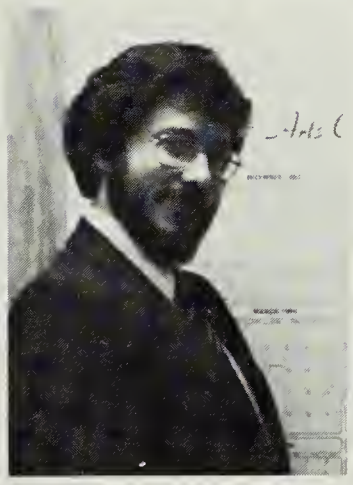
Pamela Cakora
Foreign Language

William Cameron
Physical Education

Ed Campbell
Physical Education









Dave Carr
Distributive Education

Pat Carter
Bookkeeper

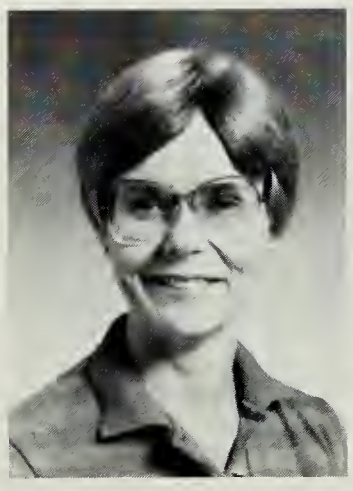
Larry Casey
Music

Gloria Cash
Foreign Language









Ron Clarke
Physical Education

Claudia Cunningham
Math

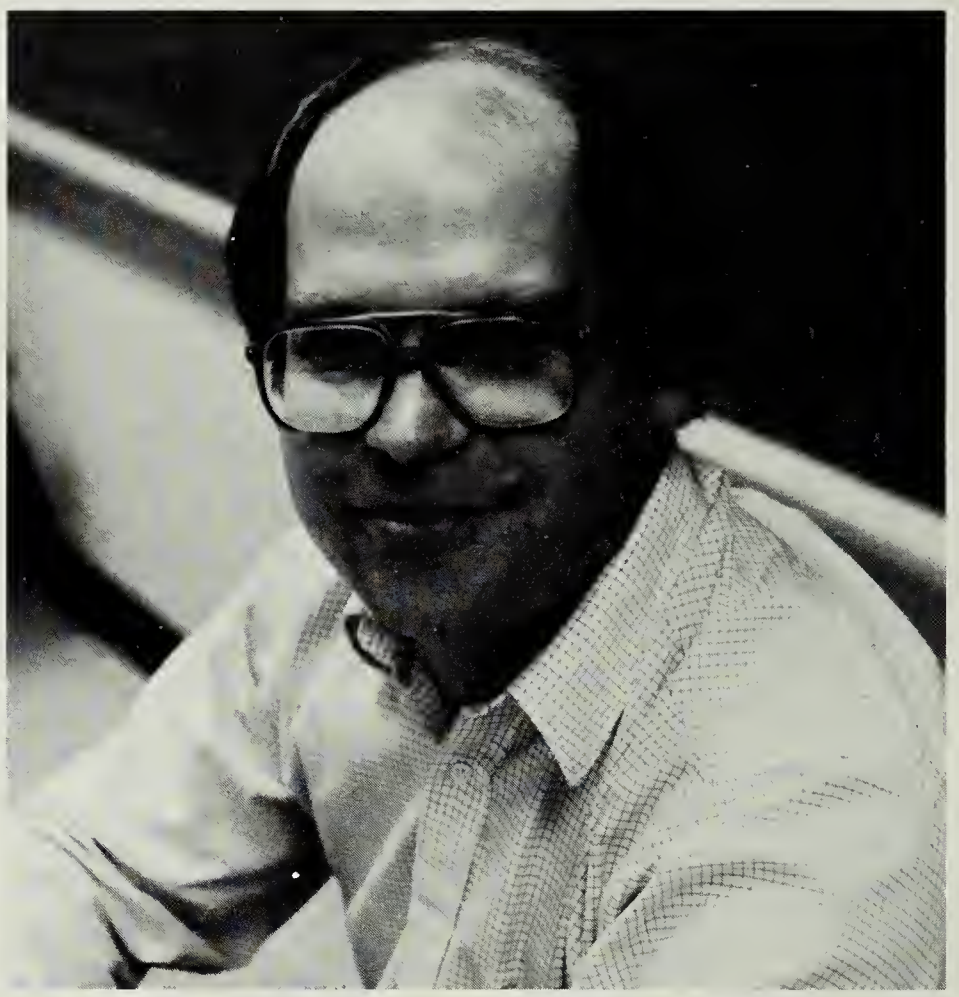
Richard Dill
Music

Pat Droves
Guidance

Although teaching is her profession, sculpting is Mrs. Jones' favorite hobby. Here, she explains a piece of her work to her student, Pete Butler.



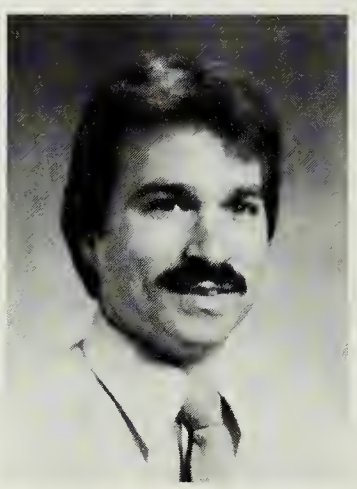
Many a dreary day of several students' lives was brightened by the cheery smile of Mr. Gussie.



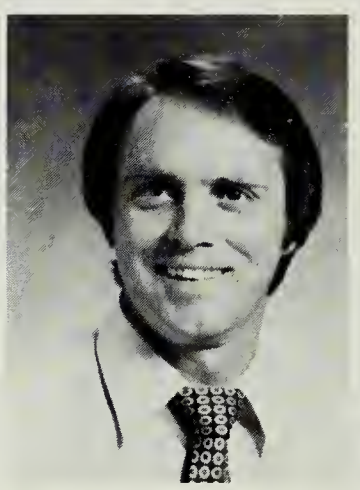
Janet Dunivin
Library Secretary



Al Eaton
Industrial Arts



Dwight Edmonds
Industrial Arts



Pattie Emmons
Social Studies



Yvonne Emrick
Math



Jane Feret
Math



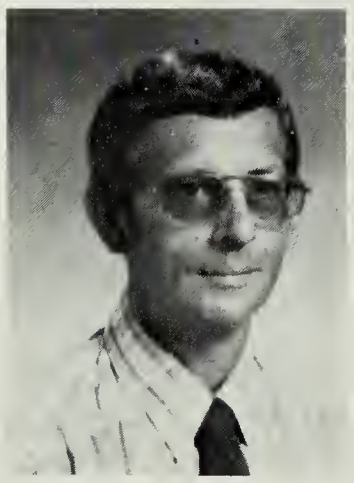
Evelyn Fleming
Home Economics



Diane Fontana
Foreign Language



Floyd Freeze
Business Education



Marion Frizzle
Business Education



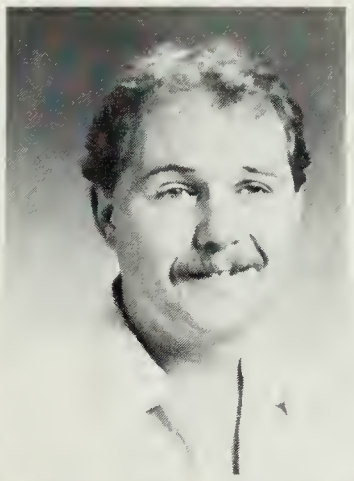
Jerry Gardziel
Driver's Ed/Ind. Arts



Jean Gaudet
Librarian





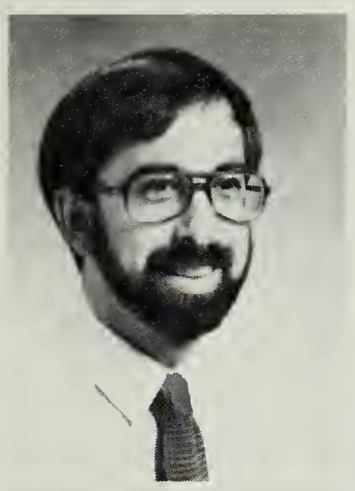



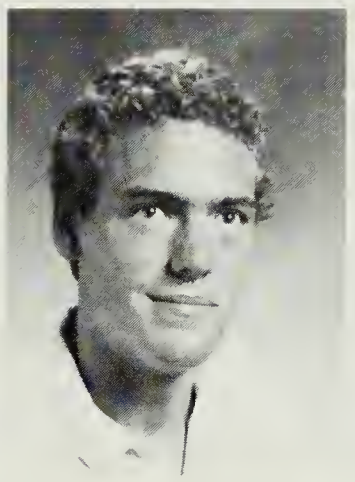
Eleanor Gavin
English

Patricia Ghiloni
Science

Heidi Ginsberg
Foreign Language

Terry Godwin
Industrial Arts



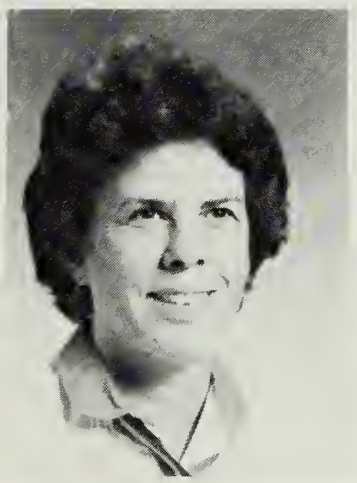



Melvin Goodwyn
Music

Nora Hall
Math

Susan Haun
Business Education

Kendall Hayes
Physical Education

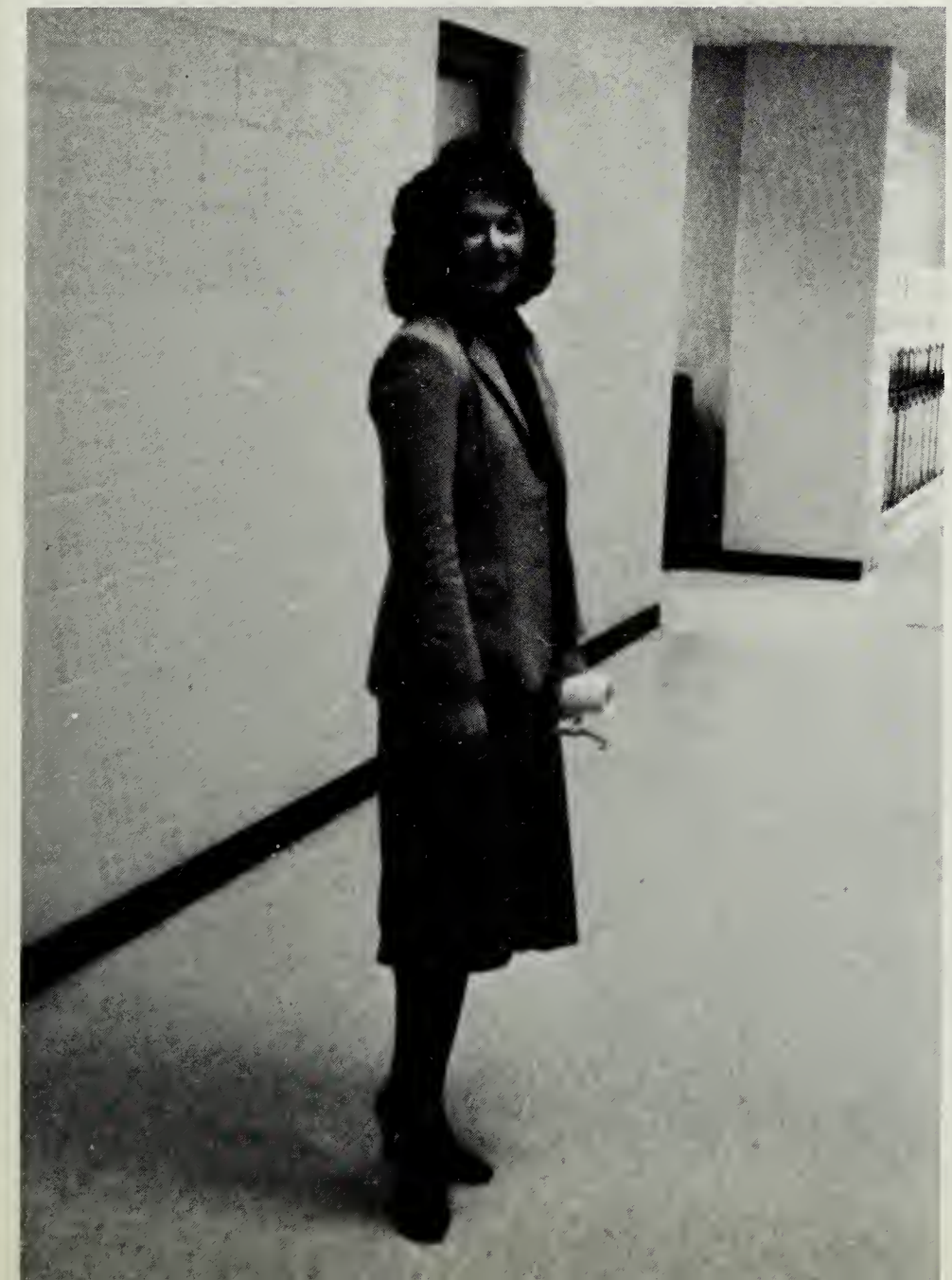


Linda Higgins
English

Faith Holcombe
English

Robert Holley
Social Studies/Science

Yvonne Holsclaw
Physical Education



LA CREME DE LA CREME

Everyone at Potomac always knew there was something special about Gloria Cash, and this year the Washington Post realized this, too. She was the recipient of the prestigious Agnes Meyers Outstanding Teacher Award for Prince William County which is sponsored by the Washington Post.

Fourteen other teachers were similarly honored — one from each local Metro jurisdiction school system. Competition was keen, and it is certain that those chosen were as Miss Cash would put it, "la creme de la creme" of the teaching profession.

Receiving an award for her teaching skills is not a new experience for Miss Cash. She was named Virginia Foreign Language Teacher of the Year in 1977, and in 1978 she received Prince William' County's "Teacher of the Year" award.

Gloria Cash has been teaching in Prince William County for 17 years during which she taught at Woodbridge High School and Graham Park Middle. The last five of these years she has spent at Potomac where she is currently chairman of the Foreign Language department.

The relationship between Miss Cash and her students is very special. Her innovative and unique teaching methods have proven effective with all of her students. She has also organized trips to France for her students during the summer which she has chaperoned and which have brought her closer to her students.

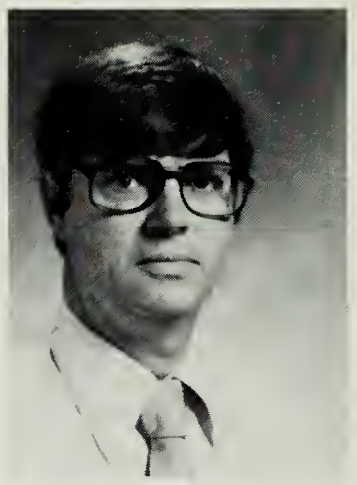
Teachers of Gloria Cash's caliber are few and far between and Potomac is very fortunate to have her. Her award was well-deserved.



Vivian Ivey
Librarian



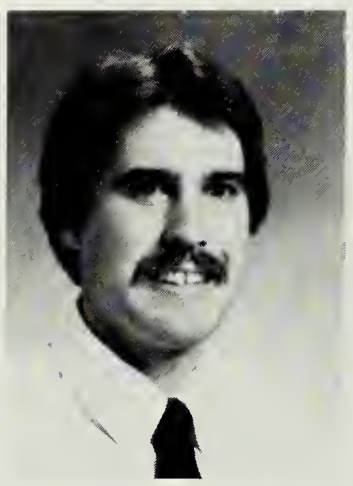
Rosalind Jacobs
Education Aide



George Jett
Industrial Arts



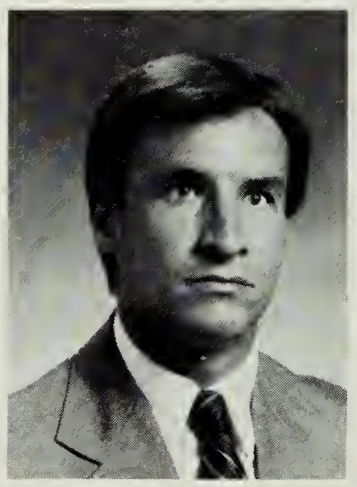
Peggy Jones
English



Wes Jones
Math



Chris Kadis
Industrial Arts



Will Kitchen
Social Studies



David Kite
Sociology, Social Studies



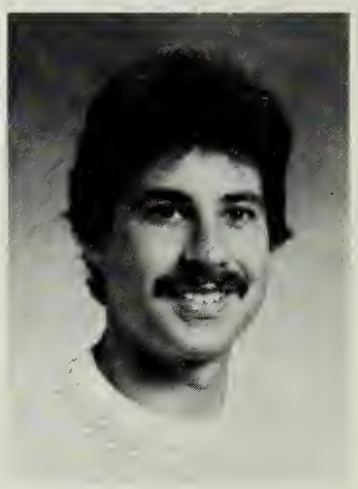
Penny Lake
English/Journalism



Rose LeTulipe
Administrative Secretary



Carolyn Leggett
Art



Robert Levine
Science

Tinker, Tailor, Soldier, . . .

Well-known not only as a teacher but also as a journalist and a former supervisor, James McCoart is a diverse and interesting figure at Potomac.

Mr. McCoart moved to Virginia at fourteen and grew up in Alexandria. He graduated from Virginia Commonwealth University with a Bachelor's degree in Distributive Education and a minor in history. He then proceeded to George Mason for his Master's degree.

In 1955, Mr. McCoart joined the Marine Corps and saw active duty in Vietnam as an intelligence officer in the infantry. After twenty years of service, he retired and became involved in politics.

In 1976, he was elected supervisor of the Neabsco district in order to help the people of the county. When he had a heart-attack in 1981, he decided a change of lifestyle was needed. At that point, he entered the teaching profession.

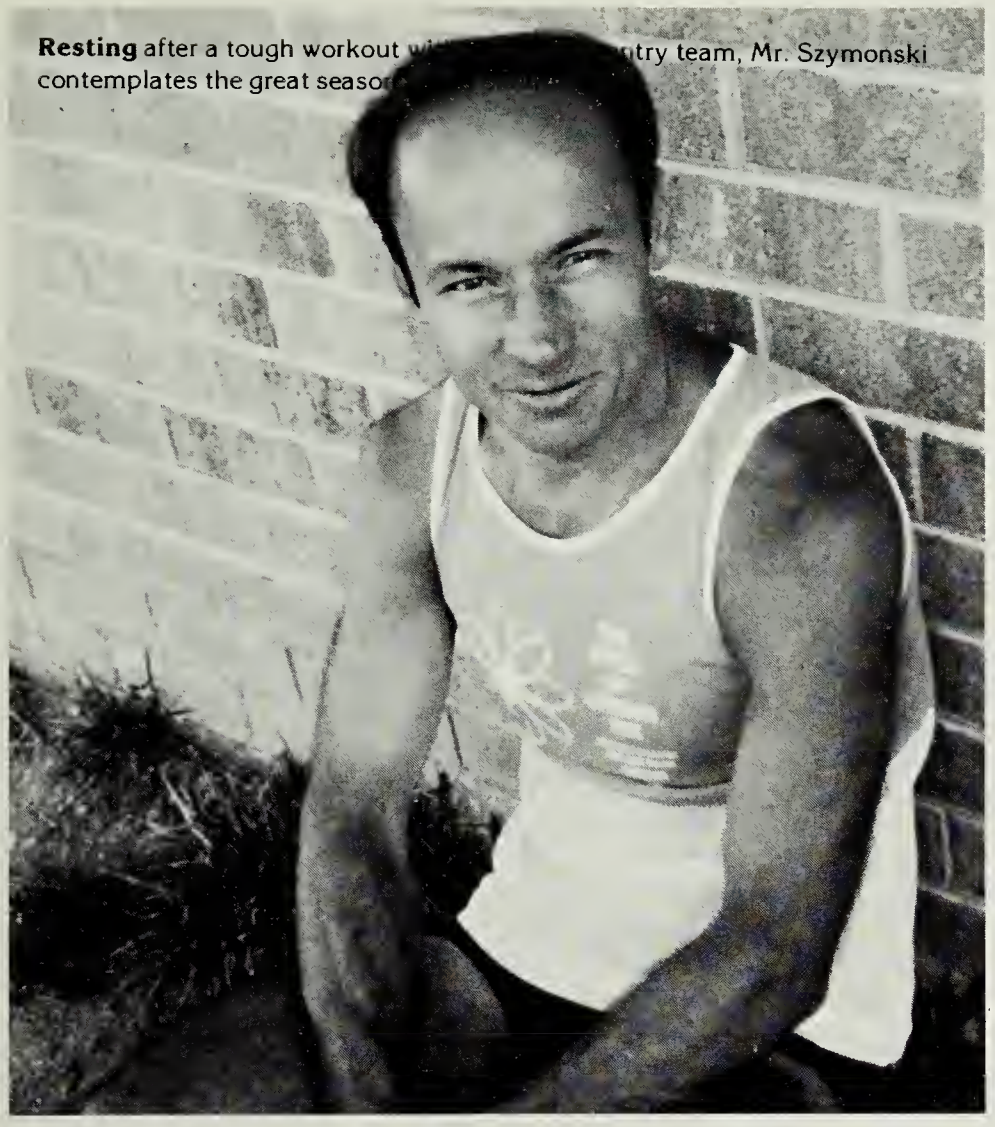
Having always wanted to be a teacher, Mr. McCoart finds life at Potomac well-suited to him. He believes the students are "super intelligent," with a lot of potential and are a joy to teach.

Mr. McCoart is also a writer for the Potomac News. Because of his past experience in politics and his knowledge of the county, the newspaper asked him to write a column. Any subject could be covered in it with the only requirements being that he ensure accuracy and put some emphasis on the political happenings of the area. For one year, McCoart has been both teacher and journalist. However, the two activities never conflict because his articles run only once or twice a week, at his discretion, and only take about an hour to write. In addition, he is also the assistant coach of the Freshman basketball and football teams.

Because he plays such an active part in life at Potomac and in the community, James McCoart has proven to be a very valuable asset to us all.

Applauding after a terrific play, Mr. McCoart inspired the Freshman basketball team on to bigger and better things. His school spirit is always evident.

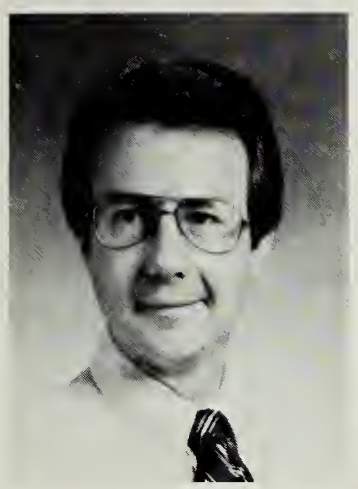




Resting after a tough workout wi… …try team, Mr. Szymonski contemplates the great seaso…



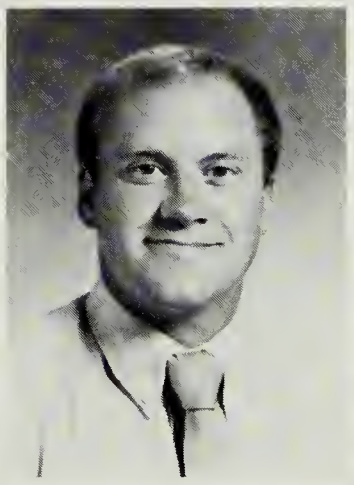
As office receptionist, Mrs. Sokol finds every day a busy one. She has many responsibilities in addition to answering the phones.



Barry Maguire
English



Betsy Maloney
English



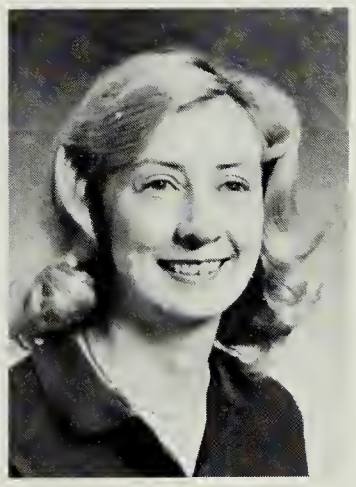
Marc Maloney
Social Studies



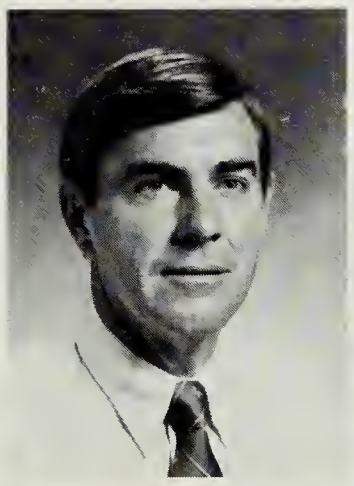
Jane Manderville
Business Education



Marianne Margheim
Guidance Secretary



Sandy Moller
English



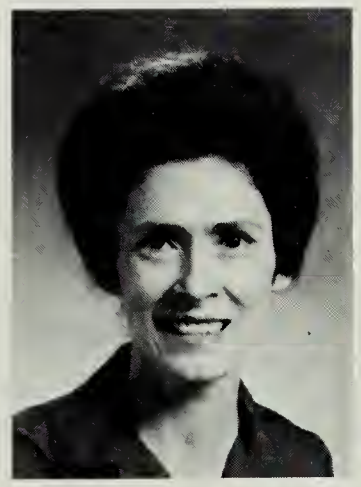
Robert Moore
Guidance Director



Chris Murch
Office Secretary



Judy Murdock
Math



Zelda Oelrich
Math



Irma Oliva
Special Education

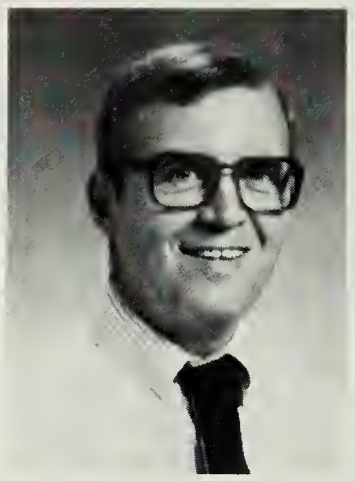


Gary Outman
Art

Patricia Pearsall
English



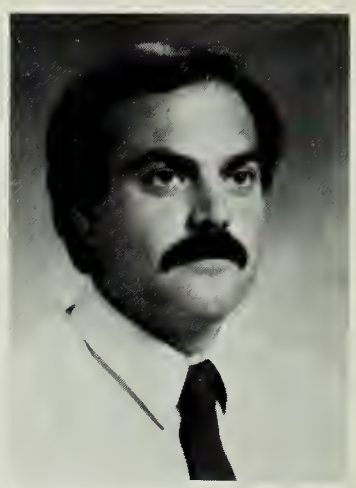
Roger Plumskey
Science/English



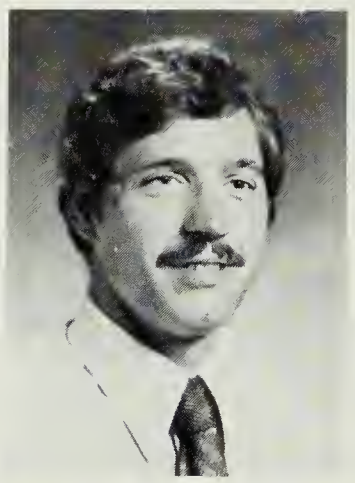
Janice Polk
Social Studies



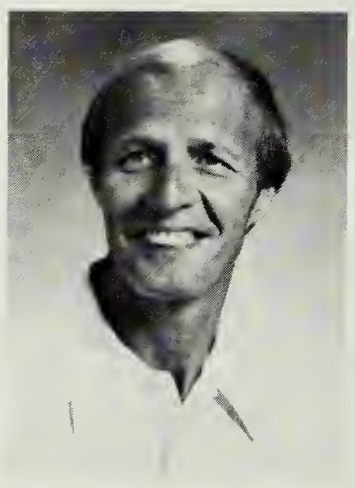
Steve Prifti
Industrial Arts



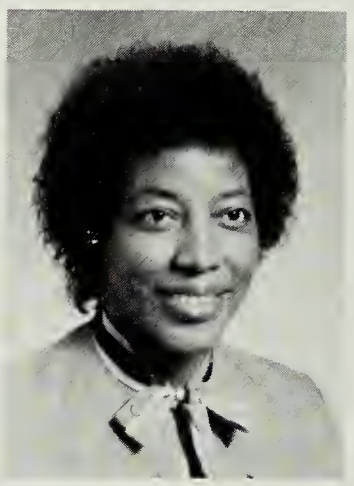
David Przybocki
In-school Suspension



Jim Qualls
Driver's Ed/Athletic Director



Louvenia Quash
Special Education



Joyce Roach
Math



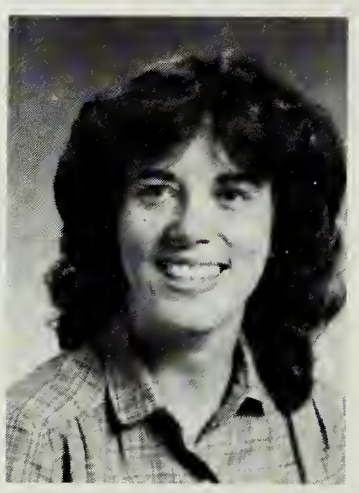
Tommie Robertson
Science



Margaret Scoleri
Business Education



Kathy Scott
Math



Carol Secord
English



Mr. Kadis makes himself comfortable as he discusses a particularly long and difficult assignment with Kim Harris and Charlotte Acker. His light table is a photographic aid.



During the summer months, Mrs. Quash found a new avenue for her teaching skills in Haiti. However, during the rest of the year her energies are devoted to her Special Ed students at Potomac.



A Crusade to Haiti

While other teachers were off taking a break from teaching last summer, Louevenia Quash was using her teaching skills in a unique way. For one week in August, she went on a crusade to Haiti to preach Christianity to the local communities.

Although Mrs. Quash went alone on her crusade, she found some advantages to this. She was able to visit private and public schools and have a more personal relationship with the counselors there and the students also. The behavior of the students she worked with impressed her greatly; there were absolutely no disciplinary problems because school is a privilege there and the students were very respectful toward their teachers. She found them "eager, receptive, and willing to learn" which was a delight for her.

Since 1972, Mrs. Quash has been a missionary and she has decided to organize her own crusade with a few other people to go to Haiti again next year. Through her hard work and devotion, she has achieved significant results, and Potomac can be proud of her.



Melonie Shipman
Science



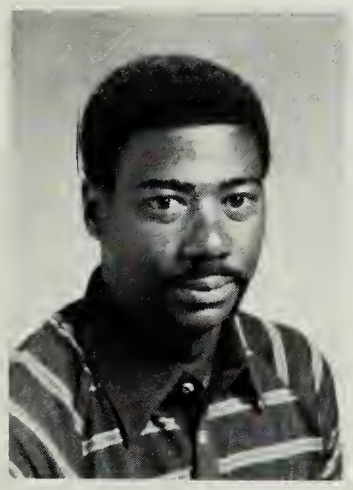
Randi Smith
Special Education



Millie Sokol
Switchboard



Dorinda Staley
Special Education



William Stephens
Physical Education



Dianne Stevens
Business Education



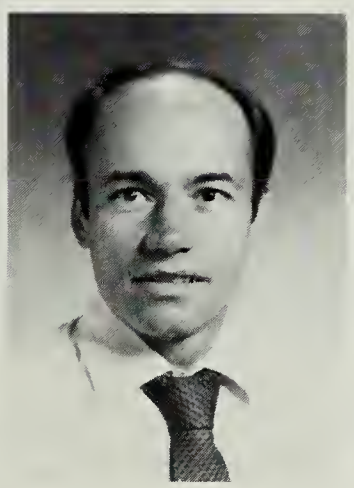
Dottie Stevens
Guidance Secretary



Athena Stone
Foreign Language



Charlotte Stultz
Social Studies



Paul Szymonski
Social Studies



Kathleen Taylor
English



Frances Thompson
Office Secretary

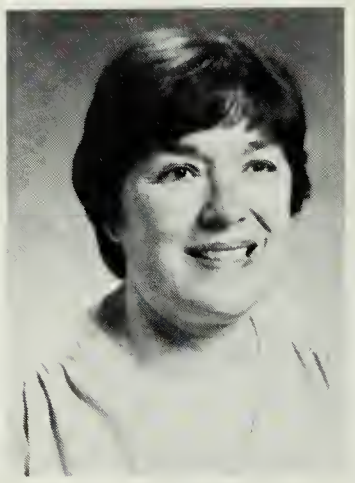
Colleen Van Nordheim
Special Education

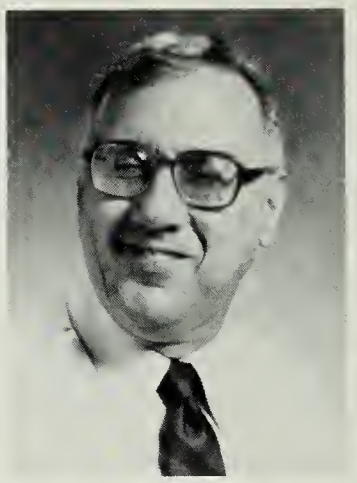
Evelyn Vlatas
Foreign Language

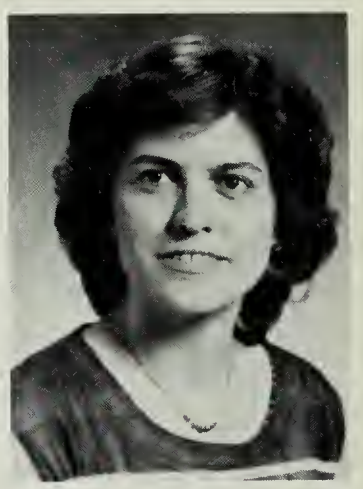
Grover Wade
Industrial Cooperative Training

Carol Wakefield
Guidance









Eliana Whittington
Foreign Language

JoAnn Willis
Guidance

Jewel Winebarger
Office Secretary

Jean Zimmerman
Business Education











As sponsor of the Pantherettes and Teen Counselors as well as full-time Guidance Counselor, it is no wonder that Ms. Droves rarely has a moment to herself, even on the telephone!

There is nothing like a nice cup of coffee to wake you up in the morning and keep you going throughout the day. Mr. Godwin and his cup are inseparable friends during these early hours.



Not Just a Place to Eat



Cafeteria workers are responsible for providing students with a wide variety of food for their dining pleasure. Mary Perkins is one of these dedicated people who perform this task.

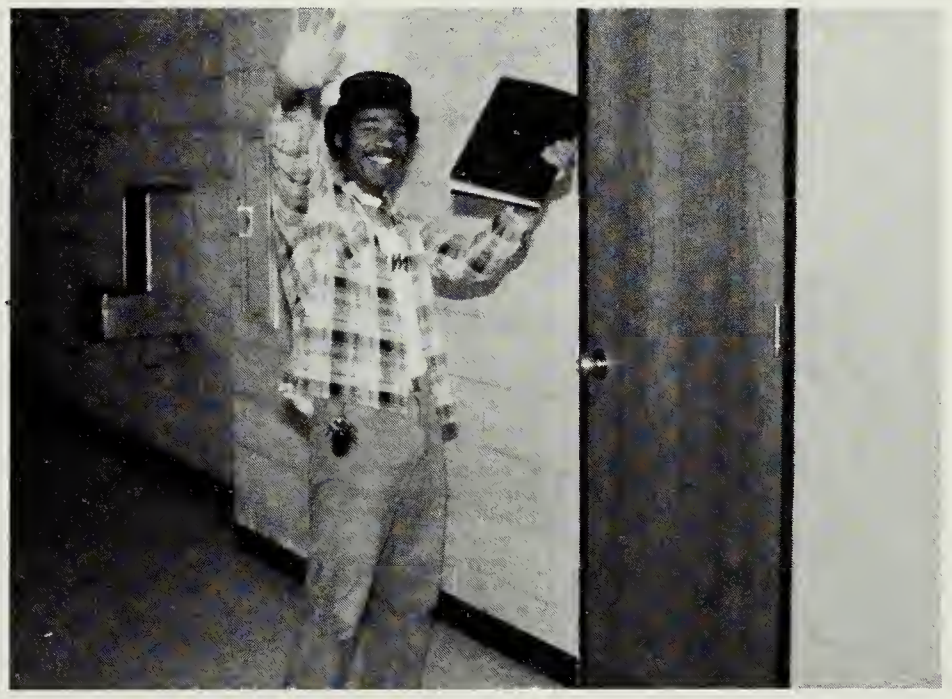
Lunch was not just a time to eat. It was also a chance to escape the drudgeries of the school day and socialize with friends. Because of the manner of the lunch shifts, some students were even able to take a quick glance over the notes that they were in the middle of taking a test on.

Students had a choice of either the a la carte line, where they could buy snacks, or the full lunch line. This year, the prices were lowered from 85¢ to 75¢ and meal tickets introduced to better accommodate the full lunch buyers.

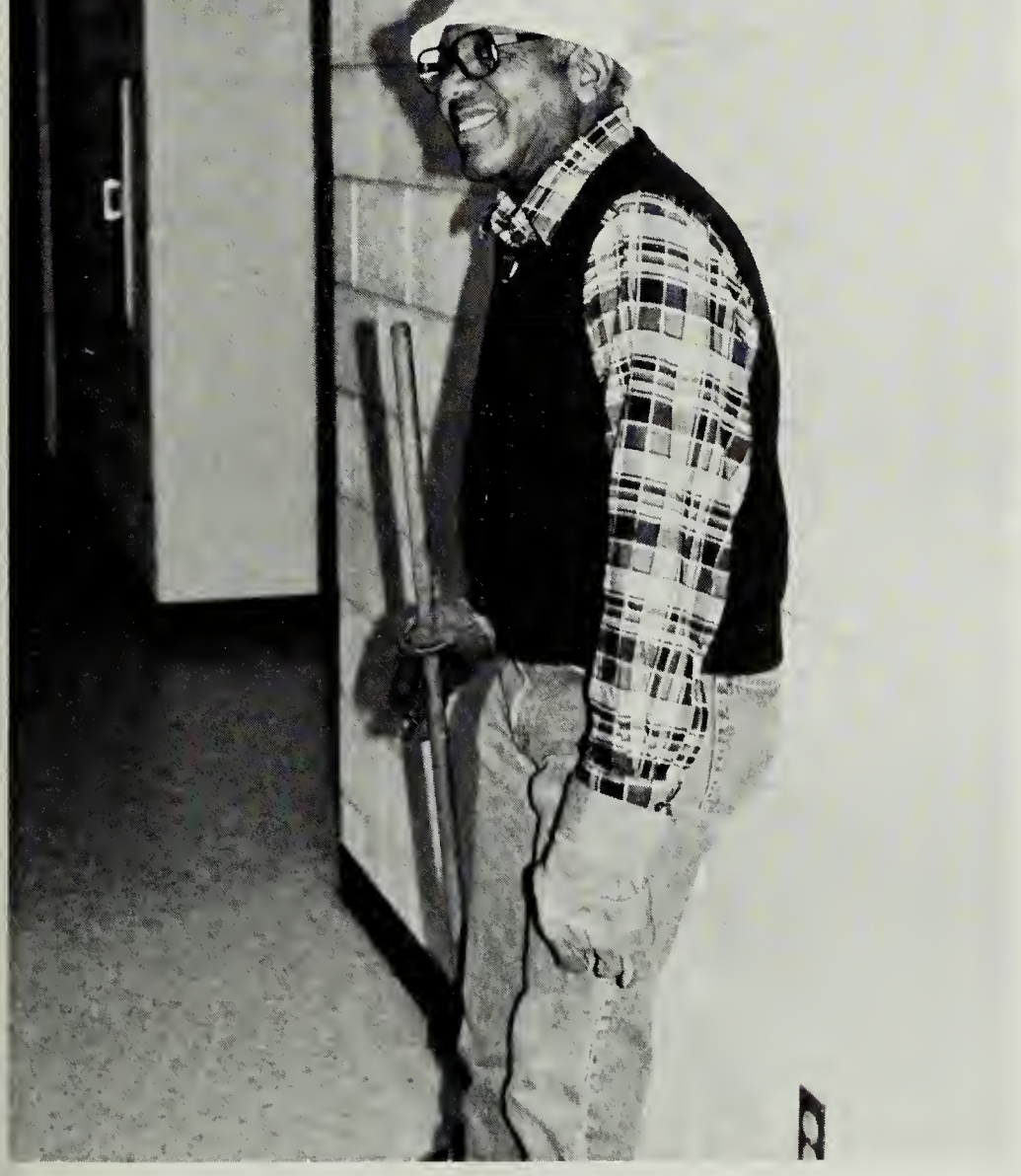
Cafeteria food has always been the target of criticism and sarcasm. Comments like "What in the world is that?!" and replies like "Mystery meatloaf." are commonplace. However, somehow the food keeps getting bought and eaten every day.

This year some new items were added to the a la carte menu such as yogurt and assorted ice creams. Pizza also started to be offered every day because of its popularity with the students. However, junk foods such as potato chips were taken off the menu.

The custodians also played a major role in the cafeteria scene. Without them, students would have been wading through various items of garbage and rotting food shortly after the beginning of school. Fortunately, they are there to keep the cafeteria and school a pleasant place for students to enjoy.



Smiling broadly, Alvin Howard seems to be enjoying his job as head custodian. He, along with the other custodians, is in charge of the maintenance of Potomac.



Keeping the floors of the school clean is a huge task for the custodial staff. However, this thought didn't seem to bother Willie Chavis as he goes about his job with a smile.

High Voltage



During the class play, Christy Mackey, David Snyder and Nolan Malone manage to display their excellent acting ability. Their performance, coupled with that of the rest of the cast, make the play a great success.



Concentrating on something hard, Nicole Romano sits through yet another truly gripping science lecture. All efforts paid off in the end, as did those of her friends, Becky Sloan and Diane Forsythe.

Exhibiting their extensive musical talents, Dean Furman and Mike Kvenberg run through another routine practice session. Contrary to popular belief, these "dry runs" serve a worthwhile purpose.

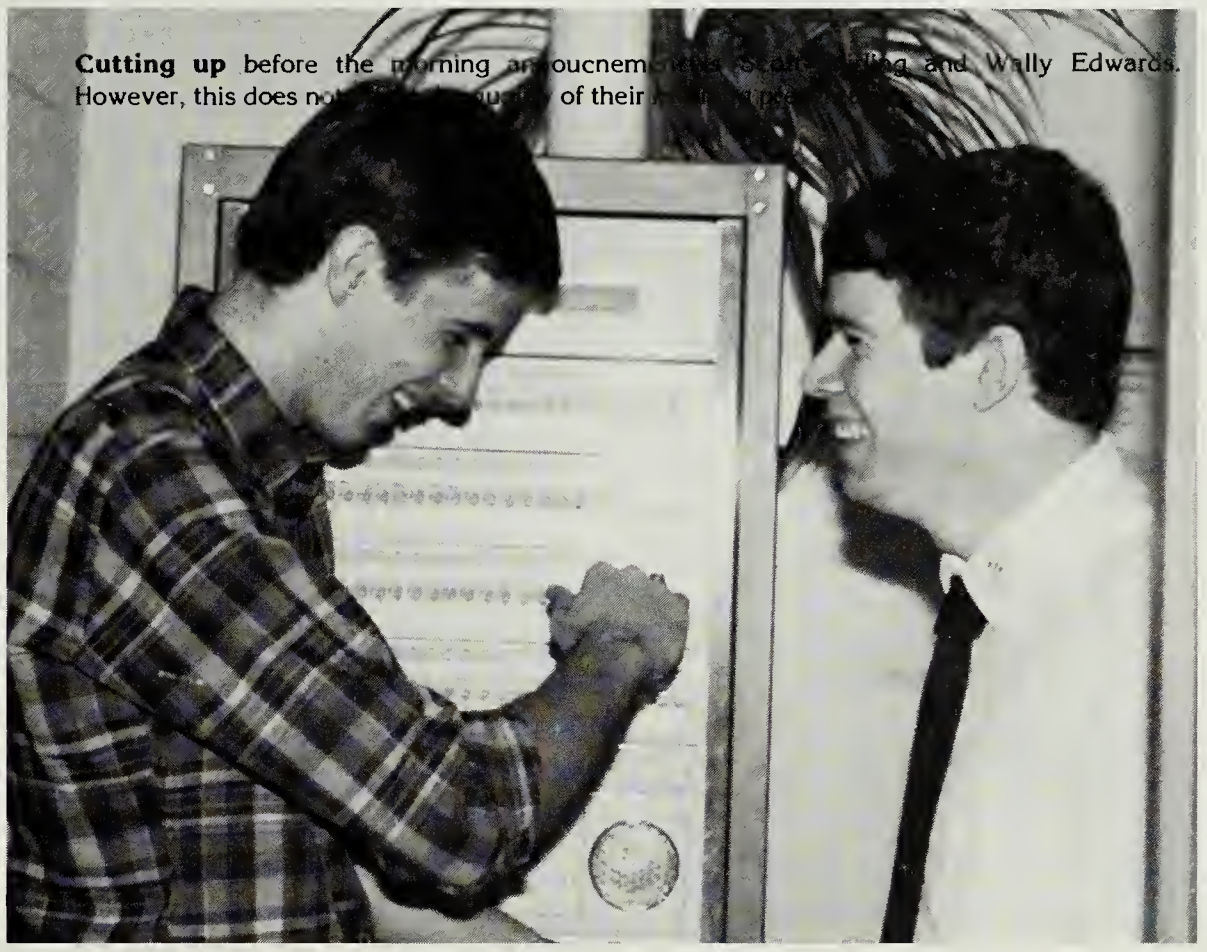


An important part of the marching band's talent is clarinet player Annette Widener. Performances of the band during half-time help to keep the stands entertained.

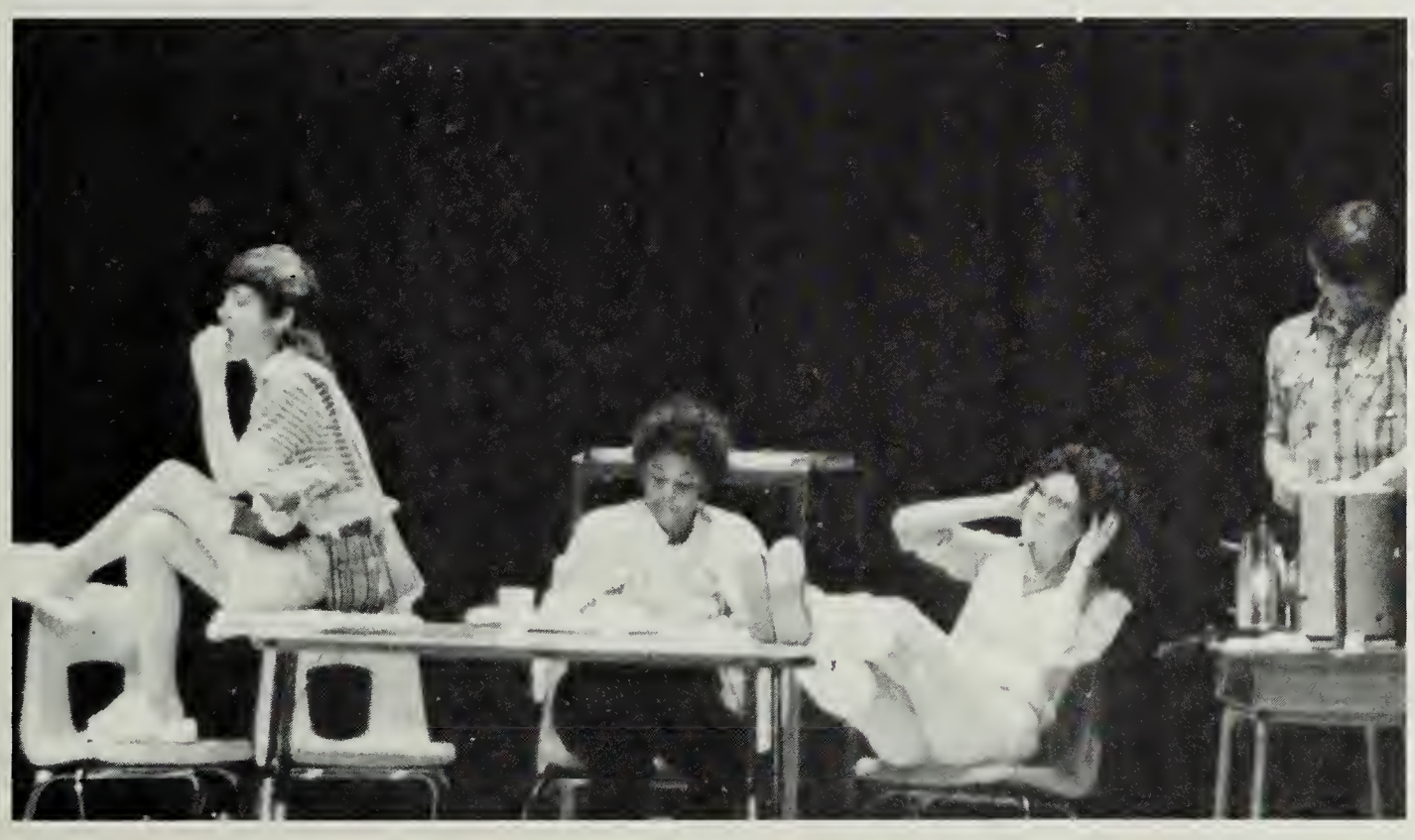


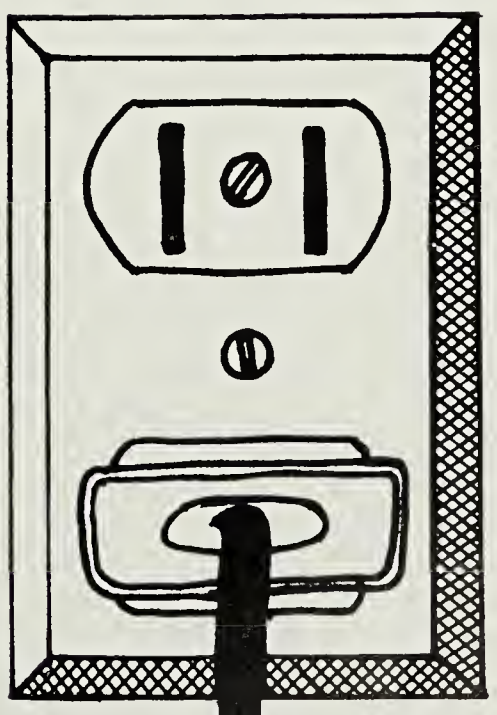
Extracur — What? Yes, right! Extracurricular activities. Those things which you could partake in during what little spare time you had. But it did enrich your academic prowess. Yes, you too could become a member of a club, academically-minded organization, band or vocally-oriented group. Let me expand on this thought. Take, for instance, band. There were three bands and an orchestra to choose from. As for singing groups, there were again three to choose from, as well as the Camarata Singers. But let us not forget clubs. Potomac had the clubs to satisfy your every desire. These included Key Club, DECA, VICA, SCA Reps, etc. However, we have not lost sight of the importance of academics the very idea school is based on. Yes, as unappealing as it was, we must think of that. Without academics, think how boring the days would have been . . .

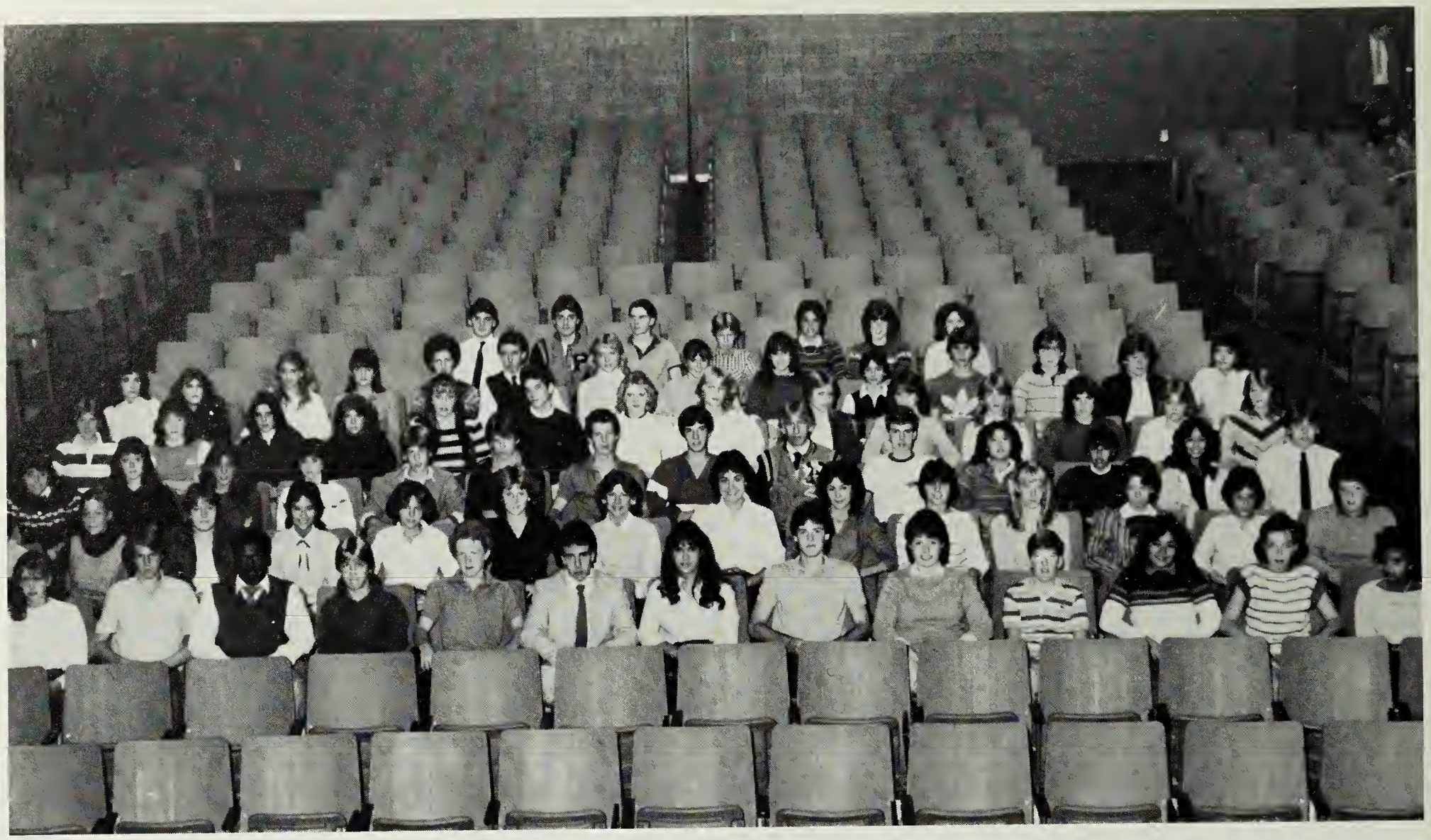
Cutting up before the morning announcements [illegible] and Wally Edwards. However, this does not [illegible] of their [illegible]



An off-beat admiration for the style of their favorite teachers is shown by Sarah Davis, Tammy Carter, Nancy Barber and David Snyder as they act out their roles in the Faculty Follies.







In alphabetical order: Jodie Agatone, Mia Alexander, Susan Ariola, Christine Bell, Cheryl Beyer, Stephanie Boyd, Stephen Brown, Becky Buckler, Missy Caddigan, Jeanne Callahan, David Chapman, Unhui Chi, Teresa Conway, Heather Cooper, Candy Covington, Tim Cristan, Deanna Davis, Jon Davis, Jamie Deemer, David Dorton, Suzie Dowling, Mike Doyle, Susan Doyle, Danny DuBreuil, Rob Dulin, Steve Dunlap, Cathy Dutton, Kim Feltautl, Ann-Marie Fortuna, Kim Gardziel, Marie Grandv, Stephen Greer, Lisa Hayes, Mark Henshaw, Heidi Hinkap, Carolyn Holtzhauer, Laura Hudak, Krista Johnson, Diane Johnston, Teri King, Julie Lamb, Dawn Lang, Ashley Lehman, Dirk Lueders, Susan Luedtke, Michael Mallardy, Nolan Malone, Greg Margheim, Jennifer Michelini, Richard Millsaps, Scott Molinari, Maria Natale, Nick Nicolosi, Kara O'Hara, Caitlin O'Leary, Michele Olio, Carrie Palm, James Pasek, Peggy Pasek, Brian Pinckard, Amelia Robinette, Rosie Robinette, Mylene Rowe, Cindy Ruffner, Kathy Smith, Dawn Swecker, Andrea Tardiff, Brannen Taylor, Paul Theriault, Lulu Tierney, Anne Triano, Mark Turner, Tammy Whitmer, Lee Wilson, Stephanie Wise.

Keyed Up to Serve

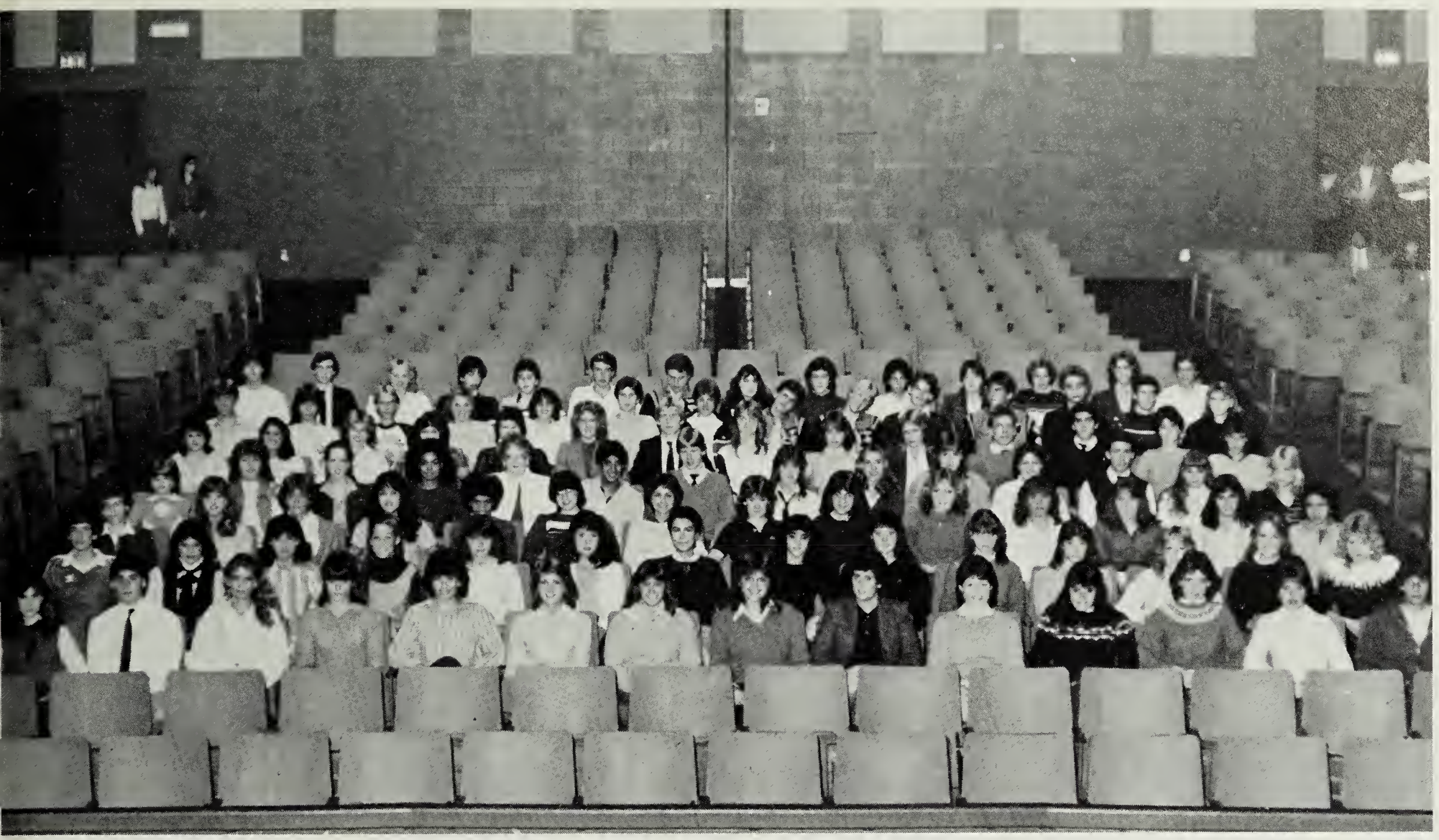
The Key Club had many objectives this year. One goal was to develop initiative and leadership and to prepare for useful citizenship. Serving the school and community plus cooperating with the principal were also important.

Included in activities were selling mums for Homecoming, canned food drives for the Red Cross at Thanksgiving and Christmas, donating clothes for A.C.T.S., a Dance-A-Thon and the Miss Potomac Pageant. There was also the Capital District Convention at Virginia Beach, April 6-8.

The Key Club was led by Mr. Bass and Jon Davis — President; Mike Doyle — Vice-President; Kim Dowd — Secretary; Rob Dulin — Treasurer; Scott Molinari — Sgt.-at-Arms; Mia Alexander — Chairman of the Board; Ashley Lehman — Lt. Governor.



Members relax at the Key Club induction banquet. The Seniors had the prestige of being guests of honor.



In alphabetical order: Carolyn Adams, Lisa Alonzo, Phil Anderson, Sharon Arcaro, Tonni Austin, Stacy Baroitch, Ann Beamer, Mike Belforte, Diane Benevides, Gina Bolk, Lisa Bolk, Stephanie Boyd, Jennifer Bowser, Kim Briggs, Sharron Bryan, Dawn Bullen, Sheri Burdette, Christina Burford, Teri Carter, Cindi Castleberry, Mike Cobb, Lori Conatser, Shawn Copley, Lisa Cosgrove, Stacy Crawford, Cindy Cunniff, Jerry DeCarli, Kathleen Delmore, Marisa De los Santos, Jeri Dickinson, Cathy Dutton, Kim Evans, Lloyd Eller, Heidi Farber, Kelly Fisher, Rency Forehand, Julie Fowler, Lisa Giglio, Kathleen Grafmuller, Hollie Hargett, Mark Haygood, Katie Hernandez, Katie Homan, Karen Hudson, Todd Jenkins, Kelly Johnson, Krista Johnson, Diana Jones, David King, Debbie Kondash, James Lacey, Bobby LaFleur, Suzy Larkin, Lisa Lascody, Debbie Lough, Bryan Luedtke, Susan Luedtke, Billy MacPherson, Janet Madrowski, Maruca Malloy, Nolan Malone, Steve March, Erika Martin, Thao Matine, Misty Matherly, Scott McKenzie, Tracy McKenzie, Mike Mestrovich, Christine Michelini, Jennifer Michelini, Ducie Miller, Doug Misenko, Robert Monaco, Julie Morley, Beth Morris, Kim Morrison, Jeanette Mullaney, Kelly Myers, Sheila Neary, Dawn Newman, David Norton, Megan O'Brien, Sean O'Donahue, George Ohlin, Caitlin O'Leary, Michele Olio, Sean Owen, Angie Peguese, Brooke Pennington, Karen Piwowarski, Doug Potvin, Roxi Reeves, Sean Rice, Beth Ritz, Marilyn Roltsch, Nicole Romano, Sean Ruf, Traci Schrak, Peggy Schulken, Lisa Schwartz, Dave Scott, David Secrist, Rob Semper, Susie Shane, Brian Singstock, Elissa Singstock, Kim Sisk, Julie Slade, Bryan Smith, Leslie Smith, Morgan Smith, Christine Sowala, Angela Stuber, David Sweatman, Allen Tardiff, Pat Thomas, Denice Thorlton, Jeanna Tillman, Joanne Triano, Bobby Trumpower, Tammy Valentine, Jennifer Weaver, Tammy Whitmer, Brenda Whitmire, John Willia, Doug Wilson, Mike Wilson, Chris Wolter, Beth Wright, Lisa Zawoiski.

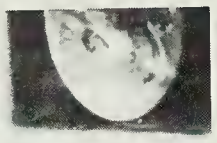


With a smile, Tina Evans prepares for another Junior Civitan meeting. With a group as large as this, Tina's job as sergeant-at-arms is an important one.

Serving Others

The largest group in the school, the Junior Civitans, was also a strong one this year. This organization was dedicated strictly to the service of others and did a great job. They participated in fruit cake sales at Christmas, sponsored a dance in conjunction with the Debate Club and prepared for, and attended, the District Convention. The club was sponsored by Ms. Fontana and was led by Mike Selgelid as president, Dane Puckett — vice-president, Michelle Kanche — secretary, Cory Puckett — treasurer, Tina Evans — sergeant-at-arms, Karen Waggoner — Chaplain and Allison Stewart — historian.

Tutoring students was one of the major activities the National Honor Society engaged in. Here, Caroline Atseff attempts to unravel the mysteries of geometry for Robert Drennan.





Front Row: Christa Vernarelli, Judy Lee, Laura Galke, Susan Bagato, Jill Holley, Bapi Bhattacharjee, Lisa Schwartz *Second Row:* Yuri Lazar, Mike Selgelid, Bev Manderville, Teri Carter, Lisa Cosgrove, Kathy Smith, Rob Crichlow *Back Row:* Amey Richardson, Joe Devaney, Glen March, David Secrist, Chris McVay, Caroline Atseff, Tim McDaniel, Wayne Gilbert, Paul Tiede *Not Pictured:* Maryanne Brady, Thao Martine



Service, Scholarship, Leadership, Character



Front Row: Debra Richardson, David Katzoff, Todd Dill, Diane Benevides, Lisa Londino, Robert Loefstedt, Jodie Knott, Lisa Hayes, Amanda Gaddy, Marisa de los Santos *Second Row:* Dan Bruinsma, James Miller, David Dorton, Julie Lamb, Jenny Boyd, Kim Overton, Maria Weis, Sharon Cox, Michele Olio, Rene Woo, Jeff Porter *Third Row:* Bobby Kraus, Debbie Peterson, Linda Jacobs, Christy Mackey, Val Manderville, Mike Glynn, David Snyder, Steve Canup, Christine Michelini, Kathy Dutton, Bill Chapman, Doug Misenko *Back Row:* Mark Henshaw, Julie Slade, Nolan Malone, Jon Davis, John Willis, Mark Vowell, Cindy Babb, Erin Cleveland, Allan Dziwoki, James Lacey, Rick Gow, Doug Potvin *Not Pictured:* Howard Dove, Margaret Gallagher, Laura Hudak, Robin Lafferty, Cindy Loveland, Jennene Miller, Sonya Smoot

Service, scholarship, leadership, and character are the fundamental ideals of the National Honor Society. Students must not only have excellent grades but also display these qualities to be accepted into this very selective club.

The process a student must go through to become a member of the Honor Society is more complicated than most people think. First a student must have the necessary grade point average, at least a 3.5 for juniors and a 3.3 for seniors. No sophomores or freshmen may be accepted. Then, the teachers who know the student vote on whether they consider him to have the qualities to be a member of the National Honor Society or not. The votes are then screened by the sponsors, Mrs. Polk and Mrs. Emmons, and by Mr. Ferrebee and the new members are chosen. All of this is kept top secret so that the tapping ceremony will be a truly special occasion.

This year's ceremony was held in the fall instead of the spring to give the seniors who were to be inducted the opportunity to have the Honor Society on their college applications and to give the juniors the chance to put the Honor Society on their class rings.

Being a member of the National Honor Society is, indeed, an honor. It is a symbol of the excellence, both academic and extra-curricular, for which Potomac is rapidly becoming well-known.



In alphabetical order: Tim Anderson, Tammy Armstrong, Susan Barger, Bapi Bhattacharjee, Kelly Beckman, Diane Benevides, Laura Best, Nicole Bryan, Bill Chapman, Bo Colcombe, Michelle Conley, Cindy Cunniff, Scott Dadson, Shannon Dadson, Sarah Davis, Derrick Dayton, Marisa de los Santos, Andy Dearing, Noel Dickover, Donna Dorton, Rob Dulin, Laurie Duncan, Brian Ervin, Kelly Fisher, Katie Flynn, Mike Flynn, Luz Griffin, Laura Hambrick, John Helsley, Katy Hernandez, Melanie Hernandez, Kelly Hilton, Laura Hudak, Kyle Jackson, Diana Jones, Alice Kalaskas, Bobby Kraus, Jim Lascady, Liz Lawlor, Cindy Loveland, Thao Martine, Linda Maziekus, Alexander Melville, Christine Michelini, Liz Monroe, Bess Morris, Kim Morrison, Bryan Nelson, Dominic Nicholas, Caitlin O'Leary, Michelle Olio, Brooke Pennington, Brent Phillips, Rosie Robinette, Steve Secord, Mike Selgelid, Joe Shearer, Brian Singstock, Elissa Singstock, David Snyder, Kelly Trumpower, Andra Touloumes, Peggy Wallace, Amy Wallich, Lisa West, Kevin West, Annette Widener, Christine Wolter, Rene Woo



Working diligently on upcoming activities, Marisa de los Santos puts in many hard hours of work. This is what it takes to have a successful S.C.A.

Bridging the Gap

The gap between the student body and the administration is bridged by the Student Cooperative Association. They provided communication between these two bodies in both directions. They also organized activities and fund-raisers to aid the school. They supported the school and improved attendance by paying one-fifth of the new school tele-computer which notified parents of students' absences with an automated telephone call. The SCA representatives from each homeroom had, as their president, Bo Colcombe, Kevin West was vice-president, Bapi Bhattacharjee acted as treasurer, Marisa de los Santos was secretary and Bobby Kraus had the job of being sergeant-at-arms.

Stars of Tomorrow

The past year has been an eventful one in Drama Club. The club received much more publicity and more participation than in former years.

Sponsor, Miss Ginsberg, saw that all went well with productions and the Talent Show.

The Club experimented with the idea of student directors. Letting students direct "A Night of Comedy — 3 One-Act Plays," last fall. The Spring show also directed by a student proved to be very successful.

The officers this year included Mike Kvenberg — President, Robby O'Neill — Vice President, Susan Barron — Secretary, and Jennifer Craig — Treasurer. The office of Historian was held by Bonnie Reed and club photographer was Danny Lee. These people, along with members of the club, were active in stage managing, make-up, directing, lights, and sound.

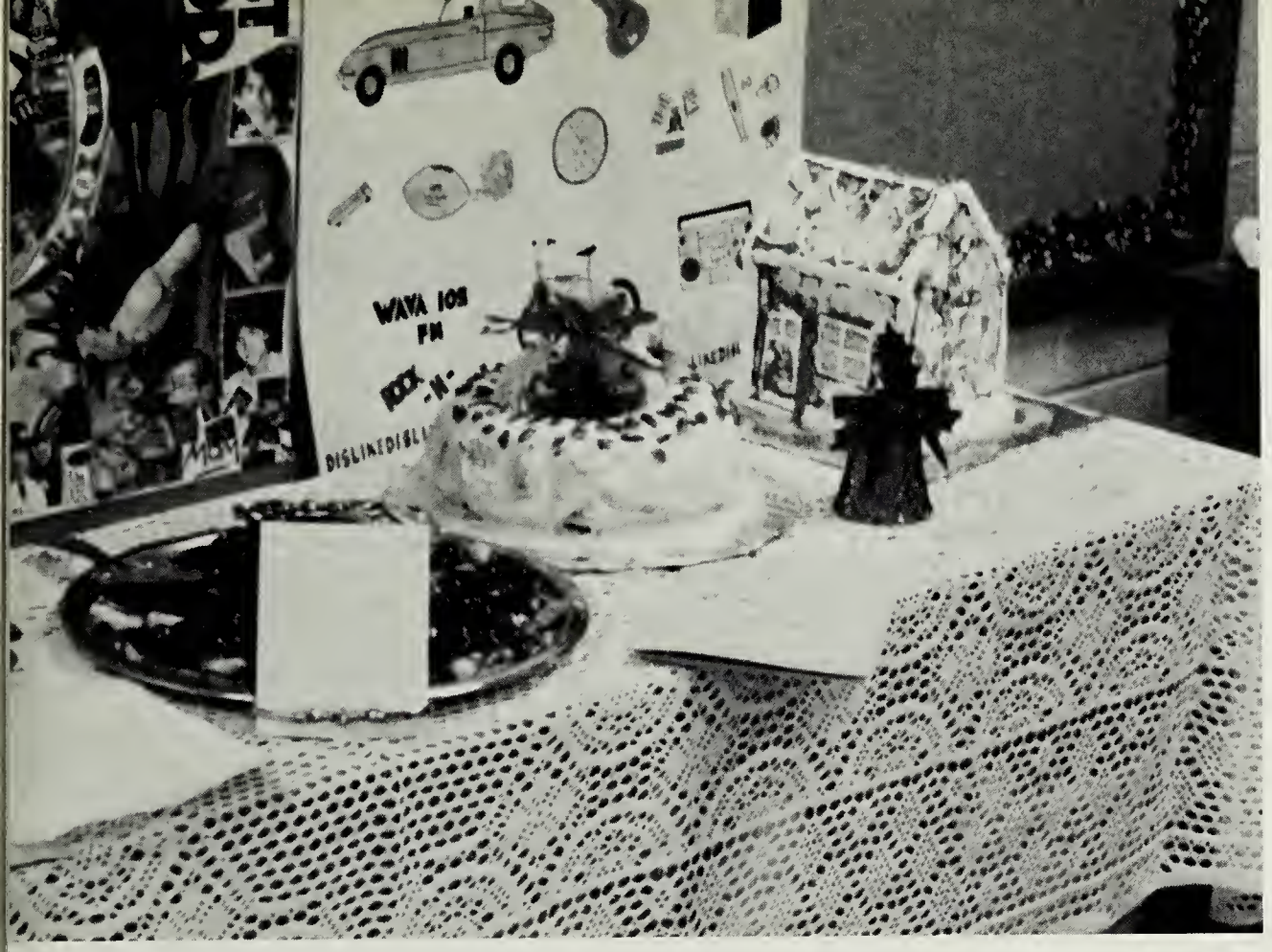
All members were more active than ever and brought a very productive year to the Drama Club of Potomac.



The larger the smile, the brighter the day. Enjoying a break before rehearsal Cindy Cunniff follows this advice.



In alphabetical order: Cathy Anderson, Mark Anglin, Suzi Barron, Jenny Boyd, Cheryl Brady, Maryanne Brady, Tracy Brugger, Wesley Brown, Kathy Burke, Gina Burleson, Melissa Burress, Kate Cervarich, Lorrie Chicka, Amy Chilson, Loretta Corbin, Steve Costello, Jennifer Craig, Candy Covington, Brad Daniel, Ellen Davis, Sarah Davis, Louis Dean, Lisa Dexheimer, Cathy Draper, Amanda Dudley, Laurie Duncan, Matt Fetheroff, Ann Marie Fortuna, Lisa Gill, Tania Greck, Stacy Gudgel, Dana Harp, Kim Harris, James Hoohmuth, Kelly Holyfield, Laura Hupka, Kelly Januszewski, David Johnson, Michelle Kanche, Tonya King, Michael Kvenberg, Rachel Kvenberg, Mary Lavella, Shonda Lowe, Danny Lee, David Lee, Nashay Lewis, Julie Londino, Christine Malloy, Valerie Manderville, Lynn Maruschak, Diana Maslo, Jeff McAllister, Ursula McNamara, Cindy Micheal, Lisa Miller, Sean Miller, Eva Morgan, Traci Mounts, Jeff Mower, Robby O'Neill, Noreen O'Sullivan, Kim Overton, Richard Pagan, Sheri Pierce, Lisa Pittman, Beth Poland, Laura Porteus, April Posey, Dean Raat, Wendy Randall, Bonnie Reed, Lorie Reed, Chris Rowen, Duane Sampson, Dorey Searle, Valla Simpson, Molly Stockton, Tony Smith, Elizabeth Talton, Helen Thomas, Alyssa Thompson, Kim Turner, Pamela BanStaden, Renee Voegtly, Toni Walker, Melina Wallace, Brian Wallich, Jackie Watson, Lisa West, Kristi Wharton, Kristin White, Christine Wilks, Lori Woolls, Particia Woolls



Quick! Take a look — foreign goodies are exhibited during the Foreign Language Festival. Made by members of the club and enjoyed by everyone, they didn't last long.

Passport to Learning

An active year was programmed by members of the Foreign Language Club as they planned cultural activities for the students and their families. Meetings were held once a month during activity period and twice a month after school. The club officers were Richard DuBreuil — president, Lisa Londino — vice president, Christy Mackey — secretary, and Suzanne Terrazas — treasurer, with Mrs. Cakora and Mrs. Stone serving as sponsors. The club provided activities to educate the school and community and to create informal situations in which the students could share their foreign language and cultural knowledge. In the Homecoming Parade, club members placed third for their float, "It's a Small World." They sponsored the first annual Foreign Language Festival in the spring. In the club meetings, community citizens shared their experiences in foreign countries. Members of the club hope that, through their efforts, students come to recognize the need to learn and appreciate the language and culture of countries other than their own.



GERMAN CLUB *Front Row:* Jennifer Weaver, Julie Helm, David Boyerson, Brian Pinckared, Dawn Lang, Kristin Pinckard, Ursula McNamara, Jennifer Knill *Second Row:* Heidi Farber, Mike Flynn, Tim Pease, Jamie Gerace, Heather Cooper, Scott Simpson, Donna Troxel, Yoland Herd *Back Row:* Dean Furman, Doug Ferguson, Wayne Moore, Pete Fleming, Andrew Jacobson, Angie Hammons, Joe Gerace, Mike Helm

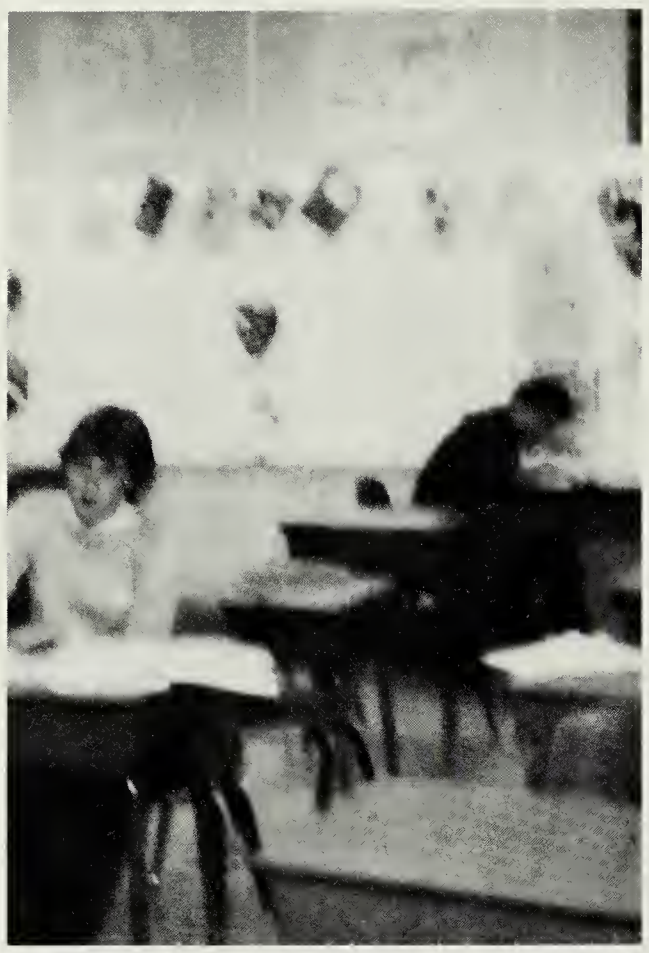


FOREIGN LANGUAGE CLUB *Front Row:* Richard DuBreuil, Judy Lee, Jody Knott, Linda Bates, Lori Chichka, Susan Barron, Stacy Howerton, Suzanne Terrazas, Beth Wright, Cindy Babb, Shawn Sebren, Beth Talton, Jennifer Knill, Kathy Dowling *Second Row:* Paula Hollar, Lori Lambert, Mary Lee, Kristin Ramsey, Christine Ramsey, Susan Volk, Kathy Marshall, Jennifer Gonzales, Lisa White, Yolanda Herd, Amy Chilson, Joe Gerace, Chris Cox, Scott Kukawa *Third Row:* Lisa Londino, Jenny Pollack, Angie Peguese, Tracy Hebert, Janet Modrowski, Brooke Pennington: not member, Elisa Singstock, Sharon Arcaro, Debbie Peterson, Beatrice Quintavalli, Kim Briggs, Susan Vowell, Donna Dorton, David Roberson *Back Row:* John Davis, Christy Mackey, Dean Furman, Chris Barko, Eric Doiron, Tanya Smythe, Cara Polk, Amy Griffin, Sondra Scott, Jeff Mower, Wally Edwards, Kelly Beckman

A Treasure of Creativity

The literary magazine, entitled "Out of the Blue," is a publication of a variety of students poems, essays, and compositions produced by the literary club.

Students whose papers demonstrate creativity and originalty are submitted to the club, where they compose a booklet of exceptional works to be sold. The club is sponsored by Mrs. Moller and has, through much effort, established a memory for all students.



The publication of this book by the "Out of the Blue" staff has many steps. Morgan Smith and Wes Brown get closer to reaching the final stage.

Much preparation goes into composing the Literary Magazine. With stern concentration, Sharon Sweeney works at revising an essay.



First Row: Brenda Whitmire, Sharon Sweeney, Kim Alexander. *Back Row:* Jeff Mower, Pete Gaither, Wally Edwards. *Not Pictured:* Morgan Smith, Donna Reid, Suzy Kzansnak, Wes Brown.



Diligently, Nolan Malone and Jon Davis prepare for a forensics meet. The members of the club have worked very hard to improve their speaking skills.





Front Row: Beth Katzoff, Alice Kalaskas, Thao Martine, Eric Anderson, Butch Kenny, Danny DuBriel, Kevin Szady, Kathy Neary *Second Row:* Scott McKenzie, David King, Mike Selgelid, Laurie Duncan, Kathy Smith, Richard DuBriel, Nolan Malone, Joe Blake, Jeff Mower *Back Row:* Wally Edwards, Jon Davis, Conrad Woo, Rene Woo, Dale Triplett, Beth Wright, Julie Slade, David Secrist, Bill Chapman

Art of Speech

This year proved to be a year of change, especially for the Debate and Forensics Society. The members decided to focus on the forensics activities rather than their past debate format. Sponsors Mrs. Eden and Mr. Kite worked hard to get members ready for the competitive and eloquent art of speech, but the students gained most of their needed knowledge and experience at their first meet in Charlottesville in December. Club president Mike Selgelid has not only helped members of the club, advised the sponsors on certain matters, and been an active orator, bur also supervised many of the club's fund raisers. The society hopes to continue its participation in forensics and gain the essential experience to become a major force among Virginia high schools in the art of speech.

World for the Future

DE, now known as Marketing and Distributive Education, was a vocational educational program that enables a student to combine part-time employment with class instruction in areas of retail, wholesale and service occupations. At Potomac 4 classes are offered in Marketing and Distributive Education. Fundamentals of Marketing (DE I) was a basic course on DE for students with career interests in sales and marketing. Marketing (DE I) was a beginning cooperation program in which students combined class room instruction with supervised on the job training. All students were required to have 540 hours of work. Advanced Marketing (DE III) was the advanced program in which students dealt in depth the development of marketing competencies necessary for full time employment and job advancements. Finally, Fashions Merchandising was offered to studentw with a career interest in fashion merchandising. The class covered career possibilities, merchandising, and sales.



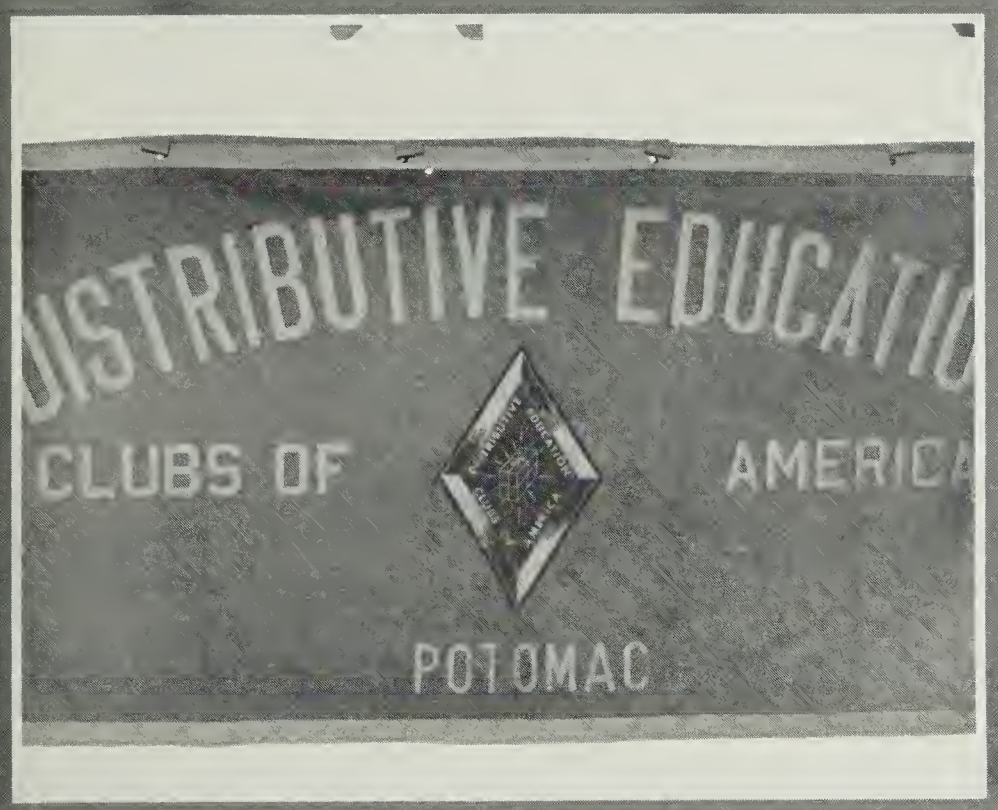
Front Row: Rhonda Burnett, Michelle Munn, Chrissy Callahan, Michelle Trumpower, Lisa Sprouse, Tina Henderson, Debbie Buckner, Melonie Underwood, Not Member *2nd Row:* Not Member, Not Member, Karen Briel, Dale Heinen, Cherly Elliot, Susie Cropper, Carol D'Archangelo, Rita Alston, Garnetta Bumbrey, Richard During *3rd Row:* Shelly Martin, Not Member, Reggie Jackson, Ronnie Smith, David Rodriquez, Kim Angelo, Christina Carver, Shari MacDonald, Michelle Drolet, Tim Thompson, Not Member *Back Row:* Not Member, David Osborne, Valerie Santo, Mike Sink, Not Member, Sean Pemberton, Carrillo Dean, Keith McCamey, Not Member, Steve Barber, Not Member, Not Member, Sean Ruf, Danny Stanley





There's more to becoming a professional than spending time in a classroom or shop. It takes commitment and training to become all the best you can be in all respects. That's why students are getting involved in their own professional organization. That program is called the Vocational Industrial Clubs of America (VICA). VICA is a nationwise organization serving the students of vocational education enrolled in a public high school and post-secondary trade, industrial, technical, and health occupation programs. VICA members know that their membership helps them to make a difference in their school, community and in themselves. VICA members were proud of what they were doing and were having fun while they do it.

The Industrial Cooperative Training program (ICT) offered high school students the opportunity to receive valuable training in one of the many career fields within the areas of trade, industrial, technical resources of both the high school and the technical/industrial complex of the community. Business, industrial and professional establishments provide part-time employment and supervised training to ICT students during school hours, while the high school furnished the technical subject matter related to the student's occupation and a coordinator for the program. The program's main purpose was to provide each student with occupational experience and related instruction to prepare them to accept employment and be a productive worker.



The purposes of DECA are symbolized by the four points of the diamond that forms the DECA emblem. The four points represent Vocational Understanding, Civic Consciousness, Social Intelligence, and Leadership Development.



Like most other clubs, DECA has officers who lead and represent the other members. The 1983-1984 officers are: President, Julie Gretencord; Vice-President, Sean Ruf; Secretary, Rita Alston; Treasurer, Debbie Buckner; Photographer, Danny Stanley.

The Distributive Education Clubs of America (DECA) was a national youth organization for DE students. Through active participation in local, state, and national activities, DECA members developed a better understanding of the business world. The DECA program included activities such as sales projects, banquets, recreational activities, district meetings and participation in community projects and the DECA competitive events program.



VICA members listen intently to the speaker at one of their meetings. The club often holds meetings to let the members know of their progress and new projects.



At the installation of officers' ceremony, Earl Gordon is installed as reporter. Dr. Lee Ross, State VICA Director, did the honors.



FUTURE HOMEMAKERS OF AMERICA (FHA) *Front Row:* Carol D'Archangelo, Cindy Vause, Dawn Overby, Jewel Mitchell, Ann Minor, Cheryl Brady. *Second Row:* Julie Patton, Michelle Banks, Brenda Whitmire, Brooke Pennington, Elissa Singstock, Lisa Lascody, Winnie Butler. *Back Row:* Renee Brunson, Debbie Rupp, Patricia Spitler, Angela Brosius, Michele Hansohn.



AMERICAN INDUSTRIAL ARTS STUDENTS' ASSOCIATION (AIASA) *Front Row:* Richard During, Andy Trent, Steve Bently, Jimmy Munn, Vincent Oswald. *Second Row:* Jacque Leverstein, Frank Lasch, David Lee, Jimmy Troyer, Ernie Terrazas. *Back Row:* Mike Cook, Gary Johnson, Tony Freeman, Jeff Furnia, Paul Newman, Mr. Edmonds.



FUTURE BUSINESS LEADERS OF AMERICA (FBLA) *Front Row:* Debbie Richardson, Kelly Holyfield, Sandy Abt, Krista Bergeria *Back Row:* Brooke Pennington, Lisa Lascody, Elissa Singstock, James Nix, Darren Stalder.

Preparing for the Future



While attending a FBLA meeting, Darren Stalder listens attentively to his sponsor. The club is busy preparing to go to the state competition at Roanoke.

Preparing for the future . . . that is what the students have been doing in the clubs Future Homemakers of America (FHA), American Industrial Arts Students' Association (AIASA), and Future Business Leaders of America (FBLA). Their sponsors Mrs. Fleming (FHA), Mr. Edmonds (AIASA), and Mrs. Haun and Mrs. Findley (FBLA) try to give the club members an interesting schedule of events and activities to attend and participate in. Among those planned this year for the FHA club were a Christmas Bake Sale, a Cookbook Sale in February, an Easter Bake Sale, a Mother-Daughter Banquet in May, and a trip to Kings Dominion in June. The AIASA club had a Valentine Dance in February, a car wash in April, and an Industrial Arts Display at Manassas Mall during Vocational Education Week from February 13 to February 17. This club also used its vast supply of energies and talents in the production of the Potomac Paw Power Note Pads. Not to be outdone, the FBLA club went to a workshop during a conference at Germanna Community College, the regional competition at Germanna, and the state competition at Roanoke. The students have received a great deal of worth out of these clubs and have learned skills that they will take with them after they finish high school.



SCIENCE CLUB OFFICERS Secretary — Art Forster; President — Rebo Zacharias; Vice President — Chuck Crosby; Treasurer — Brian Lee.



The Computer Club offers a variety of skills to learn. Taking advantage of this, Jerry Hayes works with the computer.

APPLIED SKILLS

Boosting its membership up to 60, the Computer Club offered a variety of skills to be learned and applied. Mrs. Szady was the sponsor.

The members were divided into three different groups: 1) No previous experience, 2) some previous experience, 3) good knowledge of computers. They then learned to program by practicing during the activity periods.

At the end of January, the club invited Bell & Howell to be a guest speaker. They talked about computers and engineering careers for interested members.

In its first year, the Science Club became one of the most active clubs in the school. Mrs. Shipman was the sponsor.

During the spring, the club brought about Teacher Appreciation Week, and during the winter they sold candy canes. The money was used for the Gas Chromatograph Science Department (Chemistry) and field trips.

Besides sponsoring the annual Science Fair, the club had many guest speakers. The topics were on such subjects as Survival After Nuclear War, Acid Rain, Evidence of Extraterrestrial Life, and Infrared Radiation.



THE SCIENCE CLUB *Front Row:* Tim Brigham, Wendy Holtzman, Rene Woo, Tony Katsarelis. *Second Row:* Conrad Woo, Joe Blake, Rebo Zacharias, Chuck Crosby, Erin Cleveland. *Back Row:* Robert Drennen, Dale Harris, Dale Triplett, Frank Lasch, Brian Lee, Chris Moberly.



THE COMPUTER CLUB: Sandra Abt, Matt Allen, John Apperson, Jeff Belcher, Geoff Bell, Steve Bentley, John Berta, Kathy Briggs, Tamara Carter, Ty Chapman, Rick Clark, Mike Cobb, Vanessa Colletti, Steve DeHarde, Lloyd Draper, Ken Duff, Allan Dziwoki, Deane Elliott, Katie Flynn, Gary Garrison, MikeGibson, Richard Gow, Karyn Greisen, Adina Harrison, Jerry Hayes, James Hockmueth, Sam Hughes, John Jackson, Richard Jackson, Jay Johnson, Vera Johnson, Rodger Jones, Monique Landry, David Lee, Hank Lee, Robert Leeper, Shannon Lining, Lisa Lucas, Marc Lyall, Rob MacLean, Daniel Miller, Scott Moberly, Jimmy Montgomery, Aaron Nelson, Bryant Nelson, Vandella Newson, Sean O'Donnoghue, Bob Owles, Kevin Parker, Tim Pease, Rick Pierson, Steve Quintavalli, Thomas Rand, Dean Robinson, Eden Ruiz, Eric Ruiz, Elise Scott, David Shive, James Stepnowski, Caryn Swenson, Dee Tainter, Patrick Taylor, Helen Thomas, Maria Thomas, Frank Thompson, Annette Williams, John Willis.

A Picture Is Worth

It's true. A single picture is worth a thousand words. Two clubs at Potomac were responsible for pictures. The Photography Club photographed pictures and The Art Club painted and created them.

The Photography Club at Potomac was headed by Mr. Kadis and aided by Mr. Prifti. The purpose of the club was to teach and allow students to process and develop their own pictures. Each student had to have access to their own 35 mm camera and was allowed to use all available school equipment for a $5.00 due fee.

The Art Club at Potomac was headed by art teacher Mr. Outman. The club met during activity period and after school. Their main goal was to raise funds for new art equipment for the art department. Though this year it had few members, the Art Club is growing and expanding.



PHOTOGRAPHY CLUB: *Front Row:* Christine Boeger, Mike Dean, Ken Yaeger, David Baird, Kathy Nicely, Charlotte Acker. *Middle Row:* Betty Francis, Shadon Nejati, Sigrid Layne, Chris Simplemen, Wayne Shorter, Brian Testerman, Sean Connoly. *Back Row:* Tad Davis, Burton Browning, Chris Fullerton, Jeff Mower, Wally Edwards, Jimmy Connors.



ART CLUB: *Front Row:* Brooke Pennington, Lisa Lascody, Elisa Singstock, Kelly Burke, Theresa Ervin, Nancy Bagato. *Middle Row:* Paul Connaughton, Melina Walis, Fred Coleman, Darell Gibson, Susan Bagato. *Back Row:* Gene Turpin, Tim Sullivan, Sean Pemberton, Paul Roberson, Mike Sipes, Garland Lipscomb.

A Thousand Words



Showing the finesse and talent needed to work with clay is Art Club sponsor Mr. Outman. The Art Club worked with clay and made some paintings and jewelry.



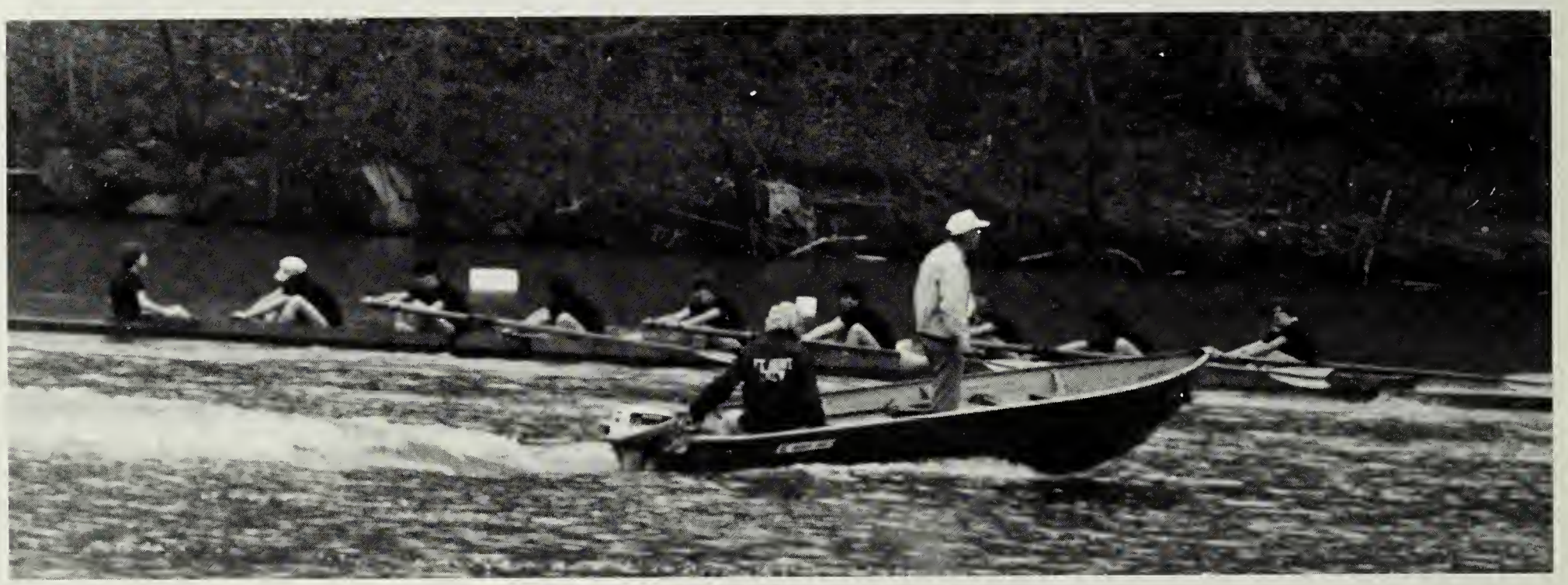
Photography Club members Burton Browning, Chris Washburn, and Chris Fullerton get ready to begin taking pictures. The club stressed all phases of photography including picture taking, and developing and processing.

Stroke of Endeavor

For the past three years, Potomac crew has been working its way to becoming a competitive power. Of seven categories to race in, they have worked their way up the ladder from the bottom. Their biggest accomplishment was their first win last season at the Occoquan Springs. Although that was their only win, they were able to compete in the nationals of the Scholastic Rowing Association. This year they moved up to the junior varsity level of competition and travelled to Philadelphia for the prestigious Stotesbury Regetta. A change of coaches every year and equipment problems have taken their toll on the team, but with the persistant efforts put forth by all members, crew received the recognition it so well-deserved.



Row, row, row, your boat, but maybe not so gently. Brian Lee, Paul Edelstein and Andrew Jacobson have to row across the lake every day during crew season.



As the tension mounts, Potomac's Crew Team show their pride as they pass the judges in the T.C. Williams Invitational.

Easy as it looks? It's not. The Potomac Crew Team even spends Saturday during the season working out on the Potomac River.



Autographs



Marching to Stardom

Have you ever seen a halftime show? Then you know that it was mainly made up of our marching band. The marching band provided entertainment and led the stands in enthusiasm and spirit. The band was led by Mr. Dill along with the drum majors. It has come a long way in its short five year history. Each year, the band has progressed slowly but surely.

The marching band has been faced with many problems, but this year the most potent was lack of experience. The band had no upperclassmen to learn from and imitate. Frustration grew among the members, but they continued to work hard and diligently to make the band a success. And what a success it came to be! The marching band received a rating of "good" at state competitions which was a big accomplishment for a group of their experience. This year they travelled to ODU for a state competition and marched in several parades, receiving awards from both Quantico and Dumfries. The band consisted of 57 players, 16 bandfront members (Flags and Rifles), and two drum majors who were chosen by audition. All the members attended both games and practices. The latter were vital for them for they needed to get every note down; precision was a great part of their performance.

Parents also played an important role in their success. To raise money, they sold Band Booster buttons and provided both moral and financial support.



Without the Flags, the marching band would not be complete. Lisa Pittman stands erect as she awaits the beat to raise her flag.



Dazzling performances by Potomac's majorette, Diane Biddle, at football games kept the crowds captivated.



Many honors have been achieved by the marching band. Members of the band prove these honors to be well deserved.

An important part of participating in Rifles is keeping in step. Sheila Neary and Kim Angelo demonstrate the difficulty of being in rhythm.





First Row: **DRUM MAJORS** David Dorton, Todd Dill *Second Row:* Brad Daniels, David Martin, Annette Widener, Sheila Griggers, Debbie Harnes, Kim Harris, Christine Bell, Jodie Agatone, Cathy Rhodes, Mari Voegtly, Tracy Brueggen, Jenny Boyd *Third Row:* Paul Ricks, Tony Katsarelis, Alfred Hills, Kevin Szady, James Geyer, Samantha Hughes, Cindy Saylor, Mark Ricks, Eric Grunderman, Brad Hall, Scott Moberly *Fourth Row:* Robert Drennan, Paul Pasek, Keith Brown, David Agatone, Steve Costello, Keith Piirto, Butch Kenney, Peggy Pasek, Lisa Dexheimer, Bill Raines, Jeff Geyer, Patty Smith, Steve Lingo, Matt Fetherolf, Patty Smith *Back Row:* John Folliard, Chris McVay, Steve Lingo, Matt Fetherolf, Steve Zacharais, David Katzoff, Jennene Miller, Kim Britt, Bill Brown, Wayne Cornwell

POTOMAC HIGH SCHOOL

PANTHER BAND

Carried with pride, the marching band's banner is a symbol of the school.



With raised flag, Hyum Lee stands in position to give the crowds an opportunity to see the Panther symbol.



MAJORETTE, FLAGS, AND RIFLES *First Row:* Dianne Biddle *Second Row:* Tina Summa, Kathy Neary, Dana Harp, Kim Morrison *Third Row:* Anne Bartosch, Bev Clements *Fourth Row:* Lisa Potvin, Kim Angelo, Sheila Neary, Julie Pierson *Fifth Row:* Lisa Pittman, Stacy Darr *Back Row:* Hyum Lee, Jackie Clements

Take It From the Top

Taking it from the top, this years concert and symphonic bands began the year with a cheese and sausage sale, providing funds for their music and possible field trips. Their first concert was held in November. In addition, there was a concert at Christmas, a prefestival concert, and concerts in the fall and spring concluding the year.

Concert Band *Front Row:* Jennifer Grassler, Anna Reid, Lisa Dexheimer, Julie Pearson, Jodie Agatone, Dana Harp, Cindy Saylor, Shannon Hayworth, Cathy Rhoades, Mari Voegtly, Kelly Phoenix, Becky Sloan, Michelle Bailey, Samantha Hughes *Second Row:* Peter Stapor, Robert Underwood, Nelson Davis, John Haneclau, Butch Kanney, Keith Brown, Steve Reza, Mike Urbanek, Eric Grunderman, Brad Hall, Greg Clark *Back Row:* John Folliard, Patrick Taylor, Chris McVay, Alan Britt



Anxiously awaiting their performance during a school assembly is Potomac's Symphonic band. Students prepare their instruments and music for the performance for their fellow peers and teachers.





SYMPHONIC BAND First Row: Annette Widener, Debbie Harness, Kristin Boeger, Christine Bell, Sheila Griggers, Christina Buford, Laura Best, Lisa Londino, Tracy Brueggen, Jenny Boyd, Liz Lawler *Second Row:* Caroline Atseff, Joelle Wiggins, Karyn Greisen, Suzanne Terrazes, Charlotte Acker, Roberta Grindle, Kim Harris, Kim Britt, Peggy Pasek, Patty Smith, Bev Manderville *Third Row:* Tony Katsarelis, Paul Ricks, David Martin, Earl Gordon, Mike Szady, Alfred Hills, Mark Ricks, James Geyer, Brad Daniel *Fourth Row:* Robert Drennan, Paul Pasek, David Agatone, Steve Costello, Keith Pietro, Todd Dill, Jeff Geyer, Scott Moberley, Scott Callantine *Back Row:* Steve Lingo, Matt Fetherolf, Steve Zacharias, David Katzoff, Wayne Cornwell, Bill Brown, David Dorton, Bill Raines *Not Pictured:* Richard Asberry, Mike Ausley, Cindy Babb, John Baldwin, Tim Bray, Kimo Buckon, Hiedi Farber, Pete Gaither, David Manvell, Roger Sommers, Mike Waniel



Band director, Mr. Dill, announces the last of two performances given during the school day. Two concerts had to be given in order for the entire student body to attend.

Road to Harmony

There were four concerts given by the Potomac Symphonic orchestra, under the direction of Mr. Casey. These, in order, were Christmas pyramid concert, fall, prefestival, and Spring concerts. The orchestra also performed at Festival. In addition, students were selected to perform on May third and fourth at the James Madison "select string thing."

Hard work and extra effort paid off for the Treble and Varsity choirs as they performed successfully in the Christmas and Spring concerts. The treble choir also performed at Festival and went caroling in Occoquan.



Intense concentration is required to perform a successful Orchestra concert. These students put much time and effort in preparing their music.



First Row: Bobby Krucelyak, Alice Kalaskas, Amy Wallich, Kim Britt, Donna Tiplady, Jennene Miller, Robert Wallace, Mike Kvenburg. *Second Row:* Shalane Willis, Stacey Darr, Mari Voegtly, Bev Manderville, Caroline Atseff, Debbie Harness, Roberta Grindle, James Geyer, Brad Daniel, Rachel Kvenburg, Amey Richardson. *Back Row:* Dee Tainter, Noel Dickover, David Agatone, Steve Costello, Keith Pietro, Jeff Geyer, Scott Moberly, Todd Dill, Bill Raines, David Dorton, Bill Brown, Wayne Cornwell, Steve Lingo, Matt Fetherolf. *Not Pictured:* Laura Galke, Hyunm Lee, Jennifer Pollack, William Jennings, Cindy Ruffner, Jeff Tribe, Nazli Shah, Lisa Miller, Jackie Watson, Paul Coletti, Dean Furman, Joe Blake.



TREBLE CHOIR *First Row:* Cindy Saylor, Kristin Thomas, Kim Watson, Angela Stubor, Mr. Goodwyn *Second Row:* Chrissy Weton, Alyssa Thompson, Jennier Weaver, Chris Crossley, Roxie Frazier *Third Row:* Theresa Thacker, Kristin White, Robin Moser, Lyndia Mersing *Not Pictured:* Ann Beamer, Cindy Bowler, Missy Bowler, Renee Brunson, Betty Simes, Laurie Fetherolf, Vicky Kearns, Lisa Mower, Dorey Searle, Jacque Sinkowski, Molly Stockton



VARSITY CHOIR *First Row:* Gladys Fernandez, Christine Spade, Mr. Goodwyn *Second Row:* Ann Thacken, Allison Boersbain. Wendy Randall *Not Pictured:* Stanley Timmons, Wanda Gothreau, Denita Evans, Larry Coaly, Carolyn Beamer



CONCERT CHOIR: First Row: Mr. Goodwyn, Christa Vernarelli, Diana Davis, Donna Greccer, Kim Watson, Duane Sampson, Steve Lippert, Sean Miller, Richard Pagan, Jeff Wise, Jewell Mitchell, Amy Hawkins, Lisa Lazar. *Second Row:* Jill Holley, Tammy Rutkoskie, Laura Hambrick, Brian Wallich, Steve March, Billy Williams, Louis Dean, Chol Kong, Karyn Greisen, Stephanie Wise, Kim Overton, Yuri Lazar, Valerie Manderville. *Back Row:* Katie Flynn, Pam Van Staden, Christine Malloy, Wally Edwards, Scott Stirling, Mike Kvenburg, Jack Leverstein, Matt Fetherolf, Victor Blake, Larry Coaly, Sally Richardson, Laura Lee, Lisa Cosgrove. *Not Pictured:* Rhonda Burnett, Syke Croxton, Mark Haygood, Rose Kearns, Lisa Lott, and Joe Milam.



Displaying a unique talent for directing and playing in "unison" is Mr. Goodwyn. Mr. Goodwyn was a new talent to this year's choral students.



During school hours, the Potomac Concert Choir has the opportunity to give a preview of the evening concert. Select songs are performed by the Camerata Singers.

Say it With a Song

Coming from Garfield and Rippon, this year's new director, Mr. Goodwyn, led the select group "Camerata Singers" and the Concert Choir in a successful year. Music was chosen from all style periods. Four concerts were held during the year. The first concert was the Pyramid concert, with the Christmas, Festival, and Spring concerts finishing the year. In addition, the Camerata Singers traveled to the Dumfries Methodist Church in late December.



First Row: Donna Greccer, Yuri Lazar, Stephanie Wise, Valerie Manderville, Amy Hawkins, Christa Vernarelli, Mr. Goodwyn. *Second Row:* Katie Flynn, Laura Hambrick, Christine Malloy, Laura Lee, Jill Holley, Lisa Cosgrove *Back Row:* Steve Lippert, Larry Coaly, Scott Stirling, Mike Kvenburg, Steve March, Louis Dean, Chol Kong *Not Pictured:* Wally Edwards, Mark Haygood, Brian Wallich

Award Winning Staffs

A lot of responsibility is required of a member of the Newspaper or Yearbook Staff. The student body doesn't realize the hard work and long hours that go into producing a publication. Recognition came this year for both staffs.

During summer camp, Faith Holcombe and six members of the *Prowler* staff (Susan Ariola, Dawn Bullen, Karyn Greisen, Lisa Hayes, Bev Manderville, and Alicia Toney) competed with forty-four other schools. Awards were given for enthusiasm, copy, layoOt, theme, and best overall. After working hard for four days, the staff won the "Best Overall Award."

Kitzi Taylor and four members of the journalism staff (Chuck Crosby, Dave Snyder, Dale Triplett, and Rebo Zacharias) went to the Virginia High School League weekend workshop at the University of Virginia. They won a First Place ranking for the *Potomac Messenger.* Advisor Kitzi Taylor left Potomac early in the year and was replaced by Penny Lake as head of the journalism department.

In her third year as yearbook advisor, Faith Holcombe said, "It's a hassle sometimes but I'm really pleased at the quality of the work the kids are turning out."

Assisting Diane Benevides and Dave Snyder is Kitzi Taylor. She was later replaced as Journalism Sponsor by Penny Lake.

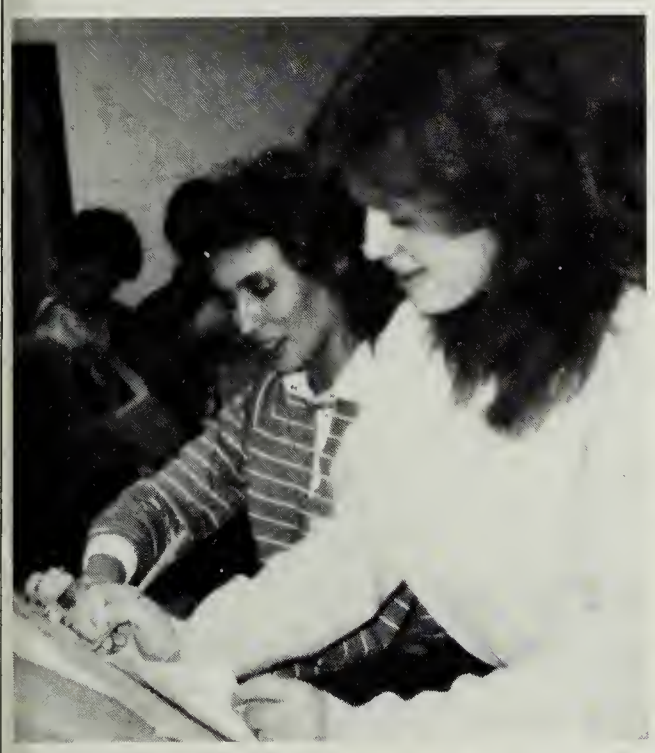




THE YEARBOOK STAFF *Front Row:* Lisa Hayes, Kelly Beckman, Shawn Sebren, Tom Corbitt. *Second Row:* Dawn Bullen, Michelle Olio, Renee Voegtly, Mike Oravec *Back Row:* Karyn Greisen, Susan Ariola, Alicia Toney, Sallee Richardson, Tammy Rutkoskié, Bev Manderville. *Not Pictured:* Mike Dillon, Danny Stanley, Ellen Davis.



THE NEWSPAPER STAFF *Front Row:* Gina Burleson, Shonda Lowe, Marisa de los Santos, Sarah Davis, Michelle Kanche, Cindy Cunniff, Jeff Mower (not a member). *Back Row:* Wally Edwards (not a member), Chris Fullerton, Dale Triplett, Dave Snyder, Eric Keaton, David Dwyer *Not Pictured:* Diane Benevides, Chuck Crosby, Robert Zacharias, Sarah Kierstead.



As Business Manager, it was Diane Benevides' job to see that the ads were proberly done. Here she receives help from Cindy Cuniff.





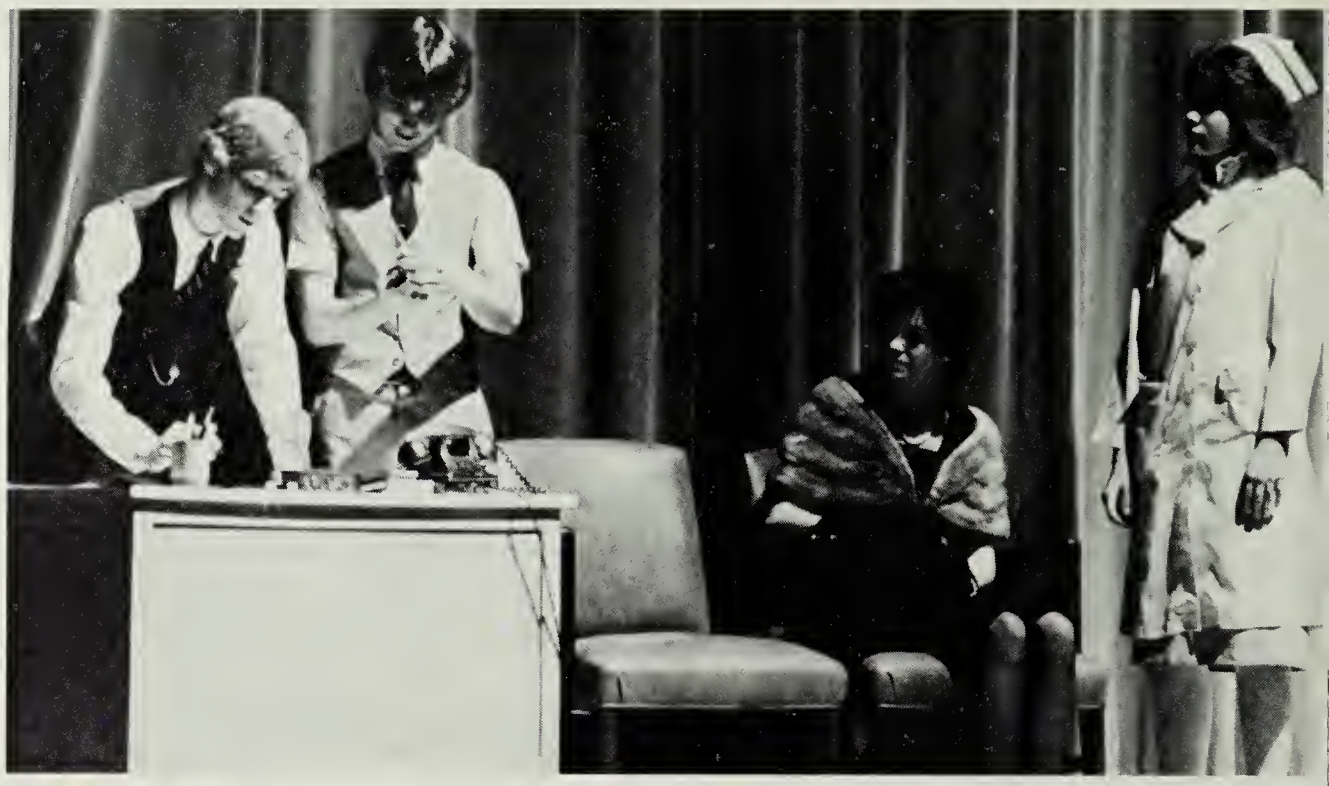
When laying out a newspaper, one must be careful and precise, as Rebo Zacharias shows. He was News Editor for the **Potomac Messenger.**

Before getting his pages approved, Mike Dillon checks them one more time. Though it was his first year on the yearbook staff, he took on a lot of responsibility by being Sports Editor.



When she joined the yearbook staff, Shawn Sebren was prepared to put in long hours and dedication. The work was tough, but the rewards were many.

A drama? A comedy? "Harvey" was a little of both. Not only did this production make us laugh at the little absurdities of ourselves but also, admire those of others. The play cast Nolan Malone as Elwood P. Dowd — and eccentric gentleman who is the only one able to see Harvey — a six foot white rabbit who seems to have the answer for everything. Valerie Manderville not only served as an inspiring director but played the role of Veta Simmons — Elwood's estranged sister. The play received good reviews and provided its actors the needed experience to perform on stage. The class of '84 did an outstanding job in producing this play.



Doctors, Chris McVay and David Snyder, try to diagnose Elwood P. Dowd's situation while Gina Burleson and Christy Mackey assist.

Exit Stage Left



Elwood's sister, played by Val Manderville, explains to nurse, Christy Mackey that her brother really has some screws loose.



Jay Johnson cunningly moves in on Julie Slade. All the actors in the play did an outstanding job.



Harvey, a play put on by the senior class, received many rave reviews. Nolan Malone, playing the lead, and Donna Tiplady dazzle the audience with their superb performance.



Valerie Manderville, who directed the play as well as acted in it, tries to talk some sense into Nolan Malone, as Harvey, the invisible white rabbit. David Snyder, Chris McVay, Mark Henshaw and Julie Slade look on.

"Someone to talk to"



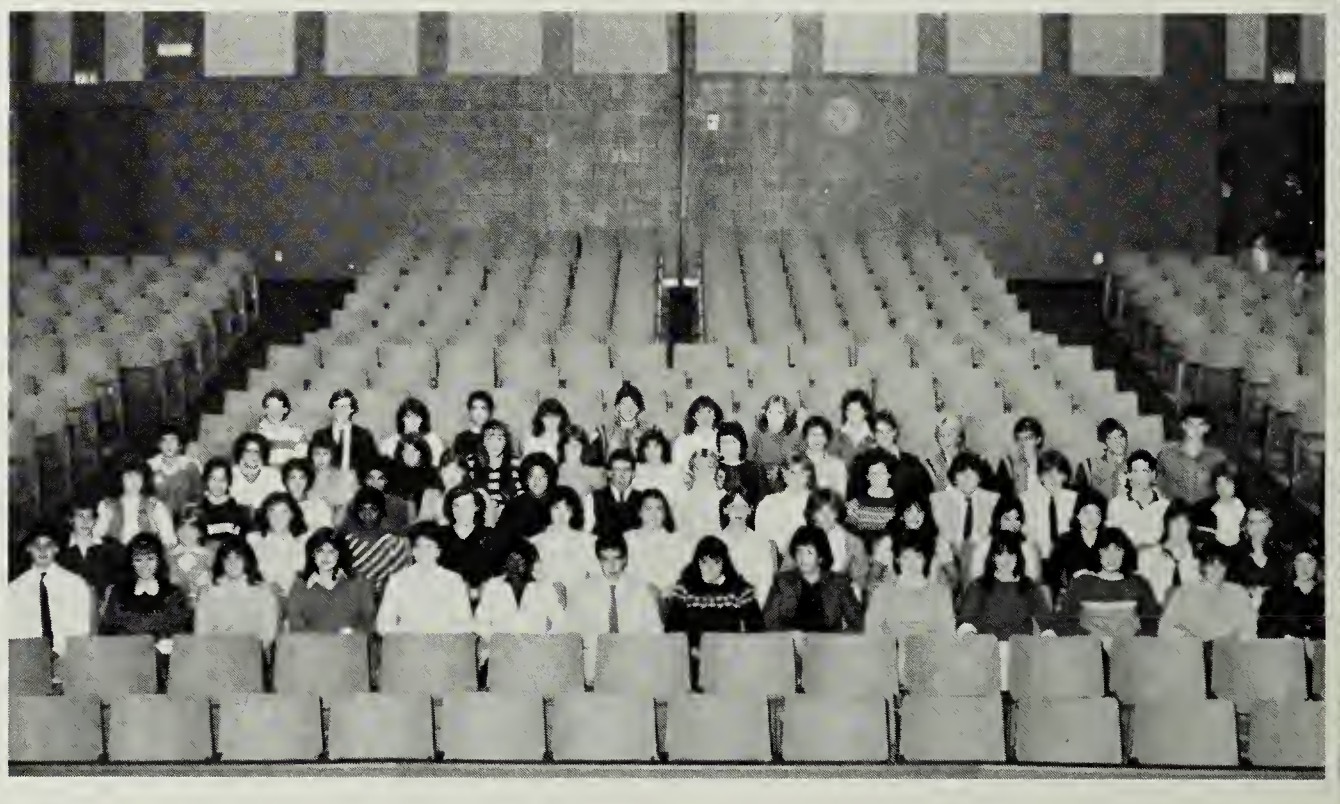
Planning sessions is a major part of Teen Counselling. Here Dawn Bullen, Julie Lamb, Nolan Malone, Toni Austin, and Michele Olio plan for a session on drug abuse.

Made up of high school juniors and seniors, the Teen Counselling program is designed to provide positive role models for fifth and sixth graders. For half an hour every other week each teen counseling group conducts a session to their assigned fifth or sixth grade class.

The reasoning behind the program is the concept that high school students can have a positive influence on elementary and middle school children. These children admire high school students and can relate to them more easily than they can to any other group older than themselves.

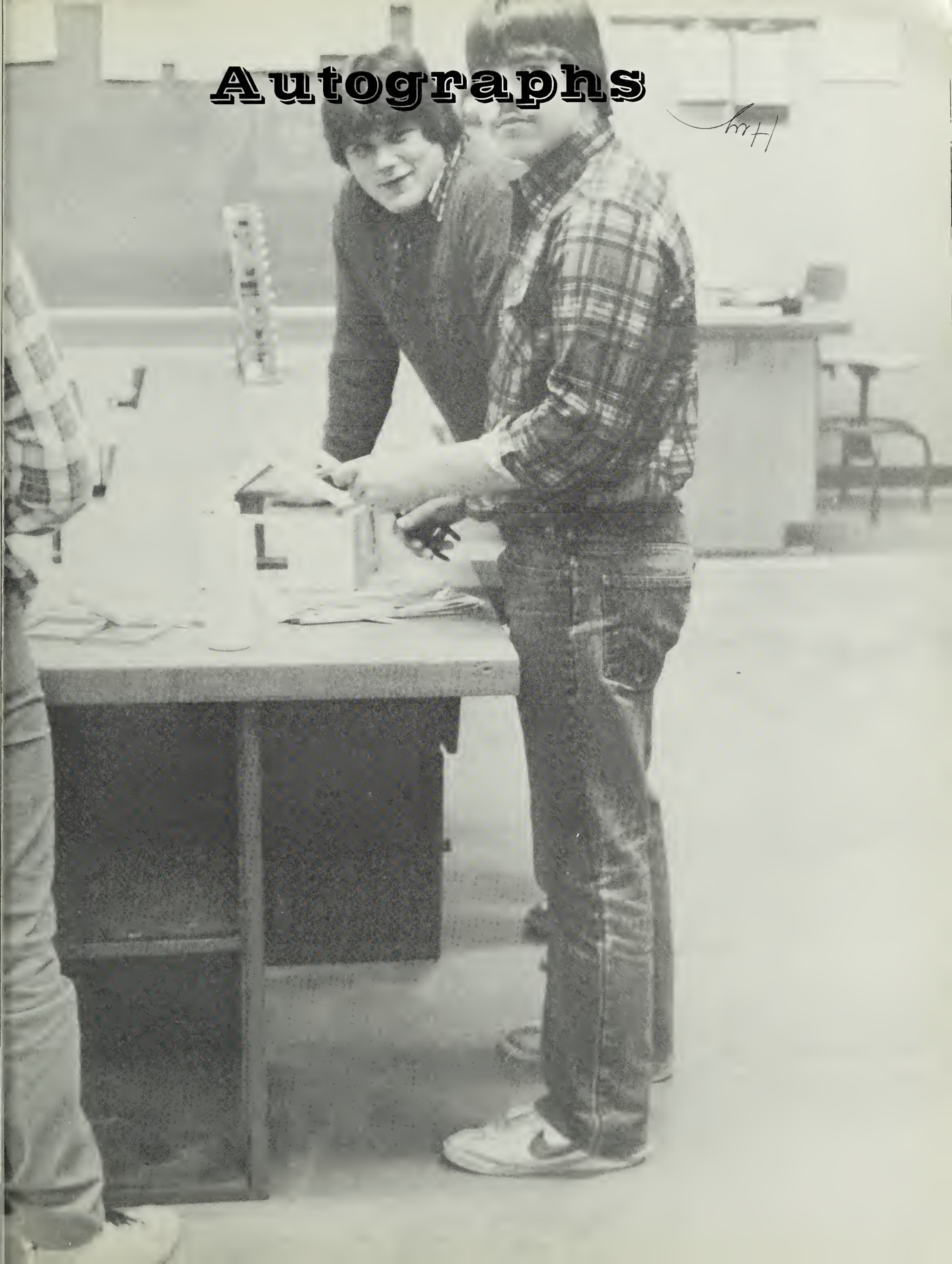
This program is designed not only to provide information on subjects such as drug and alcohol abuse but also to give the students a chance to ask questions and express concerns about growing up in general — things they may have trouble in expressing to their parents or teachers.

Providing sound information and displaying a good role model for these children may prepare them for the time when they, too, will have to make decisions that will affect their lives. Helping them to make these decisions in an intelligent manner is what the Teen Counselling program is all about.



Front Row: Jon Davis, Yuri Lazar, Diana Jones, Cindy Cunniff, Shannon Matherly, Karen Spates, Mark Henshaw, Michele Olio, Beth Wright, Cathy Dutton, Julie Lamb, Katie Flynn, Vickey Owles, Cindy Babb *Second Row:* Brian Singstock, Traci Schrack, Val Manderville, Regina Martin, Bev Manderville, Kim Overton, Jenny Boyd, Sheila Griggers, Kim Sisk, Marisa de los Santos, Lisa Hayes, Toni Austin, Lisa Lascody, Lisa Zawoiski *Third Row:* Susan Barron, Cindy Loveland, Lisa Londino, Angie Peguese, Michelle Goodrich, Rene Woo, Nolan Malone, Sharon Arcaro, Kathy Smith, Richard Asbery, Scott Molinari, Dennis Otter, David King *Fourth Row:* Michael Cobb, Jennene Miller, Kim Britt, Stephanie Wise, Mylene Rowe, Amanda Gaddy, Kelly Johnson, Dawn Bullen, Mike Selgelid, Scott McKenzie, Scott Kujawa, Robert Semper, Mark Vowell, Scott Stirling *Back Row:* Glen March, Chris McVay, Christine Campbell, Christine Michelini, Kathleen Delmore, Kevin West, Tammy Valentine, Debbie Lough, Christine Malloy *Not Pictured:* John Baldwin, Diane Benevides, Sharon Bryan, Scott Dadson, Heidi Farber, Laura Hudak, Ashley Lehman, Sherri Marcini, Art Milbert, Maria Weis

Autographs



Fun at the First Faculty Follies

In March of 1983, the Class of '84 sponsored Potomac's first Faculty Follies. The various skits were written by Robert Zacharias and Chuck Crosby. The event was directed by Julie Slade and Nolan Malone. Jill Holley was the emcee.

The first scene was the "PSHS Faculty Symphonic Orchestra," in which the participants played music in their own unique way. A record was played to make it sound authentic even if it didn't look it.

The class of '83 wrote the mock "9 to 5" scene, in which Mr. Freeze played a Dolly Parton look-alike.

In the "Saturday Night Live" scene, Mr. Jenkins opened with a Chevy Chase-like approach. Then, Ms. Fontana played Roseanne Roseanna Danna, Ms. Haun did Jane Curtin and Mrs. Diloreto did Laraine Newman. Also shown were the famous "whiners," two of which were Mrs. Stone and Mr. Cummins.

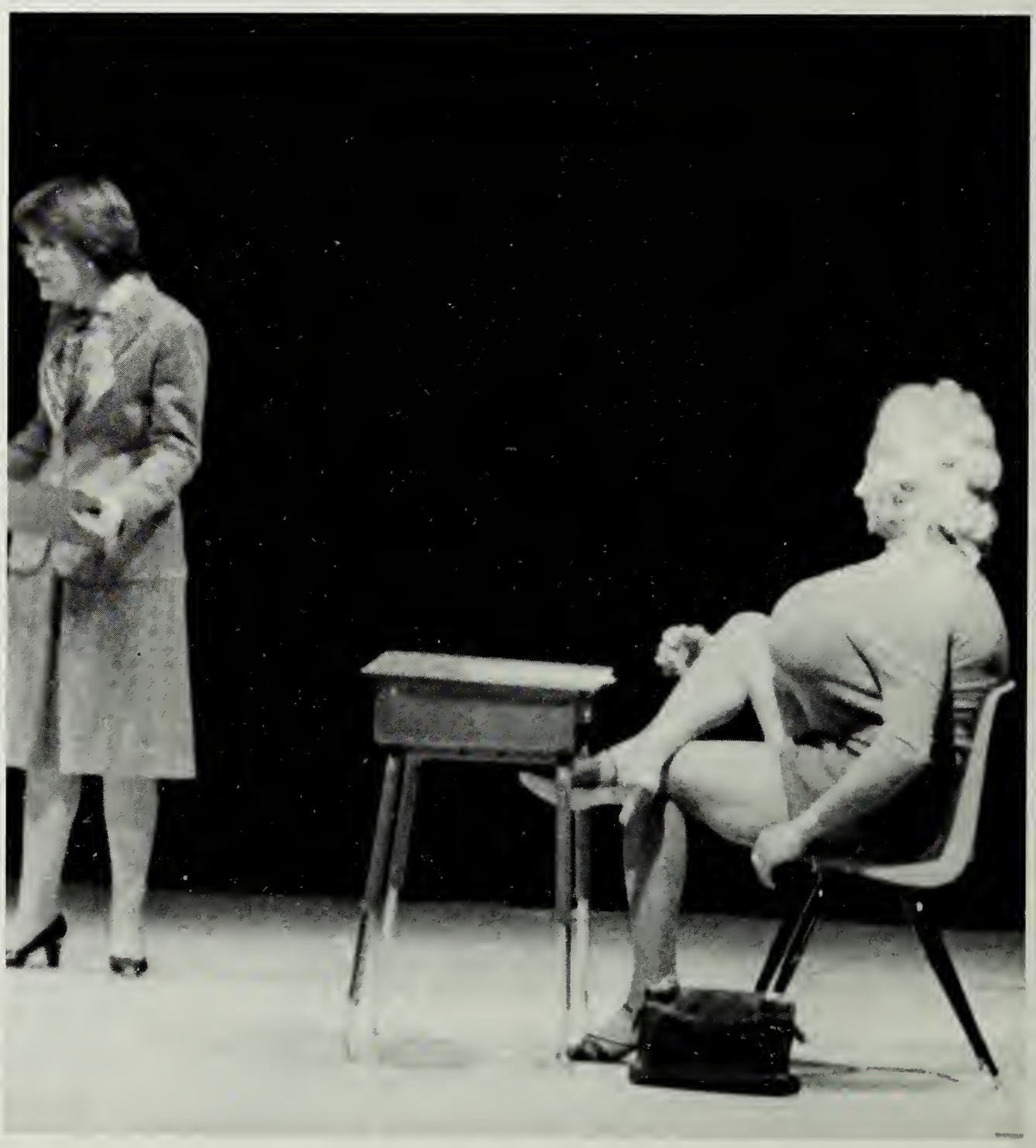
Teachers were also encouraged to display the more serious side of their talents. Mrs. Bennett took advantage of the opportunity and sang two songs, much to the delight of the audience.

"Kojerk," a parody of "Kojak," featured Mr. Kitchen as the skin-headed policeman and Mr. Jenkins as Left-Handed Looey, the One-Fingered Snitch. The scene was about a woman (Ms. Cash) whose body was found and it was later discovered that Ms. Fontana did her in, in order to get her job as Head of the Foreign Language Department.

The Follies ended with a faculty can-can with all the participants dancing. The show was a big success and lots of fun for everyone.



As Chevy Chase, Johnny Jenkins introduces the Saturday Night Live skit. Others in the scene were Ms. Fontana, Ms. Haun, and Mrs. DiLoreto.



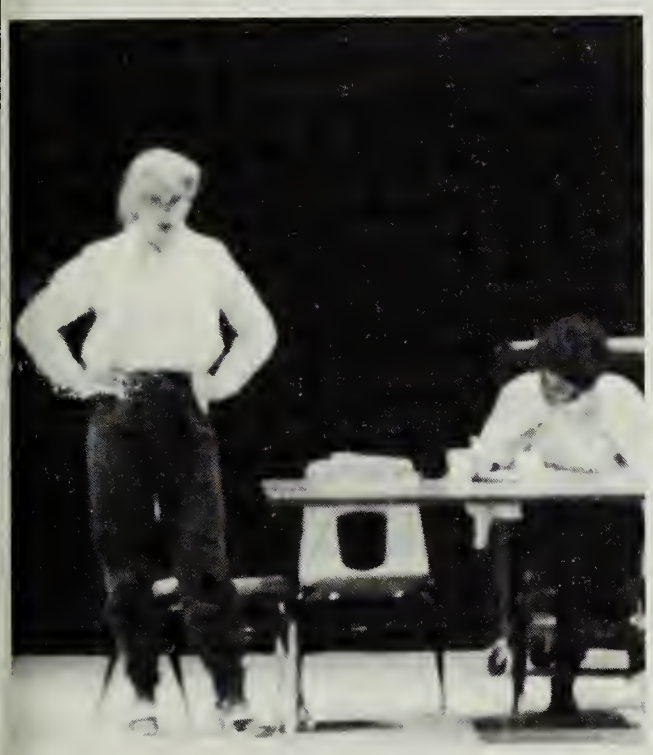
In the "9 to 5" farce, Mrs. Cakora welcomes the new "girl" to the office, a Dolly Parton look-alike played by Mr. Freeze. This scene was written by the class of '83.

The opening act was the "PSHS Faculty Symphonic Orchestra" in which the members had the opportunity to show off their "musical" talents. Later, Mrs. Bennett sang two songs on a more serious note.



Left-Handed Looey the One-Fingered Snitch (Mr. Jenkins) gives Kojerk (Mr. Kitchen) the latest news for which he receives a lollipop.







In this scene, the students acted out what they thought went on in the exclusive faculty lounge. Here, Debbie Scrogum, as Ms. Jones, tells Tammy Carter, as Mrs. Pearsall, all about her dog.

In the "Kojerk" scene, Mr. Jenkins and Mr. Kitchen were joined by Mrs. Bennett as the Sergeant and Mr. Edmonds as the Lieutenant. The "dead" body belonged to Ms. Cash, who was "done in" by Ms. Fontana.



The finale was a can-can in which all the faculty participants danced. A lot of the show was improvised and it was a big hit with the crowd.

Lifting the Burden

Lifting a burden can be a strenuous job. The Weightlifters and Teacher's Aides both had their different weights to lift. The weightlifters worked out by "pumping iron," and the aides took the work load off of the teachers. Aides were responsible for various duties. Some of the tasks the aides performed included recording grades, grading papers, running errands, running off dittos, and any other needs the teacher might have. The aides of Potomac were dedicated students and were very valuable asset to the faculty of our school.

With any sport, dedication was the key to success. Often, athletes spent long hours practicing and training to perfect their skills. Weightlifting was one type of training that was beneficial to many sports. Runners and football players lifted weights to build speed while baseball players lifted to increase hitting power. Potomac's weight room included Universal as well as Free Weights. Each machine was designed to build up a different muscle. Strict weightlifting programs that were designed for a particular sport were often followed by Potomac's athletes and sometimes accompanied by a strict diet as with the wrestlers.

All in all, weightlifting was one aspect of sports that people rarely consider. But without weightlifting, Potomac's sports would not have been of the calibur that it is.



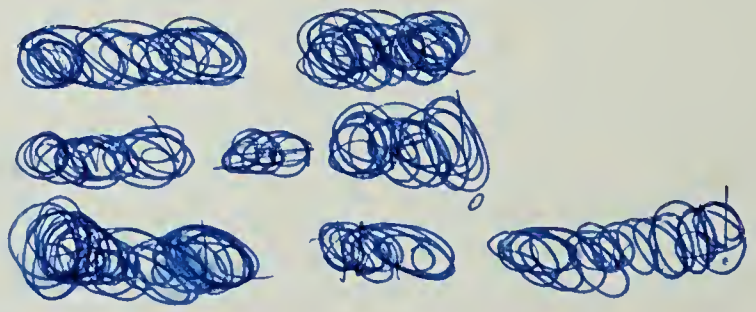
Photo by Matt Pope

The office of Potomac is responsible for, among other things, late arrivals and early dismissals. Office aide, Mike Johnson, records check-in and check-out times.



Photo by Matt Pope

Recording grades is one of the many jobs that an aide performs. Tony Nattania records typing timings for Mr. Freeze.



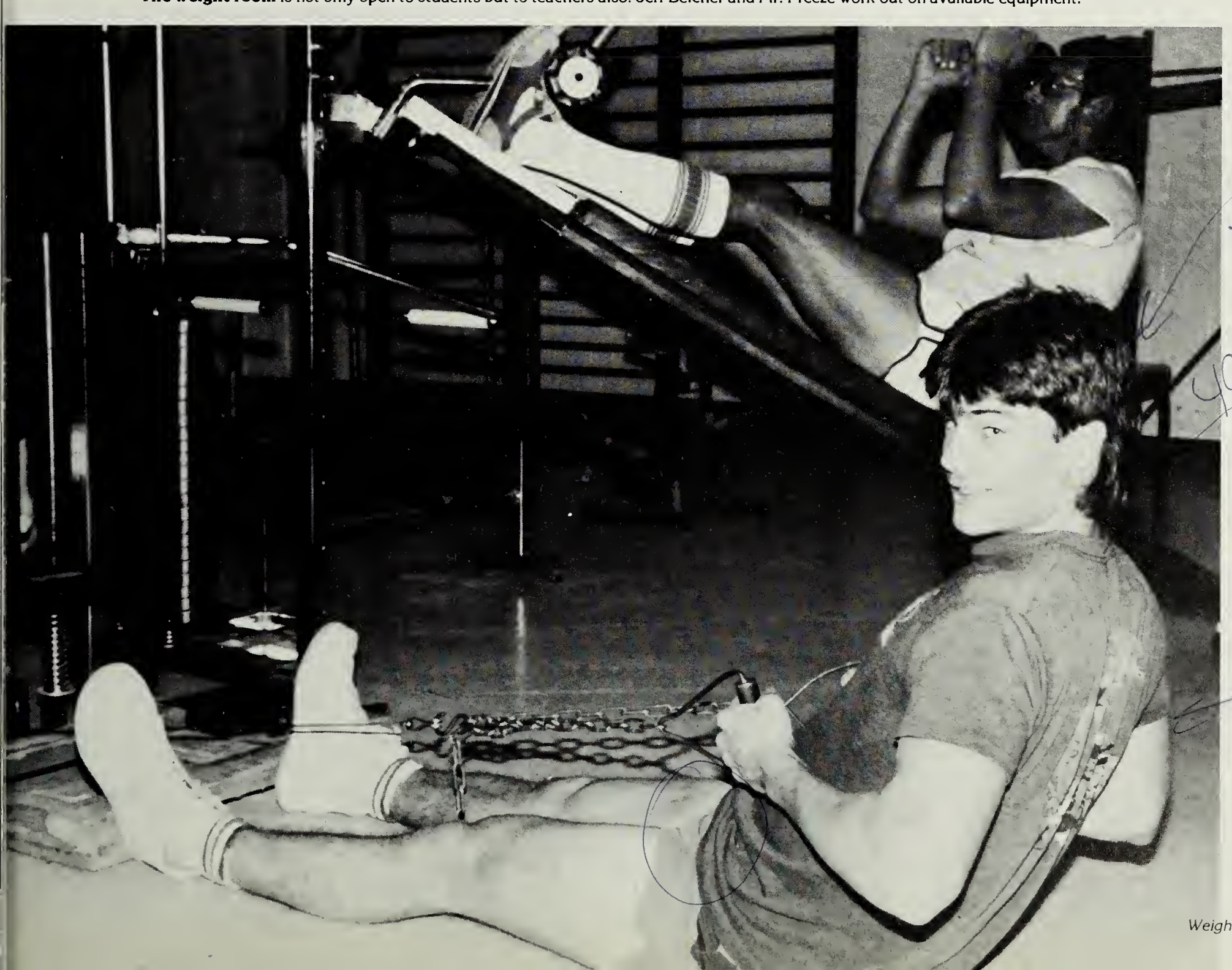


Through expression, Richard Dubriel shows the strain and exertion that is required to manuever on the parallel bars. The parallel bars are only one of many exercises in the weight room.



Grimacing because of the heavy weights, Sean Copley strains to lift his burden. Many Potomac weightlifters can lift up to 300 pounds.

The weight room is not only open to students but to teachers also. Jeff Belcher and Mr. Freeze work out on available equipment.



The C's Have It

After high school, students have a wide variety of careers to choose from. Many students from Potomac have enrolled in a class known as cosmetology that will eventually become their career.

These students will, from this class, receive a license that enables them to be a cosmetologist. Even though cosmetology students travel to Gar-Field each day, the training that they receive is well worth it. There they learn the basic fundamentals of hairdressing and manicuring so that after high school, they can practice their profession.

In the field of construction, there are many classes that are available to interested students. Such classes include housewiring, auto mechanics, and industrial arts.



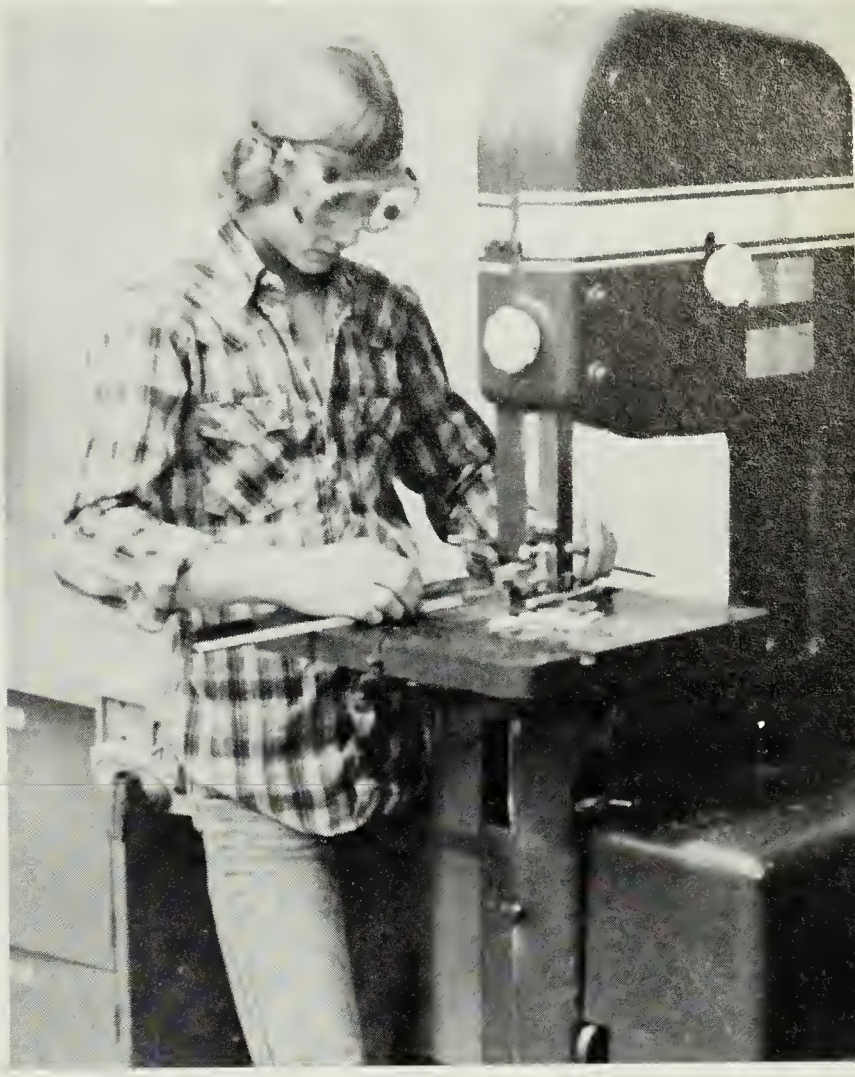
Concentration is the key to success in any course. Shown here is Yvonne Thacker working diligently to finish her assignment.



Even though students have to travel to Garfield, the benefits of cosmetology are well worth it. Here Princess Foster practices the new technique that she has learned.



Some aspects of industrial arts can be dangerous. Here, proper safety glasses must be used by Terry Dixon while welding.



Much modern equipment is available to the industrial arts students at Potomac. The band saw is used by Jimmy Martin to finish his current project.

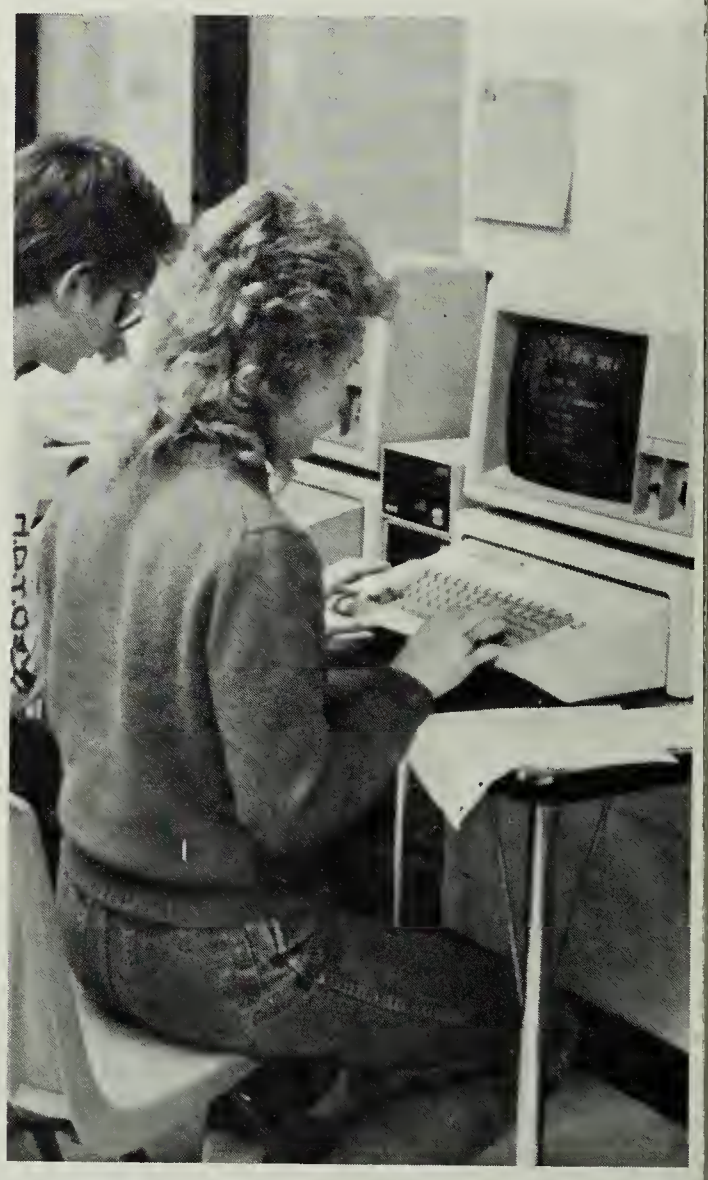


Students Preston Stanley, Greg Hughes, Ricky Greshman, David Smith, and Joe Walker gather around a lawn mower engine to listen carefully to a lecture given by Mr. Greg Prifti. The class studied all different types of engines throughout the year.

With intent concentration, Eric Ruiz tries out his prepared program. Some of these programs are quite lengthy, numbering up to 35 or 40 steps.

Watching secretary Mrs. Murch program attendance into the computer is Jeanna Tillman. Computers are becoming a necessity at Potomac and in everyday life.





In order to program computers, training is necessary. Advanced Senior Math is one of the classes that trains students, like Celeste Rogers, to work with computers.

Looking Into the Future



During the chicken experiment, students become quite attached to their baby chick. Carefully holding his new-found pet is Chris Washburn.

A major goal of the chicken experiment is to teach the chick new things. Julie Slade, one of Mr. Fulp's Advanced Biology students, patiently teaches her new chick.



Students have become aware of the future and what it has to offer. With this in mind, Advanced Senior Math and Advanced Biology have gained popularity with Potomac Students.

Advanced Senior Math students worked with computers, learning how to use and program them. Advanced Senior Math is a challenging class that uses the students' natural skills as well as acquired ones.

Advanced Biology is an extension of General Biology. The same concepts are used but on a much widened scale. An example of an Advanced Biology lab was the chicken imprinting or "chicken lab." In this experiement, students were given a baby chick to psychologically imprint. The idea was that each student should be thought of as "mommy" to the baby chick. The final test was to see if the baby chick would come when it was called by its name.



The Potomac baseball team really gave the Panthers something to be proud of this year. Here, Ray LaPage slammed another one home to keep the Panthers' reputation of excellence alive.

Socket To 'Em

Panthers were prowling everywhere this year. At baseball games, they displayed their skill at the bat; at football games, they pounced on their opponents. Even in the stands, Panthers could be seen cheering their team on, full of the spirit and vitality for which Panthers are so well known.

Whether playing in the actual game or sitting in the stands cheering the team on, the Potomac Panthers took part in all the sporting events of the year and proved once and for all that Panthers could, indeed, play and win.



Laura Hudak is off and running to gather speed before her partner arrives to give her the baton. Timing is critical in a relay race; the runner must be in perfect sync in order for the baton to be passed properly.

Warming up is a major part of any sporting activity. Here Suzanne Paszly and Cindy Ruffner display some intricate stretching techniques before their race.

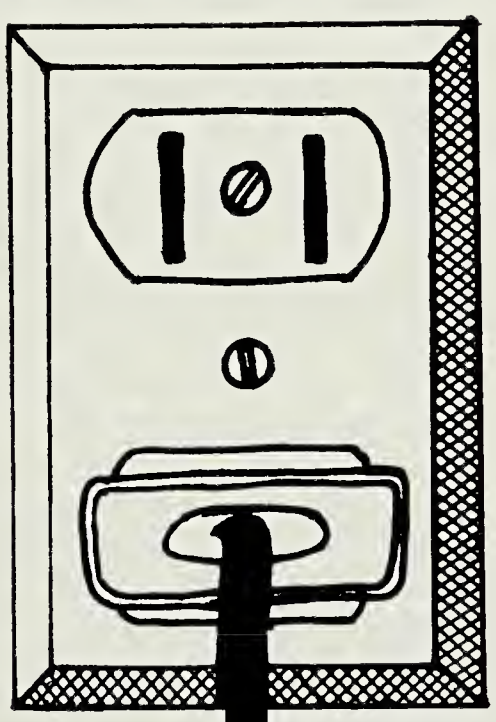


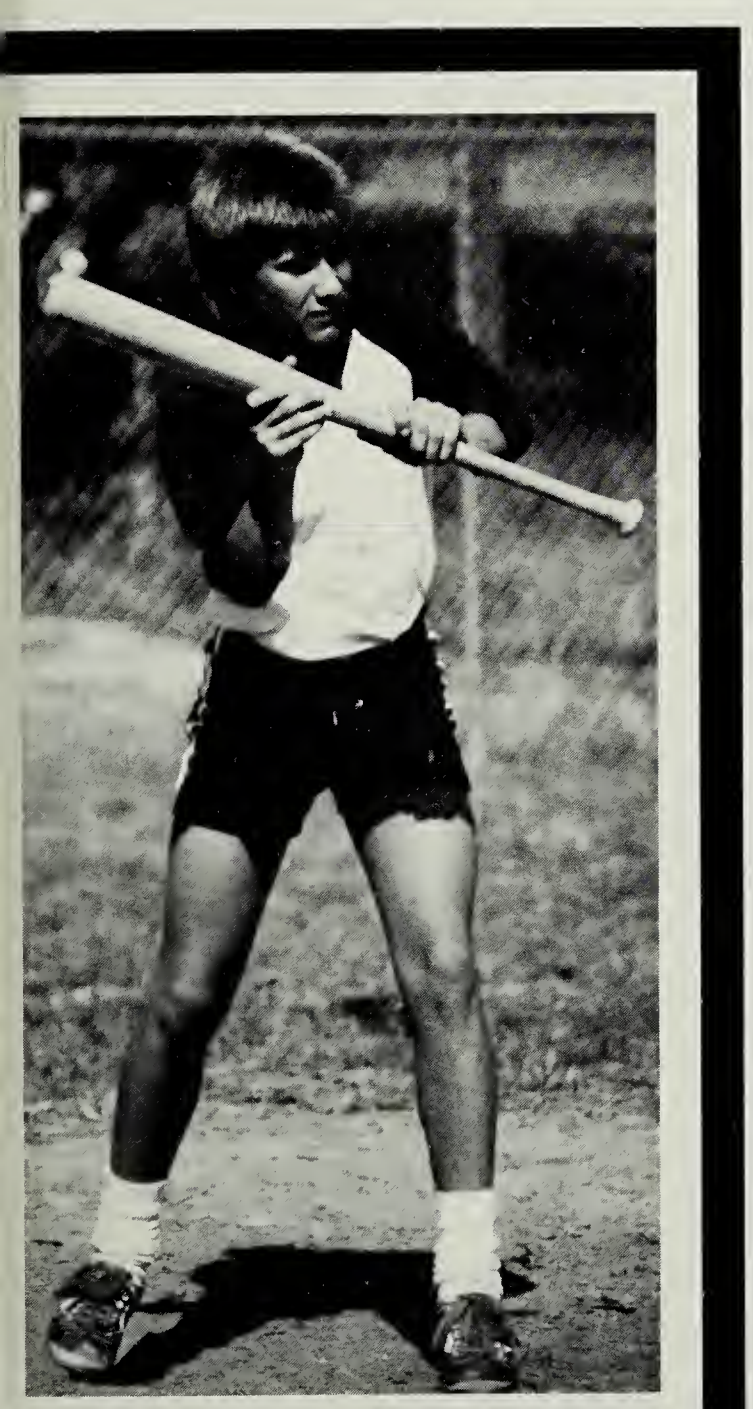


The Panthers had an excellent volleyball team this year. Johnna Branham shows some of this winning style as her teammate Missy Cadigan looks on.

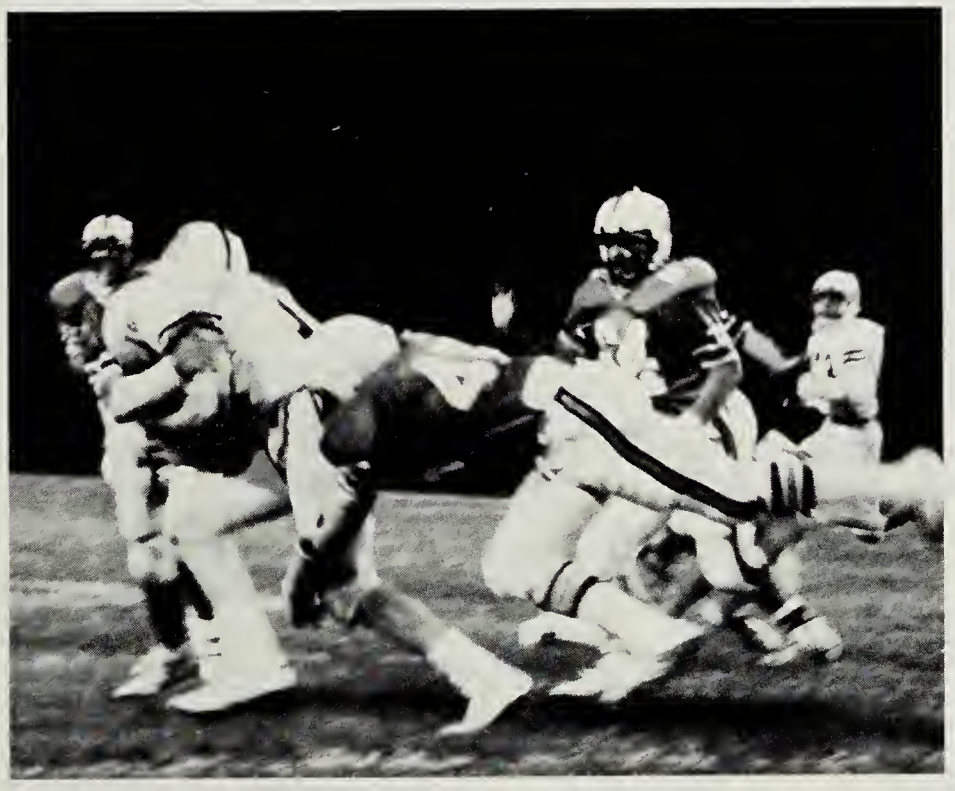


Not only is great stamina needed to play soccer, but also great agility, as demonstrated by Bryan Emmons.





The art of bunting, as displayed by Rodge Emmons, is a necessary element in the game of baseball and was well-used during the past season.



Pouncing on his opponent, Lee Wilson brings him to the ground. Pete Pandazides watches closely to make sure he does not escape.

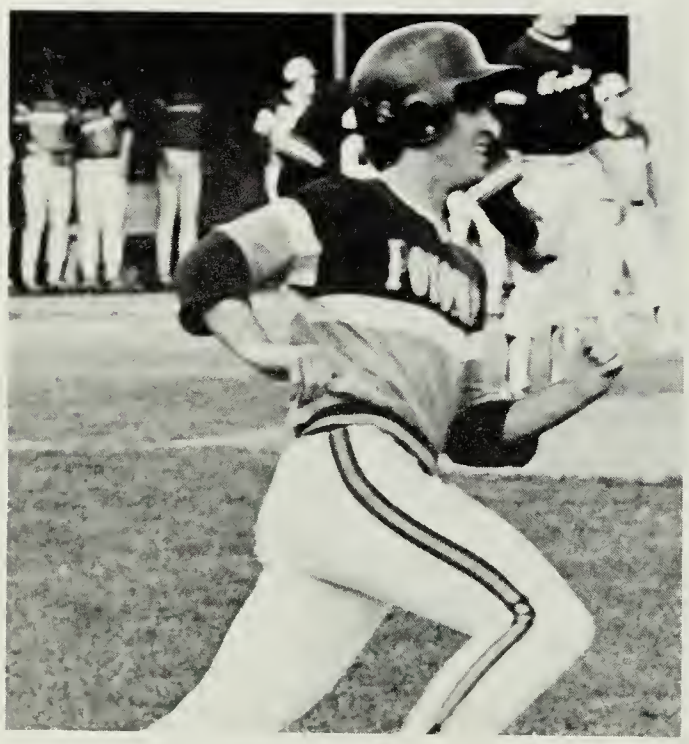
STATE CHAMPS

The Virginia State Baseball Championship found a home at Potomac when the Panther Varsity Baseball team achieved possibly the greatest single feat in the school's four year history by winning the state championship. Coach Jerry Gardziel stated, "There were no individual standouts on the team, and everyone contributed equally." Dan Raley, with Tim Raley, led the team in batting, with averages of .565 and .530 respectively. Doug Johnson, Dan Raley, John Oravec and Bryan Luedtke led the team in homeruns with five each. Three of the players received college scholarships: Tim Raley — Wichita State, John Oravec — Ohio Dominican, and Bobby Patenaude — Edison Junior College.

Over the course of the season, the team set many records. Among these were: Most regular season homeruns — 30, Most consecutive hits in one inning — 4, Most homeruns in one inning by a single player — 2 by Danny Raley, Most runs in a single game — 30, Most runs in one season — 204, First undefeated season in the Commonwealth District, Most hits in a single game — 26 including 9 homeruns, Most batters in a single inning — 19, Most runs in one inning — 15, Most "at bats" by one player in a single inning — 3 by Matt Schwirtz, Most runs batted in by a single player — 11 by Bryan Luedtke, and First undefeated freshman pitcher in the Commonwealth District — Greg Margheim.



A .565 batting average made Danny Raley one of the outstanding contributors to the state Champions' team. Raley, who doubled as both pitcher and shortstop, had a 6-0 pitching record.



With a determined look, third baseman Doug Johnson rounded first base. His hit helped run up the score 29-1 against W. T. Woodson.



Assuming a ready position, Bryan Luedtke prepared to line another basehit. As the designated hitter, Luedtke hit five homeruns during the season.

Striking out another batter is pitcher Greg Margheim. Margheim had a remarkable 5-0 record.



Front Row: Wayne Gilbert, Danny Raley, Doug Johnson, Jimmy Robertson, Matt Schwirtz **Middle Row:** Bryan Luedtke, Bob LaFleur, Stuart Nickerson, Jeff Ohlin, Greg Margheim, Kevin Humphries **Back Row:** John Oravec, Bobby Patenaude, Kevin Kasper, Vince Maziekus, Tim Raley, Coach Jerry Gardziel **Not Pictured:** Manager David Boggess



Waiting for a good pitch during the Woodson game is outfielder Kevin Kasper. Kevin's patience paid off with four homeruns during the season.

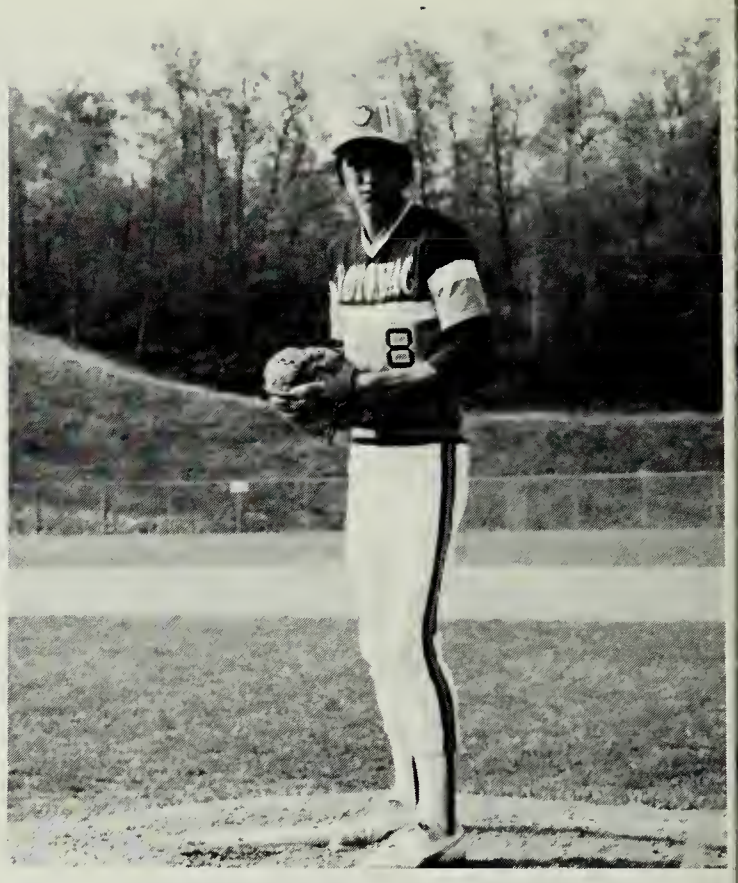


In his final year at Potomac, Tim Raley was named to the first team All-District, first team All-Region and first team All-Metro. And to top all that, he was named the All-Metro MVP! The four year starting catcher netted a .534 batting average and four home runs in his senior year at Potomac, which earned him a scholarship to Wichita State University in Kansas.

A scholarship to Ohio Dominican College in Ohio went to first baseman John Oravec. A four-year starter at Potomac, Oravec hit .349 in 1983 and had five homeruns with twenty-five RBI's. He also had twenty-five walks and ten stolen bases.

In the state championship playoffs, Oravec hit .455 (5 for 11) and had two game winning RBI's.





Starting pitcher, Bobby Patenaude received a full baseball scholarship to Edison Junior College in Fort Myers, Florida. Patenaude, a four-year starter at Potomac, ended his senior year with an 8-0 record. In the Regionals last year, Bobby pitched a two-hitter over Pulaski and was named to the All-Metro second squad.



The team celebrates after their victory over Warwick High School for the State Championship. Potomac is the first state champion team to finish the season undefeated.

UNDEFEATED!

Potomac	19	Yorktown	5
Potomac	29	Woodson	1
Potomac	15	North Stafford	2
Potomac	11	Lee	9
Potomac	7	Gar-Field	7
Potomac	23	Stafford	13
Potomac	4	Fauquier	3
Potomac	11	Stonewall	5
Potomac	6	James Wood	3
Potomac	1	James Wood	0
Potomac	30	Gar-Field	8
Potomac	8	North Stafford	7
Potomac	9	Bowie	8
Potomac	10	Stonewall	4
Potomac	22	Stafford	3
Potomac	6	Woodbridge	0
Potomac	12	Pulaski	0
Potomac	8	Halifax	1
Potomac	8	West Springfield	7
Potomac	9	Warwick	2



Getting ready to get a base hit is Rodney Emmons. At the end of the J.V. season, he was moved up to the Varsity team.

Scott Johnson waits to catch a strike from the opposing team hitter. Johnson was one of the top hitters on the team.

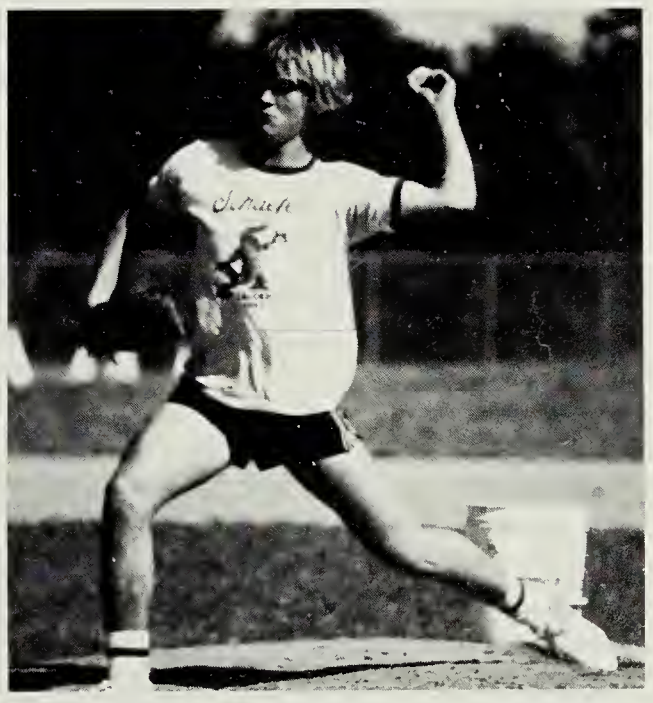
Stars of the Future

"A hard working group of guys who never said, 'Die'." was how junior varsity baseball coach Will Kitchen referred to his 1983 team. Kitchen added, "We started out slow, peaked at mid-season, then somewhat leveled off and reached our potential." The team ended the season with a 5-9 record which did not reflect the hard work put forth by each team member. Catcher Scott Johnson was named Most Valuable Player; he and Jeff Belcher were both responsible for home runs hit during the '83 season.





Front Row: Mark Riley, Matt Pope, Scott Johnson, Eric Keaton, James Lupo, Joe Zovak *Second Row:* Jeff Porter, Tizon Jones, Mike Pope, Ray LePage, Rodney Emmons, Bobby Witek *Back Row:* Coach Will Kitchen, Tony Howard, James Lauder, Jeff Belcher, Willie Hatfield, Mike Hargrave, Manager Dawn Bullen



For some students like Matt Pope, baseball is a year-round sport. He keeps in shape by pitching batting practice in the fall.

Swinging for State



Front Row: Kim Feltault, Jennifer Bowser, Brenda Owens, Gloria Banks, Judy White *Middle Row:* Dawn Davis, Diana Jones, Wendy Hall, Janet LeFleur, Beth Haizlip, Missy Caddigan, Susan Cooper *Back Row:* Coach Parker, Tracy McGinnis, Nancy Blalock, Ashley Wiggins, Rene Hatfield, Caroline Atseff, Debbie Scogum, Coach Packard

Under the direction of Coaches Parker and Packard, the girls' varsity softball team handled their season like the competitors they were. The experienced contributions of such players as Janet LeFleur, Jennifer Bowser, Missy Caddigan and Debbie Scogum helped the team stun the competition with their impressive victories. With the young talents of Wendy Hall and Kim Feltault to carry on the winning tradition, the team continued to be a force to reckon with on the field.

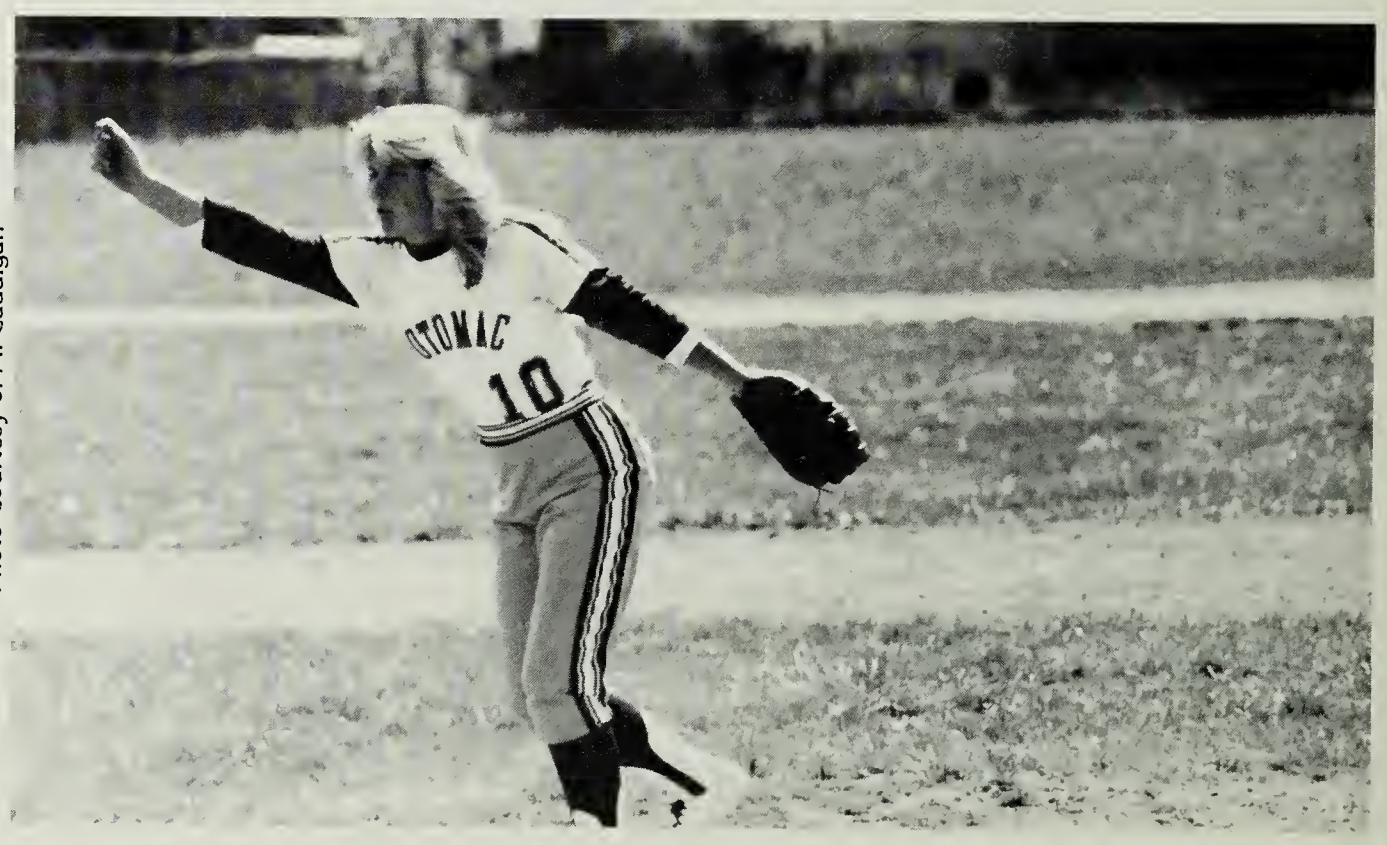
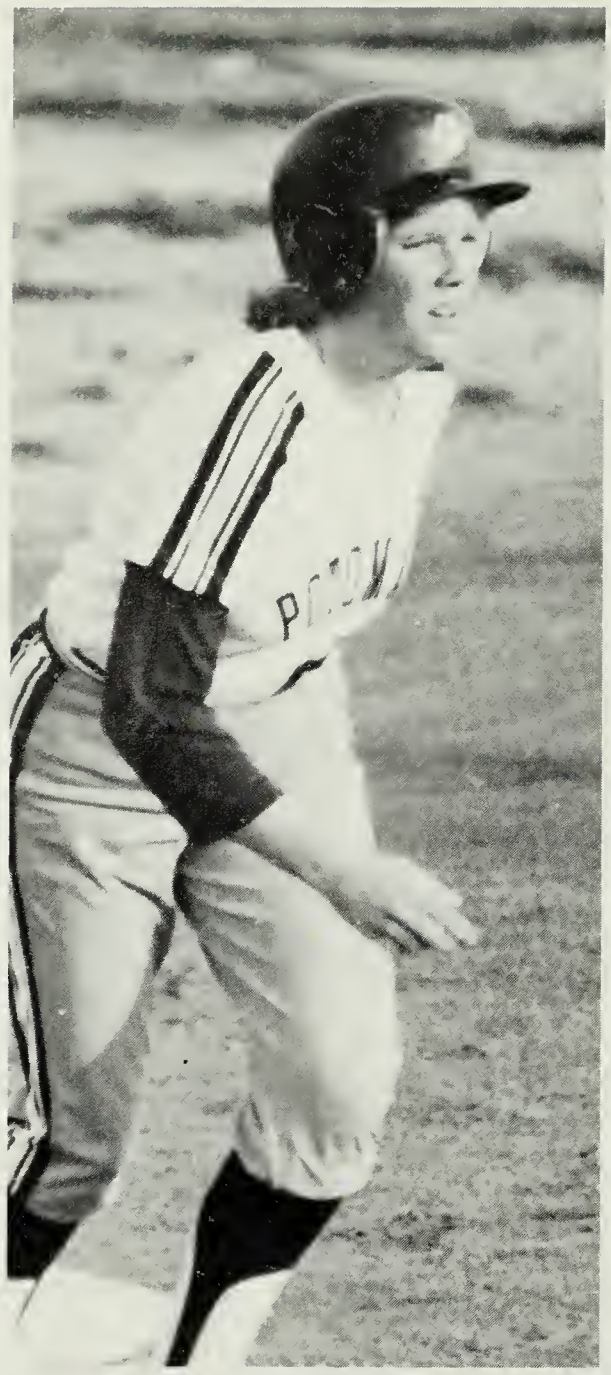


Photo Courtesy of M. Caddigan

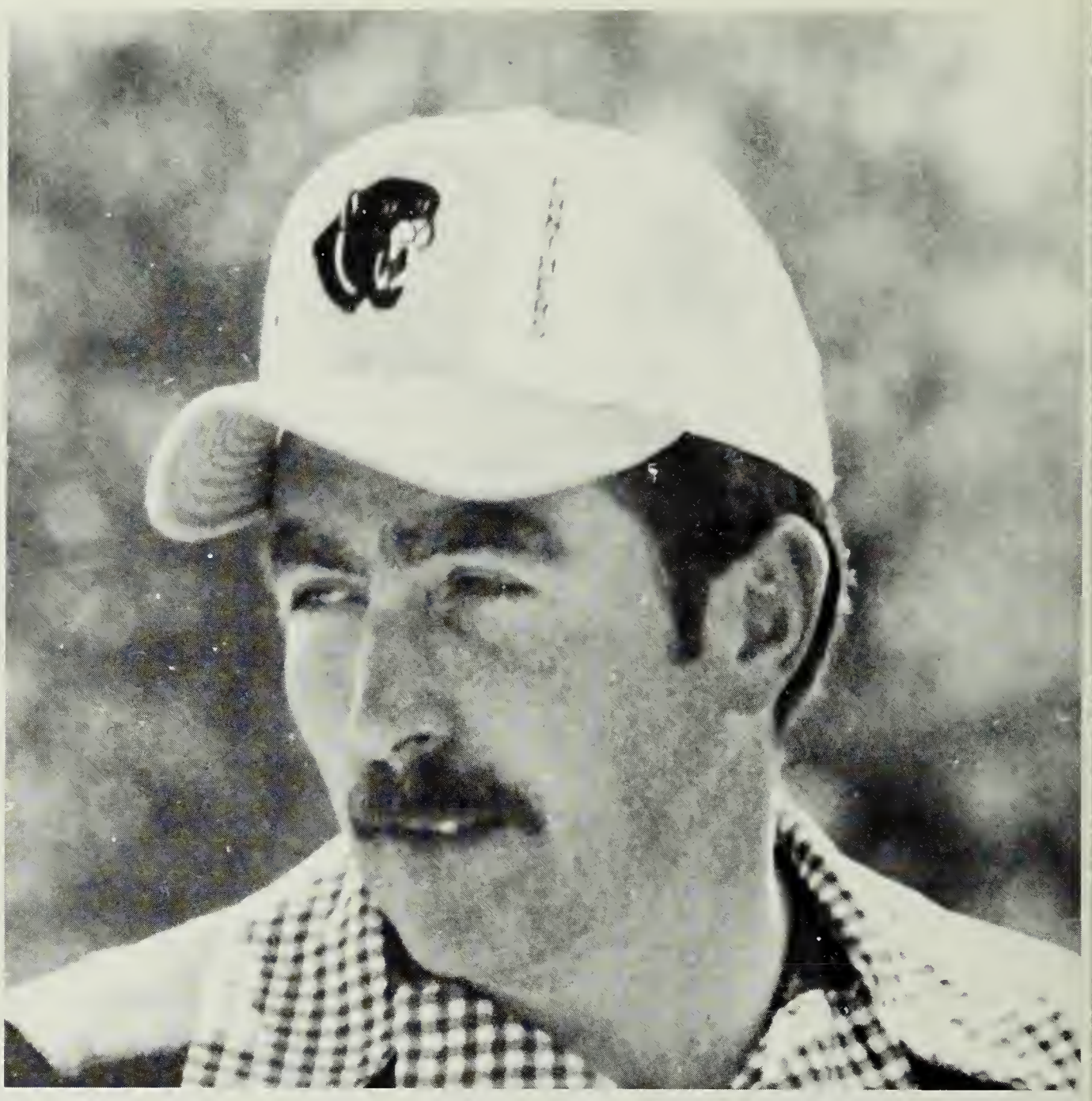
Throwing another strike is Missy Caddigan. Good pitching was a strong point of the team.

Another home run hit is anticipated by Tracy McGinnis. Timely hitting was a key factor in the girls' good season.

Enthusiasm of the team is evident as they swamp Coach Parker after another win. Members displayed great team spirit in victory and in defeat.



A lead off third puts Missy Caddigan ahead on the last lap towards home base.



A close game with Stonewall requires concentration by Coach Parker. Mr. Parker left Potomac to become the Athletic Director at Stonewall.



A good eye is a necessity for a ball player. Missy Caddigan waits patiently for a pitch.

Driving Towards the Championship



Front Row: Scott Simpson, Lenny Mandroc, Leo Malloy, Jon Hurst, David Myrick. *Back Row:* Randy Huggin, Robert Leeper, Danny Bell, Doug Trenor, Joe Devaney.



Photo by The Montclair Messenger

During the off season, Doug Trenor refines his golf skills at the Montclair Golf Course. The course at Montclair is also used by the team during their regular season.

The 1983 golf team was one of the best in the area. The team captured the district title, but failed at attaining the regional award. The team finished regular season play with a record of 8-1, suffering its only loss to Courtland.

The whole team put forth stupendous effort to make the team reach its fullest potential. The key players who led the team to their victories were Doug Trenor, Joe Devaney, John Hurst, and Mark Haygood.

The MVP award for the team went to Doug Trenor. Doug finishe; second in districts, first in regionals, and seventh in the state of Virginia. Over the summer, Doug qualified for several tournaments. Two of the major ones included a national competition held in California and the second was The Bobby Bowers tournament, which Doug won. The MIP award of the team was given to Joe Devaney.



Front Row: Scott McKenzie, Mike Waniel, Kurt Farber, Kimo Buckon, Scott Kujawa, Mark Vowell, Robbie Semper, Eric Neilson, Bryan Sims *Back Row:* Manager Keith West, Glenn Gay, Junho Chi, Jimmy Carson, Andy Buckon, Bill Butler, Scott Wilson, Jon Davis, George Hayward, Coach Bill Cameron

Rushing in on the scoring drive, Kimo Buckon shows his skill on the field. His finesse and agility paid off for Potomac in this win over Woodbridge.



Goalie Andy Buckon puts in another outstanding performance. Andy made the AllCommonwealth second team.



Showing his agility, Bryan Sims heads the ball during practice.



Many different skills are needed to play soccer well. During practice, Scott McKenzie concentrates on one of the most important ones — kicking.

GETTING THEIR KICKS

Last year, the Boy's Varsity Soccer team had, on the whole an exciting, winning season. The team suffered their only losses to Stonewall and Fauquier. Several of their games were shut-outs, and on one occasion, a game ended in a heartstopping shoot out.

The team ranked second in the district at the season's end, and went on to play in the District tournament. Their loss to Stonewall came as a heartbreaking disappointment especially to the seniors on the team.

Throughout the season, the team played exceptionally well. Some outstanding performances were turned in by Glen Gay, George Hayward, Junho Chi, and goalie, Andy Buckon. Scott Kujawa received the Most Improved player award, and Glen Gay was named MVP.

All Commonwealth Boys Soccer Team Players Selected From Potomac: First Team — Glenn Gay; Second Team — Junho Chi, George Hayward, Robbie Semper, Scott McKenzie, Andy Buckon; Honorable Mention — Jimmy Carson, Eric Neilson.

Putting Their Best Foot Forward



Front Row: Mike Waniel, Jeff Williams, Tony Jones, Brian "Put me in" Singstock, Dave Scott. *Second Row:* Jimmy Coker, James "Himey" Hockmuth, Bruce Earnhart Greg "Mouth" Neilsen, Paul Ricks, David Rubel. *Back Row:* Rob MacLean, Dennis Tucker, Jim MacLean, Larry Lynott, John Willis, Mike "Tex" Cobb, Bryan Smith Coach Levine.



Mr. Levine congratulates his team after a hard-fought game.

The 1982-83 Season was the first J.V. season for Prince William County High Schools. The J.V. boys' soccer team at Potomac finished the season with a 3-2-1 record. Coach Levine stated, "It was an interesting and exciting season. The most memorable moment was the 2-1 loss to Woodbridge. It came to a double over-time shoot-out." Mr. Levine also had this to say about his young team, "Soccer players are definitely a different breed. In my six years of coaching different sports, this was the best group of individuals I've ever come across."

Award winners set the tradition for the new J.V. team. One of the awards, MVP, was captured by Mike Waniel. The Most Goals award was won by Greg Nielson. The Most Improved award was captured by Jimmy Coker. There was also a private award within the team that was called the 9-Iron Award, which was won by Mike Cobb.

Team Record

Potomac vs. Woodbridge	2-1, loss
Potomac vs. Gar-field	2-0, won (+)
Potomac vs. Stonewall	2-2, tie (+)
Potomac vs. Woodbridge	3-1, loss
Potomac vs. Gar-field	3-1, won (+)
Potomac vs. Stonewall	5-0, won (+)



Front Row: Unhui Chi, Glorianna Malloy, Katrina Maddigan, Suzanne Terrazas, Maruca Malloy. *Back Row:* Terri Fitzgerald, Kathy Dowling, Tanya Smyth, Rosie Robinette, Melanie Hernandez. *Not Pictured:* Diane Benevides, Sharron Bryan, Sheila Griggers, Susan Luedtke, Michele Olio, Sondra Scott, Joanne Triano.



Defender Suzanne Terrazas boots the ball to her team. The team as a whole worked very well together.

Giving 'Em a Boot



Players Sheila Griggers, Susan Luedtke and Suzanne Terrazas move upfield to go for the score. Offense was a big part of the team play.

Being a new school, Potomac was still full of firsts, and soccer was no exception. Both girls' and boys' soccer expanded with additions to their teams. In the spring of 1983, girls' and boys' J.V. soccer was added to the list of sports at Potomac.

The girls' J.V. team was under the coaching of Eliana Walker. For its first year of play, the team did remarkably well. The girls finished the season with a record of 2-3-1. All the games were hard-fought, and many were very close. The team practiced every day after school with diligence and dedication to improve and perfect their skills.

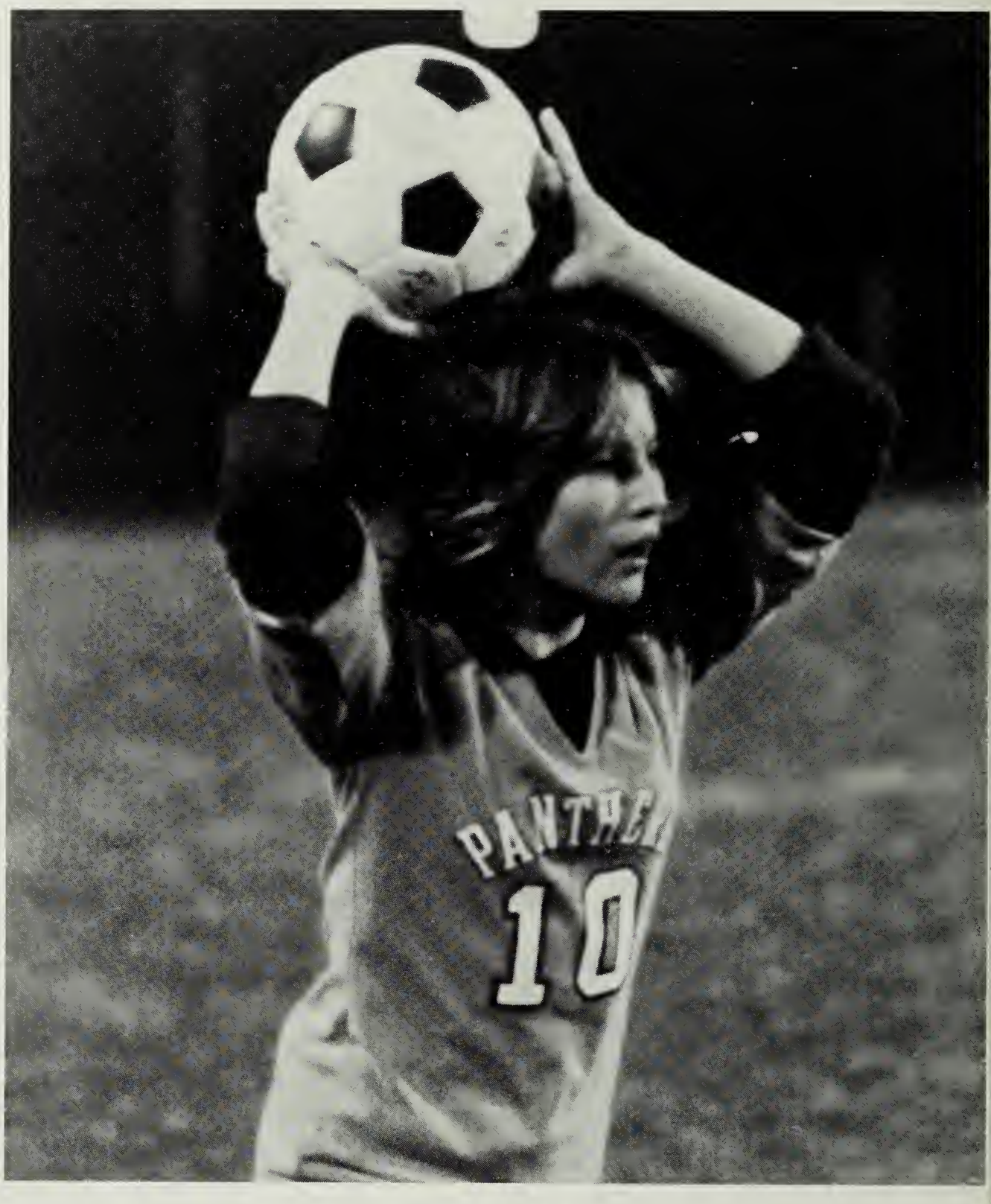
At the end of the season, and during the tournament play, several girls were moved up to the Varsity team. These included Sharron Bryan, Susan Luedtke, Glorianna Malloy, and Unhui Chi. The MVP award for the team went to Glorianna Malloy, while the MIP award went to Katrina Maddigan. The team also gave out an award of their own for the most spirited player. This went to Sharron Bryan.

Riding Out a Tough One

Off to a slow start, the girls' varsity soccer team nevertheless performed well against some of the top teams of the district. The upperclassmen, led by Captain Angie Prudot and Co-Captain Michelle Charters generally dominated the young team. But freshmen Maria Brown and Beverly Williams contributed significantly to the team. With this young talent, the girls look forward to future seasons.

This season being a soccer coaching first for Mrs. Munnel, she was able to bring to the team a fresh variety of new ideas and methods. Senior Angie Prudot was named Most Valuable Player. The Most Improved Player was Junior Lynda Hustead.

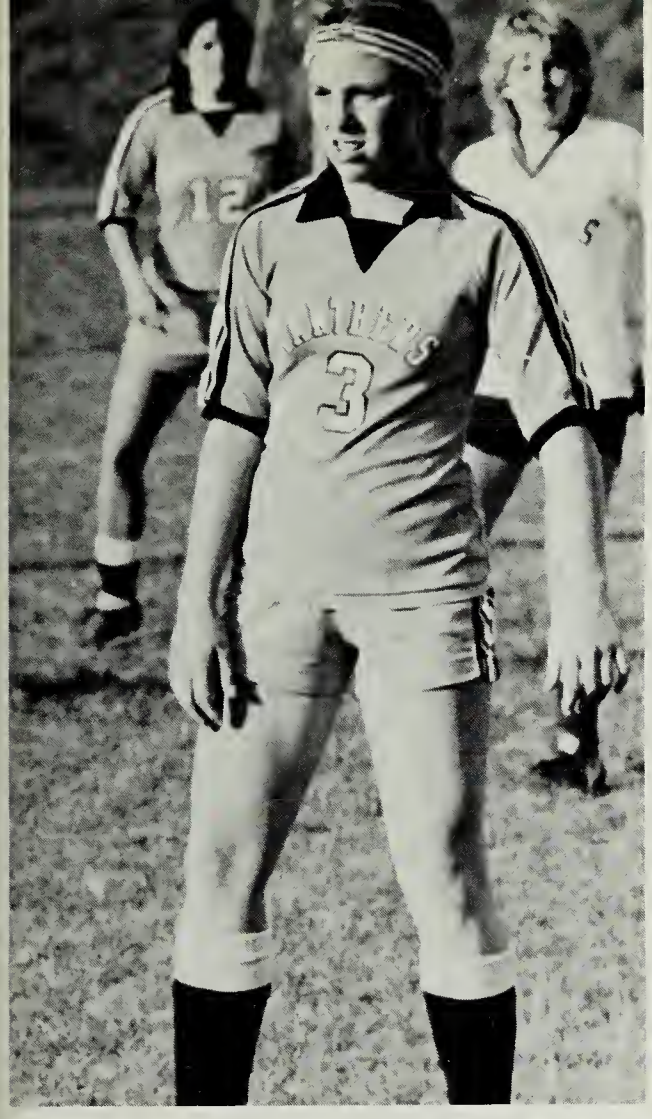
While the season was badically a defensive one, the girls learned a lot and they look forward to next year with enthusiasm.



Throwing in a foul shot, Maria Brown carefully places the ball. Throw-ins can be an advantage or not depending on which team has control of the ball.

As her Stonewall opponent rushes, Heidi Farber chips the ball to another teammate. Team work between the girls was essential to their offensive attack.







While waiting for the ball, Jeanette Mullany plans her next move. Constant attention was needed to make decisive plays work.

Christine Wolter Prepares for a goal kick as her North Stafford opponent looks on, watching anxiously is Beverly Williams.



One-on-one with her opponent, Lynda Hustead attempts to juggle her way out of trouble. Skill and concentration was the key to avoiding hot spots such as this one.



Determination showing in their faces, Heidi Farber and Jeanette Mullany scramble for control of the ball against their North Stafford competitors.



Outdistancing everybody for the crucial play is Heidi Farber. Speed was essential to offensive players to break through the opposition's defense.

SPRINTING TO VICTORY



Lunging forward, Angie Brosius competes in her heat of the 100 meter hurdles. Angie had to compete against herself in the S. Jackson meet because all her competitors had been disqualified.



Statistics are important to every team. Miss Barnhart keeps track of the individual performances while Annette Williams and Danielle Smith wait for the next race at the District meet.

The 1983 season was a good one for the girls' track team. Many seasoned veterans returned to break school records, several at their first meet. Some of the outstanding runners who made significant contributions to the team were Danielle Smith, Mylene Rowe, Elaine Morris, Kelly O'Connor, and Lisa Lohman. The team's overall record was 2-31-1, but included many Personal Bests. The Most Improved Runner went to Elaine Morris who held three school records in the discus, 800 meter run, and the 1600 yard relay. The Most Valuable Player award, which was given to the runner that exhibited both leadership and athletic abilities, went to Senior Lisa Lohman.



At the District meet, Kelly O'Connor finishes the two mile race. Kelly was one of the outstanding runners on the team.



As he records their time, Coach Hardison watches Kimberly Turner hand off the relay stick to Cindy Ruffner.



Front Row: Kurt Lewis, Donri Roberson, Mike Asbery, Robert Holley *Second Row:* Pete Lewis, Tim Stallup, Ken Yeager, Mark Turner, Bill Fiske, Steve Schaeffer, Arthur Milbert, Wes Brown, Tim Norman, Dennis Gallagher *Third Row:* John Haneklau, Bopi Bhattacharjee, Tony Anderson, Scott Berry, Chris Barko, Tim Searway, Bryant Nelson, Mark Harper, Nelson Davis *Back Row:* Coach Hardison, Lee Wilson, Raul Delao, Ricky Welch, Kenny Smith, Gary Conover, Rob Critchlow, David Shive, Scott Griffea, Dave Rector, Doug Potvin, Tim Vinson, Scott Stirling

Both individuals and the team as a whole reflected improvement during the '83 spring track season. Almost all the school records were shattered. Freshmen Ken Yaeger, Mark Turner and Tim Stalcup joined the team and showed motivation and effort. Bill Fiske, Art Milbert, Ricky Welch, Kurt Lewis and Scott Stirling upheld high team standards. Qualifying for Regionals were Scott Griffea, Art Milbert, Ricky Welch, Tim Vinson, Bill Fiske and Jerry Ledlow. Going on to State were Scott Griffea and Jerry Ledlow. Scott Griffea earned the title of Mr. Track and Field. The Most Valuable award went to Donri Roberson, and Tony Anderson was Most Improved.

6th Place — Prestigious Haringer Relays
3rd Place — Stafford Relays
3rd Place — J.M.U.'s Rotary Relays
2nd Place — Rappahannock Relays
Dual/Tri Meet Record — 4 wins, 2 losses
6th Place — District Meet



Another first place victory is in sight for Tim Vinson. Wins such as this one against Stafford qualified Tim for Regionals.



Clearing the hurdle with ease is Scott Stirling. Scott placed 2nd in this meet against Stonewall Jackson.

ACHIEVING EXCELLENCE

Since its creation four years ago, the 1982-83 Boys' Tennis team has had only one goal. This goal was to win the regional title and reach the state meet. This goal was attained this year in one of the finest seasons the Potomac Boys' Tennis team has ever had. Ending the season with a 7-0 record, two players ended up being the dominant factor on the team. Mike Tierney and Steve Greer led the tennis blitzkreig by coming District Doubles Champions, Northwest Doubles Region Champions, and placing fourth in state Doubles competition. Coach Campbell had this to say about his undefeated team, "They worked for three years. Their goal was to win regional title and to get to the state meet." **They made it!"** Well done, Boys' Tennis!!

Potomac vs.	James Wood	9-0
Potomac vs.	North Stafford	9-0
Potomac vs.	Stonewall	9-0
Potomac vs.	Stafford	5-4
Potomac vs.	Gar-Field	9-0
Potomac vs.	Woodbridge	9-0
Potomac vs.	Fauquier	9-0



Steve Greer prepares to return a shot in true athletic form. Steven was instrumental in contributing to the team's winning record.



Conferring on team strategy are Mr. Qualls, Mr. Campbell, and team members Steve Greer and Mike Tierney. Good relations between coaches and players are necessary for a winning team.

Front Row: David Secrist, Mike Ausley, Rob Dulin, Matt Dell, Brian Pinckard. *Back Row:* Charlie Talbott, Tim Holley, Mike Tierney, Steve Greer, Mark Modrowski, Coach Campbell.



TWO IN A ROW



Outmaneuvering his R. Montgomery pursurer, Scott Griffea strides toward the endfield. The Panther offense was augmented by strong runners like Scott who excell at outdistancing their opposition.

This year Panther football had a slow start, losing to their non-District competitors, Anacostia and Hopewell. They managed to come back in their first District game and won against Stonewall Jackson. Although they lost to Woodbridge, the young Panther team sprang back with a triple-winning blitz against Stafford, North Stafford, and the Homecoming opponent, H.D. Woodson. After a temporary setback with Gar-Field, Potomac returned to their winning streak by defeating James Wood. The climax of the season was their defeat of # 1 ranked Fauquier, 11-0. This victory made the team co-District champions for the second year in a row.

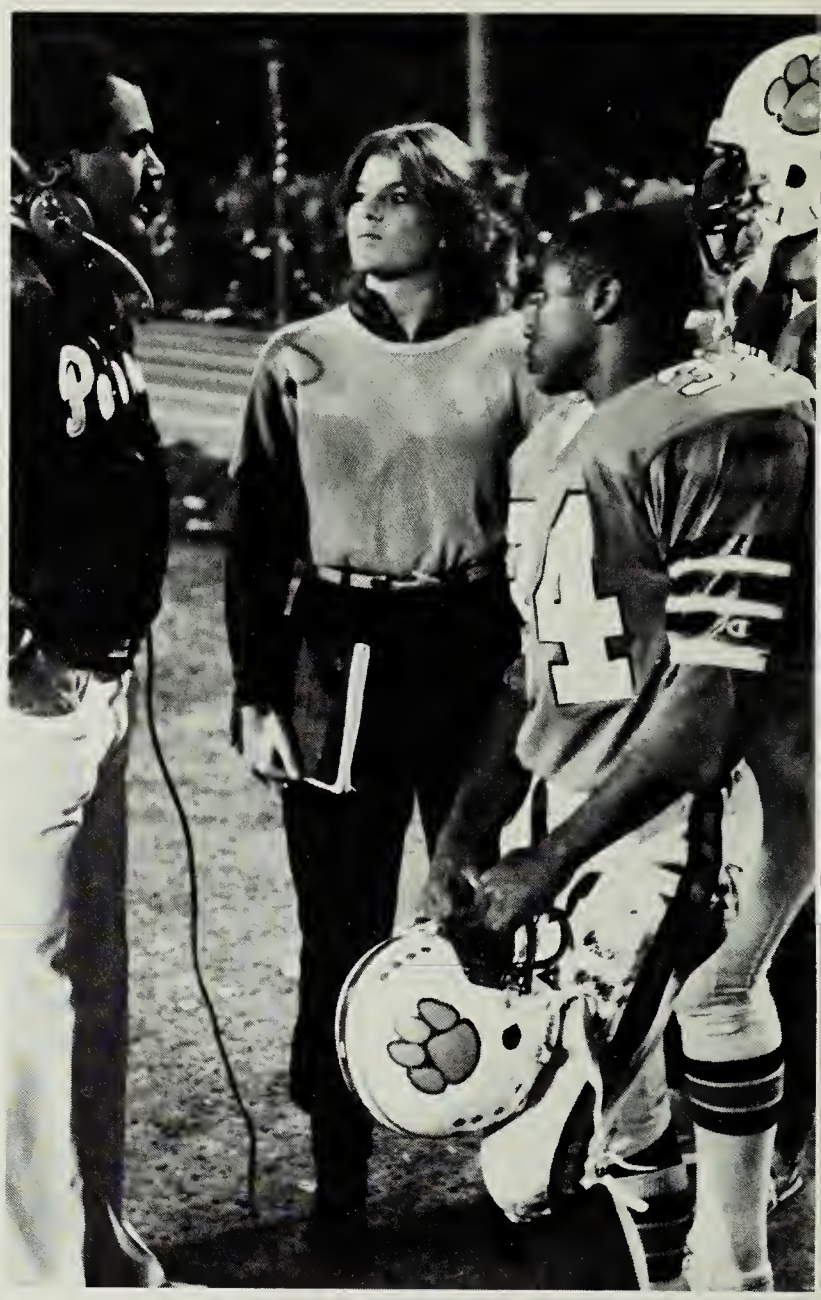
At the football banquet in November, many football players were recognized and given awards. However, one stood out from the rest: Fullback Paul Theriault won the well-deserved Mr. Panther award.



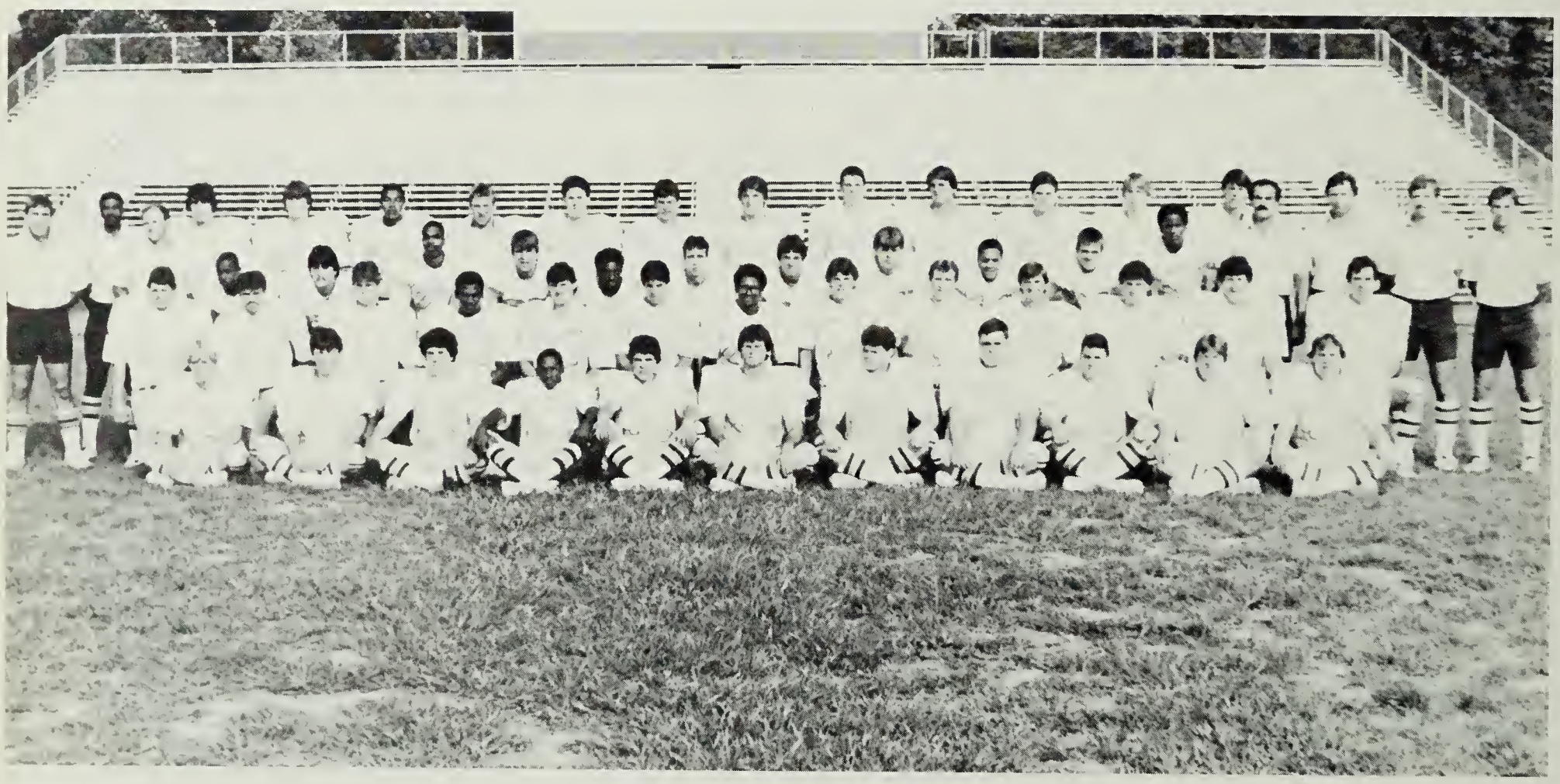
A play is called by Paul Tiede while the offensive line prepares to run over the defensive line. Paul quarterbacked the Panthers to another winning season.



Potomac and H.D. Woodson players converge in a fight to gain the ball and field advantage. Potomac is a decisive winner in this clash at the Homecoming Game.



Statistician Ashley Lehman informs Coach Prifti of the situation. Joe Walker waits for a decision based on up-to-date information.



First Row: Richard DuBreuil, Lloyd Eller, Stewart Thompson, Tyrone Matherson, Tony Reza, Bill Chapman, Bobby LeFleur, Tim Anderson, Jon Davis, William Jennings, Rodney Arrington *Second Row:* Kevin West, Sheldon Simonovich, Scott McKenzie, Lee Wilson, Tony Nattania, Phil Anderson, Kenny Smith, Wayne Gilbert, Mike Wilson, Arthur Milbert, Mike Patterson, Richard Asbery, Glen Kiser *Third Row:* Joe Walker, Pete Panazides, Wayne Shorter, Mark Vowell, Tyrone Baker, Mark Henshaw, Jay Harvey, Scott Molinari, Tim Bridgett, David Sweatman, Donald Tisdale, Coach S. Prifti, Coach Campbell, Coach Pryzbocki, Coach Kitchen *Back Row:* Head Coach Brown, Coach Stephens, Coach Maloney, Paul Theriault, Ronnie Lucas, Scott Griffea, Kevin Lohr, Mike Waniel, Mike Berry, Jimmy White, Paul Tiede, Bo Colcombe, John Peyton, Greg Margheim, Mike Rule



Just introduced, Tony Nattania runs through the cheerleaders' victory line. Public introductions help the fans to identify the players and get the game off to a well-spirited start.

Potomac	6	Anacostia	28
Potomac	7	Hopewell	27
Potomac	14	Stonewall	10
Potomac	7	Woodbridge	21
Potomac	28	Stafford	0
Potomac	28	North Stafford	6
Potomac	13	H.D. Woodson	8
Potomac	0	Gar-Field	28
Potomac	33	James Wood	3
Potomac	11	Fauquier	0



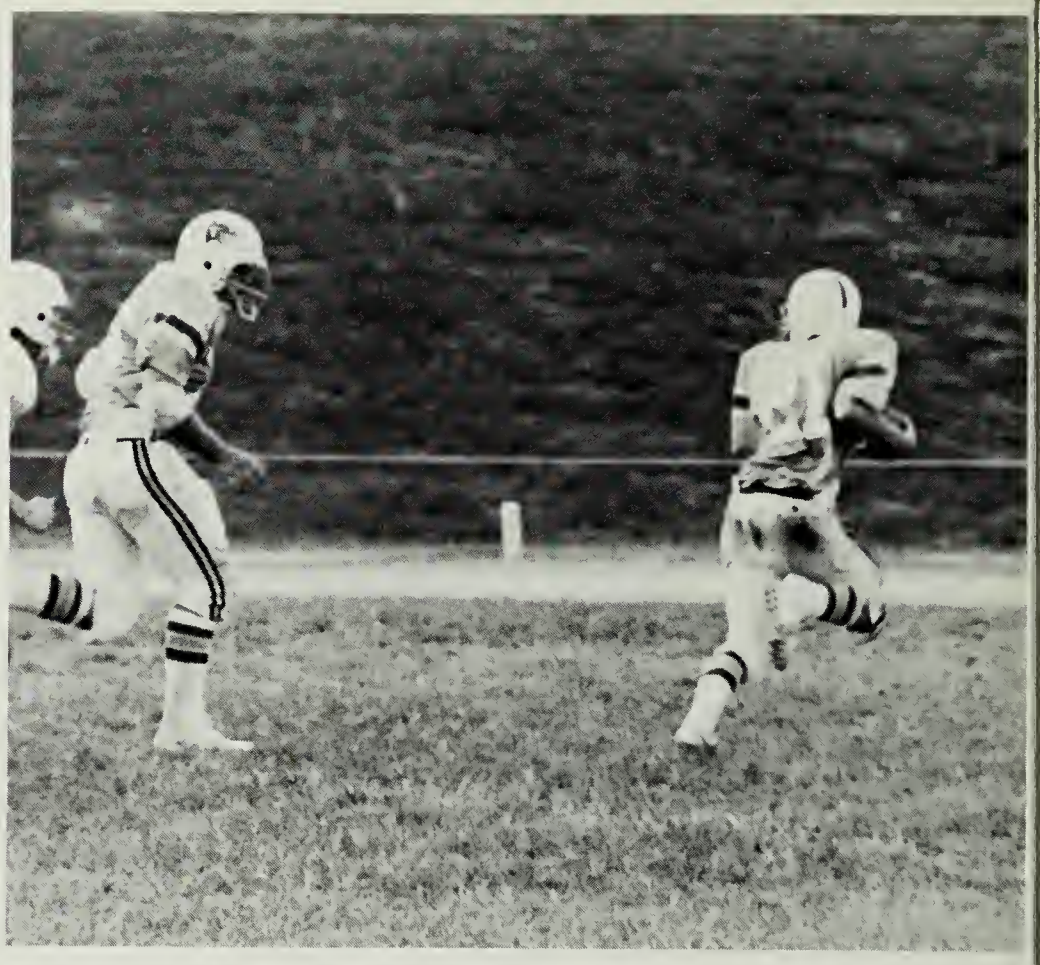


Off to a good run downfield is Donald Tisdale. Only a sophomore, Donald provides depth to the PSHS offense.

Touchdown! The referee makes it official. This is a welcome sight to all Panther fans at the Stonewall game.

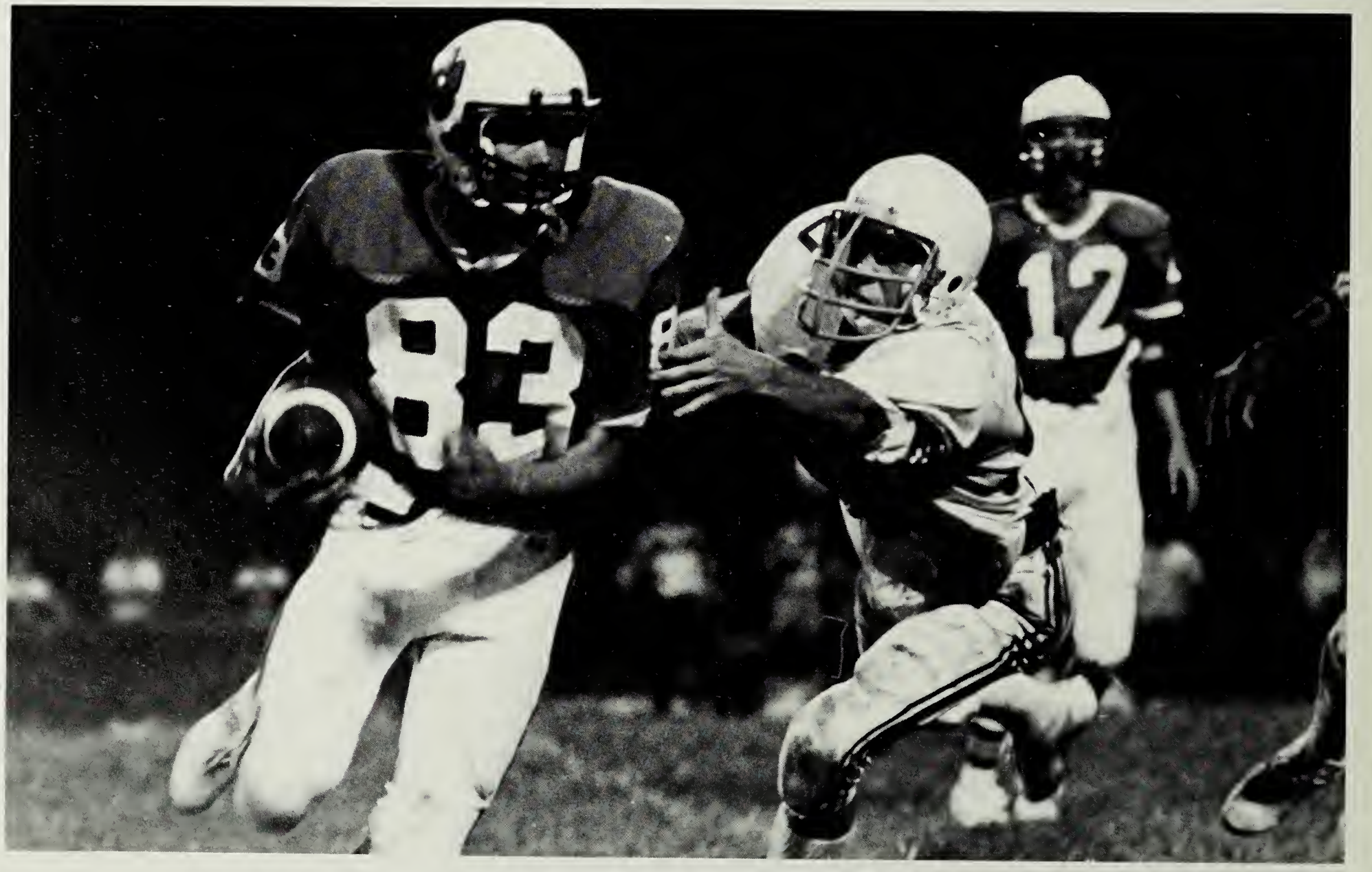


With great strides, Donald Tisdale sprints for a touchdown. Donald is one of the fastest players on the team.



Outmanuvering his opponent, Donald Dixon leaps for more yardage. This is only one of Donald's many scores of the game.

Potential for the future



The offensive line of Gar-Field is left behind as Kevin Humphries eludes his pursuer. Kevin had an outstanding playing year.



Running upfield is Mike Szady. Mike's contribution to the team has been great as a tight end.

A fine season was had by both the freshman football team with a record of 6-1 and the junior varsity team with a record of 4-4. All the players put forth an excellent team effort throughout the season of which they could be justly proud. The players developed as individuals as well as a team. With the season's experiences behind them, there is great potential for the future. The team members should be successful as they move up in the varsity and junior varsity program.



After receiving the ball, Leonard Williams outruns his opoonent. Leonard's skills earned him a spot on the varisty team for the last game.



Front Row: Peter Stapor, Robert Helms, Steve Reza, Gary Martin, Steve Hudak, Tyrone Qualls, Pat Lowery, George Collins, David Clark, Dirk Lueders, David Chapman *Second Row:* John Ingle, Dion Gore, Charles Jo-nson, Robby Harris, Brian Martin, Steve Holloway, Steve Kiser, John Merritt, Ted King, Rick Martin, Eric Hager, Walter Stickles, Drew Measels *Third Row:* Danny DuBrieul, Brian Loefstedti, Ty Chapman, Steve Brown, Todd Sampson, Leonard Williams, Craig Halliday, Anthony Davis, Joe Taylor, David Chunn, Chris Dempster, Courtney Mullany *Back Row:* Coach Clark, Byron Jones, Shawn Meade, Charles Forehand, Tom Asbery, Robert Wickline, Russell Critchley, Robby Bates, Herbie Harrison, Gregg Craine, Mark Strawn, Cory Rowe, Coach McCoart, Coach Carr, *Not Pictured:* Mike Burrill



First Row: Roger Jones, Buddy Joseph, Andy Deiring, Andy Thomas, Kevin Dose, Jeff Klopp, Pyony Chong, Scott Berry, Sean Rice, Andy Dodson *Second Row:* Donald Dixon, Paul Colletti, Kevin Humphries, Burton Browning, Curtis Gruver, Tim Sweatman, Kevin Grayson, Andre Skinner, Tim Stalcup, Cesar Benevides, Tim East *Third Row:* Adam Stapor, Jay Gholson, Scott Sentz, Cory Puckett, Mark Turner, David Maciver, Doug Ferguson, Ira Richardson, Frank Lasch, Doug Williams *Back Row:* Steve Pregenzer, Tyrone Baker, Chris Able, Greg Marghelm, Greg Clark, Mike Szady, Tim Norman, William Hatfield, Shawn Wright, David Dwyer

Potomac	15	-1,	15	-11	Faquier
Potomac	15	-3,	15	-0	Gar-Field
Potomac	1505,		15	-8	Woodbridge
Potomac	15	-3,	16	-8	Stonewall
Potomac	15	-1,	15	-0	Osbourn Park
Potomac	15	-2,	15	-7	Fauquier
Potomac	15	-6,	15	-7	Gar-Field
Potomac	15	-0,	15	-11	Woodbridge
Potomac	15	-1,	15	-0	Stonewall
Potomac	15	-2,	15	-7	Osbourn Park

Regionals

Potomac	15-13, 15-17, 15-10	Pulaski
Potomac	15-6, 17-15	Franklin County

Potomac News Awards

Coach of the Year — Marianne Parker

Player of the Year — Kim Feltault



Stretched out for the return, Aura Griffey prepares to send the ball back over the net. Stamina and skill were common traits shared by the varsity team.



Poised and ready are Tracy Maruschak, Ashley Wiggins, Kim Feltault, and Aura Griffey. Stance is a critical part of staying alert in volleyball.



Showing her title-winning form, Kim Feltault serves up another ace.

LADY PANTHERS STILL NUMBER ONE



Photo by J. Caddigan

During an intense moment, Mrs. Parker watches as her girls close out another opponent.

With a great 10-1 record, Potomac's powerful volleyball team cruised to their second straight District Championship. The Panthers took each match with two straight games! Archrival Stonewall Jackson was beaten twice by the lady Panthers; they had a 15-2, 16-4 meet the first time and a 15-1, 15-0 massacre the second.

The volleyball team credits their success to teamwork, dedication and their coach, Mrs. Parker. Everyone is equal on the squad; there is no starting lineup. Several of the team earned well-deserved recognition. Ashley Wiggins was nominated to the All-District and All-Regional teams. Kim Feltault was nominated to the second All-District team, and Ashley Lehman received Honorable Mention.

The efforts of three young ladies kept everything organized for the team. Jill Holley was acting scorekeeper, Carol Rice was manager, and Susan Barger was the team statistician and clock watcher.

Winning was definitely a tradition for these young ladies!

Front Row: Kim Feltault, Diana Jones, Wendy Hall, Susan Luedtke *Middle Row:* Ashley Lehman, Tracy McGinnis, Amey Richardson, Traci Maruschak, Audra Griffey
Back Row: Jill Holley (Mgr.), Aura Griffey, Mylene Rowe, Ashley Wiggins, Kelly Fisher, Carol Rice (Mgr.)



J.V. TAKES CHARGE

Despite not having any starters from last year's junior varsity team, the '83 junior varsity volleyball team ended their season with eight wins and only two losses. Coach Eaton described the team as "a dominant, take charge type of team that could win any game it put its mind to. The eleven players that were on the team all put out an equal effort each game."

Potomac	2	Osbourn	1
Potomac	2	Stonewall	0
Potomac	2	Woodbridge	0
Potomac	2	Fauquier	0
Potomac	2	Osbourn Park	1
Potomac	2	Osbourn	1
Potomac	2	Fauquier	0
Potomac	1	Woodbridge	2
Potomac	2	Gar-Field	0
Potomac	0	Stonewall	2

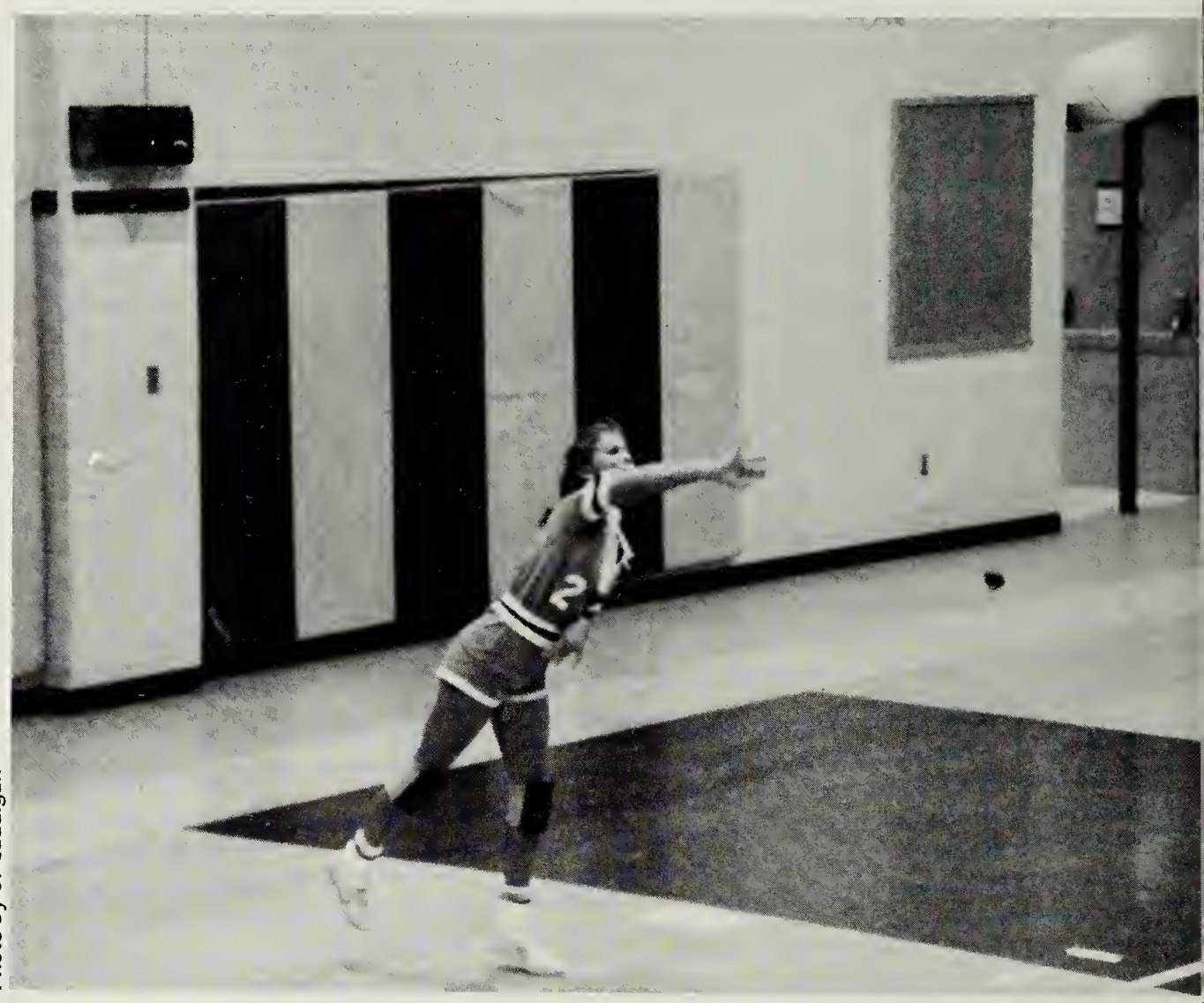


Photo by J. Caddigan

Another ace is served against Gar-Field by Johnna Branham. Johnna's serving ability was a key to many wins.



Front Row: Dawn Newman, Johnna Braham *Middle Row:* Missy Caddigan, Jennifer Graves, Nickie Bryan, Debbie Kondash *Back Row:* Christine Sowala, Liz Lawlor, Tracy Hansen, Teresa Conway, Coach Eaton



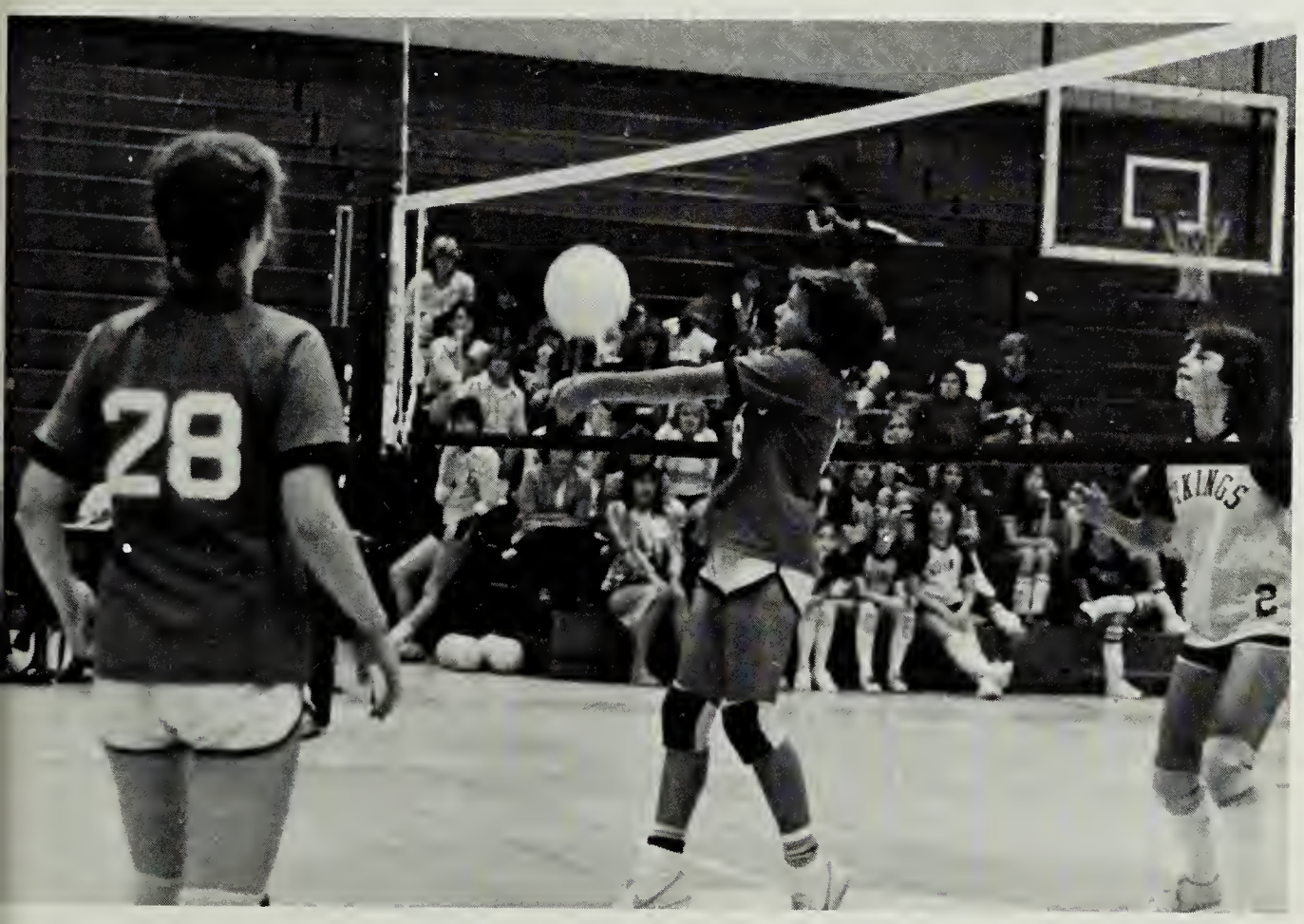
Photo by J. Caddigan

As Nickie Bryan sets up to Tracy Hansen, other team members are ready with support. Consistent team effort is responsible for wins such as this over



Front Row: Jackie Watson, Kristin Boeger, Kelli March, Anne Shelton *Back Row:* Leslie Wilfong, Cathy Hadley, Heather Cooper, Susan Propps *Not Pictured:* Joell Wiggins, Shalane Willis, Becky Buckler

Fabulous Freshmen



With perfect form, Kristin Boeger sends the ball back towards her opponents. Kristin was also noted for her fine ball serving ability.

Under the coaching and guidance of Coach Kadis, the freshman volleyball team provided an exciting and competitive season. After a slow start, the freshmen came on strong by unveiling a tough defense and explosive offense which gave the team a good season. Consistently good serving was turned in by Kristin Boeger, Anne Shelton and Leslie Wilfong. Excellent front line play during crucial moments was made by Cathy Hadley and Jackie Watson. Heather Cooper, Kelli March and Joell Wiggins provided a steady defense while Susan Propps, Shalane Willis and Becky Buckler cheered the team on and contributed their support.

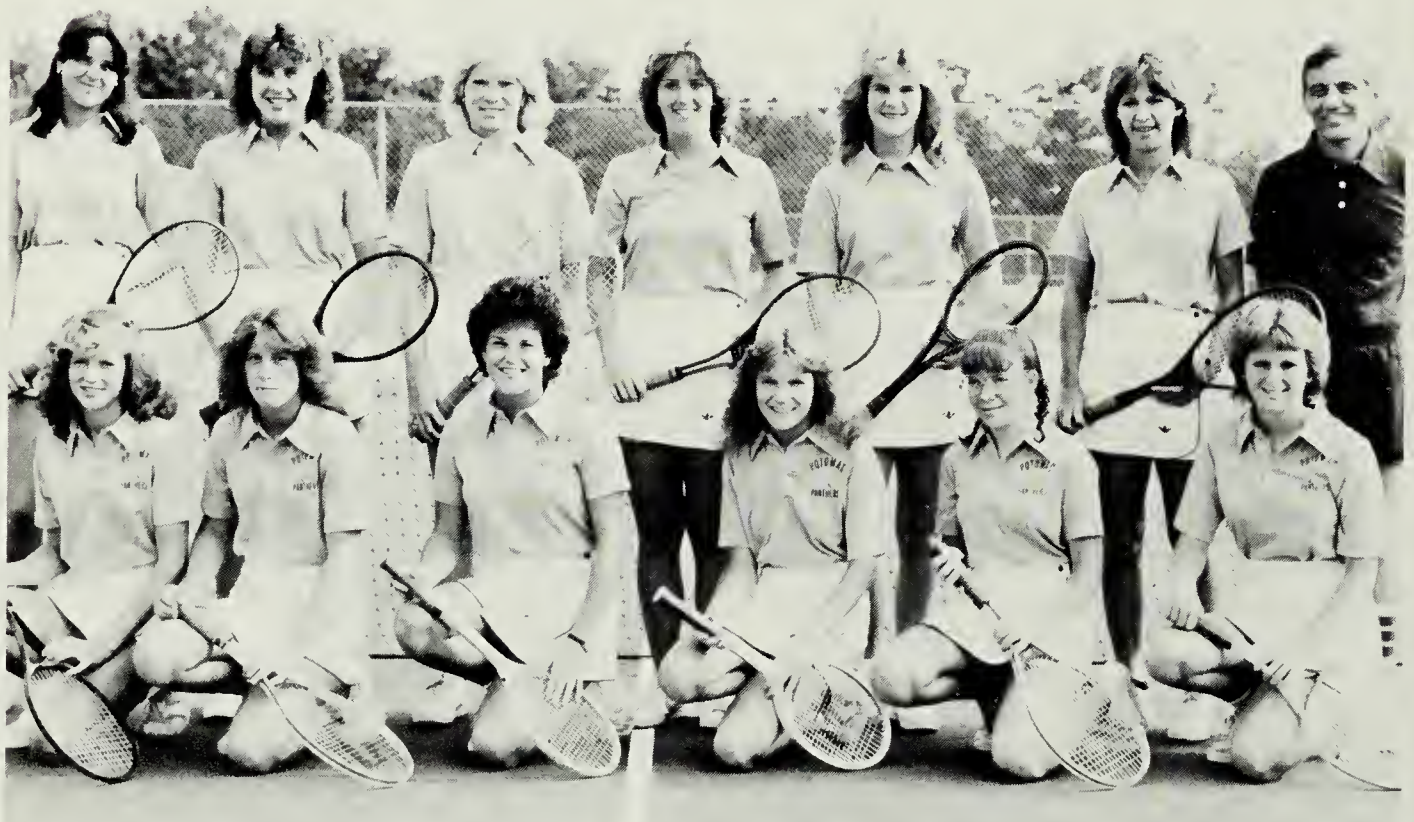
Potomac	0	Gar-Field	2
Potomac	1	Woodbridge	2
Potomac	1	Stonewall	2
Potomac	1	Osbourn Park	2
Potomac	1	Gar-Field	2
Potomac	2	Woodbridge	1
Potomac	1	Stonewall	2
Potomac	2	Osbourn Park	0

ON THEIR WAY TO WIMBLEDON

In mid-August, a new season began for Potomac's tennis team. The girls encountered their fourth coach in as many years. Despite this, the girls never lost the desire to succeed as individuals and as a team. The new coach, Mr. Jenkins, taught them a valuable lesson when he told them, "You can take all the tennis lessons in the world, but the desire to win has to come from inside." By the end of the season, every girl had stepped over the hump of not believing she could win. Bulwark of the team were Katie Flynn and Julie Slade; Katie won the award of Most Valuable Player. Carrie Moss came through the season with an undefeated record. Lulu Tierney and Teri King were #2 doubles winners and are expected to be #1 next year. "I was very pleased with the mental attitude of the team at the end of this year," said Coach Jenkins.



With intense concentration, Katie Flynn watches as her opponent winds up for another serve. Her ability to pay close attention on the court made Katie a fine player.



Front Row: Elizabeth Tierney, Terri King, Mag Gallagher, Becky Sloan, Stephanie Wise, Juanita Allen *Back Row:* Susan Doyle, Katie Flynn, Carrie Moss, Julie Slade, Kathy Anderson, Sarah Kierstead, Coach J. Jenkins



Exhibiting her determination, Meg Gallagher drives home yet another winning point. The team is sorry to lose Meg due to a family move.



Way out in front by herself, Cindy Ruffner makes a break for the finish line. Potomac Harriers are always first in spirit!

STRIDING FOR EXCELLENCE

Potomac's Harriers have established a tradition — A TRADITION OF TEAM SPIRIT AND SUCCESS! Potomac Cross Country is now a respectable force in the State of Virginia. Effort, determination, desire, motivation are all terms characterizing the Potomac Cross Country teams. Thirty young men and women strove for a common goal — State. The boys team placed 9th in the state of Virginia, and the girls placed two individuals as state qualifiers. The girls' and boys' teams also gained third place in the District Meet, which the boys repeated again a week later in the Regional meet. Both teams placed well in Cross Country Invitationals throughout the season. Indeed, the girls tired of the unprecedented fourth place finishes they continuously won! The future is bright with such fine runners as Bill Fishe, Dave Shive, John Hanklaw, Sean Connolly, Raul De Lao, and Erik Anderson. The girls appeared awesome with returning Cindy Ruffner, Suzi Paszly, Kelly O'Connor, Amy Cassady, and Rachel Eccleston. Potomac's Cross Country season of 1983 can best be summarized by Tim Vinson's quote: "My accomplishments aren't important this year as long as we get a tradition going!"

Through the leadership of Tim Vinson, a very successful runner himself, Steve Schaeffer, and Susan Ariola, the Potomac Harriers realized a dream of fun, success, and team spirit.

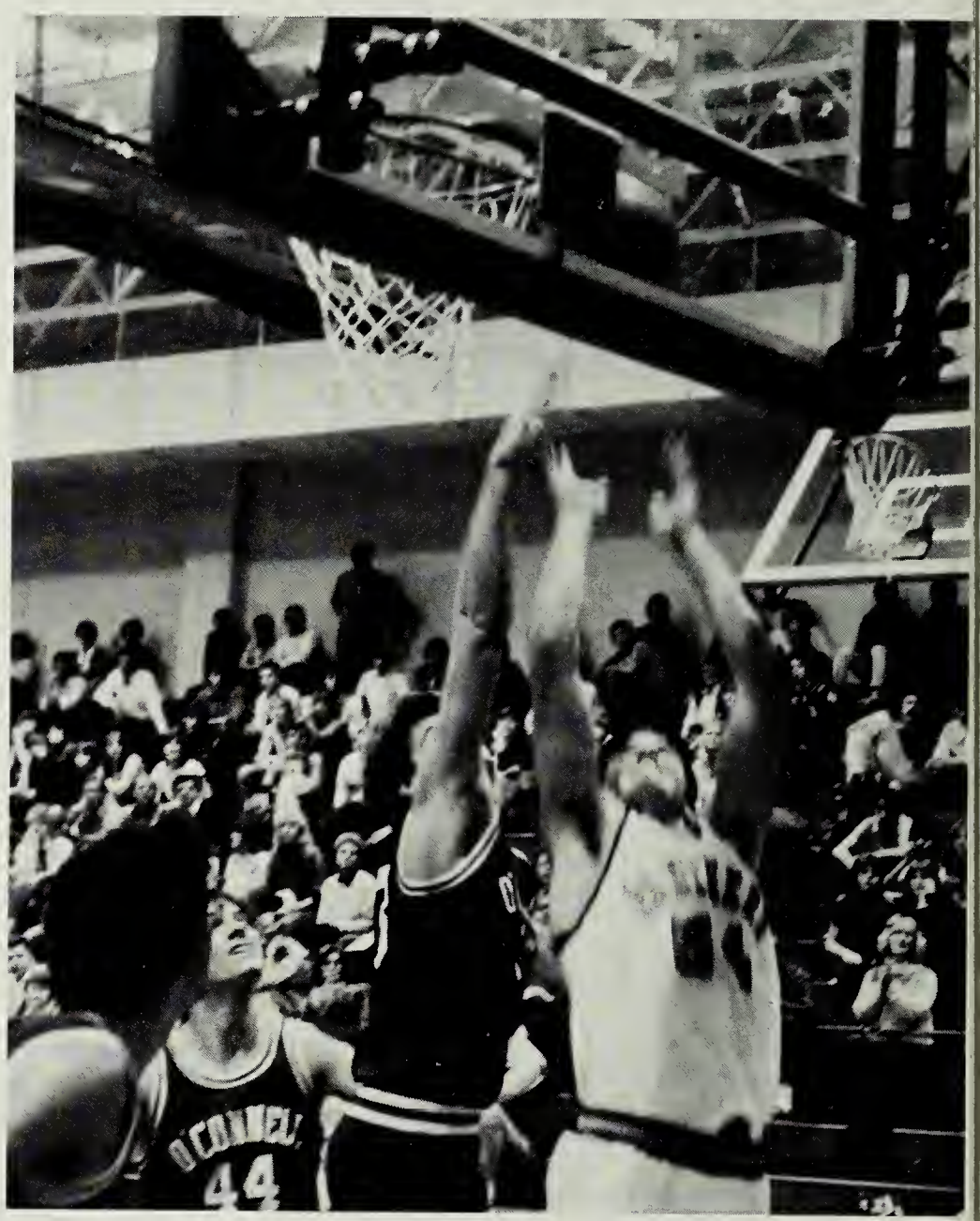


Front Row: Kim Turner, Rachel Eckleton, Laura Best, Kelly O'Conner, Susy Paszly, Annette Williams *Second Row:* Karen Shive, Bryant Nelson, Bill Fiske, Sean Connolly, Bapi Bahttacharjie, Susan Ariola *Back Row:* Tin Vinson, David Shive, Raul DeLao, Steve Schaeffer, Richard Blanchfield, Nelson Davis

FAST BREAK



Leaving Gar-Field players bewildered about his next move, Todd Jenkins sweeps towards the basket for the pass. Todd's ability to hustle is a valuable asset to the team.



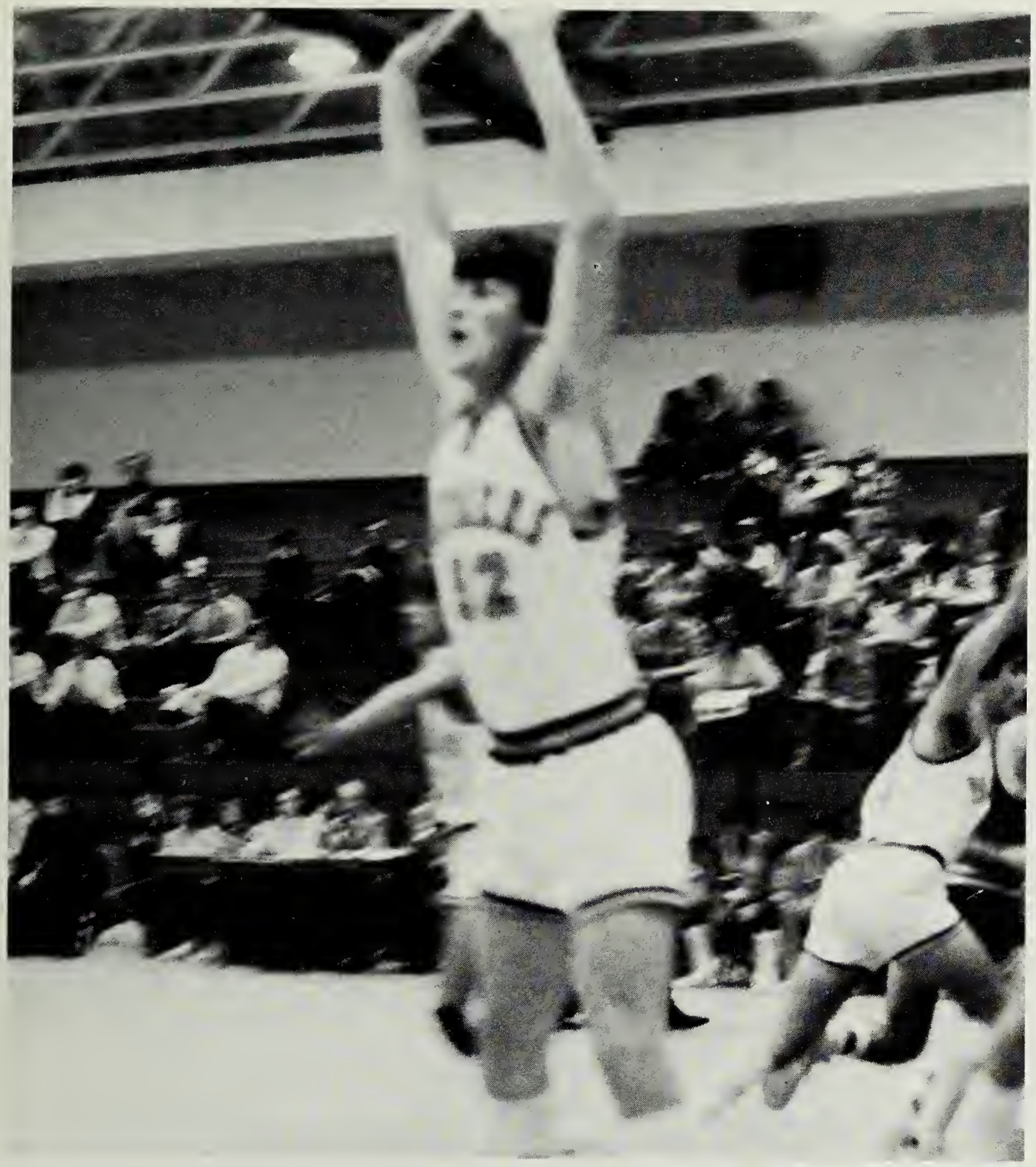
Dedication pays off as Doug Misenko puts another two points on the scoreboard. Doug's efforts helped Potomac battle a determined O'Connell team.

PSHS

With a great deal of pride and determination, the PSHS Varsity basketball team found a ray of hope. The Panthers were vastly improved from the previous season. High scorers for the team were forward Doug Misenko and center Paul Tiede who both made the list of Leading Commonwealth Scorers. Paul Tiede was also honored by being chosen Athlete of the Week. Todd Jenkins did his usual great job of controlling the floor. Everyone on the team played exceptionally well and represented Potomac well both in victory and defeat.



First Row: Donna Tiplady (mgr.), Tony Qualls, Tom Saeman, Wayne Shorter, Doug Johnson, Bobby Kraus, Todd Jenkins, Bobby Vitek, Angie Hammons (mgr.) *Back Row:* Coach Maloney, Dale Smith, David Goodrich, Ray Hammons, Doug Misenko, William Banks, Paul Tiede, Ronnie Lucas, Doug Potvin, Coach Clark



Potomac	43	Bishop O'Connell	45
Potomac	50	North Stafford	58
Potomac	65	Gar-Field	66
Potomac	68	James Wood	69
Potomac	80	Woodbridge	81
Potomac	72	Gar-Field	75
Potomac	80	Stonewall	74
Potomac	65	James Wood	72
Potomac	56	Fauquier	91
Potomac	63	North Stafford	60
Potomac	65	Woodbridge	73
Potomac	74	Stafford	62
Potomac	68	Stonewall	63
Potomac	59	Fauquier	68
Potomac	51	Bishop O'Connell	53
Potomac	45	Stafford	71

Trying to get attention for the throw-in is David Goodrich. An accurate throw-in can mean points on the board.



Jump Ball! Potomac players scramble for position as William Banks tips the ball away from an O'Connell player.

As he looks for a teammate to pass to, William Banks puts the "move" on his Gar-Field opponents. Potomac plays an excellent game, making Gar-Field fight for every point in a close game.



As an O'Connell defender goes up for the block, Paul Tiede gets off a jumpshot. Against a stiff defense, outside shots were relied on to break through for points.



Establishing good defensive positions are Bobby Kraus and Todd Jenkins. Being in the right place at the right time in basketball can turn a defensive position into an offensive one.

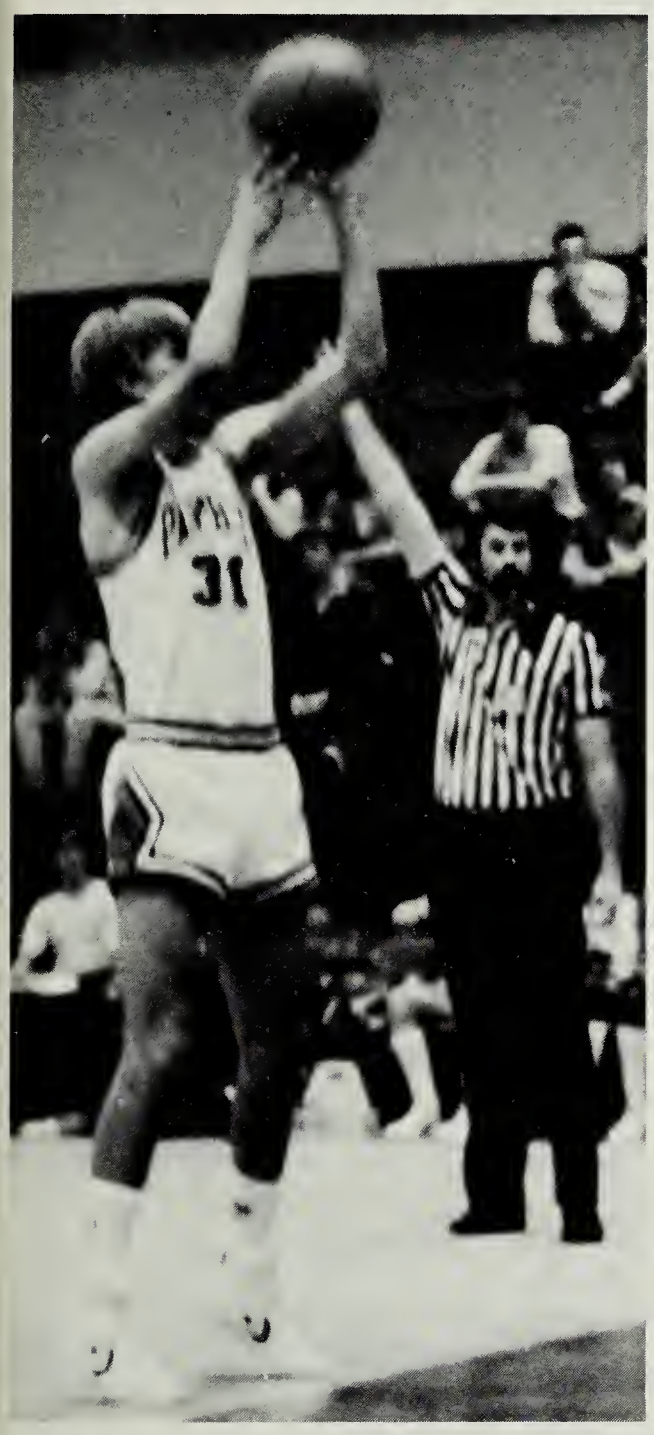


Watching intently are the coaches' wives, Mrs. Maloney and Mrs. Clark. Supportive wives as well as supportive fans did a lot to help the team's morale.



Throw-ins are an essential in any basketball game. Here, Todd Jenkins demonstrates by throwing in to his teammates during an offensive drive.

Set for a foul shot, Greg Margheim puts another point on the board.

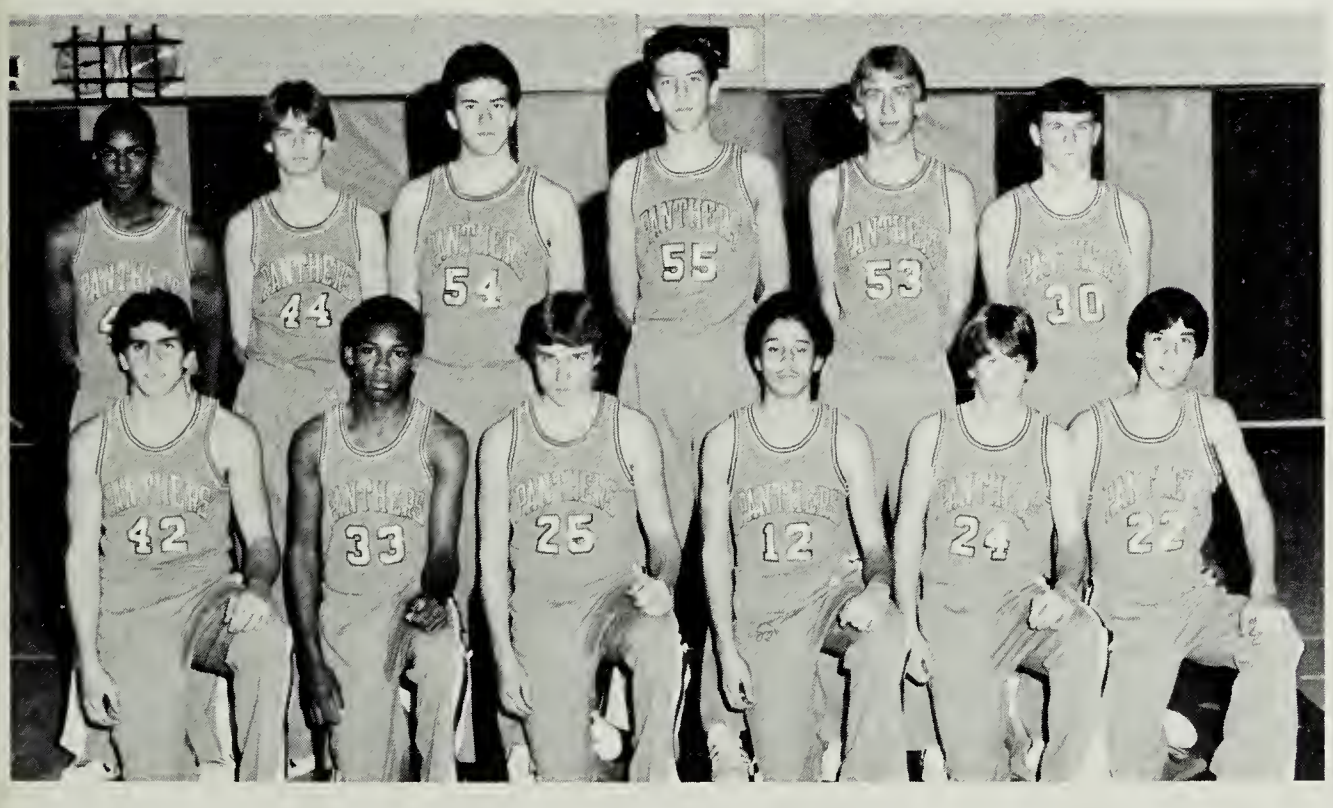






The offensive basket is the goal as Cory Puckett brings the ball up. He waits for teammates to set up against Gar-Field.

The ball hits for two. Greg Margheim shoots as Larry Lynott blocks out his opponents.



Front Row: Cory Puckett, Richard During, Pete Fleming, Wally Nash, Rob Dulin, Jamie Deemer *Back Row:* Lee Crumbly, Andy Trent, Larry Lynott, Matt Jaroch, Greg Margheim, Mark Turner

Shoot for Two

Hard work by the junior varsity basketball team paid off in a winning season. Coach Hayes provided the leadership and was enthusiastic about his boys. He was proud to be coaching such "good kids." Leading scorer for the team was Greg Margheim, a spirited and skilled player whose shooting accuracy helped lead the team to many fictories. Rebounding by Larry Lynott gave the team a big advantage as did the assists by Rob Dulin. Every team member helped to make J.V. a power on the court.

A SOUND FOUNDATION



First Row: Jeff McCallister, Tyrone Qualls, Steve Kiser, Byron Jones, Jeff Misenko *Middle Row:* Sean Martin, Bob Costa, Robby Harris, Sydney Williams, Bob Larkin *Back Row:* Marc Williams, Corey Rowe, James Hartnett, Bo Jumbercotta, Mark Milam

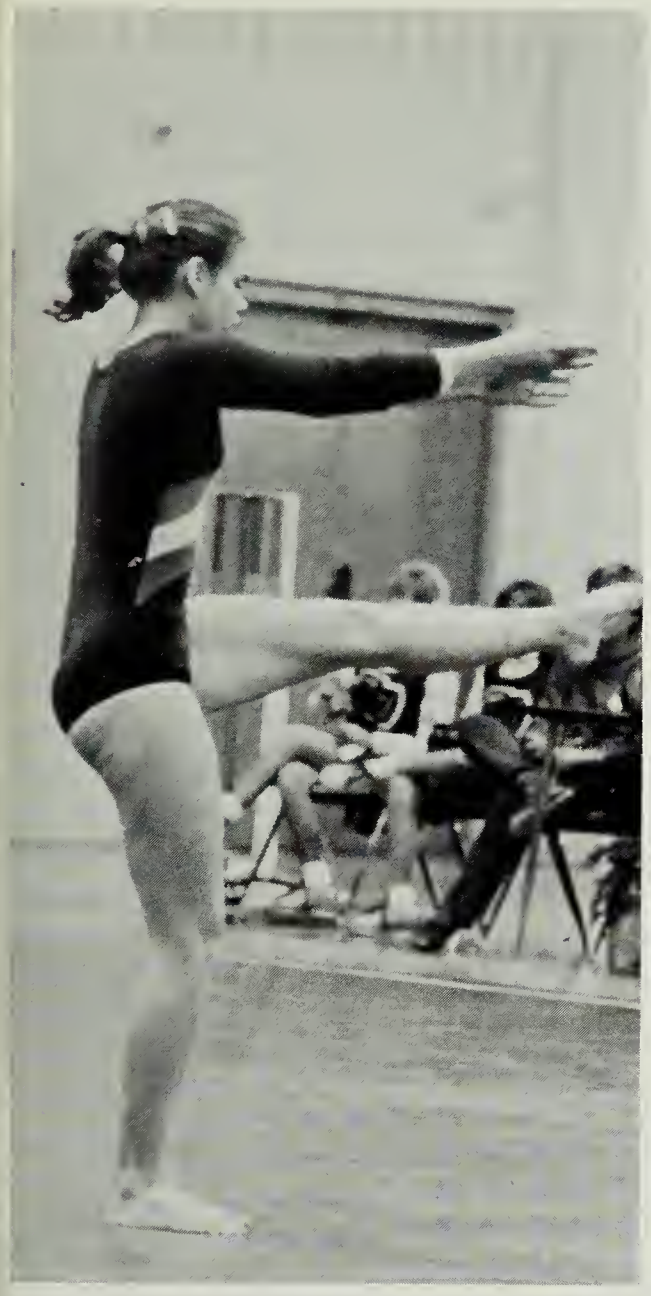
Having had a very successful season, and showing a lot of promise for future varsity action, the boys' freshman basketball team closed out their first season with high spirits. The team had a very balanced and talented group. Marc Williams, Jim Harnett and Corey Rowe had excellent size, averaging over 6'2" and Jeff Misenko, Mark Milam and Bob Larkin had the ball handling and shooting skills for a well-rounded group. This freshman team might have been the most talented one we have had at Potomac. They experienced some close games during the season but showed enough poise to come out on top. If this group lives up to expectations, the basketball future looks bright for Potomac.



Foul shots sometimes determine the outcome of a game. Leonard Williams concentrates all his efforts on making this one count for Potomac. His skill on the court got him moved up to varsity.

FLIPPING OUT

Thanks to the return of all but two lettermen from last year, the girls' gymnastics team had its best year yet. They placed eleventh in the South Lakes Invitational with twenty other schools participating. In this meet, Susan Vowell placed third in vaulting. The team was seventh in the Park View Invitational with twenty-four teams entered. Susan Vowell placed seventh in floor exercise. Outstanding contributors to the team were seniors Marilyn Roltsch and Diana Jones, both four year lettermen; junior Kelly Johnson, sophomore Susan Vowell and freshman Barbara Cox. The other team members contributed to the total effort that enabled the team to have its best year so far.



In her fourth year with the gymnastics team, Marilyn Roltsch shows ever increasing talent and poise.



First Row: Sheila Griggers, Kelly Johnson, Rosie Robinette. *Second Row:* Stasha Worsena, Jennifer Evans, Vanessa Coletti, Barbie Cox, Lisa Schwartz, Diana Jones, Marilyn Roltsch. *Back Row:* Susan Vowell, Chris Toney, Maria Natale.



Carrying on the short but well established tradition of Potomac's gymnastics team, Barbie Cox skillfully executes another of her floor exercises.



Not wanting to be outdone, Susan Vowell prepares to launch into a totally captivating performance in front of another spellbound audience.

SHOOTING FOR THE FUTURE

With much enthusiasm, the Panther girls' J.V. Basketball team took to the hardwoods this winter. Stacey Darr and Judy Coffenberry were often injured but provided much needed encouragement to the squad. Suzy Larkin was a catalyst with her hustle, desire and leadership for the younger Panthers. Cindy Marrone and Christine Sowala were major factors in getting rebounds and starting the J.V. Fast Break. Tough losses to Gar-Field and Bishop O'Connell seemed to pull the team together as they finished the season with a flourish in February.

22	Potomac	Bishop O'Connell	39
34	Potomac	Gar-Field	40
47	Potomac	North Stafford	10
52	Potomac	St. Mary's	15
35	Potomac	Gar-Field	44
32	Potomac	Gar-Field	46
30	Potomac	Bishop O'Connell	34
47	Potomac	Fauquier	35
47	Potomac	Woodbridge	62
38	Potomac	Gar-Field	52
62	Potomac	Stonewall	22
23	Potomac	Stafford	25
49	Potomac	Fauquier	46
45	Potomac	North Stafford	40
43	Potomac	Woodbridge	45
55	Potomac	Stafford	29
54	Potomac	Stonewall	39



After getting a rebound, the Panthers take the ball down the court. Rebounding was important for the J.V. Squad.



Front Row: Suzy Larkin, Missy Caddigan, Denise Thomas, Stacey Darr, Leslie Wilfong, Beverly Williams *Back Row:* Coach Dave Przybocki, Vendella Newson, Cindy Marrone, Michelle Bailey, Judy Coffenberry, Carol Watkins, Christine Sowala.



During the Woodbridge game, Kelly Newman prepares to sink a shot for the Panthers. Good teamwork and dedication paid off for the girls.

Back to the Basics

Fundamentals were the major skills worked on by the girls' freshman basketball team. Coach Bob Levine stated, "Fundamentals were stressed in every practice and every game. We worked on offensive techniques — dribbling and shooting, and defensive techniques every day." Leading scorers on the team were center Kirsten Kelly and guard Kelly Newman.

The team displayed fine sportsmanship and attitude during each game. Coach Levine said, "This team was a pleasure to coach. They could accept criticism and they always played their best. I feel this team will really help Potomac in the future."

12	Potomac	16	North Stafford
10	Potomac	30	Gar-field
35	Potomac	21	Stonewall
26	Potomac	24	Woodbridge
12	Potomac	23	Gar-Field
27	Potomac	28	North Stafford
23	Potomac	20	Stafford
18	Potomac	33	Stafford
23	Potomac	35	Woodbridge
23	Potomac	17	Stonewall



Front Row: Paula Williams, Michelle Raley, Kirsten Kelly, Lisa Camm, Sheri Patton *Middle Row:* Wendy Alachonwicz, Cindy Burgess, Cindy Stebbins, Linda Stroughtermen *Back Row:* Stuart Gilkerson (Manager), Kim Edwards, Coach Levine, Heather Cooper, Anna Reid, Kristen Wharton



Defending for Potomac is Missy Caddigan. Mylene Rowe assists against Stonewall.

GAINING EXPERIENCE

After a somewhat slow start, the girls' varsity basketball team had an outstanding season. All of the players put forth a great team effort, showing enthusiasm and great poise for tight situations. Wendy Hall, Kim Feltault, Audra Griffey, Tracy Maruschak and Aura Griffey played a great part in the team's total effort.



Driving toward another basket, Denise Thomas outmaneuvers her Stonewall opponent.



Outwardly displaying his enthusiasm, Mr. Jenkins employs one of his many interesting teaching techniques. Mr. Jenkins did a good job of coaching Girl's Basketball.

Potomac	39	Fauquier	60
Potomac	34	North Stafford	39
Potomac	35	Bishop O'Connell	41
Potomac	66	North Stafford	29
Potomac	93	St. Marys	17
Potomac	54	Fort Hunt	41
Potomac	30	Gar-Field	72
Potomac	50	Bishop O'Connell	64
Potomac	37	Fauquier	68
Potomac	59	Woodbridge	55
Potomac	33	Stafford	38
Potomac	51	Gar-Field	59
Potomac	35	Stonewall	59
Potomac	51	Fauquier	50
Potomac	58	North Stafford	59
Potomac	41	Woodbridge	82
Potomac	52	Stafford	32
Potomac	36	Stonewall	45



Front Row: Teresa Connway, Wendy Hall, Kim Feltault, Elaine Morris, Kathy Hadley, Regina Martin *Back Row:* A. Barnhart, Michelle Munn, Kelly Fisher, Aura Griffey, Tracy Hawnsen, Mylene Rowe, Audra Griffey, Tracy Maruschak, Mr. Jenkins.



VARSITY WRESTLING TEAM *Front Row:* Doug Wilson, Matt Oakes, Allen Tardiff, Travis Welpott, Paul Bartosch, Jeff Van Fleet *Middle Row:* Chuck Money, Jerry DeCarli, Tony Black, Tony Nattania, Mark Vowell, Richard DuBreuil *Back Row:* Pete Pandazides, Brian Leudtke, Lee Wilson, Tim Anderson, Carrillo Dean, Tom Fraisier, Kevin West.

STRAIGHT TO STATE

Another victorious season was experienced by the Panther wrestling team. This part of the athletic program had the largest participation in Panther history, and the participants brought with them a great deal of talent. More than sixty young men were inside the gym every day for wrestling practice, and most participated in tournaments on weekdays and weekends.

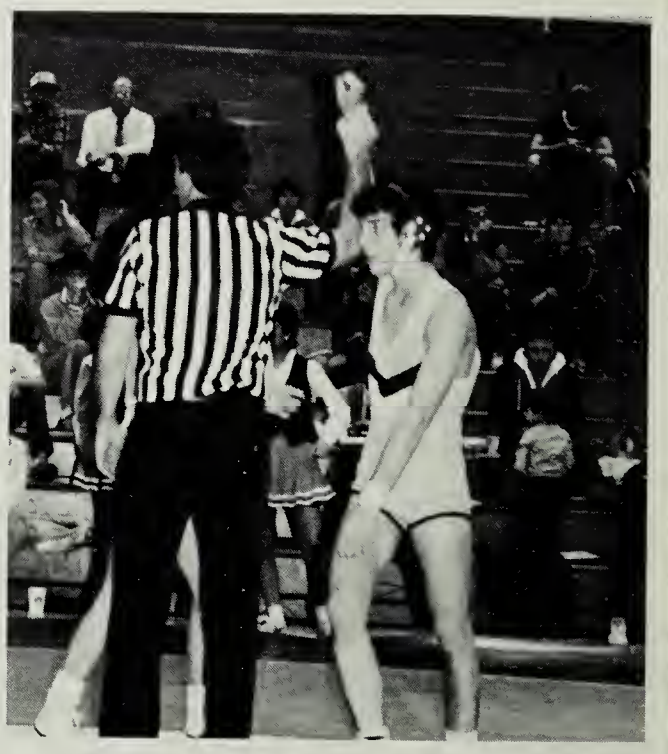
Coach Cameron stated, "We have the ability to beat anyone we wrestle because wrestling is more mental than physical. Our team goals include District and Regional titles and a place in the top ten in State!" Mr. Qualls agreed with this, adding that he was very impressed with the Panther team and happy with Coach Cameron's work. He had great confidence in them. The team realized that the loss of their first seniors would not be discouraging but help make them tougher. The strong bond among the entire group could be felt by everyone who came in contact with them, and this bond grew stronger with the pride of every victory.

Many team members performed in an outstanding manner. One example, early in the year, was Richard Dubreil. Richard, filling in for injured Brian Luedtke, pinned the State Champ from Deep Creek in only fourteen seconds. This achievement earned Richard the award of fastest pin of the season.

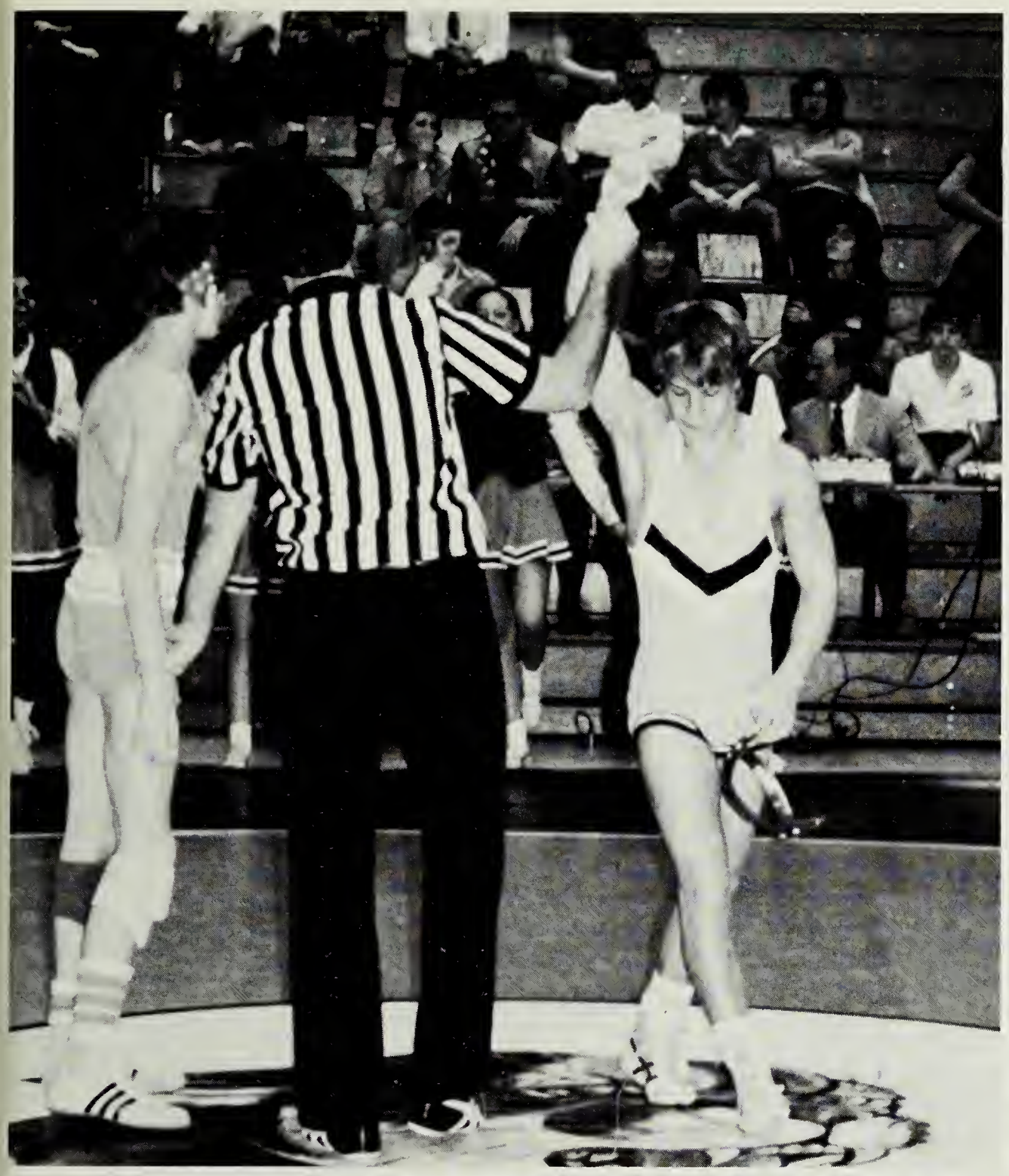
Potomac's Champion blood doesn't run through the starting team only; all Panther wrestlers were capable of carrying out the threatening image of the Potomac wrestling team. As one member put it, "To be a good wrestler, you must haveskill, dedication, strength, and the will to win. To be a GREAT wrestler, you have to wrestle for Potomac!"



After receiving a medal, Travis Welpott rests and watches his teammates. Travis is a freshman wrestling varsity and obviously has the potential for being a great Potomac wrestler.



As the official raises his arm to recognize the win, another victory for Potomac is won by Jerry DeCarli. Potomac crushes North Stafford with little difficulty in this meet.



At the North Stafford vs. Potomac match, Allen Tardiff triumphs over another opponent. Allen's impressive skills, record, and reputation is sure to take him far in the future.

Inflicting pain upon his opponent, Chuck Money attempts a pin. Chuck's wrestling career record is one of the top on the Panther team.



Preparing himself for the upcoming match, Lee Wilson does various types of stretches. A junior, Lee's experience in wrestling has already made him a great Potomac wrestler.



Muscling his opponent to the mat, Mark Vowell makes good use of his legs and arms as a skilled wrestler should. Mark spends his summers wrestling in an Iowa camp, learning new techniques. This dedication shows in his exceptional wrestling record.

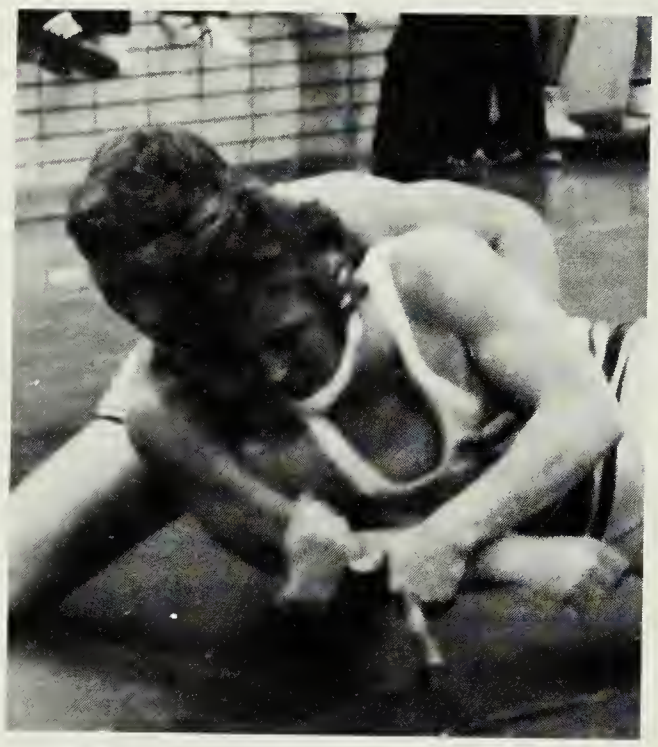


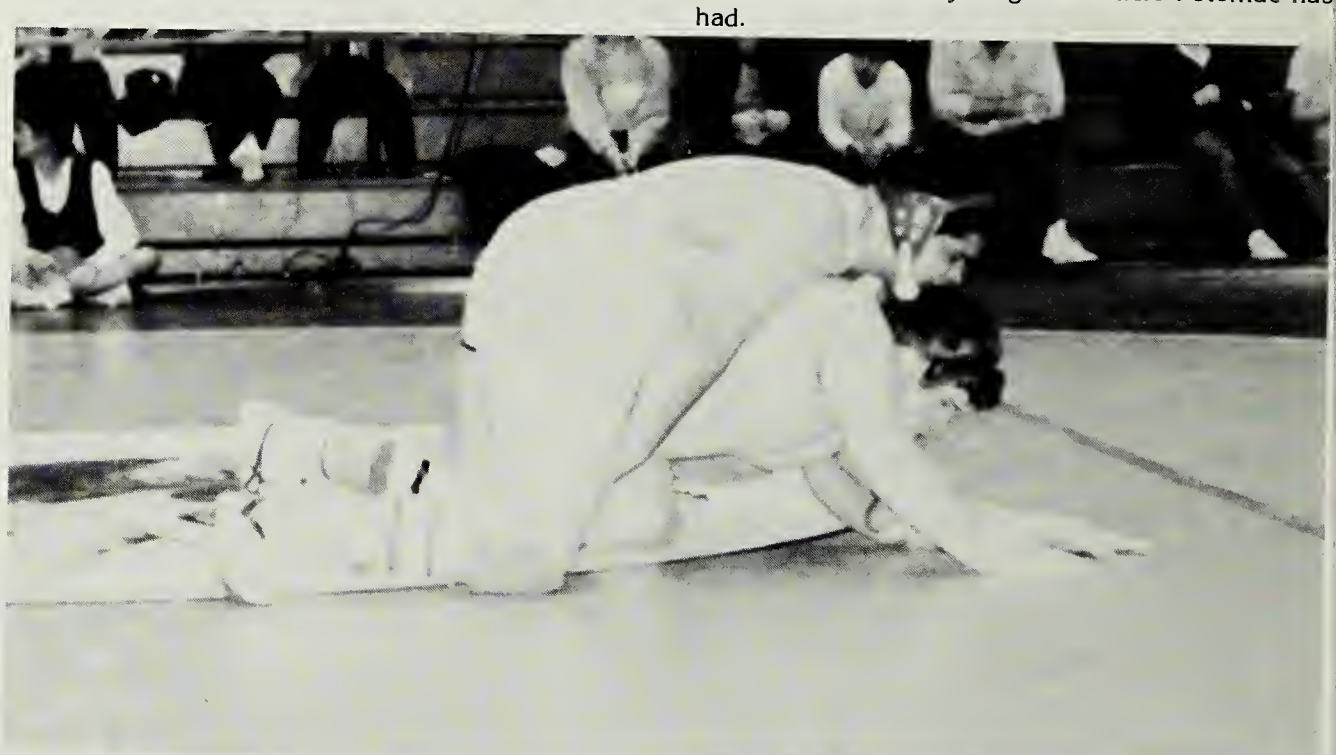


Regional Champion, Mark Vowell, wrestles his opponent onto the mat for another pin at Brentsville Tournament. Mark went on to pin four out of five wrestled, winning all five, and helping the Panthers place first over six teams. Potomac exceeds the second team by almost 100 points at the tournament.

Seconds away from another pin, Jerry DeCarli maneuvers his opponent to his back. This position is commonly seen when Jerry wrestles.

As his North Stafford opponent attempts an escape, Carrillo Dean prepares to pin him. Carrillo is one of the best heavy-weight wrestlers Potomac has had.

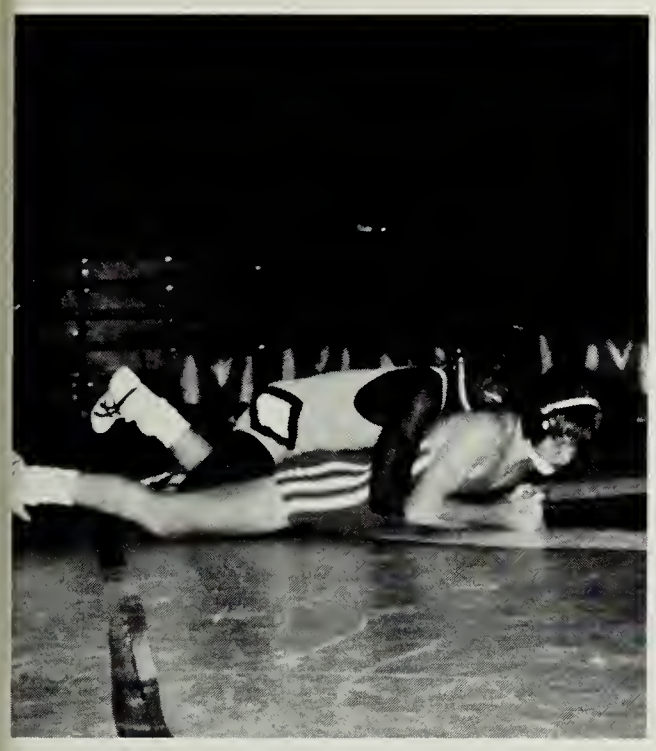




Virginia State Champion Tony Thomas graduated last year. Before leaving, Tony reached the ultimate wrestling goal by capturing the state championship in the 119 weight class. He became Potomac's first state champion, and established one of the school's most impressive records for the season. He is presently wrestling at Chowan Jr. College in North Carolina.



55	Potomac	E. C. Glass	14
56	Potomac	OsboOrn Park	17
40	Potomac	Deep Creek	23
15	Potomac	Marshall	49
40	Potomac	Fort Hunt	16
50	Potomac	Annandale	23
51	Potomac	North Stafford	11
42	Potomac	Stafford	22
33	Potomac	James Wood	16
44	Potomac	Woodbridge	19
55	Potomac	Fauquier	7
21	Potomac	William Fleming	29
48	Potomac	Pulaski	23
31	Potomac	Brookville	24
37	Potomac	Gar-Field	24
42	Potomac	Stonewall	18



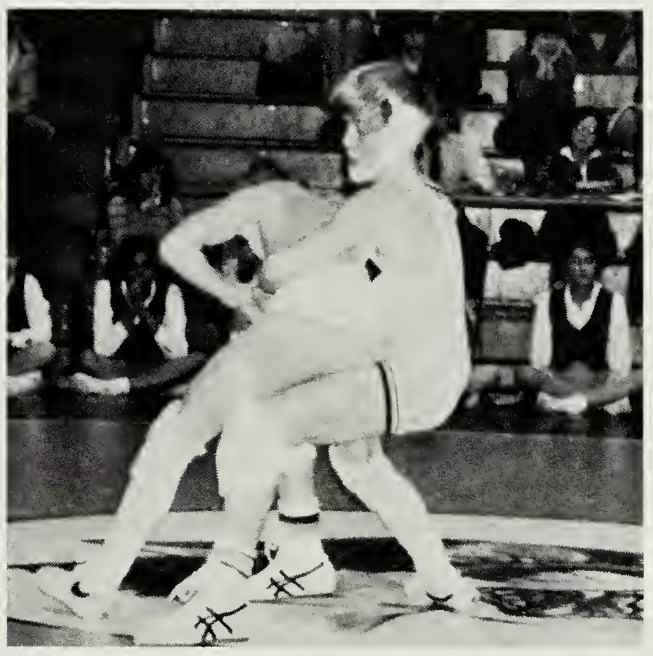
Reverse, Pin, and Win,

Under the supervision of Coach Carr, the J.V. wrestling season has been one filled with enthusiasm and victories. Many people may have thought the J.V. team was second best, but this was the team that proved them wrong. Potomac's J.V. wrestling team's record has gone without a blemish for the past three years. Their record at the end of this season brought htem to an outstanding 28-0. With Mark Riley, Teddy Joseph and Bruce Earnhart leading the team's victories, what else could have been asked for? The Potomac Panthers wrestling team, J.V. or Varsity, obviously has shown a great threat for the future to other teams in this state.

With great determination, Earl Newman achieves another point. Earl made a great contribution toward another victory for Potomac.

On top and in control of the match, Teddy Joseph works his tired opponent until he has an opportunity to pin.





Ready to throw his victim, Danny Dubrell plants his feet for balance.

Returning to his upright position, Perry Schwab reverses his opponent for points. Perry plans his scheme for pinning very carefully.





JV WRESTLING *Front Row:* Dominic Nicolosi, Rob Willis, Tim Christian, Scott Heiser, Gary Martin, Teddy Joseph, Danny Dubreil, Joe Taylor, Tim Sheets *Middle Row:* Rodney Emmons, Dave Scott, Mike Belforte, Craig Halliday, Gregg Crane, Paul Cannaughton, Mike Selgelid, Warren Carter, Steve Holloway, Brian Martin, Brian Singstock, Tim Ball *Back Row:* Earl Newman, Dennis Tunney, Paul Colletti, Mark Riley, Brent Phillips, Paul Dulaney, Mike Richardson, Charles Forehand, Perry Schwab, Peter Staper, Greg Solt, Jerry 'Spanky' Taylor.

"Presenting the award-winning Pantherettes!" says the announcement over the PA as the crowd cheers wildly, and the thirty-six girls perform perfectly, never missing a beat or a step.

The Pantherettes are having a great year and have never been better. In July of this year, they attended drill team camp at the University of Richmond. They received many awards including a trophy for their home routine, a sweepstakes trophy, and the spirit pom. Superstar awards were received by Claudine Pelletier and Marie Grandy, and nominations received by captain Sherri Burdette and co-captain Cindy Babb. Claudine also won the Drill-Down competition out of over 200 girls, with Cindy Babb as first runner-up. All four of these girls were invited to perform in the Hula Bowl in Hawaii on New Year's Day.

The Pantherettes were also invited to perform at the University of Virginia for the Virginia State Basketball Championship, chosen out of over thirty other drill teams in this area.

Thanks to their wonderful sponsor Pat Droves, the Pantherettes look forward to many good years to come.



Sherri Burdette, Cindy Babb and Claudine Pelletier prepare for another great performance. Long, hard work earned the girls ribbons when they won the "Super Sport" award.

Sparkling With Spirit



Front Row: Julie Lamb, Cindy Babb, Sherri Burdette, Susan Vowell, Denise Thorlton, Heidi Hinkamp. *Middle Row:* Marie Grandy, Claudine Pelletier, Kim Evans, Susie Shane, Tonya Smyth, Amy Griffin, Kara Cosgrove, Rency Forehand, Cindy Loveland. *Back Row:* Chris Wolter, Cathy Dutton, Maria Weis, Lori Burchard, Cheryl Beyer, Jennifer Weaver, Kim Dowd, Kristy Hall, Marisa de los Santos, Gina Bolk, Anne Gilbert, Jeanna Tillman, Bess Morris, Linda Maziekus, Lisa McKinney, Lisa Zawoiski, Tammy Valentine, Christine Campbell, Lisa Londino, Laurie Duncan, Angie Peguese.



Many hours of hard work were contributed from Kim Evans, Lisa Londino and Anne Gilbert to perfect this routine.

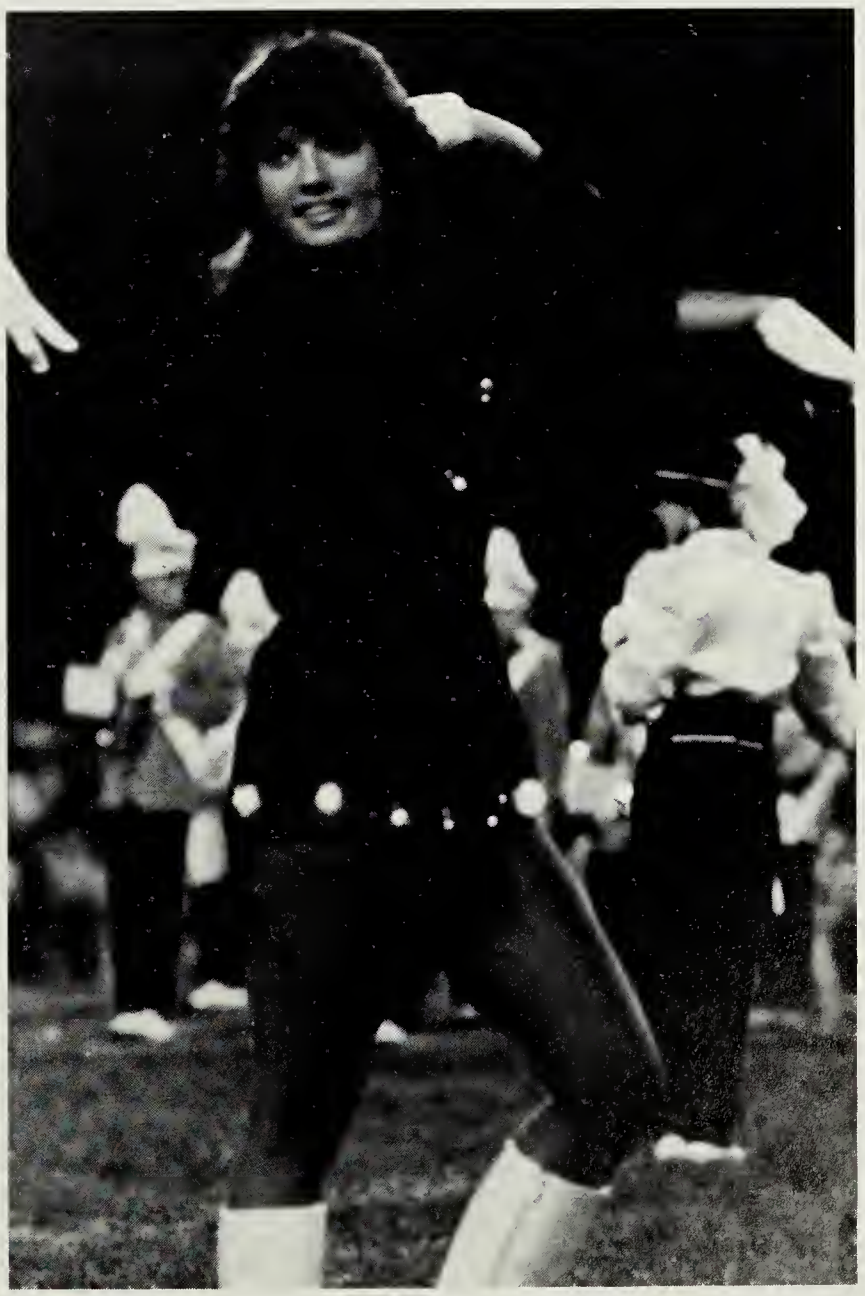
Various awards were won by Claudine Palau and Marie Grandy, including the Super Star award for outstanding performance.

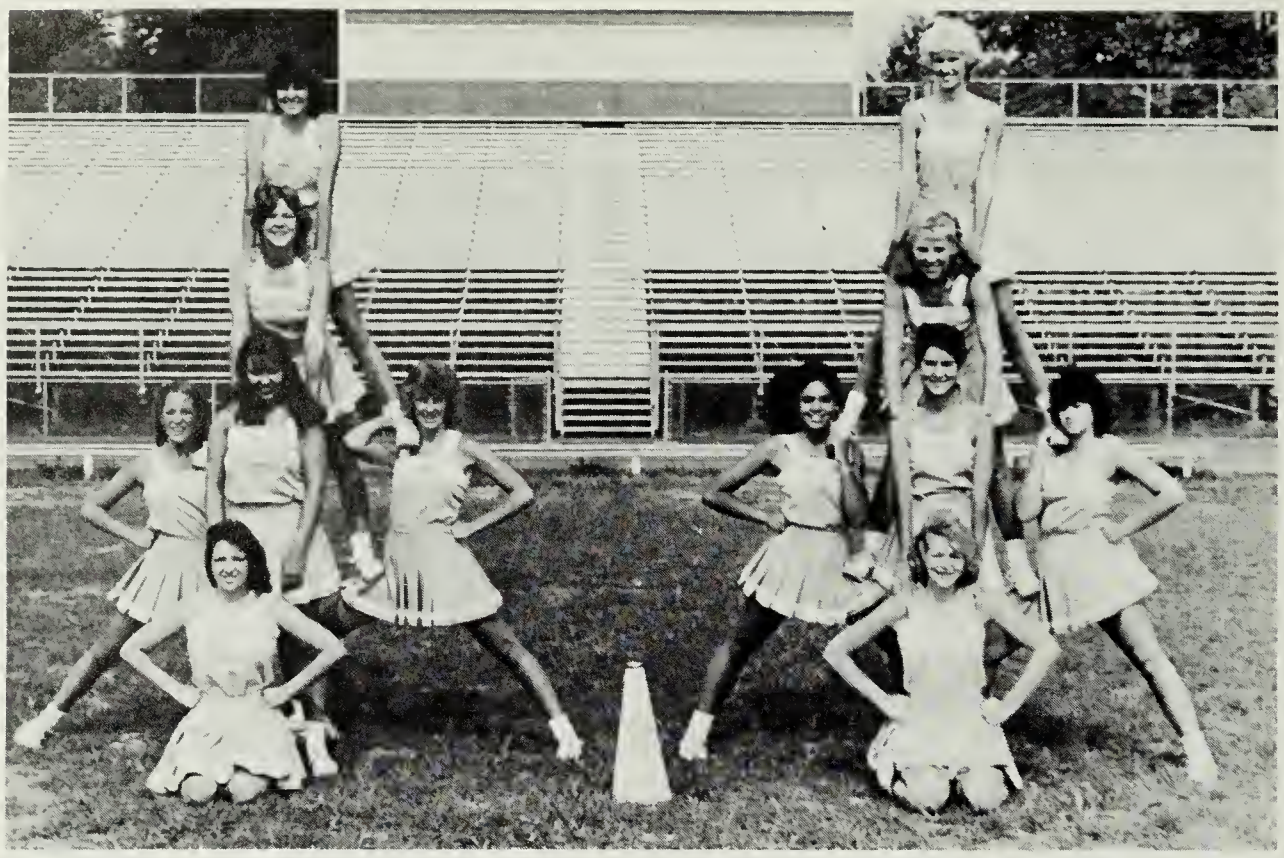
In front of a large crowd, Susan Vowell gives a flawless performance. This is her second year on the drill team.



Performing one of the newest Pantherette routines is Gina Bolk. This routine, "Wood Choppers Ball," was a big success with the home crowd.







Front Row: Tina Evans, Nicoel Steagall *Second Row:* Stephanie Boyd, Yuri Lazar, Lisa Cosgrove, Teri Carter, Christine Michelini, Tonni Austin *Third Row:* Mandy Gaddy, Jeannette Mullany *Back Row:* Kelly Johnson, Nancy Barber



Tonni Austin and Teri Carter were chosen captains for the Varsity Squad. Teri and Tonni are the only senior girls to have cheered all four years at Potomac.

Cheer-leaders Do It With a Scream

Cheerleading, the easiest way to become popular, right? WRONG!! Aside from up to three nights of cheering a week, the cheerleaders were responsible for making all the signs and posters that go up in the hall, special baking for team members, and preparing for competitions and pep rallies throughout the year. In order to buy their new uniforms and supplies, the cheerleaders must also take part in several fund-raising activities. All these things equal long, hard hours put in by the cheerleaders every week.

At first glance, amidst the tumbling cheers, and stunts, it may have appeared that the PSHS cheerleaders had it easy. But when one looked closely, one saw hard work and long hours that went into these spirit leaders of Potomac High.



The cheerleaders at Potomac work their hardest to promote spirit. Jeannette Mullany and Stephanie Boyd show their enthusiasm for the Co-District Champions. "GO BLUE!"



The energetic and enthusiastic way Lisa Cosgrove performs at a cold October football game helps boost spirit and motivate the Panther team.



The Varsity Cheerleading Squad spends many hours after school working on their numerous activities. One activity is fund-raising. Successful fund-raisers help to support the expenses of new uniforms such as these.



Cheerleading is like any other sport — exhausting. Here, Mandy Gaddy enjoys a break from cheering and relaxes with a cold Coke.



Enthusiasm, shown here by senior Yuri Lazar, warms up even the coldest football games. Her smile, encourages the Potomac Football Team on to success.



Long hours of hard work go into producing crash-through signs. The girls prepare for the impact of the football players running through.



Spirit keeps Ann Beamer jumping. Complicated stunts and impressive tumbling keep the crowd entertained.



Front Row: Andrea Tardiff, Unhui Chi *Second Row:* Ann Beamer, Stacy Talbott, Caroline Holtzauer, Rosie Robinette, Chrissy Callahan, Terry Fitzgerald, Stacey Crawford *Back Row:* Kelly Trumpower, Glorianna Malloy, Donna Dorton



"Potomac is #1!" exclaims Chrissy Callahan and Stacey Talbott. Chrissy and Stacey were elected to be captains of their Junior Varisty squad.

GIMME A "P"

Everyone sees them at most athletic events supporting Potomac's teams. If they're missed cheering, that's probably because they are selling programs, spirit ribbons and buttons. They are Potomac's Freshman and Junior Varsity Cheerleading Squads. A year as a cheerleader is no easy endeavor. These twenty-four girls, sponsored by Betsy Maloney, go through many things behind the scenes that usually go unnoticed.





Precise and sharp motions help make a good cheerleader. Donna Dorton displays these qualities on the sidelines.

"And that's a fact!" yells JV cheerleader Caroline Holtzauer.



Front Row: Jennifer Hoopes *Second Row:* Geanna Gomber, Christine Spade, Angelique Wagner *Third Row:* Candy Covington, Tammy Crawford, Erin Fitzgerald, Kim Little, Deanna Davis *Back Row:* Dawn Swecker, Paula Hollar, Vicki Ellis



Selling programs on Friday nights at football games is a big responsibility. Angelique Wagner and Erin Fitzgerald enjoy the social aspect of this activity.



Paula Hollar executes a perfect "Russian." Few people realize just how much work it takes to make a stunt like this look easy.





Freshman captains Deanna Davis and Dawn Swecker add sparkle to the new squad. Their tact and patience helped the squad work well together.

"We've got soul!" exclaims Tammy Crawford. Learning the new routines takes energy and a good memory.



As one of the coaches of the football team, Mr. Prifti gets to do some pretty interesting things. During the summer, he participated in football camp at Saint Mary's College, Emmittsburg, Maryland.

ENERGIZE ME!

As the song says, "money makes the world go around." While this point may be disputed, it may also generally be agreed that without money, not very much could be done.

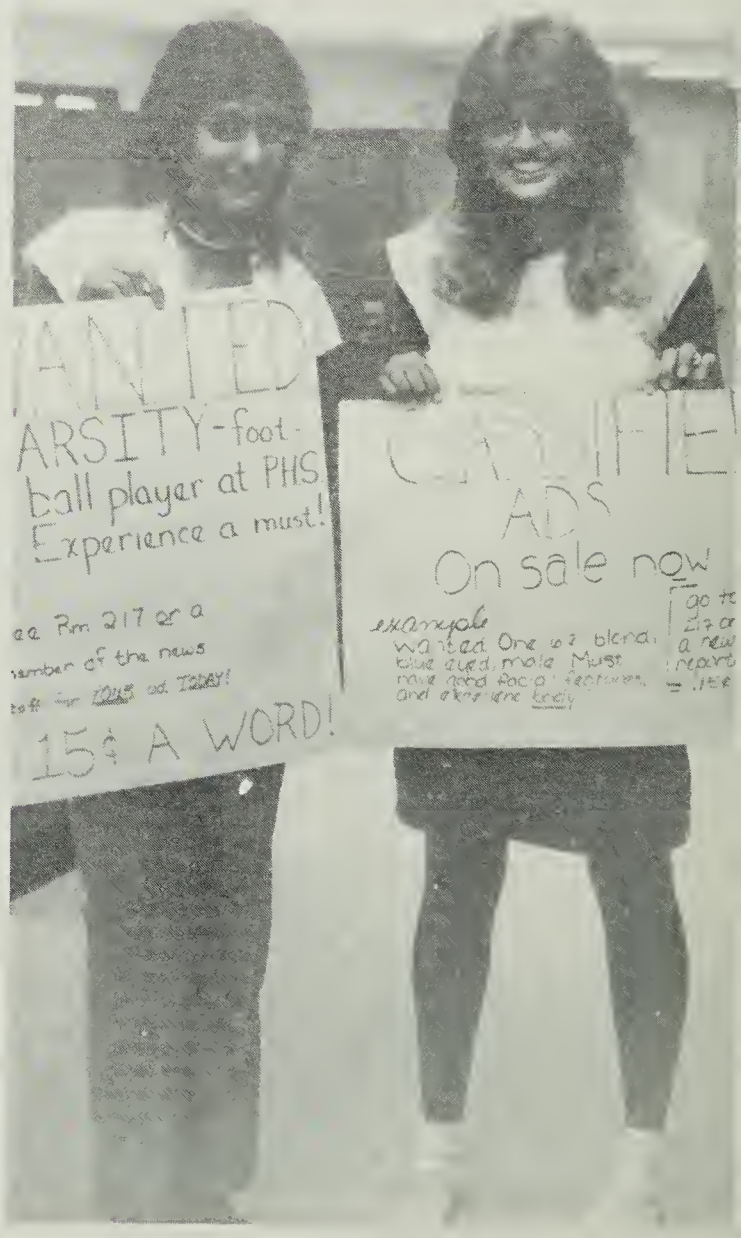
Potomac High School is no exception to this rule and in the course of the year the students had many fund raisers to obtain some of this precious material.

Some groups came up with some very unique ideas of how to raise money, such as the band boosters' selling pizza kits, while others used more conventional means, such as selling candy in school and holding dances.

However they managed to raise it, the money they got helped to keep whatever group they were a part of afloat, and this was of major importance.



Kerry White broadens her horizons and catches up on current events by leafing through the Washington Post in the morning.



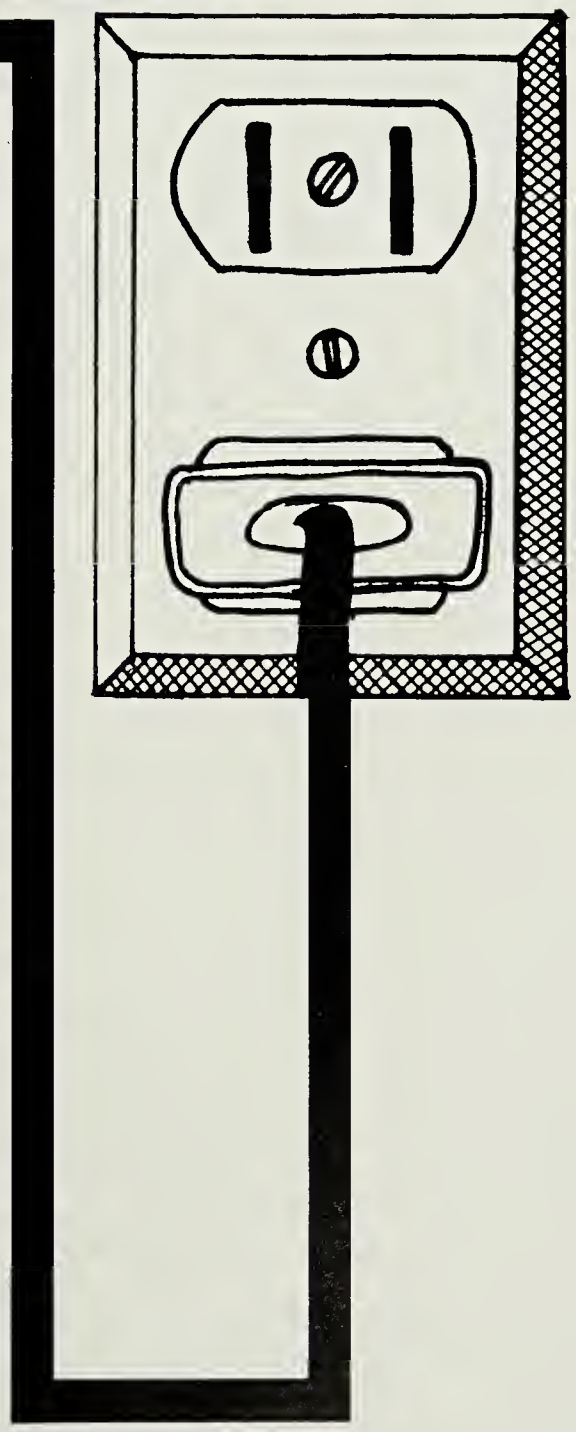
Classified ads were a new feature in the school's newspaper, the Potomac Messenger. Diane Benevides and Cindy Cunnif display some interesting examples of these.



While the identity of the Varsity mascot may be a mystery to most, it is no mystery to its friends. Here, the mascot, Dawn Bullen, sheds her Panther skin to share some great times with her best friend, Kelly Johnson.

Exhibiting great skill and dexterity, Kimo Buckon succeeds in keeping the soccer ball away from his opponent. It takes a lot of hard work and practice after school to develop such a technique.





The Seniors show some of the school spirit that won them the spirit stick at the second pep rally of the year. Don't worry, your chance will come, Juniors!



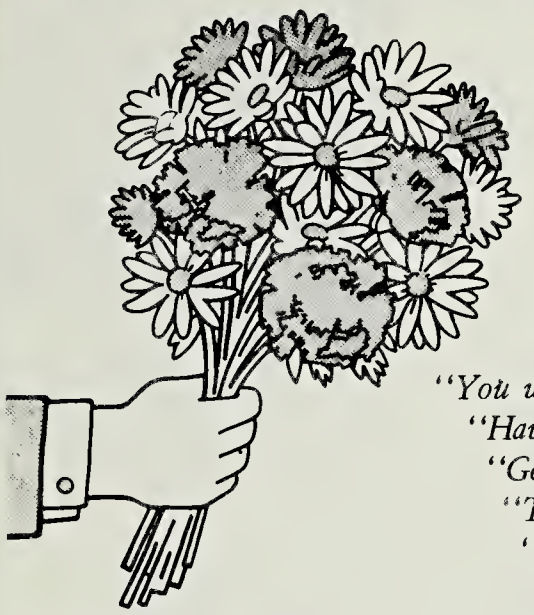
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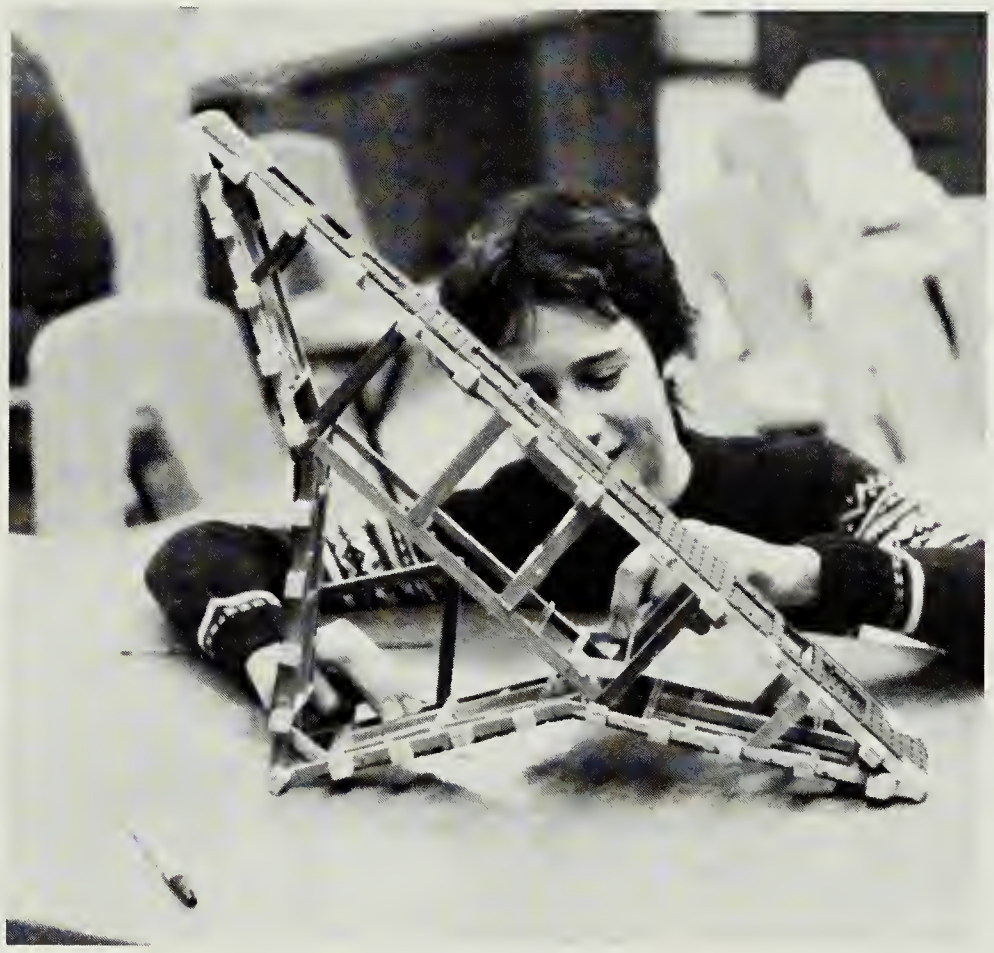
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Construction is a class where students can take a break from the books and become more practical. Pictured, James Rowen carefully places the supports on a roof for a housing project.

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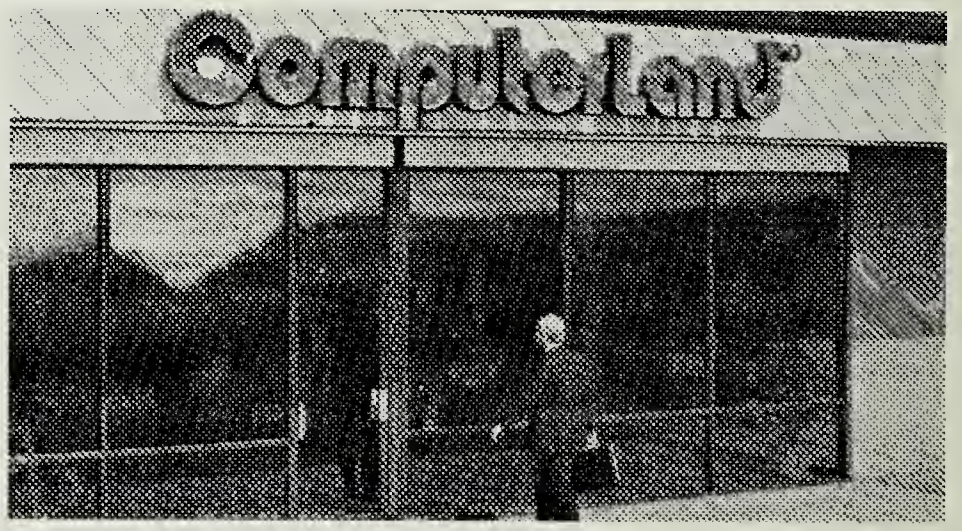
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Yum! Lunch is the most interesting discovery of going to school. For most students, the discovery was learning to eat with eyes closed.



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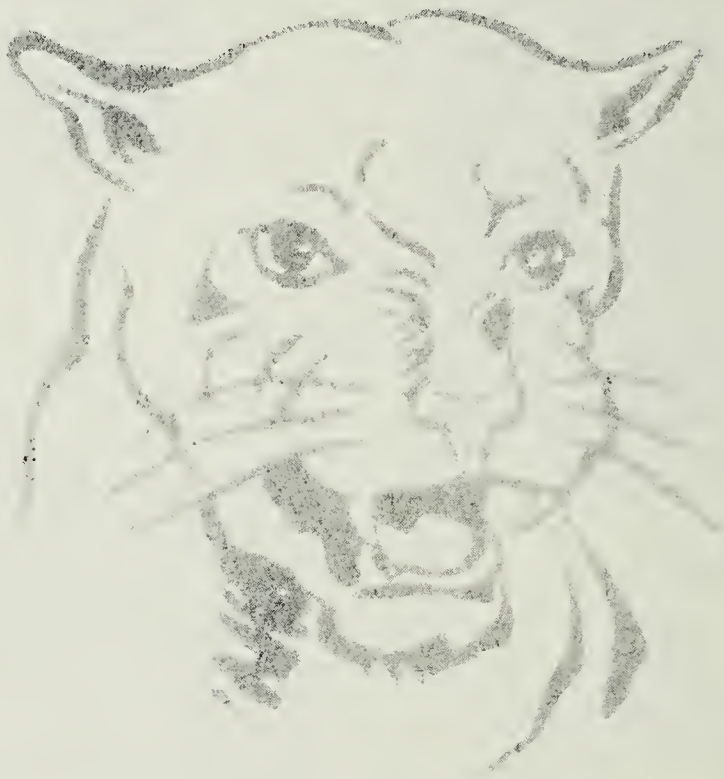
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Best wishes to the Class of '84



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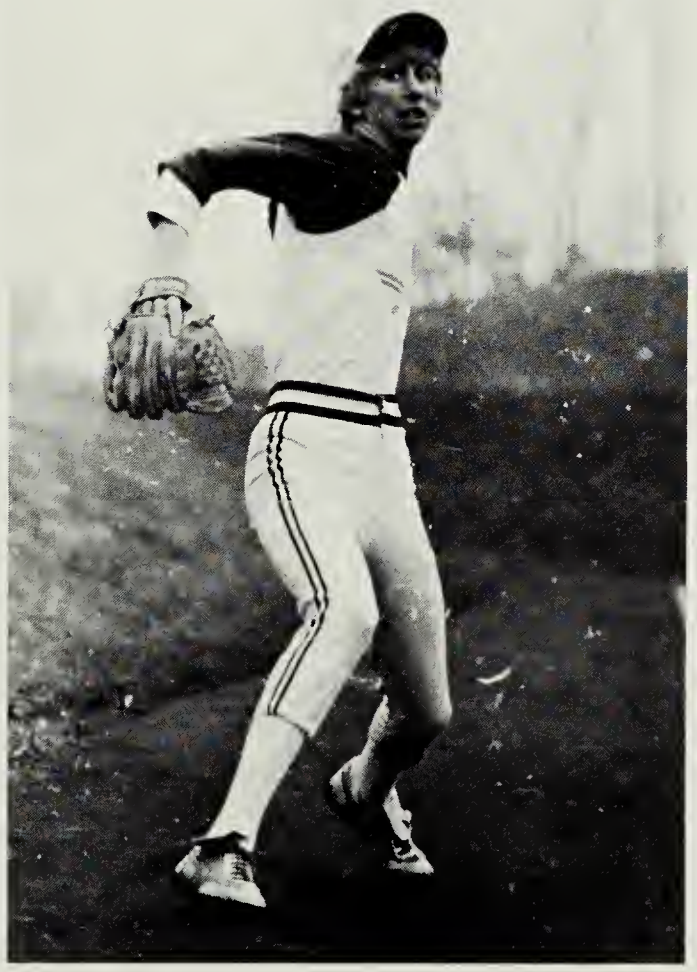
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Watch out Virginia! Greg Marghiem is ready to take on the state for this year's trophy.



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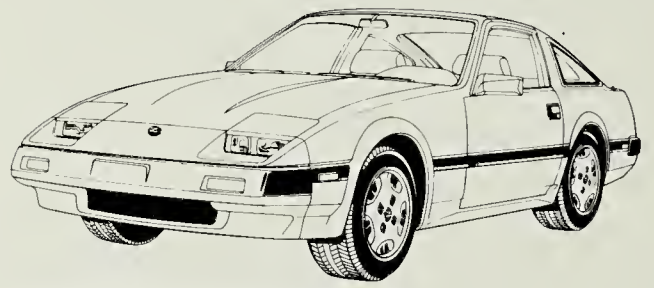
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Freshman cheerleader Deanna Davis, shows that she has Potomac spirit too Freshmen aren't all that bad, are they?

PAWS IN PRINT

Jon D — You're great DT

Sarah Sue — Why did you change Piggy? Mushed Pea

Mr. K — Ever thought of becoming a guidance counselor? Thanks for the slap in the face when I needed one. I'll know to never squirt you with a water pistol! NM

Jacques — Made any colored croissants lately?

KG — "I'm not a mule!" Stay cool and have a crankin' senior year! NM

Rona — You're the best friend a person could have. Donna

Mona — What's the deal? NM, JB, BC, playing monsters with Richard, the Beach Bunch, Shalimar, MV, mistletoe, and my party. "Good Job G.I. Joe!" JW, convulsions, whimpy, whiney Jan P., Hairy torpedoes, falling stereos, Don't put on the brakes! The night with the girls and H's help, phoning Exxon and things that itch and throb, feeling "floaty," lifting boxes at McD's, Mark's party and Paul's movies, Prudie, I'm using you, cloaves, your S sweater with J., "Lies, Lies, Lies yeaaah — they're gonna get-chooo!" AIDES, Blow up the car!, future "goals," plans for the beach (D and J), whamet — du — Jedamauri — shagu — somu — oouioioo? Wa-naaa la shatu. Your Best Buddy, Lorainne Caverns.

SL — I want some torpedoes. NM

Kelly — You're a wonderful person. Donna

CM — I didn't think you could talk so much. Have a blast next year. NM

Friends last forever if you keep them out of stairwells and basements.

Susan — Tommy Shaw always, Redskin Parade, go watch the clock, Cindy, Wanie and Kris, remember the wild nights at my house and Kris laying on the bathroom floor? Those were great times and thanks for sharing them with me. I love ya both. Tina

Sharon — Shine on you crazy diamond.

Kevin — You are the greatest guy I have ever met. I love you, Chrissie

D. Scrogum — You are just tooo spirited!!!

Sidney (GB) — "Peter Shilling didn't copy David Bowie; he copied Ziggy Stardust!" "The girl in the video looks just like the girl I used to work with — right now!" "I'm sorry," "Mumble, Mumble" Nick (NM) Taylor

MDH — I still love you.

Donna — Ping! Weg!! Totally!! Rosie

Jeff — You've been sweet! Love, Kim

Lori — Well, babe, we've been through a lot. This is our last summer as high-schoolers so LET'S MAKE IT THE BEST. You're a fantastic best friend and have helped me straighten out some tough times. Love ya, Les

Lulu — the human touch!

Ruth Ann's Boy — It's been the best of times and you're going, but I know you'll never leave! Come back to see me. I'll send you a ski date. LAHAK always, The Sharer

Laura — You're a funny "gir" and a great mom. Tammy

How many years did PT wait for PH? What a bummer!

Airnette — You finally caught your doorman. Maybe I'll get lucky. Don't forget the bet or making the world think we're crazy, track (will I ever get dedicated?) and all the studs in our lives,. CC camp and the last laugh on Mrs. T. Breezy

Alecia T. — Put the Brillo pads away and get some *real* hair.

Skippies 2, 3, 4, and 5 — Could not have done it without all of you. I only wish that everything was like before because it was great! But I'm sure that none of you will ever forget: 234, the pigs, eating at HOJO's, going to Cash Flow, Cherry Hill, Spot-sylvania Mall, racing in the Kentucky Derby, stealing salt and pepper shakers and ashtrays, swimming in water fountains, looking for Fred in DC, getting lost in Crystal City with directions from Skippie 5, going to my house, calling Mr. Bass and all of us ending up in ISS. Oh how can I forget old Mr. Brown's office. Skip-pie 1.

Coz — What fun you are with smile, laugh, and joke. You're a great friend who is going far. I voted for you. I always do. Love, Kathy

If EE died, PT and WC would be able to identify the body.

Julie — The times we have shared together have been the greatest my life has ever seen Thank you for fulfilling my long awaited dream. I love you, David L.

Mona — I could ramble on with the memories but I'd rather look ahead — Nick and Mona at the beach, N and M get cranked, N and M get kicked out of a bar, N and M sleep on the beach — "Fun, Fun, Fun 'til our daddy takes our T-Bird away!" Love NM

Mona — I forgot one major factor — totally gnarly . . .!! Nick

Sean, Scott and Andy — Wanna take another shower?

David Sweatman — Get out of the bathtub!

Julie F — I'm glad we became such good friends this year. We've shared some great times. Remember — better than a rollercoaster, DDSM, Ring Dance, fbits, bahoppin, spa, duck, and all the others. You've made them all special. Lulu

Alalen Chaney — Thank you for caring. Love, Donna

Kathy — I want you to know that it has been absolutely great and I would have not been able to do it without you. I will leave it up to you to remember all of the great times. I will never forget any of them but do me a favor, if you want to color, ask for permission first. I can't wait until we move out and have our bee-bops; not together. The gorgeous girl in the mirror

YL + PT + TA = ?

Dane P. — You have an appointment with me at the beach. I'll find you at Peabody's.

D. Shive — I'm glad I could accommodate your "needs" after school; remember, "life's a fast moving train, and if you don't jump on IT, it'll leave you behind!" Don't worry about the broken table. Love, B. Maguire

Dan, Remember 12-3-83, WCC, skating late . . . You mean an awful lot to me. I love you a lot and don't you ever forget it. Don't forget about 1987! Love always, Cindy

Jimmy — Thanks for being there to talk to when I'm down! Dawn

Nencie — Well where do I start? I'll start with how much fun we had in sociology — Mr. Chatterbox, eating pie with a spoon, and discussing the household situations. Do me a favor next time you run away; don't run to my house, and ask if you can go to Ben-nigens. Do me another favor and learn to drive stick in your car. Next time you want to buy shoelaces and a sundae go by yourself and buy them. You don't know how much I appreciate you letting me meet Mr. Money himself and most of all, it has been great shar-ing with you. Baggy Pants and the Nit Wits

Paul — "Don't run! You will trip and fall." Heidi

West Point Man — Good Luck! Love, Donna

Kim — We will fight for our rights! Thanks for everything. Tam

Rebo — I'm Tarzan to Jane, who is 30 plus? Satan

Susan and Stacy — What can I say? There is so much ahead of us. I hope we're ready! Remember wael, Kurt N.Y. Eve, 4:30 at Susan's, Oreos and Milk, Unc, those unreachable guys. I love yall! Beamie

K.T. — Always remember the mall on skip day, escalators the wrong way, Quiet Riot, and orange volvos. It was a blast. D.S.

David — Just remember — I'll always love you.

Sheri — Thanks for the memories. I'll always remember the good times and try to forget the bad, Love you forever. Dave

Angie N.: Does P. know about your summer of '83 with "you know who," and your plans for '84??

Bear — The rug and the bead fit well. I'm glad you're around. Little Ole Lady

Karyn G. — There's no place to hide anymore — we found out.

Paul, Bo, and Bill — Thanks for spending so much time with me! You're learning!! Love, Rosey Palm

Nae — This year's been great. Remember the parties, Journey, Mr. Studly, "Kool-Aid," the Cars, the Six Pack, touchdown, Doug, Billy Idol, "it," good times, bad times, and most of all, our times. It's been over four years now and we're and I don't know what I would've done without you. You're the greatest and I love you! Les P.S. Don't forget how we "share" everything!

"Jr's" Keep it cool. EMT's forever. E.L.D.

Spanky — I'm glad you came to my party, but I'm sorry you missed it!! You're one of the coolest people I've ever known. See you at the Beach!! Love — S

Benjamin W. — You smell sooo good!!! Thank you for beating up those "meanies" at my house that one time last year. I've had a lot of fun with you and Dee Jarum. Our wrestling match was fun — sorry about the marks I left. See you at the Beach! Love, S. P.S. Need a Haircut??

Bill C. — Why is there hair on the bottom of your feet??

Cheryl B. — You're the greatest — Mickey

Amy G. — What's that smell?

Sara Davis — What else is polka-dotted?

Where's Luke?

CM — I'm not quite sure what to say except that I'm glad we had so many classes together our senior year. I'll miss ya! Love, NM

Kelly — Good luck keeping up with my reputation!! Love, Dawn

Lisa — Thanks for all the great times. BC^2 and Mikey

Christa — SIGNET, Calculus, English, computers, are we good? Unlucky in lunch lucky in friends. Love, Kathy

Woo — Always remember: summe rnigh tsmut tmobile, PMPDPP SCNC spaghet tidinn ercut liparwhi teberri esgrps swpp 5DWM wha tsitle ketim eswi theBCan dall theoth erspec, ialmemo riesw eshar ed! You're the best! Lulu

Tipdee — Prom, rings, fights, formal dining, missing you, NM

Barbara Beansprout — To my skipping buddy. I'll never forget you and all the trouble we got into together. Keep in touch! Love, Kathy

PAWS IN PRINT

Mr. C — You've taught us to be human — a lot more than others. I'll never forget to stop and smell the flowers. Thanks NM

Scott Molonari — Didn't you wear that yesterday?

Big John — Where those overalls with pride and keep making us laugh with your humor. Love, A single and successful kinda sis

Griesen — From first through twelfth, together! Love, Smith

SA — (Queen of Pain) — MTV's next VJ! NM

DS — Love your house! MO, SL, JM, CM, BM

Jules — How does it feel to be Deborah Foreman's twin? You are like the best Val that I know (Dig in Fred!) We've shared so many laughs, it's sad to remember (Bad Carma dear) So many trials with the Junior Van Pool (predictions) at Kings Dominion (My parents are really cool but I've never done this before) with scalpels at hand (I'm so sure) La Chatte (Girls, we must . . . him) Yes you are funny and I love you for it. As always, Nap (NM) PS You're so tripendicular

Tony N — Be all you can be like the men in the Army.

Scott M — Thanks for everything. You're the greatest. Love, JF

To the swingin' band crowd — You guys are the best. I'm gonna miss it next year. The "surprise" parties, the malls, Pizza Hut, ice-skating and everything else. Good luck! Love, Sheila

Kathy Nicely — I'll drink to that!

Forever — DLS and JAS

Mark H — Don't run into slamming French doors! Dawn

Devon — I'm sorry. Love you 4-ever. Nick Taylor. PS Aren't freshmen cool?

Babyrose — No words can describe what we have been through so I'll leave it up to you remember them. Keep in touch. Love ya, Kathy

Nolan — My favorite locker partner. How do you make that face?! Love, Sheila PS — your mother

Jim L — Hang in there Donna

MO — I've known you since the 4th grade and we've shared a lot. Remember: 64205, TPDS, duck, chester, L2T, ATRS with BB, la McD, fbits, Torn, Kalski, workouts, CCC, Thanks for all the great times. You're really special Sulu

Oink, Oink — The times we spent together will always remain in my memories: the car *Photograph*, with my nephew, burning red doctor's appointments, etc, Love, Nolan

Crash — Keep your foot on the brake!!! Guess

WB — I can't wait until June! KM

DM — I'm so glad we got together. You're the greatest! ME

Shellie — It was great — I mean under the mistletoe! Love, NM

Paul T — You're a good swimmer DT

Bel — I love you with all my chicken! Kel

Mand — Was lettering worth all the bruises? Kel

DF — Dream on! Latin III

Nicoel — Thanks for your love and understanding. Take care and good luck. Much love, Dawn

Zan — Hey Wonder Twin, we made it! People came and went, but you were always there. Thanks for the memories, the laughs and the love. You're a special man!Love, Jana

Michele (Butterfat) — I never realized what a truly caring person you are until John, Dave and Pat. If only you knew how much you mean to me. Have a terrific senior year and never stop caring. Love always, your leader, NM

MO — Remember: Vermont, Florida, Betchacan't, DMDSDPPT, DS's house, cruisin', TRUCK, duck, M. H's, parties, spk, California, JM, beach and all the other fun times we've had. They've all been special. Love, JF

To all my friends — Thanks for all the great times: party summers, Pantherettes, Pat Droves, Risa Roni, Cyetheh, Anderson, Wannie, Auz, Micci, Kim, Bubba, Mr. C, LBS's, Dani, IIMWSM, Class of '84, party, college guys, the beach, Love ya tons, Shmool

Shannon M — I'm so happy we finally got to know each other. I honestly think you are an outstanding lady — you just make me want to smile. I'll miss you. As always, Nolan

KS, Jeckle, Smithburger? — It's been great. Backstage; the GREAT cast parties, the badge in the parking lot (or my pocket), the Physics party, Myrtle Beach (where is it) trips to KD, Space-Hunter in 3D. I can't list it all. See you at NOVA (in the dorm) SN, Heckle, Aellia

Kathy — I pity the fool, say it again, Hey baby, what's shaking?! Kelly

Don't hit any more freezers okay Jim? I'll miss you. Chris

Coz — You're a special friend. We've had lots of great times but just wait till we're at the beach. Yuri

Katie — Thanks for the great times. #1 partners forever!Julie

DJ — After everything . . . I still care.

Weaver has a scabby beaver!

Ange — Don't forget the promises. I love you! John

Mom and Dad — Thanks for all the support you have given me throughout my life. Your love is a bright light which I look up to with great pride. Love, Diana

KL — Maybe I'll get locked out of my house again! TA

Jodie — You've made the last two years fun. Thanks for being my friend. I've really enjoyed the talks about Pookie. Jenny

Dear Krista B — Thanks for all the crazy times. I hope you find your special someone. Love, Rich

Bell — We finally made it! You have been a very big part of my life and I'll never forget you. Never forget all the absolutely great times we have had: (ola sonta lilbob kittaboy — room 24 econolodge — Fred — Gino's lawbook — 234 — the big black lemon-pinto beans. The entire summer of '83 was the greatest. Remember Skippies — the Kentucky Derby — York Steak House — HOJO's — Stray Cats — I don't want to go to school no more!) It was great Love ya, Kathy

Les — Last summer — Farber parties — Football games — doesn't everyone get kicked out of MickeyD's? — Billy Idol — Journey — the Cars — been picked up lately? — 6 pack — DFM — SM and PT — definite infatuation! — long talks — parties! No one will ever have a better friendshLp than ours. You're the best! I love ya, Nae

Teri — Thanks for being there when I need someone to talk to. I think you may haveprevented massive insanity more than once! Yuri

Dear Seniors — The past four years are ones I'll never forget — the privilege of knowing you, teaching you, sharing your joys and sorrows and learning from you. Having known you has made life much richer. You are indeed "*The Class With Class*" and never forget it. You deserve the best life has to offer. David P. Kite, Co-Sponsor of the Class of '84

Phil and Jerry — Those look like Monopoly house Can you slide on that? Monopoly. DJ

Stasha and Susan — Want some Chuckles potat chips?

Tina, Thanks for all the great memories, you're a really special person. Love Michele

Mike — Have a great Jr. and Sr. Year. They're th greatest. You're the best brother ever. Lov you, Katie

Gymnastics team — thanks for all the fun and goo luck in the future. Chris

T.E. — I Love You. D.T.

John, Beth — Thanks for all the help in T.C.; we ha some rowdie times. Love ya both, Katie

Jennifer — Don't do anything I wouldn't d (TOM), Chris

Heidi — Our friendship has come a long way. I'll mis you a lot. Good Luck. Love, Michelle

It has been fun being franko-American with you n'est ce pas. Beacoup de glass over the place, Ou eat l Metro Hobert. Je vodrais l'eau de tap.

Julie — You're the best Doubles Partner. Remembe ALL the laughter and sometimes tears we shared Keep volleying and good luck Always #1. Double Forever. LYLAS Katie

Tony — Get off the Drugs. CT

Gymnastics Team — It's been great! Late nigh adventures — Pizza Hut — Kelly's frog jokes — Chinese fire drills — Love ya all — Jen

L.H. and "Speedy" — Sometimes you just have t say, what the heck!?!?! Little One

Mrs. Whittington — I will always respect you no ma ter how bad *it* was. Simón

David and Kim — Pure as snow huh? Lov — Chester

S.T. — "What about me?" The beach, Dennis, Mat and his pet snake, Tony's house, the poem, the rose being sneaky, some memories! T.J.

Winniebear — fudge and lemonade don't mi — Katiedid

Jackie — two more and you'll be done — Ellen

Brian Luedtke — Looking Good!!

Southbound — You'll always be someone special.

B.P. — "Where's the beef?" — S.S.

Nancy B. — Is it REAL??

Amy G — Have you ever thought of being a nun?

Leo M — Older women don't press charges

To all Redskins fans — DALLAS IS NUMBER ONE — Love, Joe Thiesman

Pete Fleming — I'll always be there when you nee me, even when you don't. Listen to "All Out of Love" and maybe you'll understand. Anonymous

Karen — I know we've done some pretty stupi things in the past two years (stopping in the middle o the highway, pizza in the cafeteria), but I don't kno what I would have done without you. Thanks fo everything. You're the best friend anyone could eve have, Carolyn

Yuri — Thanks for being such a special friend Love, COZ

Julie — Remember: Airplane, Guida, Wannie, an Kimo, soccer games, "valises," etc. Best friend forever, Marisa

Nolan — Two hamburgers to go . . . Love ya! Thao

PAWS IN PRINT

Chris — Yuck! Slobber! Jen

Nolan — I've had so many great times thanks to you. I'm glad we've become so close. I don't know what I would have done without you at L.C. Thanks for being my guardian angel. Mona really needs one. Beware of the mistletoe next time. Stand behind your cheese. Dig in, Fred! You're still my favorite boyfriend. Je t'aime, Dawn

To Bill and Bo — If gor is for my bad jokes, why do your mothers tell me the same thing when I leave your house?

Dear B.W. S.L. L.L. and especially L.C., it's been real fun and I'm going to miss all of you. Laura Hudak

Touchdown — Just think of how many people didn't find out! It's been fun. Love, Leather

Natasha — Nice working with you. Fighting commies — less boring, more fun. Enjoyed talking of missions — 245, French 3. Looking forward to working more with you, becoming better friends. Long live the organization! Sarah

Tracy — I'm really gonna miss you when you move this summer. I'll remember all the good times we've had in the past few years. Special friends like you are so hard to find. Carolyn

Chrissy — Remember 9-13-83, 12-3-83, Biology . . . We've shared a lot these past two years and I'll never forget it. Thanks for being a fantastic friend. Cindy

D.T. — I love you T.E.

HEY BO!! . . .

Shawn — You've been there through the good and the bad. Without you I'd be lost! Love you forever and ever, Mel

Wee and Wanny — I'll always remember the great times we had. Remember the "Twilight Zone." Kris

Suuzzy — Well it's been great — and I know that when you move to Road Island you will never find anyone who can have as much fun as we did. Okay, I'll admit I don't know how to wash clothes, but Lestoil looked pretty good to me. And as far as eating; I'll starve when I'm around you. Kelwhad

S.J. and H.H. — You ain't hardly a woman! Thao

Number Twelve — whoever said that all good things must come to an end, didn't count on us!! Let's run away together and go to the Bahamas!! (A.A.A.A.A.F.)ILYSM!! Risa

Cathy — Remember: Quiz 500, your parties, schwebe, Stevie, Tom, Bruce, etc. Friends always Marisa

Dane P. — I was disappointed when you shaved off your beard — it looked really . . . alluring. I was hoping maybe someday I'd get to feel it against my face. You're my fantasy.

D.S. — Wish I was a senior this year. Don't forget up the down, and down the up escalator, L.T., bumper boats, Lepordskin and Leather and skirts for men. — K.T.

Janet — Jimmy's walk MmmmmMmmmm!!

Paula — HI! — Dee

Timmy Vinson — Thank you for everything. You can always make me smile (not many people can do that!) I love you like my Big Brother — Keep running!! Mom and Dad say "Good Luck!" Keep in touch!! Love, Susan A. P.S. Pass the Mashed Potatoes!! (NYA-NYA-NYA-NYA-NYA-NYA)

DRGY is a 10!

Steph — no more trouble!

Denice — Your sense of direction needs improvement!! Suzy

Skippers — Too bad you are graduating because I'm gonna miss Mr. Bass' office, ISS, and just plain skipping. Thanks for the memories!! — 3

Jambo — I still can't wink! Dawn

RugRats — Three years together isn't long, but caring is *forever.* Momma Rat

M — I don't believe it's been so long. It seems like last week I met you at my party. Here's some things to remember: Eht krap ecilop, ruo yrtnemele loohcs, teprac snrub, eht krap nibac, ym nekorb telecarb, gnillaf soerets, gniyas "esaelp," ym yddet, on raewrednu, .rM ytuop, ym snolyn, dna woh hcum I evol uoy — Love, Your SPECIAL friend — I'll miss you.

Kelly — You're the best friend a person can have. Thanks for all the unusual experiences — breakfast at Ho Joe's, ice cream and the good ol' radio! I'll miss ya lots. Love ya, Suzy

H.F. — Why don't you have an upperlip??

To all my friends — (you know who you are) The past four years have been the best of my life. I wish all of you the very best of luck and much happiness in your future. In ten years we'll get together and party legally for a change. Love, Pat O'Hara

Jenny — We've been best friends since seventh grade. Let's always stay that way!

Unhui — You're the sweetest friend. Hang in there on the grades. We can do it. Remember B.P. Love ya, Cindy

Tim Vinson — If only you knew — Love Pizan

Allen and Charlie — Let's go to the graveyard again this summer!! Love, Cora and Fanny

Kevin W. — Why S.B.? Are you blind or just desperate?

Ashley W. — F.O. then E.S.A.D.

Bedpost — I still don't believe you can teach me to dance in a bug. Remember New Years, where's my birthday kiss? Who was Miss February? — 4eyes

Stash — Hi! My name is . . . Jen

Sarah Jane — I'm gonna miss ya! NM

DAS BOOT forever — JAS

Bleach Blonde — Birdlegs didn't want your ugly boyfriend anyways — he wanted her

Kathleen — Hey Dude! BUST!

JW's mother taught him how to use ice cubes with his steak. Love, FC, YU, AS and HL

Skippies 5 — I'll never forget HOJO's, the man with the smelly crabs, The StrayCats, Brown's attitude, and ISS. It was all worth it. Love ya, Skippie 4

Nolan — Mark's party was fun. Let's mutilate some more soon!! OK?? Love, SA

Stu — Thanks for caring and helping me through it all. I love ya, Megan

Doug M — You've got great legs.

Cash and Fontana — You amuse me well! Thanks for the patience, the knowledge, and the fun. Will it ever be the same? Love, KS

Shawn C — Huff it!

Rency — Cheers to you and good bods!

KB — Seen any ghosts lately? You're the sweetest ghost-chaser I've ever known. Love always, Nolan

Juanita — I miss polishing our nails in WK's class. Love ya, Delphina

Susan — "Now meet me at Spotsylvania Mall, OK? I'll be with a tall, average-looking blond guy. Wait for me right in front of the movies at 9:00. Don't leave without me seeing you . . ." Thanks loads for that one sweetie. Revenge is sweet isn't it? Love ya, Dawn

Di — I never would have thought we'd become so close. Remember: #12, MB's jockeys, Billy Idol, Boy George, MH's girl dilemmas, my probs with GC, Bermuda, nasty jokes and college acceptances. I love you and I will truly miss you! Love, Nick Taylor

Ted Nuchious???

Melba — TN and DR ESAD!!! We did it! Thanks for everything. You're the greatest. I love you, The BUGMAN

Schwartzie — French is Spanish, crumbs are sexy, Calculus is Physics, Physics is cold. Lunch is Latin, Latin is English, English is rewritten. How did we survive? Love, Smithburger

Leprechaun — I'm gonna keep shooting through your galaxy forever. Star

Thurston Howell III — We can stand the white slacks in winter, the slicked back hair, the white patent leather shoes and belt and we can even handle the flourescent shoelaces but the ascots have got to go. The Mumble Club

Kathy, Nancy, Jana — I honestly don't know where to start. I don't think I've ever had an advisor, movie critic, car pool member, project assistant, wondertwin, and best friend all rolled in one. The memories we share are truly my most cherished. I don't want to say anymore because I'll probably flub up. I love you Nick, Zan, Savatan, NM

Larkin — Hey — do me a favor and learn how to swim before we go to Spotsylvania Mall again. Do they have pigs in Rhode Island? We'll have to go back to Bennigan's (should we go before or after the G-F game?) There goes a cop and Kel's a flying monkey! What will I ever do next year without your sarcasm? I'll miss you lots but I'll be up to help check out the neighborhood! Take Care. Love ya tons — Spot

KW and BV — Let's do it again some time. Love, KJ and MG

Ranger Rick is alive and well and living in locker #104

Nicky — partying, snow, "Doors," cars, guys (O.M.), late nights, mommy's watching! I love ya! Meggy

Bill(Law) — So, when is Signet anyway? BYOP — S

Julie — Sheila and Joe — CRASH!

Jeckle — SMing, dots, Latin, what hysterics! Thanks for taking my abuse and making me laugh. You're real lady no matter what Howie said. Great friendships never die. See ya in the tent at Smoketown U! Love, Heckle

Danny and Kara — Good luck next year without us watching overyou. Have fun! Lisa and Richard

Kel — Thanks for the home when I needed one. I promise that next time I run away I'll go somewhere else! I'll never forget June 3-10 I'm only dancing as fast as I can?! I know you'll never forget 1-31-84 (I know I won't) I want to meet MK. Always remember Commander Salamanders, ice cream, taxi cabs and the dorm at George Washington University (Mr. Muscles!). You're the one person who was *ALWAYS* there when I needed ya — thanks for being there! Love ya tons!! Niecie

Bear — Thanks for the times we had together. Too bad it has to end so soon. You'll always have a special place in my heart. Remember January 31, 12:00 and 8. Love, Snoopy

John — I wish you the very best of luck with the Marines. I'll keep in touch. America is #1. Chris Washburn

Missy — The love we share is special. Thank you for your love for me. I will always love you. Love forever, Pete

PAWS IN PRINT

Gina B — Don't worry about Dane at the beach. He'll be in good hands!

Lisa — Styx, Billy Joel, Police concerts, McDonald's, Kings Dominion, Invisible tatertots, Bad Boys, Beatles, and Adam Ant. What more can I say? We've had a blast. LYLAS, Cindy

Pat O — When are we going to canteloupe? Love you, Michele O.

Hey Palinsky — Someday our lemons will make us rich and famous. Hang in there!

Susan — Shalimar, kissie-kissie, ch-ch-ch, party animals, srooc to you . . ., cornflakes, Mona, That-cher's, DOO-DA-DAY, lunch, Prudie, death notes, "Baby Jane," Mr. Bubble, flying stereos, "I'm dyin'," the pinky man, we're gonna blow up their cars! The BEACH BUNCH and the PLANS!!! What's the DEAL? Read any good poems lately? I *refuse* to believe it! We'll get a lot of deals at the beach. I can't sleep! I hope our friendship was worth all the sleep I lost talking on the phone to you — I think so. Thanks for everything. Love, Dawn (the *former doormat!)*

Kim — What's up? Dee

Nolan — To our leader. Thanks for everything. We love ya — Michele and Christine

Tootser — RUF RUF Kathy

Sugar Bugar — I'll love ya forever! Wink! Wink! Cupcake

NM — Thanks for the help in Physics. How was the meatloaf? Cold? Mona

Well hello Teri Carter — Kathy Smith

Dave — Where's the party? V and R

Emilie E — How are things at the police station?

Mark Collins — ". . . littlest thing," Boy's State, our second identities, holes in the wall, frosh in your room, "you're not 17!" "I gotta P," and all the rest. Thanks for being such a great friend. As always, Nick Taylor (NM)

Scott and Rob — Thanks so much for including me in on your soccer games at D.C. Being goalie was a real challenge but most of all it was great fun. Thanks again, Diana.

Rosia Carlotta — Puke aboo, VMI, Homecoming Queen, your chariot awaits to take you to Chi-Chi's Carmello Papaya

PT — How's Leather and your ping-pong partner? TA

Yuri — Good luck at VMI

MB — No more cupid. I promise! You're a special friend. Love MO

Kel — Everyone should have a last name like yours — Becky Mann, it can be very useful at times Bel

Dutton — You, if you call again I'll kill you

Kit Kat — Do you know Eral? Kathy

David M — We'll get it together. I'll always care. Love always, JF

Bobby — Hubdah! Hubdah! Love ya — Norton

Sweet Baboo — Playing quarters and Monopoly, taking you home from Emilie's and Susan's and cracking on your bad taste in girls. What would you do without me? Love, Your next door neighbor

CW — Remember the Maid of Honor. We'll always be friends. MO

Nolan — Guess what? I LOVE YOU!!! Have you just ever been overcome like that? Thanks for putting up with my emotional fits. You keep me from having a nervous breakdown. Thanks! Mona

SG — Color me 64 (with the sharpener)

Susan — wuh — woohdsnvhdj — poo-da-room-a-loony-pa-doom-fuh-shur-luk . . . Understand? Dawn

Chester(LC) — Let's tan! Let's guard! Let's drink! You'll always be special to me and I'm sure you'll be successful in everything you do. As always, Muscles (NM)

Sheila — It was all your fault, you know. "Crash"

Skippies 1, 2, 3, and 4 — We'll have to do it again sometime (as long as we're out of school)! HOJO's, Crystal City, the heat (in 90° weather), Cherry Hill and ISS was great. But next time you want to go to Crystal City, take a map. I won't give you directions!! Skippie 1, thanks for leaving your window down in the rain. Maybe next time you'll win the Derby! Skippie 2, thanks for the ride but next time I'll hitch-hike to the library. It was great but I wish things could have turned out better. Take care. Love, Skippie 5

Stephen — Here Comes the Rain Again Lynda

David M — I may never understand you, but I'll always be here if you need a friend. Love, MO

Diana — Thanks for the fun times in high school. Love, Uncle Bo

Kara — Don't think about it and it'll go away! It didn't! Love, Lulu

Dave Kite — I am calm, quiet, mature, and respectable! Stop the rumors. Your Water Gunnist

Tony R and Steve S — Remember all the post-exam parties, 3 am basement, litterbox, red tube with hole, ralphing in bad picture, swishers, D. Jarums, lupe ha ha, party pack 3 dozen horses, my teenage wasteland, and my private stock. Dan

GJ — Good job G.I. Joe!!

To the Gymnastics Team — Remember: It just doesn't matter. There's no pressure. Boy we work like a team that will win districts! It's in the hat. Diana's birthday party and don't forget Lisa's party! Thanks for all the fun. Kelly

VA — We had a lot of great times. See you in paradise some day. Regleg

Bev — I've enjoyed struggling through 6th period with you. Thanks for always listening to my complaints and smart comments. Have you figured me out yet? Love, Dawn

Star — I'm sorry but I don't want to touch Rudy's red nose! Remember always Star and Leprechaun can do anything together. Friends forever, Leprechaun.

Hey Coz — Can we sing now? Rudi

SA — "Just stand right here as if you're talking to me," "I need a drink," "*Why* does your shoulder hurt AG?" "I feel like a fight," No more mistletoe. You've really been great. I'm sure we'll have more good times! Love, NM

Julie — What can I say? We've been through it all — PDTP, New Year's Eve, My Magnum, Ring Dance, Moonies, chugging before RA's Hawaiian Punch, Exam day, late night talks and the smiles and tears that have made our friendship so special. Thanks MO

David — I cherish the many special moments and memories that we have shared. I love you now . . . and forever. Julie

A and AG — Thanks for being such great friends over the years. Don't ever forget KD and GOOD. MC

LH — You made my junior summer one to remember. Take good care. NM

Bev — You can do anything is you try. Thanks for the friendship. Love, Missing in Arch. Action

Becky — Can I borrow your pants? OK. Bye. Lulu

Tony — Don't play!

Allan — I still love you even though your knees are too long. Dawn

Dear Jill — The forty you gave showed a heart full of gold. You have shown love and kindness to me Thank you for it all. Love, Rich

Michelle and Cheryl — crazy times, gas stations, ice cream and getting run over were all great times. Glad we became so close. Friends always, Betty

Debbie H — I'm glad we became better friends this year, Hope you like Italy. I'll miss you, Love, Tony K.

Christine M. — You win some, you lose some but you never got to play. It'll be a long wait for Tiede.

Rebo, Chuck and Dave — You are the greatest friends Satan

NR — Secret #1 DN

Paul T, Doug J, Doug M, Bobby K, and David G — Thanks for making this basketball season something to look at.

Mick — Good times and bad times — we've shared them all and survived! Panther Power! Friends always and forever. Love always, Vick-ard

Kelly — I'm not Terry. Nickie

Carolyn — I'll always remember the special times like Biology, Fair Oaks Mall, and of course your pizza in lucnh. I hope you will too. You're a great friend! Love, Karen

FH — To my favorite teacher, HAK Jim

Coz and Tarzan on the vine forever!

Hey Six-Pack — Thanks! Remember the summer of 83 and all the memories. Next year is OURS! Love, another brew

Tammy — It's been wild. Ellen

Twinkletoes — You're a great friend and stay that way. Spaz and Taco

Richard — I've really enjoyed seeing so much of you this year even though you don't like to play as much as I do. Thanks for all the rides and making me smile. Love you, Dawn

The "great" Jr., You survived! Good luck. Sis

J.L. — Remember that first night? Who would have thought it would turn out so special? It's been a great year and I know there'll be lots more to come. Thanks so much for helping me through all those tough times. What else is there to say? I.L.Y. M.W.

Monkey — Have you talked to your sister yet? It doesn't matter; I still love you.

Johnna, David and Chris — the Navy's got the best of us but we're still hanging on. Love you all, DEB

To all the visitors — Blue paws last forever! Especially *on* paws. Luck always! Room 209

Cornfish, JM, RM, KP, BS — 8:40 is like ordering orange in a bad mood, and such. WTF forever John B.

TO ALL STUDENTS: You are in need of purchasing a real life

T.M. . . . Thanks for all the good times we had. Good luck next year in K.C. We'll miss you a lot! Love DN and LA

AB — I get delirious, don't forget the love tree, H and O concert, WT, making cookies, 3:00 wrestling, and all the other times. I hoper there'll be more. Love you, the other member of the A-Team

S.S. — I love ya! Monkey

Becky — Thanks so much for the morning visits. I need five more years' worth. HAK, FH

PAWS IN PRINT

Darrin — Even though you're not in Potomac, you've been the best and I will always love you. Your girl forever and ever Betty

JT — I love you ED

Mom and Dad — I want to thank you for bringing me into the world and making my life the best possible. I love you very much. Thank you Kevin for helping me with everything. I love you, Jackie S.

Amy G — Are you wearing black or navy blue at your wedding?

John B. — I'm cold! Thanks for your coat and the backrubs. I'm glad you lowered yourself to speak to someone like me. Mona? I don't think so (at least not yet). What about the MG? Wanna play? See you at the beach. Love, Dawn

Eden — You're the worst chemist besides Adolph P. Good luck in college. I'll miss you. Cindy

Mike — I'll Love you forever — Tracy

To the 6-pack — Chi-Chi's, Montclair Days, Fourth of July, the mall, the beach, Michelle's b-day, football games, you can't tell us there's no time for a party! You guys are great friends. Thanks for always being there for me!

K.C. — Remember Krokus, and the swings. Me

Stephanie — We've been through a lot from just friends to "fun, fun, fun, til my daddy takes my Chevelle away." I'm really gonna miss you. But we'll always have memories. Love ya, Laura

Cindi — Can I have a tatertot? Nickie

To David Stevens, Mark Galbraith, Sarah Davis, Mrs. Polk, and Caitlin (Boy George), E.S.A.D.

To my sweetheart — You're the best thing that ever happened to me. Glad you did. I love you always with all my heart. Love, Crackerjack

Dean Bro — Our times together are cherished. Thanks for being there. Love you, SB

Cash and Droves — Looking forward to more Poker, Pschitt, snow, burgundy and dancing on boats in 85. Oui c'est ca, exactement n'est pas? Shazamn! Heidi and Missy P.S. (It will be kickin!)

To Bubba — You have brought joy and happiness into my life and I'm greatful forever. I love you with all my heart and I'm looking forward to being your wife. RM 83" From Peanut

Amey — You're the best friend a person could ever have. Thanks for all your advice and support. Let's keep the world smiling! Lylas, Diana

Lisa L. — Remember: Kings Dominion Cable Cars, I like your waist better, there really is more room in this one! Yes — Hearts Love you, John

Bob — If I accomplished anything in the past two years, it was getting to know the very special person you are. I hope your future is as bright as my days were after seeing you smile. Just always remember — I care!!! Jodie

Mindi — Looks like the bus missed us again! Heidi

Kim and Paula — Thanks for being such great friends Dawn

To the 6-pack — M.L. for the winners! You guys are definitely the best. Let's really PARTY this summer. a fellow brew

TRZN33 — Life in your jungle has been great. Let's keep it that way forever! Coz

Deanna — Stay sweet! Kim

Mrs. Maloney and the Varsity Cheerleaders — Thanks for all of your love and support. It wouldn't have been the same without you. Love, The Panther

D-TRS — Joe gets the change.

Larry — Even though you're a thousand miles away, you will always be with me. I love you always and forever! Remember what you said "Just Be Good to Me!" Love, Diane Holloway

Chris — Remember Daddy? Ellen

Louis Dean — Watch out for tomatoes in history notebooks. Mike O., Sean M., Dale, Dan R., Dale T.

ATTENTION BEACH BUNCH — Richard — beware of snakes, look out for fish, when you least expect it . . . Lisa — don't lock me in a closet. I'll be good!! Yuri — you're fired! Bill (Ted Nuchious) — cover your ears! HEY BO . . . Paul — where are the film worksheets from Mark's party? Jon — We hope your voice catches up with the rest of your body real soon! Looking forward to even more fun Dawn and Susan

Brittney(SL) — If you only knew how much you've done for me. "I'm sorry!" Nick Taylor(NM)

JH — I love you DT

Yuri — Thanks for laughing for me and my sahvjects! Love, Mabel (Agnes?)

TM — We've been through a lot in four years — gonna miss "two hamburgers to go!" Stay just the way you are! Love, NM

Ashley L — Stay in touch Donna

Mark — *There* — We will always have tomorrow. Kelly

Hi Mark — Thanks for the stimulating conversation in homeroom. The announcements were informative, did you turn your poem in for *Out of the Blue?* Sorry, I don't have Cash, Polk or Hall. Bye Mark! The girl who sits next to you.

Amey — See ya around! Donna

Woo — Thanks for being there — you're a special friend. "Lovely" MO

Manic — What can I say? I'll always LOVE you from the bottom of my heart. I know I'll miss you more than anyone. Don't ever forget how much I love you! NM

Nolan — You're very special Donna

Donna, Gina and Shonda — What wits you have! Sorry's sidekick

DJ — Good Luck Donna

MB (D's 85') Take good care of D for me. NM (Ds 84')

JV Cheerleaders — We've had some rough times this year, but I know everything will work out fine. All of you have made this a special year for me. Thanks Carolyn

S. Shane — Virginia Beach doesn't need any "Great Whties" so why don't you get a tan or stay home this summer.

To Kevin and Matt — I know it's been tough at times but I 'preciate ya! Thanks and love. Periods 2 and 3.

Nae — Remember food fights at McD's, the little brown truck, the lake and most of all Oct. 3 (July 30 and 31 too) Oh! J's "button" Love, Vicky

Dawn — Nick — Lisa — Don't know what I'll do with ya's. Your DIZZIEST friend, Tracy

Bill, Bo, and Mikey — Thanks for being my own Peeping Toms, I hope you guys learned something! (Watch out for the deck)! Love, Lisa

Dawn — You've been a nice friend. Your friend, Kim

Donna — You're very special to me. I hope we're together forever. Allen

Julie and Carol — Ia wanta za pepparoni pitza with a za extera chees. Karen

Mrs. H, Can we be rugrats? A.B. and N.B.

E.T. — Next time tell me where the stop sign is!! Nickie

Dees, B.F.F, forever! Smurfette

Kelly — Are we having fun yet? Melba, Mandy and the Bugman, I want to throw up — NOW, Sugar Babies and Diet Coke, Poor Delores, the fan club, I need it bad, what can you do? Can you handle the Moose without me? We've learned — *finally*. I'll miss you. Love always, Dawn

Love ya Baby Chimp — KO

Mechelle — You're the best there is. Jeff

Girls J.V. Volleyball P.T.!, N.B.

Dawn Best Friends Forever Dee

Dear Pug — Let me know when your ship sinks!

Yuri — Never lose your sparkling personality — it can really help brighten someone's day. You'll always be my friend and I'll never forget you! As always, NM

Julie — 7th grade ugly, HR 165, classes plays, clubs, homework, chicks, preppy togas, can, laughs, fun. Is there anything else? Love, Vicious

Paul T — I really hope you get a vertical leap. Good luck wherever you go to college. Thanks for a fun two years. You're a great guy . . . Yuri? DJ

Megan — You're off the halfway list! Kelly

Susan L and Julie M — This year has been great. You've made it fun. Friends always, JF

PT, JB, BC, RD, JD, AND MH — "IT'S the Boy's State of . . ." NM

Kelly — I pity the fool! Kathy

Scott M — Thanks for being you and for putting up with me. You're the greatest! Mo

Dear T-Team — Thanks for making my last year the best ever. Next year # 1. I'll miss you. Julie

Chrissy and Becky — KYCTY Lulu

BEAR — Believe in omens? eating Chinese food? cartoons? Me? Babydoll

Tony — Fluffy, Biff and Foo Foo lova ya! (give our love to Thumper and Rainbow)

Andy — How about a party? convicts

Jerry and Pat — Don't kick him, he's my friend. Do you know me? Srooc to you fellas. DJ

Nana Sherri — Remember all the good times! I'll miss ya'll Tonni

Tammy — McDonald's for lunch? Michele and Susan.

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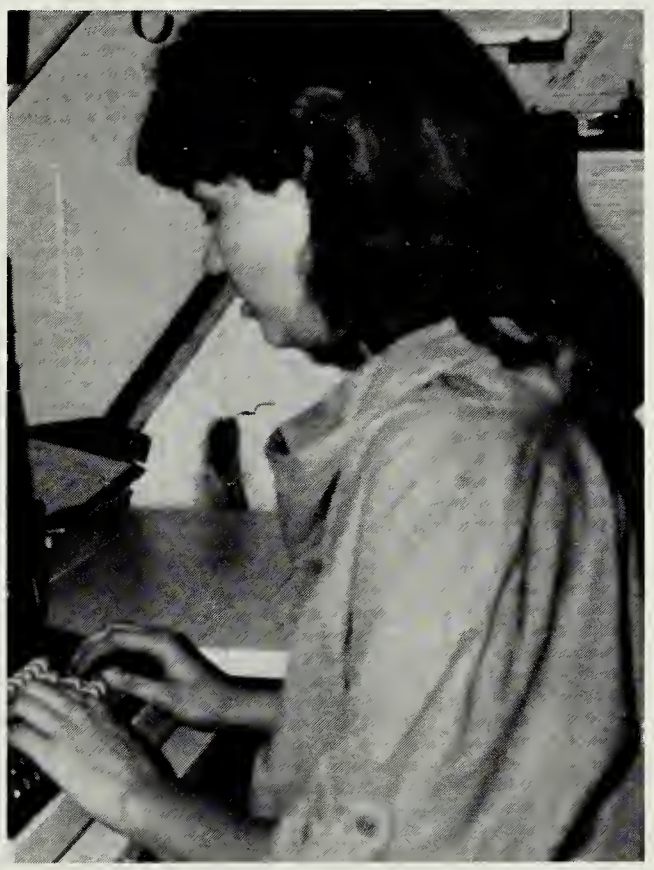
It's hard to see the really little bugs — but with years o experience, Ms. Barnhart finds this an easy task.

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Caught in the act of clowning around are Sandy Proffitt, Brian Hillegass and Peter Radmussen. Many times in P.E. students are given a period to "use wisely" during activity period.

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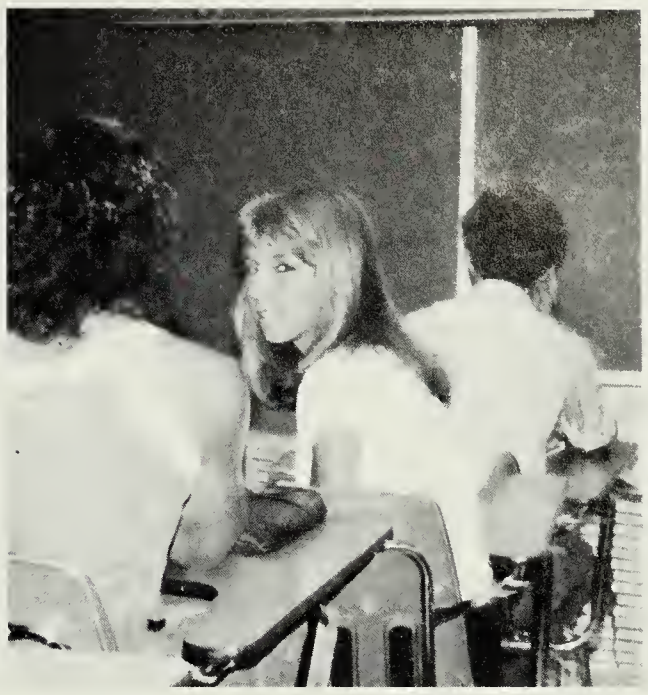


Even though it was Mrs. Lockett's first year at Potomac, she proved to be fair but strict and rule-abiding when needed. Here she checks Eva Dunekas pass. Pass checking is a new rule to cut down on the number of students that skip class.

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The library is not only a place to find books to read. Students also use the library as a reference source, a place to meet friends and, sometimes, as a secret hideway.

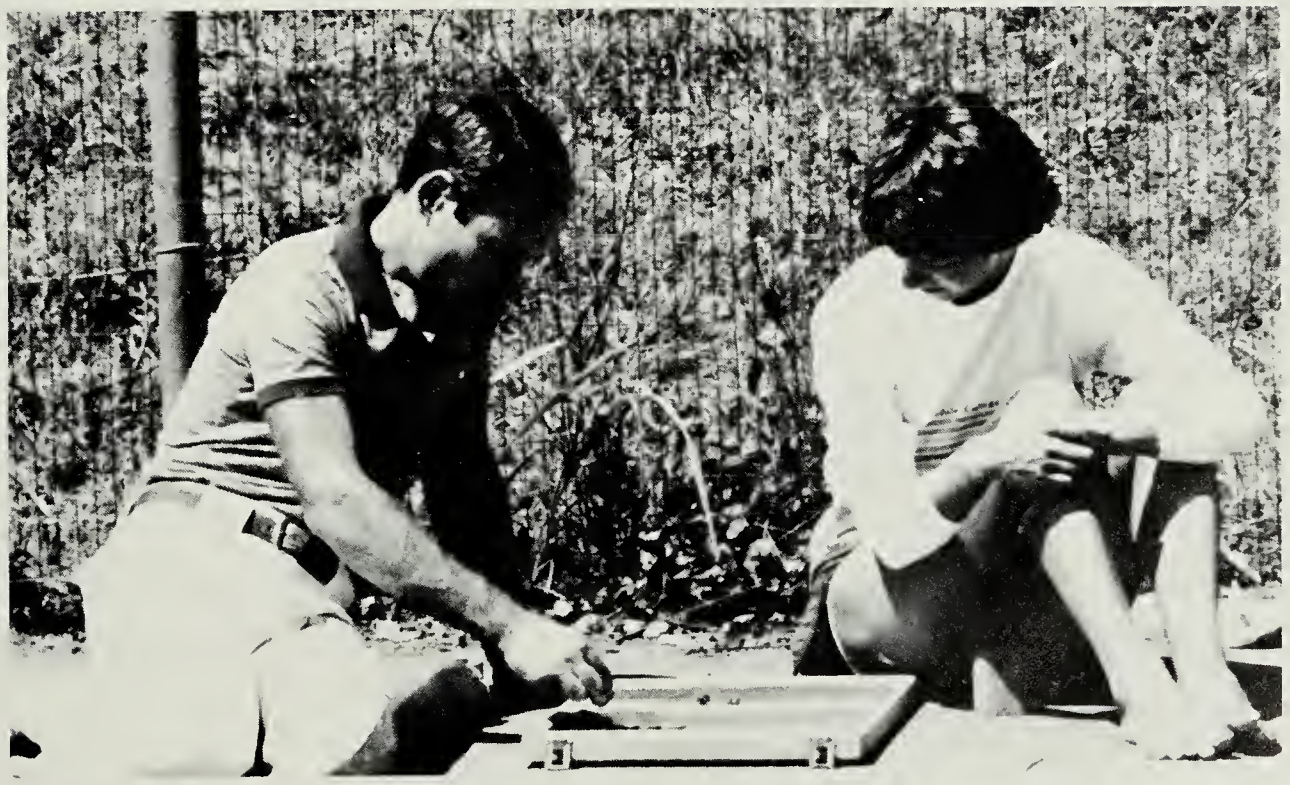
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WE'RE #1! Potomac's varsity baseball team had a really winning season. Coach Gardziel holds the state trophy with pride.

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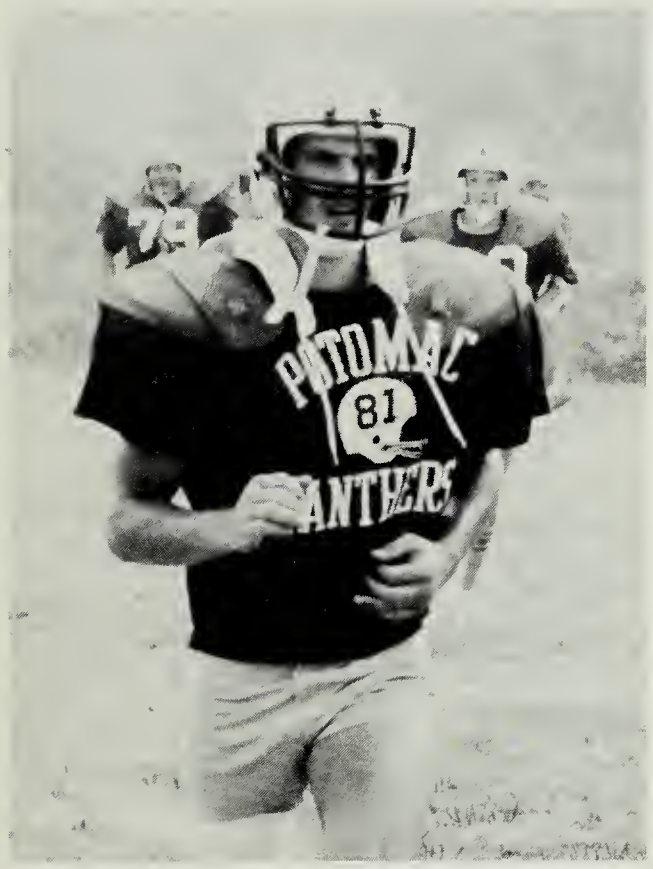


Attendance secretary C. Murch places memos in teachers' mailboxes. She is one of the many staff/faculty members who participated in Disney Day during Spirit Week.

S

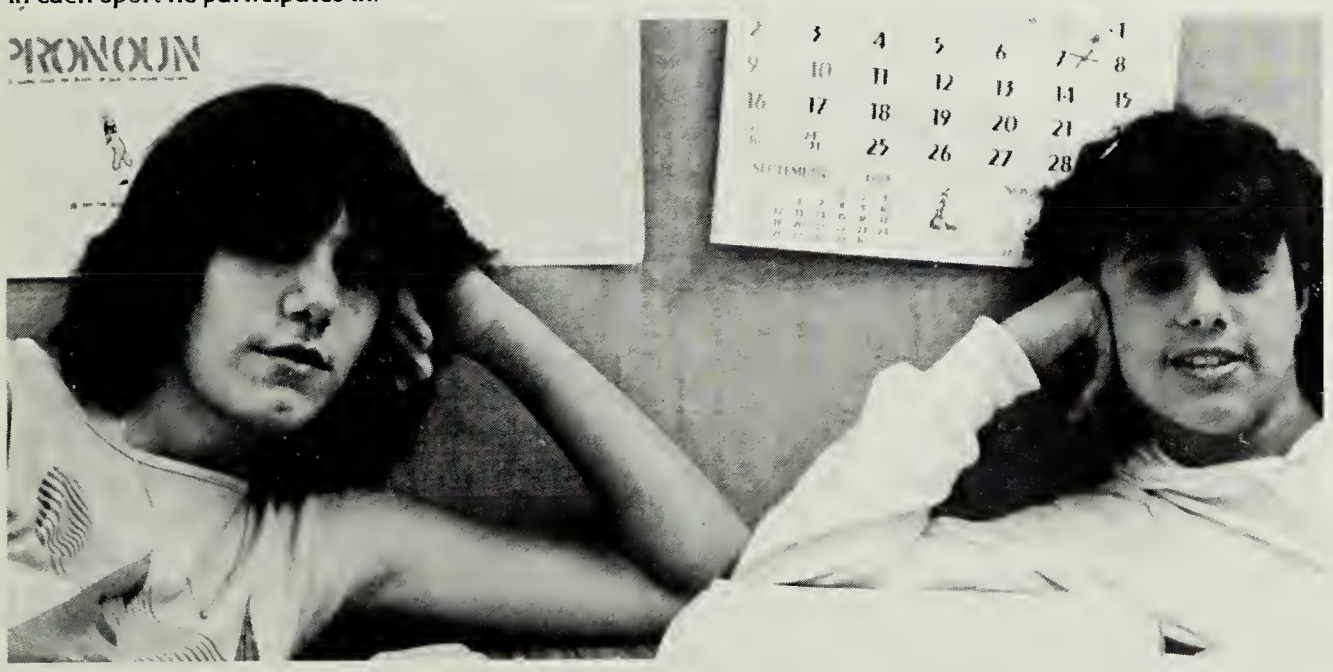
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Even in the heat of summer, Potomac's athletes work hard with their hearts set on future victories. Tony Nattania is no exception; he has played football for Potomac for three years and has shown his skills in each sport he participates in.

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English is one of the most interesting classes at Potomac because it combines grammar and literature. However, even students like Tina Summa and Connie Vitek need to relax once in a while.

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Art is a serious business and NO clowning around is tolerated. Disciplining Barbara Banks are Mrs. Leggett and Mr. Outman.

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Lunch is for eating, socializing, and doing last minute homework assignments. Students at this table seem to enjoy their late morning break.

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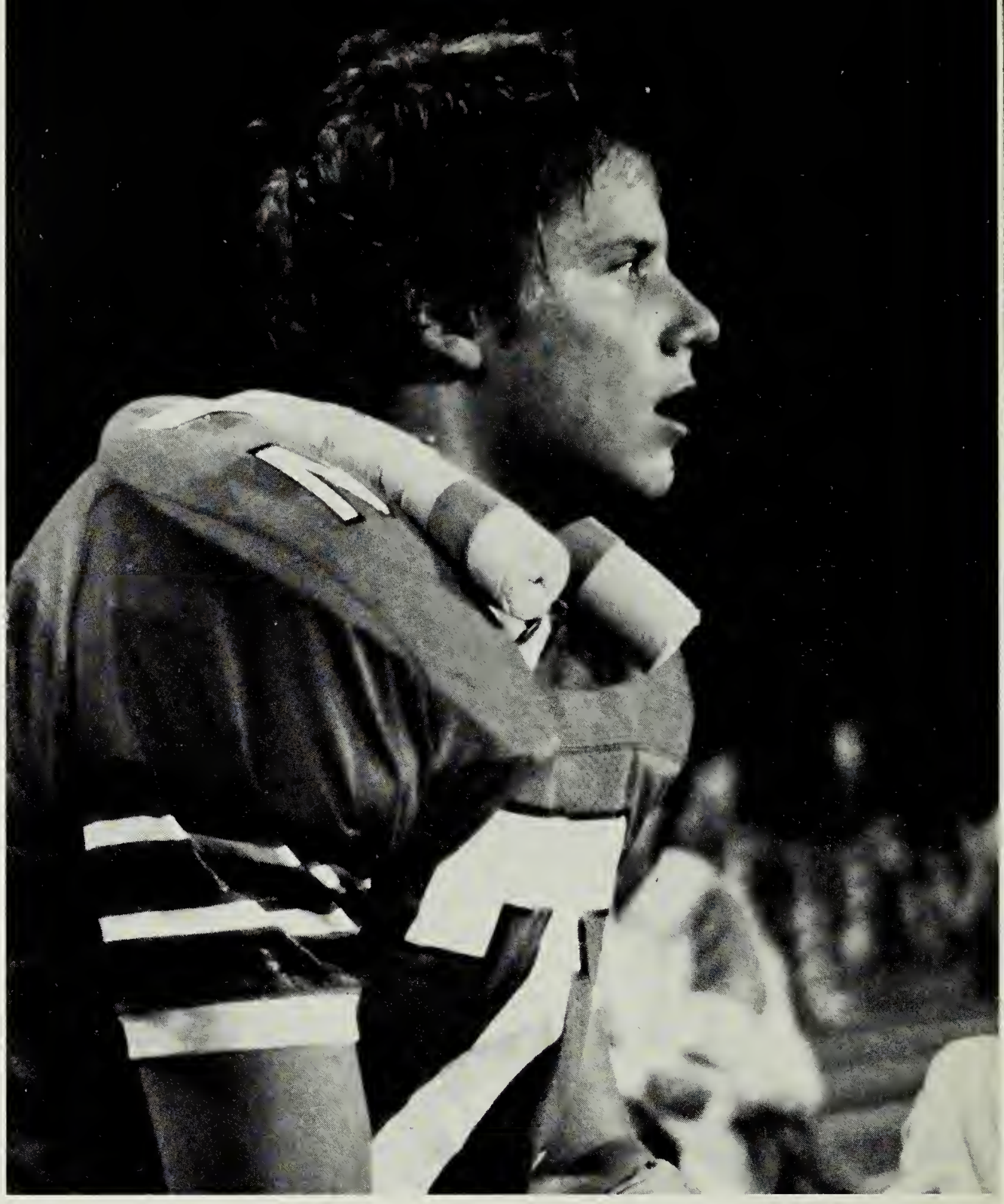
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At one of the many summer camps, Richard DuBreil runs track. His expression shows the hard work and dedication he gives to the sport.

Exhausted, Kevin Lohr takes a break on the sidelines as the offense takes over. At defense, Kevin earned the nickname "Sack Master" for his performance in the Fauquier game.



During an Advanced Biology experiment, Marisa de los Santos holds her baby chick as part of an imprinting experiment.





Duty is part of every teacher's life. Teachers on hall duty, like Miss Cash, check passes held by Tim Vinson and Paul Tiede.

TURN OUT THE LIGHTS



Playing in an orchestra takes a lot of skill and concentration. Amy Wallich pays strict attention to her music as the orchestra rehearses for another performance.

At the end of its fifth year, Potomac Senior High School continued to grow and reach for its fullest potential. It has become well known throughout the county and has developed the reputation of one of the best schools around.

The students, staff, and parents of Potomac all shared a special bond. When Potomac started, many people didn't have high hopes for us. But we worked together, and showed ourselves and everyone else that Potomac was definitely a school that had the elements of success.

Our teachers were the pick of the crop and gave Potomac its excellent academic name. The students showed enthusiasm and pride in everything they did. In victory or defeat, the electricity of Potomac students shone through. Parents were with us through everything. Their volunteering and dedication was a key to the success of our school. People looked up to Potomac with good reason.

Potomac has come a long way in its short history and we still have a way to go. This year has brought its accomplishments and improvements as will the years that follow. Now, at the end of the fifth chapter in the book of Potomac Senior High School, it is time for us to turn out the lights of another year.

Working out to make weight can be very tiring when you are a dedicated wrestler. Allen Tardiff finds a good resting place in the hallway to catch up on some sleep before a big match.



After finishing her math homework, Yuri Lazar works on another assignment. Such diligence helps students to be winners in the homework game.



BLACKOUT

When we look back on this year, it's not what we remember that is important, but how we remember it. For some, this year was a beginning of the four best years of their lives. For others, it was the end of high school. But for all of us, it was a time of laughter and tears, celebration and disappointment, and growing up togehter. Whatever comes to mind when you think of 1984, remember that we accomplished it together. For togetherness is what truly made 1984 Totally Electrifying.

Together, our first Homecoming parade was a success. With floats depicting Snow White and the Seven Dwarfs, Sleeping Beauty, Alice in Wonderland and Dumbo, the "Disney" theme was well-portrayed. Together, we travelled to Fauquier to beat our district rivals who were first then in the district football race. Together, we proved to Gar-Field's basketball team that they were **not** our "Big Brother." Together, we watched our second senior class graduate. And together, we are Potomac, and this was our year.



In their laid back style, Jeff Mower and Pat O'Hara display the latest look in sunglasses. This was one of many fads affected by the student body.

From the outside, Potomac looks rather empty. But inside you can feel the excitement that accompanies our high school.





Friendship is a very special part of high school life. Here, Joanne Raiselis, Lynn Malot, and Zina Riggs represent some of that specialness that is a part of Potomac.



Homecoming Queen, Katie Homan walks before the crowds with her parents Mr. and Mrs. Peter Homan. Being Homecoming Queen is one of the greatest honors a senior girl could have.



Freshman Cheerleaders, Dawn Swecker, Vicki Ellis, and Deanna Davis cheer their team on at a pep rally. Pep rallies are held in the gymnasium to boost spirit for upcoming sports events.



Relaxing at the beach on Montclair Day are Mike Wilson and Danny Bell. The majority of events on Montclair Day were held at Dolphin Beach.



Lunch is the favorite part of many students' day. Here the seniors enjoy the exclusive privilege of having their own lunch shift.



THANKS TO . . .

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F.H. — For your unbelievable tolerance and dedication. We understand the many times you were at the end of your rope.
Thanks for sticking with us.
Tom Scarry — For being the best and for your patience, understanding, and encouragement when we needed it.
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Mr. Godwyn — Photos
Dave Snyder — Copy
Mr. and Mrs. Voegtly — Photos and typing
Betty Francis — Typing
Lisa Cosgrove — Copy

We've done our best to make a yearbook that is full of memories to be treasured for a lifetime. You truly make Potomac "Totally Electrifying."

Lisa Hayes
Editor in Chief

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